



6th International CBASP Network Meeting

Psychotherapy for Chronic Depression
Significant others, early adversity and resilience

Programme

Speakers

Elisabeth Binder, München
Eva-Lotta Brakemeier, Marburg
Anna Buchheim, Innsbruck, A
Stefan Doering, Wien, A
Eva Fassbinder, Lübeck
Martin Hautzinger, Tübingen
Jan Philipp Klein, Lübeck
Andrea Jobst, München
Claus Normann, Freiburg
James P. McCullough, Virginia, USA
Frank Padberg, München
Elisabeth Schramm, Freiburg
Katrjn Wambach, Marburg
Jenneke Wiersma, Amsterdam, NL

Munich
21.–24.6. 2017

Information and Registration

www.cbasp-network.org



CBASP - NETWORK

Cognitive Behavioral
Analysis System of Psychotherapy



Deadline!
30.4.2017

Call for Scientific Abstracts

Posters with Presentation – Poster

If you are interested in contributing, please send an e-mail to psychosomatik@med.uni-muenchen.de.

Submissions are highly welcome and poster awards will be granted.

If you want to submit an abstract, please indicate the following:

- title of contribution
- names and affiliation of presenter
- structured abstract in English (or German)

We are glad about your contributions!



CBASP - NETWORK
Cognitive Behavioral
Analysis System of Psychotherapy

Dear colleagues,

we cordially invite you to join us in Munich this summer for the 6th International CBASP Network Meeting, a biannual conference on chronic depression and the Cognitive Behavioral Analysis System of Psychotherapy (CBASP).

Chronic depression – a neglected disorder? With the introduction of persistent depressive disorder as a new category in DSM5, chronic depression is now recognized as distinct diagnostic entity. CBASP which has been developed by James P. McCullough has significantly driven the growing awareness of chronic depressive disorders and their clinical relevance. In addition, CBASP has directed scientific attention towards early adversities in the life of people suffering from chronic depression. Nowadays, we are all aware that attachment, pivotal experiences with significant others, education styles and significant early adversities or even psychological trauma may have a strong impact on the development and course of affective disorders. Such early adversities or traumatic experiences associated with chronic depression may be emotional abuse as well as emotional or physical neglect. “Bitte stör mich! Aktiv gegen Depression” (Please disturb me! Active against depression!) is the slogan of a current campaign by the Bavarian Ministry of Health and Nursing. In this context “To Disturb” stands for replacing neglect with attention, providing support and empowerment. For a CBASP-therapist, this term is of course metaphorically related to Disciplined Personal Involvement (DPI) which will be the focus of a workshop by J.P. McCullough at this conference.

At this year’s Network Meeting we will address the issues of significant others, attachment, and early adversities in several lectures (J. McCullough, A. Buchheim, E. Binder, A. Jobst), and also current CBASP trials will be presented (E. Schramm, P. Klein, M. Hautzinger, C. Normann). In addition, the relationship between therapy outcome and the spectrum of early adversities will be discussed (J. Wiersma). Our other main intention is to present and teach CBASP as a lively form of psychotherapy, that you can experience in comparison with other forms of therapy at our conference (E.L. Brakemeier, S. Doering, E. Faßbinder). How should CBASP be further developed? Can we adapt CBASP for other disorders? Where are the limits? There will be lectures, a pro/con debate and a comprehensive workshop program addressing these issues.

For us, it is a great pleasure and honour that J.P. McCullough will again participate in this year’s Network Meeting and share his experience in talks and workshops.

On Saturday, there will be a special forum for people with chronic depression and their relatives which will be offered in cooperation with the Münchner Bündnis gegen Depression (Munich Alliance against Depression). Thereafter, J.P. McCullough will present the development of CBASP from his autobiographic perspective.

We are very much looking forward to welcoming you in Munich and manifold rich interpersonal experiences and encounters.

Yours sincerely

Frank Padberg, Götz Berberich,
Eva Hoch, Andrea Jobst,
Joram Ronel, Lena Sabaß,
Ulrich Voderholzer
(Local Organizing committee)

Jan Philipp Klein, Elisabeth Schramm,
Matthias Backenstrass,
Samuel Elstner, Armin Blickenstorfer
(Board of the CBASP Network e.V.)

Workshop-Programme*

Time	Title Speaker
9.00 – 10.30 11.00 – 12.30 4 UE	WS 1: CBASP Einführungsworkshop (insg. 8 UE) Teil I: S. Elstner, Berlin Teil II: 22.6.17: 09:00-10:30 Uhr 11:00-12:30 Uhr
10.30 – 11.00	Break

Plenary Session 

Location: Hörsaal Psychiatrische Klinik

Time	Title Speaker
13.15 – 13.45	Welcome P. Falkai, München Welcome from the CBASP network P. Klein, Lübeck Introduction to the conference F. Padberg, München

Opening Symposium: Significant others and early adversity

Chair: P. Klein, Lübeck | U. Voderholzer, Roseneck

13.45 – 16.00	The role of significant others and early adversity in CBASP J. McCullough, Virginia, USA
	Chronic depression and attachment A. Buchheim, Innsbruck, A
	Childhood trauma, parenting style and treatment outcome in persistent depression J. Wiersma, Amsterdam, NL
16.00 – 16.30	Break
16.30 – 18.00	Early adversity and trauma – does it make a difference in treating chronically depressed patients? E. Schramm, Freiburg P. Klein, Lübeck
	Psychoanalytic Psychotherapy and Cognitive Behavioral Therapy in chronic depression: Influence of treatment preference, early trauma, early onset, symptom severity and medication M. Hautzinger, Tübingen
18.00	Get Together






* The premises will be announced in a timely manner.

Plenary Session

Location: Hörsaal Psychiatrische Klinik

Time	Title Speaker
09.00 – 10.30	Roundtable: Der chronisch depressive Patient Moderation: G. Berberich, J. Ronel Umgang mit in der Therapie gezeigter inhibierter und unkontrollierter Wut aus drei psychotherapeutischen Perspektiven E.-L. Brakemeier, Marburg (CBASP) E. Fassbinder, Lübeck (Schematherapie) S. Doering, Wien, A (Transference Focused Psychotherapy)
10.30 – 11.00	Break
11.00 – 12.00	Chair: E. Hoch, L. Sabaß, München Controversy: CBASP is only for chronic depression?  P. Klein, Lübeck – Pro F. Padberg, München – Contra
12.00 – 13.30	Fingerfood and Poster  

Workshop-Programme*

Time	Title Speaker
9.00 – 10.30 11.00 – 12.30	WS 1: CBASP Einführungsworkshop Teil II (4 UE) S. Elstner, Berlin Teil I: 21.6.17: 09:00-10:30 Uhr 11:00-12:30 Uhr
9.00 – 10.30	WS 2: How to equip accredited CBASP practitioners to be CBASP trainers (2 UE)  B. McVicar J. Swan, Dundee, UK
13.30 – 15.00	WS 3: Using Disciplined Personal Involvement in CBASP (5 UE)  J. McCullough, Virginia, USA
	WS 4: CBASP in a Group Format (5 UE)  T. Favorite, Michigan, USA R. Fangmeier, Freiburg
	WS 5: CBASP und Emotionsfokussierte Therapie (5 UE) T. Hofer, Bern, CH
15.00 – 15.30	WS 6: Miteinander therapieren von CBASP- und Trauma-patienten (2 UE) A. Blickenstorfer A. Linde, Aargau, CH
	Break
15.30 – 18.00	Continuation WS 3: Using Disciplined Personal Involvement in CBASP (5 UE)  J. McCullough, Virginia, USA
	Continuation WS 4: CBASP in a Group Format (5 UE)  T. Favorite, Michigan, USA R. Fangmeier, Freiburg

Workshop-Programme*

Time	Title Speaker
15.30 – 18.00	Continuation WS 5: CBASP und Emotionsfokussierte Therapie (5 UE) T. Hofer, Bern, CH
	WS 7: Skills bei Patienten mit chronischer Depression und einer Borderline Persönlichkeitsakzenturierung (3 UE) A. Merkl S. Elstner, Berlin
	WS 8: CBASP als modular basiertes Gruppenprogramm für depressive, komorbide Patienten (3 UE) A. Kiyhankhadiv, Basel, Schweiz, CH E. Schramm, Freiburg

Additional Events

18.30	Mitgliederversammlung
20.00	Speakers Dinner

*The premises will be announced in a timely manner.



BRAINTERTAINERS

Congress Party


When: 23 June 2017, from 8 pm
Where: Café at Beethovenplatz (Mariandl) | Goethestrasse 51 | Munich
Costs: 45,- € (including dinner and drinks)
10,- € (entrance from 10 pm)
We are looking forward to seeing you!



www.braintertainers.com

Plenary Session



Ort: Hörsaal Psychiatrische Klinik

Time Title | Speaker

Symposium: Research on chronic depression and CBASP 
Chair: C. Normann, Freiburg | H. Walter, Berlin

09.00–10.30	Social rejection and social repair – behavioral and neuroendocrine findings in patients with chronic depression A. Jobst, München
	Current state and new perspectives: Efficacy of CBASP for persistent depressive disorder and modifications for special patient groups E.-L. Brakemeier, Marburg
	Comparing the efficacy of CBASP with two versions of CBT for depression in a routine care setting: A randomized clinical trial K. Wambach, Marburg
	Long-term outcome of CBASP: New results from clinical trials C. Normann, Freiburg
10.30–11.00	Break
11.00–12.00	Chair: A. Jobst, München Key Note Lecture: Neurobiological underpinnings of early adversity and chronic depression E. Binder, München
12.00–13.30	Fingerfood und Poster  

Workshop-Programme*

Time	Title Speaker
9.00 – 10.30	WS 9: Optimiertes Extinktionslernen im Rahmen des CBASP (2 UE) D. Schoepf, Bonn
	WS 10: Kiesler Kreis: Geschichte und Anwendung (2 UE) M. Backenstraß, Stuttgart
13.30 – 15.00	WS 11: CBASP for Co-Occurring Persistent Depression and Alcohol Use Disorders (5 UE)  J. K. Penberthy, Virginia, USA P. Klein, Lübeck
	WS 12: Trauma-Informed CBASP Applications (5 UE)  T. Favorite, Michigan, USA R. Fangmeier, Freiburg
	WS 13: CBASP-Stationär – Psychotherapeutische Komplexbehandlung im stationären Rahmen (5UE) E. L. Brakemeier, Marburg F. Padberg, München
	WS 14: CBASP Selbsterfahrung (5 UE) – max. 12 Teilnehmer S. Steinlechner, Schleswig

Workshop-Programme*

Time	Title Speaker
13.30 – 15.00	<p>WS 15: Resilienz – Was macht uns widerstandsfähig gegen Stress und psychische Erkrankung (4 UE) D. Gilan, Mainz</p> <p>WS 16: CBASP bei Störungen aus dem Autismus-Spektrum (2 UE) M. Radtke, Freiburg</p>
15.00 – 15.30	Break
15.30 – 18.00	<p>Continuation WS 15: Resilienz – Was macht uns widerstandsfähig gegen Stress und psychische Erkrankung (4 UE) D. Gilan, Mainz</p> <p>Continuation WS 11: CBASP for Co-Occurring Persistent Depression and Alcohol Use Disorders (5 UE)  J. K. Penberthy, Virginia, USA P. Klein, Lübeck</p> <p>Continuation WS 12: Trauma-Informed CBASP Applications (5 UE)  T. Favorite, Michigan, USA R. Fangmeier, Freiburg</p> <p>Continuation WS 13: CBASP-Stationär – Psychotherapeutische Komplexbehandlung im stationären Rahmen (5 UE) E. L. Brakemeier, Marburg F. Padberg, München</p> <p>Continuation WS 14: CBASP Selbsterfahrung (5 UE) max. 12 Teilnehmer S. Steinlechner, Schleswig</p> <p>WS 17: Supervision of traumatized CBASP cases (3 UE) J. McCullough, Virginia, USA E. Schramm, Freiburg </p> <p>WS 18: Persönlich-authentische Beziehung beim DPI durch Achtsamkeit (3 UE) A. Külz, Freiburg</p>


Additional Events

12.15 – 13.00	Meeting Supervisoren-AG E. Schramm, Freiburg
18.30 – 19.15	Meeting CBASP International Society AG-Treffen
20.00	Congress party with the Braintertainers (www.braintertainers.com) in Mariandl – Munich's oldest concert café



*The premises will be announced in a timely manner.

Plenary Session (Öffentliche Veranstaltung – keine Anmeldung notwendig)

Location: Hörsaal Psychiatrische Klinik

Time	Title Speaker
09.00 – 10.00	CBASP-Forum für Betroffene: Über chronische Depressionen, ihre Ursachen und die Wege aus der Erkrankung – eine Veranstaltung mit dem Münchner Bündnis gegen Depression
10.15 – 11.00	Chair: E. Schramm, Freiburg J. McCullough "Swimming Upstream" – autobiographical remarks on the development of the CBASP model 
11.00 – 11.30	Break

Workshop-Programme*

Time	Title Speaker
11.30 – 12.30	<p>WS 19: Case formulation or case conceptualisation for CBASP (5 UE)  J. Swan M. Liebing-Wilson, Dundee, Schottland</p> <p>WS 20: CBASP für Patienten mit chronischen Schmerzen (5 UE) U. Liwowsky, Tutzing</p> <p>WS 21: CBASP stationär für Pflegeteams (5 UE) D. Putjatin A. Laczinsky</p>
12.30 – 13.30	Lunch Break
13.30 – 16.30	<p>Continuation WS 19: Case formulation or case conceptualisation for CBASP (5 UE)  J. Swan M. Liebing-Wilson, Dundee, Schottland</p> <p>Continuation WS 20: CBASP für Patienten mit chronischen Schmerzen (5 UE) U. Liwowsky, Tutzing</p> <p>Continuation WS 21: CBASP stationär für Pflegeteams (5 UE) D. Putjatin A. Laczinsky, München</p>
16.30	Closing

*The premises will be announced in a timely manner.

General Information

Organiser

CBASP-Network

On-site Organiser, Organisation Committee

Frank Padberg, Götz Berberich, Eva Hoch, Andrea Jobst,
Joram Ronel, Lena Sabaß, Ulrich Voderholzer

Executive Board of the CBASP Network

Jan Philipp Klein, Elisabeth Schramm, Matthias Backenstrass,
Samuel Elstner, Armin Blickenstorfer

Congress Organisation

Schattauer Convention

Seminars and congresses at Schattauer GmbH
Hölderlinstr. 3 | 70174 Stuttgart | Germany
Your contact person: Angelique Vogt
Tel.: +49 711 22987 - 41
Fax: +49 711 22987 - 50
E-Mail: angelique.vogt@schattauer.de
www.schattauer-convention.de

Registration and Payment

Please register online at the congress website www.cbasp-network.org
or use the included registration form to register and fax it to +49 (0) 711
22987-50.

Participation Fees

Participation Fee	Early Bird Price until 30/04/2017	Normal Price as of 01/05/2017
Congress Card 21–24/06/2017		
CBASP Network Members	290,00 €	390,00 €
Non-Members	360,00 €	460,00 €
Additional options		
Day Ticket		
CBASP Network Members		150,00 €
Non-Members		190,00 €
Discounted		
for students/PJ, PiA, nursing staff*		190,00 €
Congress party Friday, 23/06/2017		45,00 €

* prove necessarily

Registration fee includes all sessions (also workshops), handouts, coffee
breaks and snacks.

Conference Venue

Department of Psychiatry and Psychotherapy
Ludwig-Maximilian University of Munich
Nußbaumstr. 7 (PK)
80336 München
www.klinikum.uni-muenchen.de

Additional Information

www.cbasp-network.org

On-site Payment Methods

In order to pay your congress fees, we recommend the convenient method
of payment with your EC- or credit card. The following credit cards are
accepted: Visa card, Eurocard, American Express.
Please note that payment in cash on location is not possible.

Venue

Main lectures, workshops, congress offices
Lecture hall and Seminar rooms of the
Department of Psychiatry and Psychotherapy
(Klinik für Psychiatrie und Psychotherapie)
Ludwig-Maximilians University of Munich
Nußbaumstr. 7 (PK)
80336 Munich
www.klinikum.uni-muenchen.de
Subway (U-Bahn) Station: Sendlinger-Platz or Goetheplatz

CME Certification

The certification of this event as continued professional development has
been applied for by the Bavarian State Chamber of Physicians.
Directly after the event, all registered EFNs (unified CME number) will be
transmitted to the Bavarian State Chamber of Physicians and credited to
your account.

Accommodation

Accommodation in various price categories is available in the direct vicinity
of the congress location.
Please book your accommodation directly via the internet. One website
you can make use of is the hotel booking website HRS at www.hrs.com.

Arrival – Parking

The conference venue is located approximately 500m south of the main
train station in Munich.
Subway (U-Bahn) station: Sendlinger Tor (Line U1, U2) or Goetheplatz (Line
U3, U6).

Detailed information regarding your arrival can be found here:
www.klinikum.uni-muenchen.de
(Information only available in German)

Participation conditions

Conditions for participation in the

6th International CBASP Network Meeting, 21.–24. June 2017, Munich

After registering you will receive a registration confirmation/invoice with the fee payable for participation. Please only transfer the participation fee into the conference account once you have received the invoice. Please note that participation is only valid if payment has been made by 14 days prior to the start of the conference.

Reduced rates apply until 30.04.2017. The regular rate applies to registrations after this date. There is a limited number of participants, so we recommend that you register early. The number of workshop participants is also limited. Places are assigned according to date of registration.

Cancellations must be made in writing. Cancellations before 07 June 2017 incur a processing fee of 50,- €. No refund will be made after this date.

Participants accept that no claim for damages can be made against the organiser if the congress is disrupted or prevented from taking place by unforeseen circumstances or force majeure or if changes are necessary due to cancellation of speakers etc. By registering the participant accepts this caveat.

You will receive your congress documents and access rights to the events location at the congress office. Registration is binding, entry tickets are not transferable.

Speakers

Backenstraß Prof. Dr. Matthias, Heidelberg

Binder Prof. Dr. Elisabeth, München

Blickenstorfer Dr. Armin, Aargau, CH

Brakemeier Prof. Dr. Eva-Lotta, Marburg

Buchheim Prof. Dr. Anna, Innsbruck, A

Doering Prof. Dr. Stephan Wien, A

Elstner Dr. Samuel, Berlin

Fangmeier Ruth, Freiburg

Fassbinder Dr. Eva, Lübeck

Favorite Prof. Dr. Todd K.,
Ann Arbor, USA

Gilan Dr. Donya A., Mainz

Hautzinger Prof. Dr. Martin, Tübingen

Hofer Dr. Terese Bern, CH

Jobst Dr. Andrea, München

Kiyhankhadiv Anna, Basel, CH

Klein Dr. Jan Philipp, Lübeck

Külz Dr. Anne Katrin, Freiburg

Laczinsky Alicia, München

Liebing-Wilson Marianne, Dundee, UK

Linde Dr. Andreas, Aargau, CH

Liowsky Dr. Dr. Iris, Tutzing

MacVicar Bob, Dundee, UK

McCullough Prof. Dr. James P.,
Richmond, USA

Merkel Dr. Angela, Berlin

Normann Prof. Dr. Claus, Freiburg

Padberg Prof. Dr. Frank, München

Penberthy Prof. Dr. J. Kim,
Charlottesville, USA

Putjatin Dimitrij, München

Radtke Martina, Freiburg

Schoepf PD Dr. Dieter, Bonn

Schramm Prof. Dr. Elisabeth, Freiburg

Steinlechner Dr. Susanne, Schleswig

Swan John, Dundee, UK

Walter Henrik, Berlin

Wambach Dr. Katrin, Marburg

Wiersma Dr. Jenneke, Amsterdam, NL

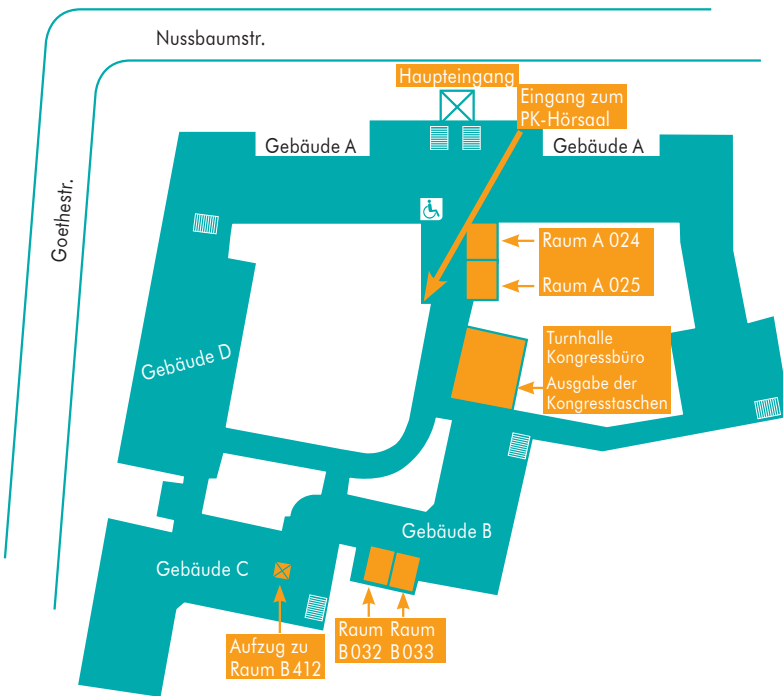
Psychiatrische Universitätsklinik der LMU München

Nußbaumstr. 7, 80336 München

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Seminarräume im Erdgeschoss

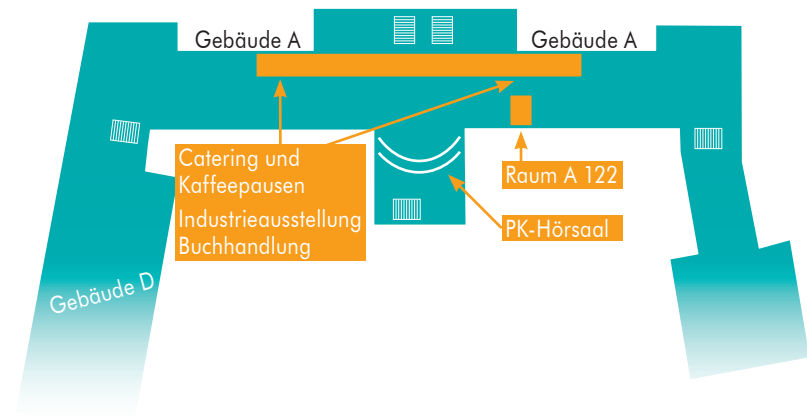
- » Raum A 024
- » Raum A 025
- » Raum B 032 (Tagklinik)
- » Raum B 033 (Tagklinik)
- » Turnhalle (Kongressbüro)



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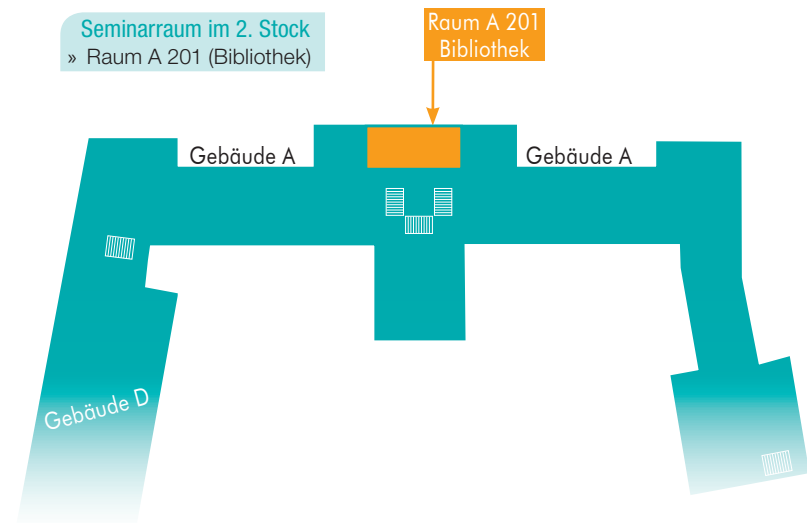
Seminarraum im 1. Stock

- » Raum A 122



Seminarraum im 2. Stock

- » Raum A 201 (Bibliothek)



Registration

Registration for the 6th International CBASP Network Meeting

Participation Fees

Participation Fee	Early Bird Price until 30/04/2017	Normal Price as of 01/05/2017
Congress Card 21–24/06/2017		
<input type="checkbox"/> CBASP Network Members	290,00 €	390,00 €
<input type="checkbox"/> Non-Members	360,00 €	460,00 €
Additional options		
Day Ticket (choose: <input type="checkbox"/> 21 <input type="checkbox"/> 22 <input type="checkbox"/> 23 <input type="checkbox"/> 24/06/2017)		
<input type="checkbox"/> CBASP Network Members		150,00 €
<input type="checkbox"/> Non-Members		190,00 €
Discounted		
<input type="checkbox"/> for students/PJ, PiA, nursing staff*		190,00 €
<input type="checkbox"/> Convivial evening Friday, 23/06/2017		45,00 €

* prove necessarily

WS-No. _____ Title _____

WS-No. _____ Title _____

WS-No. _____ Title _____

WS-No. _____ Title _____

Title | Firstname | Name _____

Institution _____

Department _____

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Country | PLZ | City _____

Phone _____ E-Mail _____

Yes, I would want about new products and interesting offers of the Schattauer publishing company informed become by e-mail post

On receipt of the confirmation I will transfer the conference fees. I have read the conditions of participation and recognise this with my signature on the registration. I agree with the fact that my data are stored for congressional-technical purposes

Date | Signature _____

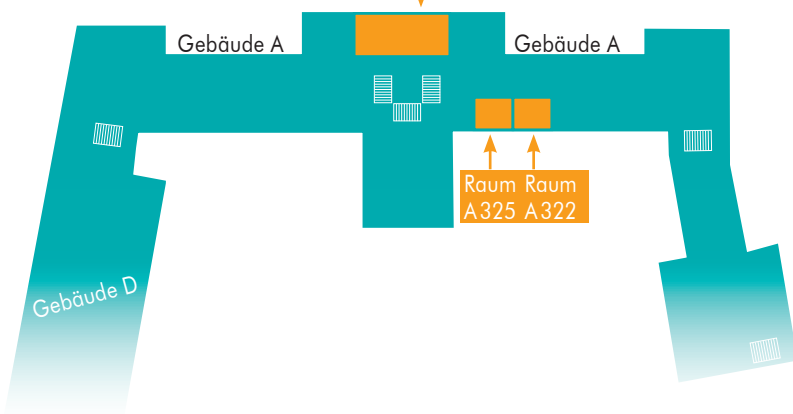
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Seminarraum im 3. Stock

- » Raum A 301
(Alois Alzheimer Saal)
- » Raum A 322
- » Raum A 325

Raum A 301
Alois Alzheimer Saal

Raum A 325
Raum A 322



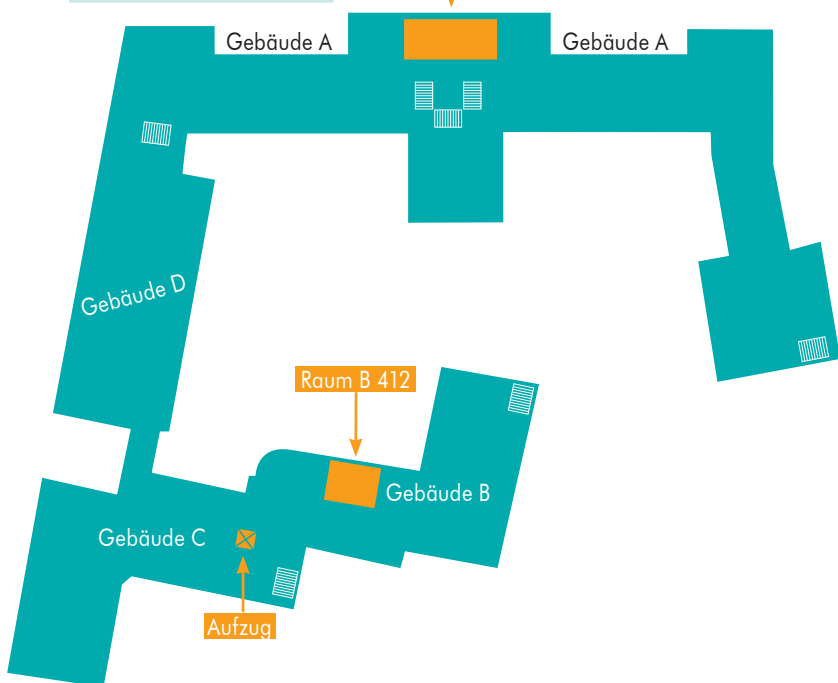
Seminarraum im 4. Stock

- » Raum A 401
- » Raum B 412

Raum A 401

Raum B 412

Aufzug



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6th International CBASP Network Meeting

Psychotherapy for Chronic Depression
Significant others, early adversity and resilience

Bitte abtrennen und ausgefüllt senden an:

Schattauer Convention
Seminare und Kongresse
in der Schattauer GmbH
Hölderlinstr. 3
70174 Stuttgart
Deutschland



CBASP - NETWORK
Cognitive Behavioral
Analysis System of Psychotherapy