

“Gaining experience - EPA programme for young psychiatry specialists”

Geha Mental Health Center (Petah Tikva, Israel)

Type of observership placement:

Clinical - Inpatients and outpatients from age 0 to 80. All psychiatric diagnoses.

Academic - The Geha Mental Health Center is affiliated to Tel Aviv University.

Research - Clinical and psychosocial research is going on, although it is not realistic to participate for a short time.

Duration of placement:

From 2 weeks to 8 weeks.

Programme available since:

1 June 2014

Accommodation from the hosting organisation:

Not available

Financial support by the hosting institution:

Not available

Informative PPT presentation or other materials:

Geha Mental Health Center (GMHC) is a leading treatment, academic and research center in Israel. It is located on the campus of the largest medical center in the country (Rabin Medical Center). It was established in 1942 by "Clalit Health Services" as a mental health facility and consists of a psychiatric emergency room, 5 inpatient (adolescent and adult) wards, outpatient units, rehabilitation services and day units. The center serves a catchment area of approximately 800,000 inhabitants in the central region of Israel.

GMHC is affiliated with the Sackler Faculty of Medicine at Tel Aviv University and serves as the largest teaching center for medical students (about 70 students per year). GMHC is recognized by the scientific council of the Israeli Medical Association as a training center for residents in General Psychiatry and in Child and Adolescent Psychiatry.

The center consists of an Adult Division and a Child and Adolescent Division.

Each adult inpatient ward consists of 34 beds with an average occupancy of 105%. The total yearly number of hospital admissions is about 1,500

(pertaining to about 800 patients) of which 1.9% are by court order, 13.3% are by order of a community psychiatrist and 84.7% are voluntary. Overall, the annual proportion of non-voluntary admissions is 15.2%, (range 8.5%-21.0% per year). Psychopathology distribution in the adult inpatient wards is 50% schizophrenia, 30% mood disorder, 5% severe adjustment reactions, some with co-morbid substance abuse or severe personality disorders. About 10% are high risk-patients with aggressive/suicidal behavior. Personnel in the adult inpatient wards consists of nurses, occupational therapists, social workers, psychologists, senior psychiatrists and trainees in psychiatry, psychology and other health sciences disciplines.

The Child and Adolescent Division includes an inpatient ward (30 beds), two day treatment units one for ages 4-9 and one for ages 12-18, as well as outpatient clinics.

Some unique and interesting specialties at GMHC are:

1. An outpatient clinic for infants (age 0-3)
2. An outpatient clinic for psychosomatics in adolescents
3. An outpatient clinic for children and adults with ADHD
4. A CBT unit for treatment of anxiety disorders (in adults)
5. Specialization in forensic psychiatry
6. Specialization in treatment resistant schizophrenia
7. Specialization in psychopharmacology.

Contact person:

Prof. Zvi Zemishlany, Head of the institution

Head of the hosting institution:

Prof. Zvi Zemishlany

Any limitations for the participant:

None

Any other important information:

A great chance to observe the clinical work of a multidisciplinary team in an academic and friendly teaching hospital+ an opportunity to visit Israel.