The year 2007 has been very successful for AEP: 3700 participants attended the 15th European Congress of Psychiatry in Madrid. For the first time, AEP organised the European Round Table of Psychiatry with the National Societies of general psychiatry. We have moved our headquarters to new premises in Strasbourg, enabling us to host internal meetings and social events in the future. For us to evaluate how far AEP has come since its creation in 1983, and what are the progress to be made, we have run an audit covering the following areas: the issues of European psychiatry today, the strengths and weaknesses of AEP, its desired identity for the coming years and the major corporate priorities to achieve it. AEP is considered today as the main association in the field of psychiatry that can speak for European psychiatry: it includes among its members leading European experts, it covers interests of psychiatrists in academia and in practice, it deals with psychiatry and its related disciplines and it focuses on the improvement of care for the mentally ill as well as on the development of professional excellence. Our challenges for tomorrow are: to be the recognised authority for psychiatry in Europe and globally, to develop political influence that can be used in improving our patients’ care and relevant legislation, to build on our network of collaboration for establishing unparalleled access to information and knowledge. 2008 will be a turning point in the history of AEP with ambitious projects: the launching of the Academia for Excellence in European Psychiatry, the establishment of the European Platform of Psychiatrists, the updating of our Bylaws, the elections of 9 Board members, the reinforcement of our visibility in international scientific events. I warmly invite you to contribute to the success of AEP, by your active participation in these projects. I look forward to meeting you personally in Nice, during the 16th European Congress of Psychiatry, a unique opportunity for further exchanges!

Cyril Höschl, AEP President 2007/2008

Welcome to the 16th European Congress of Psychiatry!

Nice, France
5 to 9 April 2008

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Permanent office staff:
Clarisse Goussaud, Administrator
Béatrice Bonnet, Finances and Administrative Officer
Caroline Martin, Project Manager
Marika Ylltalo, Project Assistant
Bénédicte Jeannequin, Membership and Support Services

Association of European Psychiatrists
15 Avenue de la Liberté - 67000 Strasbourg, France
Tel. +33 3 88 23 99 30 - Fax. +33 3 88 35 29 73
E-mail: hp@europsy.net
Website: http://www.aep.lu
The European Congress of Psychiatry 5/9 April 2008 – Nice, France

Congress theme: “Pathways to Integrative Care”

The 16th European Congress of Psychiatry will take place in Nice from 5 to 9 April 2008, under the presidency of Cyril Höschl and Philippe Robert. The Congress accredited by the European Accreditation Committee for Continuing Medical Education of the UEMS will provide a full update on the most important aspects of treatment in psychiatry and on the latest achievements in this field.

Presidential Events

While the first Presidential Symposium "Ethical issues in integrative psychiatry" (chaired by N. Sartorius and C. Höschl) will focus on the impact of integrative care approaches on ethics with P. Graham (UK), D. Messaoui (Morocco) and H. Helmchen (Germany), the second Presidential Symposium on “Forensic psychiatry issues in Europe” (chaired by N. Nedopil and C. Höschl) will highlight the nature of the interdisciplinary approach in forensic psychiatry and the visible need for an interface between law and psychiatry with N. Nedopil (Germany), H. Gordon (UK) and H. Sass (Germany).

State-of-the-Art Lectures

The State-of-the-Art lectures will have a strong clinical focus. They will be delivered by top European experts and will provide a complete update on some significant aspects of current clinical treatments in European psychiatry.

Core Symposia

There will be nine Core Symposia focusing on clinical issues. They will constitute the central element of the congress and will focus on specific treatment issues.

Integrated treatment of sexual dysfunctions
Integrated treatment of sexual dysfunctions

R. Balon, USA – R. Segraves, USA

Combined psychopharmacotherapy and psychotherapy
Combined psychopharmacotherapy and psychotherapy

H. J. Möller, Germany – E. Paykel, UK

Disability – concept and implications
Disability – concept and implications

T. Becker, Germany – W. Rössler, Sw.

Alcoholism, from neurobiology to new treatment approaches
Alcoholism, from neurobiology to new treatment approaches

K. Mann, Germany – P. Gorwood, France

Integrated approach for the treatment of neuropsychiatric symptoms in the elderly
Integrated approach for the treatment of neuropsychiatric symptoms in the elderly

P. H. Robert, France

F. Verhey, NL

Phenotype, genotype, endophenotype and the development in eating disorders
Phenotype, genotype, endophenotype and the development in eating disorders

J. Treasure, UK

A. Karwautz, Austria

Development of classifications of mental disorders
Development of classifications of mental disorders

N. Sartorius, Sw. – D. A. Regier, USA

Anxiety
Anxiety

B. Bandelow, Germany

Integrative treatment of personality disorders
Integrative treatment of personality disorders

H. Sass, Germany – S. Herpertz, Germany

Education: CME Courses

The Congress will serve the educational mission of the AEP by providing 20 high-quality Continuing Medical Education Courses, covering all aspects of psychiatry. The CME Courses enhance learning experiences by actively involving participants and including an opportunity for informal exchange with the distinguished faculty.

Cooperation with International Psychiatric Associations

The AEP/ECNP joined symposium entitled "Psychopharmacological Intervention in Major Psychiatric Disorder" (chaired by J. Zohar and C. Höschl) with M. Davidson (Israel), G. Goodwin (UK) and R.S. Kahn (The Netherlands) will be co-organized with the European College of Neuropsychopharmacology.

Young Psychiatrists Programme

The 16th European Congress of Psychiatry invites recent graduates to its specialist programme tailored to the needs of the young psychiatrists. Further details are provided in the next paragraph.
Young Psychiatrists Programme

During the 16th European Congress of Psychiatry a specific programme will be devoted to the needs of the young psychiatrists under the theme: "Visions in European psychiatry for young psychiatrists and trainees".

Advantages offered to young psychiatrists:

- **Reduced Fees**: for their registration to the AEP congress
- **Young Psychiatrists Coffee Lounge**: to provide them a central meeting point for networking and recruitment
- **Research Prizes of € 2,500**: awarded according to a selection of the best scientific papers published in 2007 by young professionals working in Europe
- **Specific welcome session** within the general welcome session: to introduce the format of the congress and give an overview of AEP history and activities
- **Young Psychiatrists Symposium**: focusing this year on: - "Identity of future psychiatrists in Europe" – "Job satisfaction and job profiles of young psychiatrists in Europe"
- **Interactive Clinical Session “Visions in the Treatment of Schizophrenia”**: in cooperation with the Lundbeck Institute this session will offer a unique opportunity for young psychiatrists and trainees to participate in an interactive session on state-of-the-art treatment of schizophrenic disorders for free. This session will cover an update of all aspects of clinical case management in the psychotic patient
- **Happy Hour Meetings**: three sessions addressing clinical and academic psychiatry issues relevant to young psychiatrists and trainees. Topics include: - "How to publish a scientific paper?" – "Is training in psychotherapy relevant for good psychiatric practice?" - "Mental Health in Europe"
- **Meet the Expert Sessions**: these sessions provide young psychiatrists with the opportunity to hear leading figures of European psychiatry in an informal and relaxed atmosphere

Scholarship Programme

The Association of European Psychiatrists announces its Scholarship Programme for 15 young psychiatrists and trainees. The Scholarship Programme includes: free congress registration to the 16th European Congress of Psychiatry, travel expenses, hotel accommodation for 4 nights, one free CME course and one year of free AEP membership.

- **Who is eligible?**
  Young psychiatrists who are either trainees or within 5 years of completion of specialist training in psychiatry and who are working in countries that are part of the European region according to WHO classification

- **How will the scholarships be awarded?**
  The decisions will be made on the basis of an application consisting of:
  - a Curriculum Vitae (up to 1000 words, including contributions to the field of psychiatry and/or to AEP and publications)
  - a reference from a nationally recognised institution (for example a training institution, hospital or national psychiatric association)
  - an essay (up to 500 words) on how the applicant has contributed to the specialty of psychiatry and/or to AEP in the past, highlighting how he/she intends to contribute to the future development of psychiatry as a profession. The essay must be submitted in English. Candidates will not be penalised if this is their second language

- **Applications must be sent in 8 paper copies to the AEP**
  15 Avenue de la Liberté
  67000 Strasbourg – France
  or by e-mail to marika.ylitalo@europsy.net or hq@europsy.net

- **Deadline for application**: expired on 31 January 2008. A new call for 2009 applications will be announced in the coming months

- **Applicants** will be informed of the results individually mid-February 2008

- **Selection committee in 2007–2008**
  Prof Cyril Höschl (AEP President), Prof Henning Sass (AEP Vice President), Prof Philippe Robert (AEP Local Organising Committee Chairman) and the AEP Young Psychiatrists Committee composed of: Dr Iris Calliess, Dr Kai Treichel, Dr Cecile Hanon, Dr Andrea Fiorillo, Dr Julian Beezhold
The Association of European Psychiatrists has taken the initiative to organise its first European Round Table with National Societies of psychiatry in Europe on the theme *“Identity and harmonisation of European psychiatry”*. During this meeting, the participants presented their National organisations and their expectations. They had the opportunity to identify areas of shared interests, to go further in developing a platform of exchange and to provide inputs on their activities and challenges. This will be the first step in the construction of the “European Platform of Psychiatrists”. This project is a long term project for AEP and represents a major evolution for the association.

The main decisions were to:
- Communicate the AEP objectives and set up an action plan
- Ensure that the AEP’s work on European psychiatry is established in coordination with other international organisations (UEMS, European Brain Council etc.)
- Follow-up this initiative
- Organise the second phase of this project with the *European Platform of Psychiatrists*, in Hotel Negresco, Nice, 4 April 2008 from 9h to 17h

Break-out groups have enabled the representatives of National Societies together with the members of AEP to work on a recommendation on the following themes:
- How to practically build a European identity for psychiatry: topics, practice, organisation system
- The relationship with National Societies; status, scope of work, processes etc...
- How to build the optimal profile of the European Congress of Psychiatry and how to increase the importance of publications on general psychiatry in Europe, especially in European journals
- How to develop a European project on training, education and accreditation

Three main axes of development were presented to the attendees and discussed thoroughly:

1. Education and accreditation: *Presentation of the AEP Academia for Excellence in European Psychiatry*
2. Networking with National Societies: *Building the European Platform of Psychiatrists*
3. Scientific excellence: *Presentation of the European Research Networking project*
Academia for Excellence in European Psychiatry®

The 1st European Round Table of the National Societies in psychiatry organised in Brussels (17-18 November 2007; see page 4) offered a great opportunity to create a network with national psychiatric societies in Europe and to identify areas of shared interest especially in the field of education.

On this occasion, Professor Henning Sass, as the Chairman of AEP Committee on Education and Vice President of AEP, highlighted Education as one of AEP’s core missions and presented axes of development for the future, with the creation of the AEP Academia for Excellence in European Psychiatry. The AEP Academia will be designed in general for trainees and young psychiatrists, researchers in psychiatry and professionals in psychiatry, and in particular those from countries with difficult access to training.

The mission of AEP Academia will be to promote access of the professionals in the field of psychiatry and mental health to excellence in psychiatric training, by setting a high priority on supporting them with:

- a variety of grants, prizes and scholarships
- E-learning, itinerant CME courses offered by a European faculty of highest qualification in medical education and recognized educational skills
- and by hosting psychiatrists in high-level institutions in order to run scientific studies and receive training

These educational activities are to be delivered in the frame of:

- congresses organised by National Societies
- AEP sections meeting and conferences
- the annual European Congress of Psychiatry
- scientific events hosted by international organisations and national societies in the field of psychiatry and mental health

The first phase of the AEP Academia project will consist in evaluating the current educational and training programmes available in Europe and encouraging networking, exchange of views among identified partners. The first project reporting and definition of priorities will take place at the European Platform of Psychiatrists on 4 April 2008 in Hotel Negresco, Nice, from 9:00 to 17:00.

You will have the possibility to attend the Round Table on "Core Issues of Psychiatric Training in Europe" on 7 April 2008 during the 16th European Congress of Psychiatry, where Professor Henning Sass will present the AEP Academia for Excellence in European Psychiatry (starting at 14:30 in Hall C, Acropolis Convention Centre).

AEP CME Courses Programme

The AEP Continuing Medical Education (CME) course programme was launched in 2002 during the 11th European Congress of Psychiatry in Stockholm and was tailored to the professionals in mental health field willing to:

- access continuing training and international education programmes
- be informed about new scientific data and new medical techniques that are essential for their daily practice
- stay updated on recent developments in psychiatry

The information and training need to be pragmatic enough to allow their application in medical practices and to provide benefits to the patient and the disease management. Through education, we may also contribute to enhancing good practices between European countries.

Since 2003, AEP organises CME Courses both during the annual European Congress of Psychiatry and under the format of AEP Itinerant CME courses along the year in collaboration with national psychiatric societies. In 2008, the AEP Programme consists of 41 carefully selected CME courses lectured by course faculties from all over Europe. The AEP CME courses are fully accredited by the European Accreditation Council for Continuing Medical Education (EACCME) and at the conclusion of the course, each attendee receives a certificate for 3 CME credit hours.

To read more in detail about AEP CME courses offered during the 16th European Congress of Psychiatry in Nice and to register, please visit the official Congress web site: http://www.kenes.com/aep/cme_courses.asp.

All AEP Itinerant CME courses appear in the AEP course calendar 2008 (See page 6) which is regularly updated and available on the AEP web site http://www.aep.lu/activities/courses/2003/iterant/calendar.html. You are also most welcome to contact AEP Secretariat for further information at marika.ylitalo@europsy.net.
<table>
<thead>
<tr>
<th>Agenda and venue</th>
<th>AEP partnership</th>
<th>CME Topic and Director</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helsinki, FINLAND March 14, 2008</td>
<td>Finnish Psychiatric Association</td>
<td>Internet-based treatment in psychiatry (N. Lindefors and E. Hedman, Sweden)</td>
</tr>
<tr>
<td>Nyborg, DENMARK March 15, 2008</td>
<td>Danish Psychiatric Association</td>
<td>ADHD through the life span (S. Tyano and I. Manor, Israel)</td>
</tr>
<tr>
<td>Gmunden, AUSTRIA April 25, 2008</td>
<td>Austrian Society for Psychiatry and Psychotherapy</td>
<td>Alcohol dependence (K. Mann, Germany)</td>
</tr>
<tr>
<td>Oporto, PORTUGAL May 17, 2008</td>
<td>Portuguese Psychosomatic Association</td>
<td>Detecting and managing depressive disorders in general medical settings (F. Creed, United Kingdom)</td>
</tr>
<tr>
<td>Oporto, PORTUGAL May 24, 2008</td>
<td>Portuguese Association of Psychiatric Trainees</td>
<td>Consultation Liaison Psychiatry – the interface of psychiatry and somatic medicine (A. Diefenbacher, Germany)</td>
</tr>
<tr>
<td>Reykjavik, ICELAND October 17, 2008</td>
<td>Icelandic Psychiatric Association</td>
<td>How to develop a programme against stigma and discrimination because of schizophrenia (H. Stuart and J. Arbóleda-Florez, Canada)</td>
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**AEP Sections founded in 2007**

Three AEP Sections were founded (or re-established) under the unanimous vote of the AEP members during the last AEP General Assembly organised in Madrid on 19 March 2007.

The Consultation Liaison Psychiatry Section of AEP was first introduced on the occasion of an AEP itinerant CME course on “Consultation Liaison Psychiatry”, lectured by Albert Diefenbacher at the annual meeting of the German Psychiatric Association (DGPPN) in Berlin in November 2007.

*Section Board Members: Albert Diefenbacher (Chairman), Albert Leentjens (Vice-President), Dan Georgescu (Secretary), Marco Rigatelli (Treasurer)*

The Child and Adolescent Section of AEP invites all AEP members having an interest in child and adolescent psychiatry to join and take part in their activities and programmes. The Section’s core mission is to promote child initiatives, scientific efforts and cooperation in building networks of interest for developmental aspects of psychiatry. Its objectives have been defined as follows:

- to facilitate scientific discussion and mutual education in child psychiatry during the annual European Congress of Psychiatry and AEP section meetings
- to promote a public discussion on topics of child psychiatry such as SSRI's in minors, over or under treatment with stimulants, forensic child psychiatry and the law, etc.
- to represent the specific professional needs of child psychiatrists being members of AEP
- to improve the communication between adult and child psychiatrists

*Section Board Members: Gil Zalsman (Chairman), Franz Resch (Vice Chairman)*

The Emergency Psychiatry Section of AEP is aimed at developing an international network of professionals working in relation with the emergency psychiatry. (For details, please see “Quality of care in Emergency Psychiatry: developing an international network”, Damsa C et al, European Psychiatry Journal 2007; 22: 411–412).

*Section Board Members: Pier Maria Furlan (Chair), Antonio Andreoli (Co-Chair), Christian Damsa (Secretary), Eric Adam (Treasurer)*

**Symposia organised by these AEP Sections during the 16th European Congress of Psychiatry in Nice:**

- “New Developments in Consultation Liaison Psychiatry” on 8 April 2008 at 14:30–16:00 (Hall F)
- “Self injurious behaviour and suicidal behaviour in adolescents” on 8 April 2008 at 16:30–18:00 (Hall N)
- “The new acute mental patient: diagnostic constructs and treatment innovation in Emergency Psychiatry” on 9 April 2008 at 10:30–12:00 (Hall K)
AEP Extraordinary General Assembly in 2008

The AEP Extraordinary General Assembly will take place during the 16th European Congress of Psychiatry in Nice, France on Monday 7 April 2008 at 18.00 immediately before the Ordinary General Assembly, at the Convention Centre ACROPOLIS (1 Esplanade Kennedy, F-06302 NICE), Hall F. This Extraordinary General Assembly aims at commenting and approving proposals for changes in the AEP Statutes.

The AEP Secretariat has circulated the proposed amendments to each AEP Members in January 2008. The current statutes of our association are available on the AEP website (http://www.aep.lu). For any question please contact the AEP secretariat at info@europsy.net.

As an AEP member, you are kindly invited to attend this important meeting!

AEP General Assembly in 2008

The next AEP Ordinary General Assembly will be organised on 7 April 2008 in Nice Acropolis Convention Centre, during the 16th European Congress of Psychiatry.

On this occasion, 9 seats will be opened for the election or re-election of AEP Board members.

- Applications to Board membership must be sent by registered letter, no later than 6 March 2008 (a month before the date of the election) to Marianne Kastrup, AEP Secretary General at the following address: AEP (Association of European Psychiatrists) 15 Avenue de la Liberté, 67000 Strasbourg – France

- Candidates to the available positions will have to attach the following documents to the letter announcing their candidacy:
  a) A one-page curriculum vitae, including information on academic degrees, current position and main professional achievements (in teaching, research and clinical practice)
  b) A list of papers published in international journals in the last five years
  c) A statement that they are willing to devote no less than two weeks per year to work related to AEP (such as participation in the activities of at least one section, recruitment of new members for the association and of participants for its congress, contacts with national psychiatric societies in their area and contributions to the journal of the Association, etc.)
  d) A note concerning their intentions in relation to their membership at the Board
  e) A statement concerning possible conflicts of interests

- Candidates are invited to communicate a short biography which could be published in AEP website before the elections and once deadlines for application are closed, if wished

- Each candidate will be given one minute during the General Assembly for a statement about what he/she intends to do if elected to the Board

- The Board members whose mandate will expire on 31 December 2008 and are eligible for re-election are: Henning Sass, Germany – Julio Bobes, Spain – Jean Pierre Lépine, France – Sam Tyano, Israel – Paul Cosyns, Belgium – Marianne Kastrup, Denmark – Robin Murray, UK

Practical Information: Membership

To become members of the AEP, candidates are invited to submit their applications to Marianne Kastrup, AEP Secretary General. Applications should be accompanied by a Curriculum Vitae and, if possible, by the names of two sponsors who are already members of AEP.

A standard application form can be downloaded from the AEP website: http://www.aep.lu and sent to the Association of European Psychiatrists (AEP) 15 Avenue de la Liberté, 67000 Strasbourg, France.
AEP is pleased to remind you that in 2008 each issue of the European Psychiatry Journal may include up to 4 full pages of free communication reserved for the active AEP members willing to promote their activities and communicate on projects developed in relation with our association. This open space is aimed at supporting AEP missions and encouraging open communication which would contribute to:

- promoting the European identity of psychiatry
- enhancing the standard of psychiatric education and training
- promoting excellence in psychiatric research
- encouraging progress in psychiatric clinical practice
- informing the development of public health policies relevant to mental health
- disseminating information about psychiatric research and practice
- supporting national psychiatric associations

We are therefore calling for the submission of your short articles to AEP Headquarters. Please, feel free to:

a) promote activities of AEP sections  
b) announce creation or restart of AEP sections  
c) illustrate the AEP educational activities  
d) disseminate information about AEP core activities  
e) communicate where to find contacts for initiating and promoting multi-study research activities  
f) propose any other topics which you would consider as valuable for our association, as a complement of information delivered in the AEP bi-annual Newsletter

Deadlines for receiving your articles in 2008 are: 15 March, 30 April, 15 June, 31 July, 31 August and 31 October. Please send your paper by e-mail to marika.ylitalo@europsy.net. Do not hesitate to contact AEP Headquarters if you have any query for further information. We look forward to welcoming your input for this challenging communication project!

**Future internal meetings**

During the 16th European Congress of Psychiatry, AEP will organise the following meetings in the Acropolis Convention Centre:

- **AEP Leaders meeting** (a Board and Executive combined session followed by a Board, EC and COSC members session) on Saturday 5 April, 13.00-15.00 in Hall D  
- **AEP Committee on Education meeting** on Sunday 6 April, 10.00-11.00 in Hall D  
- **AEP Sections Coordination meeting (Chairmen of AEP Sections)** on Sunday 6 April, 12.00-13.00 in Hall B  
- **AEP Young Psychiatrist Committee meeting** on Monday 7 April, 11:30-12:30 in Hall B

**Announcements from AEP partners**

- The European Brain Council organises its First Brain Policy Forum "A Focus on Parkinson's Disease and the European Society" in Brussels on 27 and 28 February 2008  
  For more information, please visit: [http://www.europeanbraincouncil.org/ebpf2008](http://www.europeanbraincouncil.org/ebpf2008)

- The American Psychiatric Association organises the APA 161st Annual Meeting in Washington, DC, 3-8 May 2008  
  For more information, please visit: [http://www.psych.org/](http://www.psych.org/)

- The Brain Lipids Conference will be held in Oslo, 8-11 September 2008  
  For more information, please visit: [http://www.bl2008.org/](http://www.bl2008.org/)

**Next editions of the European Congress of Psychiatry**

2009 Lisbon, 24-28 January  
2010 Munich, 27 February–3 March  
2011 Vienna, 19-23 March  
2012 Prague, 3-7 March  
2013 Nice, 23-27 March  
2014 Madrid, 8-12 March  
2015 Munich, 21-25 March  
2016 Vienna, 19-23 March  
2017 Prague, 4-8 March