

New directions in psychiatry

A Forum for European
young psychiatrists

May 23-25, 2012

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*Hilton Sorrento Palace
Sorrento (Naples)*



FACULTY

Dinesh Bhugra (London, UK)

Max J. Birchwood (Birmingham, UK)

Patrice Boyer (Paris, France)

Silvana Galderisi (Naples, Italy)

Sir David Goldberg (London, UK)

Philip Gorwood (Paris, France)

Siegfried Kasper (Vienna, Austria)

Marianne Kastrup (Copenhagen, Denmark)

Mario Maj (Naples, Italy)

Stefan Priebe (London, UK)

Norman Sartorius (Geneva, Switzerland)

Henning Sass (Aachen, Germany)

Danuta Wasserman (Stockholm, Sweden)

Psychiatry as a discipline is going to undergo major changes in the coming years. Although changes can be particularly stimulating and challenging from an intellectual, scientific and social viewpoint, the new generations of psychiatrists must be prepared to these changes.

Paradigms which have represented the foundations of psychiatry in the last century need now a major revision. In particular, young psychiatrists report the need to: 1) rediscover psychopathology in order to improve their diagnostic skills; 2) adopt a preventive approach to psychiatry, intervening in the early stages of psychiatric disorders; 3) improve their skills to conduct research projects and to write scientific papers; 4) refine their knowledge on biological and social determinants of mental illness.

This Congress "New Directions in Psychiatry", dedicated to European early career psychiatrists, will offer an update on these and even more "hot topics", which will probably modify psychiatric practice in the next future. During the Congress, many internationally-renowned experts in the field of mental health will interact with young colleagues by providing plenary lectures, participating in open discussions, chairing poster sessions and joining in workshops and forums. Moreover, the new directions in management and treatment of the three major mental disorders (schizophrenia, bipolar disorder, depression) will be discussed in dedicated sessions.

● **WEDNESDAY, MAY 23, 2012** ●

*Pre-Congress Session dedicated to
the Italian Early Career Psychiatrists Committee*

09.30 - 11.30 **New directions in psychiatry:
the contribution of Italian young psychiatrists**
C. De Rosa, A. Fiorillo (Napoli)

12.00 - 13.30 **Meet the Expert**
in collaboration with Angelini

● **WEDNESDAY, MAY 23, 2012** ●

Opening Session

15.00 - 15.30 **Introduction**
M. Maj (Naples, Italy)

15.30 - 16.00 **New paradigms in psychiatry**
N. Sartorius (Geneva, Switzerland)

16.00 - 16.30 **Training the psychiatrist of the 21st century:
problems and solutions**
D. Bhugra (London, UK)

16.30 - 17.00 **Discussion**

17.00 - 18.30 **New directions in management
and treatment of schizophrenia**
in collaboration with Janssen Cilag

18.30 - 19.30 **Poster walk**

20.00 **Welcome Cocktail**

● THURSDAY, MAY 24, 2012 ●

Session 1: New directions in preventive psychiatry

- 09.00 - 09.30 Early intervention in psychiatry**
M. Birchwood (Birmingham, UK)
- 09.30 - 10.00 Saving young lives in Europe:
strategies for suicide prevention**
D. Wasserman (Stockholm, Sweden)
- 10.00 - 10.30 Discussion**

- 11.00 - 12.30 New directions in management
and treatment of bipolar disorder**
in collaboration with Lundbeck

- 12.30 - 14.00 Poster walk**

Session 2: New directions in psychiatric diagnosis

- 14.00 - 14.30 Psychopathology and classification of mental
disorders**
H. Sass (Aachen, Germany)
- 14.30 - 15.00 The contribution of neurosciences to the
diagnosis of mental disorders**
S. Galderisi (Naples, Italy)
- 15.00 - 15.30 The role of cultural factors in psychiatric
diagnoses**
M. Kastrup (Copenhagen, Denmark)
- 15.30 - 16.00 Discussion**

● THURSDAY, MAY 24, 2012 ●

**Session 3: How to make research in mental health
and get it published**

- 16.30 - 17.00 Starting a research career in psychiatry**
D. Goldberg (London, UK)
- 17.00 - 17.30 Planning a research in mental health**
P. Boyer (Paris, France)
- 17.30 - 18.00 Publishing papers in psychiatric journals**
P. Gorwood (Paris, France)

Happy-Hour Meeting

- 18.00 - 19.00 Biomarkers for the future of diagnosis and for
measuring treatment response**
A. Joubert (Skodsborg, Denmark)

- 19.00 - 20.00 Poster walk**

● FRIDAY, MAY 25, 2012 ●

09.00 - 11.00 New directions in management and treatment of depression

in collaboration with Servier

Session 4: New directions in psychiatry

11.00 - 11.30 New directions in biological psychiatry

S. Kasper (Vienna, Austria)

11.30 - 12.00 New directions in social psychiatry

S. Priebe (London, UK)

12.00 - 12.30 Posters' Awards and presentation of best posters

CME COURSES

in collaboration with the EPA Academia

15.00 - 18.00 Basics in clinical psychiatric research methodology

Director: Christoph Lauber (Liverpool, UK)

Complaints, litigation and malpractice: how to survive as a psychiatrist

Director: Julian Beezhold (Norwich, UK)

How to make professional choices in psychiatry

Director: Umberto Volpe (Naples, Italy)

Please send an e-mail to directionspsychiatry@mgacongressi.it if you wish to pre-register for the CME courses. In the letter, please indicate which course you would like to attend. A maximum number of 30 registered participants will be allowed to attend each course.

● POSTER SESSIONS ●

Early career psychiatrists from all over Europe are welcome to present their own research and clinical activities and discuss them with internationally renowned experts.

Three poster walks will be organized, one for each of the following thematic areas:

- 1) **New directions in clinical activities**
- 2) **New directions in research**
- 3) **New directions in training and education**

In each walk, a panel of experts will assess and discuss the posters with the authors, and will choose the best one according to the following criteria:

- 1) **validity of the methodology**
- 2) **relevance of the results**
- 3) **originality of the poster**

One of the authors must be registered for the Congress and be present during the poster walks. The three best posters will be presented during the last oral session.

Please submit your abstract by **January 30, 2012** at the following e-mail address: directionspsychiatry@mgacongressi.it.

Each abstract should not exceed 250 words and have the following style:

- Title (in bold letters)
- Authors (full first and second names)
- Affiliations (complete affiliation for each author, with e-mail address only of the corresponding author)
- Text (not subdivided in sections)

GENERAL INFORMATION

Venue

Hilton Sorrento Palace Hotel
Via Sant'Antonio 13, 80067 Sorrento, Italy

Directions to the congress venue

Local Airport: Naples (Capodichino)

- Distance from hotel: 31 miles
- Drive time: 55 minutes

Directions: From the Capodichino Airport of Naples, proceed south on A3 motorway Salerno-Reggio Calabria and take the exit Castellammare di Stabia; proceed on ss145 to Sorrento.

Train Station: Naples Central Station or Naples Piazza Garibaldi, take the Circumvesuviana train to Sorrento. The train station is a 15-minute walk or 5-minute taxi ride from the Hilton Sorrento Palace hotel.

Language

The official language of the Congress will be English.

Registration

To register to the Congress, please send an e-mail to directionspsychiatry@mgacongressi.it

Registration fees

Category A € 300,00

Category B € 250,00

Category C € 200,00

Category D € 150,00

Students Free

(All fees include 20% VAT).

Registration fees include:

- Access to scientific sessions and exhibition area
- Congress bag and materials
- Participation in the Welcome Cocktail
- Refreshments and lunches

Attendance to CME course will be possible only for participants registered for the Congress.

Category A High-income countries	Category B Upper-middle-income countries	Category C Lower-middle-income countries	Category D Low-income countries
Andorra	American Samoa	Albania	Afghanistan
Antigua and Barbuda	Argentina	Algeria	Bangladesh
Aruba	Barbados	Angola	Benin
Australia	Belize	Armenia	Bhutan
Austria	Botswana	Azerbaijan	Burkina Faso
Bahamas, The	Chile	Belarus	Burundi
Bahrain	Costa Rica	Bolivia	Cambodia
Belgium	Croatia	Bosnia/Herzegovina	Central African Republic
Bermuda	Czech Republic	Brazil	Chad
Brunei Darussalam	Dominica	Bulgaria	Comoros
Canada	Equatorial Guinea	Cameroon	Congo, Dem. Rep.
Cayman Islands	Estonia	Cape Verde	Côte d'Ivoire
Channel Islands	Gabon	China	Eritrea
Cyprus	Grenada	Colombia	Ethiopia
Denmark	Hungary	Congo, Rep.	Gambia, The
Faeroe Islands	Latvia	Cuba	Ghana
Finland	Lebanon	Djibouti	Guinea
France	Libya	Dominican Republic	Guinea-Bissau
French Polynesia	Lithuania	Ecuador	Haiti
Germany	Malaysia	Egypt, Arab Rep.	India
Greece	Mauritius	El Salvador	Kenya
Greenland	Mayotte	Fiji	Korea, Dem. Rep.
Guam	Mexico	Georgia	Kyrgyz Republic
Hong Kong, China	Northern Mariana Islands	Guatemala	Lao PDR
Iceland	Oman	Guyana	Liberia
Ireland	Palau	Honduras	Madagascar
Isle of Man	Panama	Indonesia	Malawi
Israel	Poland	Iran, Islamic Rep.	Mali
Italy	Romania	Iraq	Mauritania
Japan	Russian Federation	Jamaica	Mongolia
Korea, Rep.	Seychelles	Jordan	Mozambique
Kuwait	Slovak Republic	Kazakhstan	Myanmar
Liechtenstein	South Africa	Kiribati	Nepal
Luxembourg	St. Kitts and Nevis	Lesotho	Niger
Macao, China	St. Lucia	Macedonia, FYR	Nigeria
Malta	St. Vincent/the Grenadines	Maldives	Pakistan
Monaco	Trinidad and Tobago	Marshall Islands	Papua New Guinea
Netherlands	Turkey	Micronesia, Fed.Sts.	Rwanda
Netherlands Antilles	Uruguay	Moldova	São Tomé and Príncipe
New Caledonia	Venezuela, RB	Morocco	Senegal
New Zealand		Namibia	Sierra Leone
Norway		Nicaragua	Solomon Islands
Portugal		Paraguay	Somalia
Puerto Rico		Peru	Sudan
Qatar		Philippines	Tajikistan
San Marino		Samoa	Tanzania
Saudi Arabia		Serbia and Montenegro	Timor-Leste
Singapore		Sri Lanka	Togo
Slovenia		Suriname	Uganda
Spain		Swaziland	Uzbekistan
Sweden		Syrian Arab Republic	Vietnam
Switzerland		Thailand	Yemen, Rep.
United Arab Emirates		Tonga	Zambia
United Kingdom		Tunisia	Zimbabwe
United States		Turkmenistan	
Virgin Islands (U.S.)		Ukraine	
		Vanuatu	
		West Bank and Gaza	