



EUROPEAN  
PSYCHIATRIC  
ASSOCIATION  
A N N U A L  
R E P O R T  
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# EUROPEAN PSYCHIATRIC ASSOCIATION ANNUAL REPORT FOR THE YEAR 2015



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Dear members,

The purpose of the European Psychiatric Association's Annual Report is not only to provide the facts and figures related to its operations, but also to outline, on a larger scale, how EPA's activities have supported its mission to **"Improve Psychiatry and Mental Health Care in Europe"** over the past year.

I began my mandate with a Strategic Action Plan for 2015-2016, and its implementation throughout the year, beginning in full force in January 2015, led to a strengthened EPA leadership, more visibility in Europe and the accomplishment of several goals related to psychiatric practice, education and research.

As part of this plan, 3 Operational Committees and 3 Task Forces, made up of EPA leaders, were put into place to consolidate EPA objectives across its different areas of interest and keep the association in the forefront of important developments in the field of psychiatry within Europe and around the world. The Operational Committees, focusing on Goals of European Psychiatry, Congress Activities, and Publication Policy, and the Task Forces, focusing on the Brussels Subsidiary, Membership Structure, and Working Models and Finance, have made promising steps towards the promotion of European Psychiatry at the EU level and the development of EPA activities.

One example of such progress was the successful opening of the Brussels office in May 2015, giving EPA a stronger presence amongst the European institutions and allowing a better representation of European Psychiatry in the political arena. The EPA's EU work in 2015 strengthened strategic collaborations with the European institutions and international organisations like WHO-Europe, WPA and with European NGO Networks like EBC, EUFAMI and GAMIAN. Key policy activities included the involvement in the European Commission funded EU Joint Action on Mental Health and Well-being, and the preparation of position papers with key policy recommendations that covered mental health care to refugees and migrants in Europe and the need to improve the image of psychiatry and psychiatrists.

Following other objectives outlined in the Strategic Action Plan, EPA was further engaged in the development of tools for clinical guidance through the EPA Guidance Project. The 3<sup>rd</sup> series of EPA Guidance Papers was released at the 23<sup>rd</sup> European Congress of Psychiatry in Vienna in March 2015. The impact of Guidance Papers and their implementation into clinical practice were fostered by initiation of a translation project of selected papers in order to address country specific needs. The Polish Psychiatric Association has taken the first step to translate a number of selected

Guidance Papers into Polish language. Further countries will follow this model and the strengthening of implementation from research into practice is going to continue in the coming year.

Another important topic that I wanted to tackle in 2015 is postgraduate psychiatric training in Europe. To me it is of great importance to support the harmonisation of the currently very diverse training curricula in European countries. For this purpose a new Task Force on Education in European Psychiatry (TFEEP) was created and will take up its activities in 2016. Members of the TFEEP are the UEMS Section of Psychiatry, the European Federation of Psychiatric Trainees (EFPT) and WHO Europe. In the scope of this development, the collaboration between EPA and the UEMS (European Union of Medical Specialists) is being formalized through a mutual agreement of both parties in order to most effectively reach common goals.

EPA and the Council of NPAs welcomed its 37<sup>th</sup>, 38<sup>th</sup> and 39<sup>th</sup> NPA members from Sweden, Armenia and Iceland to the organisation. EPA also continued encouraging professional exchange among all partner countries, both inside and outside of Europe. The role of the Council was strengthened throughout the year through its involvement in consultations on current political and scientific developments. Moreover, the Chair of the Council of NPAs became a statutory member of the EPA Executive Committee for the first time in EPA history.

Along these lines, an international collaboration with the Asian Federation of Psychiatric Associations was established, and began with a collaboration of joint symposia in Japan and Vienna in March 2015. Furthermore EPA was represented at numerous international meetings and conferences to enhance the Association's visibility and to foster international collaboration.

At the annual EPA Congress in March 2015, which addressed the motto *"Excellence in Psychiatry across Europe: Practice, Education, Research"*, the first European Forum was introduced. Speakers from the WHO, UN and the EU, as well as European organisations such as EUFAMI, GAMIAN and ROAMER discussed jointly around the theme of *"Improving Mental Health and Mental Health Care across Europe"*. The format was a great success and will continue in 2016 and on.

Now, at the end of my first year of mandate in 2015, EPA has moved swiftly to apply its strategic plan and is already leading the way for positive change in the field of psychiatry and mental health care. I am confident that we will continue striving to surpass our objectives and fulfil EPA's mission in the year to come and long after.

Wolfgang Gaebel 

# EPA COMMITTEES



## BOARD



On 25 January, the EPA Board elected the positions of President Elect, Secretary General, Treasurer, Secretary for Sections and Secretary for Education\*.

- **Wolfgang Gaebel, Germany – Chair**
- Olivier Andlauer, UK
- Sue Bailey, UK
- Julian Beezhold, UK
- Geert Dom, Belgium
- Andrea Fiorillo, Italy
- Silvana Galderisi, Italy
- Paz García-Portilla, Spain
- Philip Gorwood, France
- Cécile Hanon, France
- Andreas Heinz, Germany
- Marianne Kastrup, Denmark
- Levent Küey, Turkey
- Tamas Kurimay, Hungary
- Manuel Martín Carrasco, Spain
- Michael Musalek, Austria
- Wulf Rössler, Switzerland
- Jerzy Samochowiec, Poland
- Rutger Jan van der Gaag, NL
- Danuta Wasserman, Sweden

## EXECUTIVE COMMITTEE

- **Wolfgang Gaebel, Germany – President**
- Silvana Galderisi, Italy – President Elect\*
- Danuta Wasserman, Sweden – Past President
- Julian Beezhold, UK – Secretary General\*
- Philip Gorwood, France – Treasurer\*
- Manuel Martín Carrasco, Spain – Council of NPAs Chair

## OTHER OFFICE BEARERS

- **Michael Musalek, Austria**  
Secretary for Sections\*
- **Cécile Hanon, France**  
Secretary for Education\*

## SECTION COMMITTEE



- **Michael Musalek, Austria - Chair**
- Geert Dom, Belgium
- Wolfgang Gaebel, Germany
- Marianne Kastrup, Denmark
- Nadja Maric Bojovic, Serbia
- Manuel Martin Carrasco, Spain
- Alexander Nawka, Czech Republic
- Meryam Schouler-Ocak, Germany

## STEERING COMMITTEE OF THE EPA COUNCIL OF NPAs

- **Manuel Martin Carrasco, Spain - Chair**
- Tamas Kurimay, Hungary - Vice-Chair
- Peter Falkai, Germany - Secretary

On 28 March 2015, the EPA Council of NPAs elected its 2015-2016 Steering Committee.

## GUIDANCE COMMITTEE



- **Wolfgang Gaebel, Germany - Chair**
- **Hans-Jürgen Möller, Germany - Co-chair**
- Dinesh Bhugra, UK
- Peter Falkai, Germany
- Andrea Fiorillo, Italy
- Reinhard Heun, UK
- Michael Musalek, Austria
- Danuta Wasserman, Sweden

## EARLY CAREER PSYCHIATRISTS COMMITTEE



- **Olivier Andlauer, UK - Chair**
- **Nikolina Jovanovic, Croatia - Co-Chair**
- Katja Koelkebeck, Germany
- Olga Kazakova-Paravaya, Belarus
- Mariana Pinto da Costa, Portugal

## EDITORS-IN-CHIEF OF EUROPEAN PSYCHIATRY, THE JOURNAL OF EPA

- Sophia Frangou, USA
- Philip Gorwood, France
- Reinhard Heun, UK

## COMMITTEE ON EDUCATION



### • **Cécile Hanon, France - Chair**

- Olivier Andlauer, France
- Julian Beezhold, UK
- Silvana Galderisi, Italy
- Christoph Lauber, Switzerland
- Michael Musalek, Austria
- Tanja Svirskis, Finland
- Sam Tyano, Israel
- Rutger Jan van der Gaag, Netherlands

## OPERATIONAL COMMITTEE ON PUBLICATION POLICY

### • **Wolfgang Gaebel, Germany - Chair**

- Julian Beezhold, UK
- Dinesh Bhugra, UK
- Peter Falkai, Germany
- Andrea Fiorillo, Italy
- Paz García-Portilla, Spain
- Reinhard Heun, UK
- Michael Musalek, Austria
- Danuta Wasserman, Sweden

## ADVISORY SCIENTIFIC PROGRAMME COMMITTEE (ASPC) EPA 2015 VIENNA

### • **Siegfried Kasper, Austria - Chair**

- Dinesh Bhugra, UK
- George Christodoulou, Greece
- Sophia Frangou, USA
- Marc Hermans, Belgium
- Reinhard Heun, UK
- Valery Krasnov, Russia
- Dmitry Krupchanka, Belarus
- Dusica Lecic Tosevski, Serbia
- Mario Maj, Italy
- Manuel Martín Carrasco, Spain
- Andreas Meyer-Lindenberg, Germany
- Matthijs Muijen, Denmark
- Merete Nordentoft, Denmark
- Mariana Pinto da Costa, Portugal
- Anita Riecher, Switzerland
- Martina Rojnic Kuzman, Croatia
- Jerzy Samochowiec, Poland
- Graham Thornicroft, UK

## SCIENTIFIC PROGRAMME COMMITTEE (SPC) EPA 2015 VIENNA

### • **Wolfgang Gaebel, Germany - Chair**

### • **Danuta Wasserman, Sweden - Co-Chair**

### • **Michael Musalek, Austria - LOC Chair**

- Sue Bailey, UK
- Julian Beezhold, UK
- István Bitter, Hungary
- Patrice Boyer, France
- Geert Dom, Belgium
- Peter Falkai, Germany
- Silvana Galderisi, Italy - Congress Advisor
- Philip Gorwood, France
- Cécile Hanon, France
- Andreas Heinz, Germany
- Cyril Höschl, Czech Republic
- Marianne Kastrup, Denmark
- Tamas Kurimay, Hungary
- Wulf Rössler, Switzerland
- Rutger Jan van der Gaag, Netherlands
- Zvi Zemishlany, Israel

## OPERATIONAL COMMITTEE ON CONGRESS ACTIVITIES

- **Wolfgang Gaebel, Germany – Chair**

- Julian Beezhold, UK
- Peter Falkai, Germany
- Andrea Fiorillo, Italy
- Silvana Galderisi, Italy
- Philip Gorwood, France
- Levent Küey, Turkey
- Tamas Kurimay, Hungary
- Michael Musalek, Austria
- Rutger Jan van der Gaag, Netherlands
- Danuta Wasserman, Sweden

## OPERATIONAL COMMITTEE ON GOALS OF EUROPEAN PSYCHIATRY

- **Wolfgang Gaebel, Germany – Chair**

- Julian Beezhold, UK
- Geert Dom, Belgium
- Peter Falkai, Germany
- Silvana Galderisi, Italy
- Paz Garcia-Portilla, Spain
- Cécile Hanon, France
- Andreas Heinz, Germany
- Cyril Höschl, Czech Republic
- Levent Küey, Turkey
- Wulf Rössler, Switzerland
- Jerzy Samochowiec, Poland
- Rutger Jan van der Gaag, Netherlands
- Danuta Wasserman, Sweden

## LOCAL ORGANISING COMMITTEE (LOC) EPA 2015 VIENNA

- **Michael Musalek, Austria – Chair**

- Michaela Amering, Austria
- István Bitter, Hungary
- Wolfgang Fleischhacker, Austria
- Martin Hollý, Czech Republic
- Hans-Peter Kapfhammer, Austria
- Siegfried Kasper, Austria
- Wolfgang Maier, Germany
- Peter Pregelj, Slovenia
- Georg Psota, Austria
- Roger Pycha, Italy
- Gabriele Sachs, Austria
- Pierre Vallon, Switzerland
- Livia Vavrusova, Slovak Republic
- Johannes Wancata, Austria

## COMMITTEE ON ETHICAL ISSUES



- **Marianne Kastrup, Denmark – Chair**

- Sue Bailey, UK
- Julian Beezhold, UK
- Silvana Galderisi, Italy
- Cécile Hanon, France
- Andreas Heinz, Germany
- Wolfgang Rutz, Sweden
- Norman Sartorius, Switzerland
- Livia Vavrusova, Slovakia
- Danuta Wasserman, Sweden

# THE 23<sup>rd</sup> EUROPEAN CONGRESS OF PSYCHIATRY EPA 2015 VIENNA

The 23<sup>rd</sup> European Congress of Psychiatry took place in Vienna, Austria from 28-31 March 2015. Over 2,600 participants from 87 countries joined together in Vienna to address the motto ***“Excellence in Psychiatry Across Europe: Practice, Education, Research.”***



## 1<sup>ST</sup> ANNUAL EPA FORUM

The Congress also hosted the first annual EPA Forum, a new format for exchange and awareness among participants, speakers, and leaders. Following the success of the Forum in 2015, this format will be featured at each annual Congress in order to bring together EPA leaders and members and European organisations, policy makers and stakeholders to present and discuss matters of European importance in the field of Mental Health and Mental Health Care.

At the Forum in 2015, 108 participants centred their discussion around a common theme: *Improving Mental Health and Mental Health Care across Europe*. Speakers from the WHO, UN and the EU, as well as European psychiatric organisations such as EUFAMI, GAMIAN and ROAMER, joined EPA leaders for the lectures, roundtable discussions and breakout sessions included in the Forum programme.



## SCIENTIFIC PROGRAMME

EPA's high-quality, multidisciplinary scientific programme provided a full review of the most important aspects of diagnosis and treatment in psychiatry and of the latest achievements in this field including **highly attended core sessions such as:**

*Excellence in Training - What makes a good psychiatrist?*

Chairperson: Danuta Wasserman (Sweden)

Speaker: Dinesh Bhugra (UK)

*Precision Medicine for Psychiatry: The NIMH Research Domain Criteria (RDoC) Project*

Chairperson: Wolfgang Gaebel (Germany)

Speaker: Bruce Cuthbert (USA)

*Opportunities and Risks of Social Media in Relation to Mental Health*

Chairperson: Patrice Boyer (France)

Speaker: Marc Potenza (USA)

Fifteen EPA Courses were offered during the Congress. These courses are designed to emphasise learning experiences that actively involve participants and include an opportunity for informal exchange with the faculty.

The 2015 European Early Career Psychiatrists Programme (EECPP) was successful in attracting a high number of early career psychiatrists (ECPs) to the Congress. This programme, specially tailored to the needs of ECPs, addressed core issues of psychiatric training in Europe and was facilitated by leading figures in European psychiatry.

## ASSOCIATION ACTIVITIES

The Congress was also the opportunity for all EPA Committees to have meetings. The following meetings were held: Executive Committee, Board, Committee on Ethical Issues, Ambassador Committee, Guidance Committee, Early Career Psychiatrists Committee, Section Committee, Section's Coordination, Extraordinary and Ordinary General Assemblies, Committee on Education and the Council of NPAs.

EPA's Extraordinary and Ordinary General Assemblies met on 29 March, with 110 EPA members and 25 National Society/Association members in attendance. At the Extraordinary General Assembly, a change of statutes was approved concerning correct terminology when referring to Europe and European countries; adding the ECPC Chair as an ex-officio member of the Board; according the Board authority to delegate approval of EPA membership applications to the Secretary General and EPA Office; and the extension of the term limit for the Internal Auditor from one term to two consecutive terms.

# EPA COUNCIL OF NATIONAL SOCIETIES/ASSOCIATIONS (NPAs)



## MEMBERS

The Council welcomed 3 new members in 2015, Sweden, Iceland and Armenia, bringing the 2015 count to 39 Society/Association members from 36 European countries, representing 78,000 psychiatrists:

Armenia, Austria, Azerbaijan, Belarus, Belgium, Bosnia & Herzegovina, Croatia, Czech Republic, Denmark, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Israel, Italy, Latvia, Lithuania, Malta, The Netherlands, Norway, Poland, Portugal, Romania, Russia, Serbia, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, Turkey, Ukraine and United Kingdom.

## MISSION

The mission of the Council of NPAs is to support the general mission of the EPA and promote the highest possible quality of professionals, training and services for psychiatric patient care throughout Europe. It provides a forum for national representatives to meet, discuss and work on issues of common interest concerning psychiatry in Europe.

## MEETINGS AND ACTIVITIES



The Council met twice in 2015 and continued monthly teleconferences of the Steering Committee and bi-monthly for the Council of NPAs.

In March 2015, the Council met in Vienna during the 23<sup>rd</sup> European Congress of Psychiatry. Twenty-six of the NPA members were present, as well as EPA President Prof. Wolfgang Gaebel and other EPA leaders.

The first part of the meeting was dedicated to the elections of the Steering Committee 2015-2016 with the following results: Chair - Prof. Manuel Martín Carrasco, Vice-Chair - Prof. Tamas Kurimay, Secretary - Prof. Peter Falkai. The meeting continued with the usual agenda and the participation of observers from EFPT, UEMS, WHO.



The EPA Council of NPAs, which was initially established in 2012, continued its main activities and initiated new projects in 2015.

#### **The main points of the meeting were:**

- Short summary of the Council's previous activities and future activities by the Council's new Chair
- Implementation of Guidance papers recommendations
- Reporting from the two first EPA Council of NPAs Symposia organised in Turkey and Poland in 2014
- Continued collaboration with the Guidance Committee, Committee on Education and ECP Committee
- Implication of NPAs in the Joint Action on Mental Health & Well-being of the European Commission
- Launch of the Task Force on Education in European Psychiatry (TFEEP) with UEMS, EFPT, WHO
- Guidance papers translation projects by NPAs of Poland and Croatia
- Council of NPAs Annual Programme of Activities & Promotion of EPA 2016 Madrid among NPAs
- Continued collaboration with the Guidance Committee and ECP Committee

In November 2015, the German Association for Psychiatry and Psychotherapy hosted the Council's meeting in Berlin. Fourteen members were present, as well as EPA President Prof. Wolfgang Gaebel, EPA President Elect Prof. Silvana Galderisi and EPA ECP Chair Dr. Olivier Andlauer.

#### **The main outcomes of the meeting were:**

- Reporting from the 4 Working Groups: Mental Health and Economic Crisis (preparation of a survey on key health recommendations); Training in Psychiatry (mapping of psychiatric training and certification in Europe); Image of Psychiatry (preparation of a positive image of psychiatry campaign); Clinical Management of Aggressive Behaviours (new working group with focus on pharmacology aspect)

In 2015 two surveys were conducted which both received a positive feedback from the National Society/Association members: one on the NPAs' EPA Membership satisfaction and the other on the NPAs' willingness for implication in Joint Action recommendation implementation. The Membership survey confirmed a general satisfaction on behalf of the NPAs, especially concerning the current structure and working procedures within EPA. Regarding the survey on Joint Action, several NPAs expressed their interest in participating in future implementation proposals in collaboration with their respective governments.

# EU POLICY & LOBBYING ACTIVITIES

In recent years, one of the objectives of EPA has been to strengthen the profile and specificity of EPA in the EU policy scene as the main association representing psychiatry in Europe, and to highlight the role of National Psychiatric Societies/Associations (NPAs) in Europe.

On 4 May 2015, this project became reality as EPA President Prof. Wolfgang Gaebel, joined by members of the EPA Board, inaugurated the opening of the office.

Since the official opening of the Brussels Office, EPA has been engaged in developing policy and networking activities at the EU level, including:

- Strengthening the role of the EPA Council of NPAs, particularly through the involvement in the EU Joint Action on Mental Health and Wellbeing (JAMHWB), by providing scientific input to the WP5 for the development of recommendations for action at EU and MS level to improve the effectiveness of policies implementation in the field of community-based mental health care.
- Raising awareness and lobbying at the EU level on relevant mental health related issues with the preparation of position papers in the field of mental health. In particular, key policy recommendations covered the men-

tal health care to refugees and migrants in Europe, and the need to improve the image of psychiatry and psychiatrists.

- Collaborating with the European Parliament, namely with the EP Interest Group on Mental Health, Well-being and Brain Disorders (led by GAMIAN, Global Alliance of Mental Illness Advocacy Networks-Europe) and the EP Interest Group on Carers.
- Participating in ongoing communications with the European Institutions and international organisations (WHO-Europe), and fostering cooperation with key stakeholders representing patients and families, like GAMIAN Europe, EUFAMI, and Mental Health Europe (MHE).
- Reinforcing its membership in the European Brain Council (EBC) by contributing to EU level research projects, i.e. the "Technological Innovation Strategies in Substance Use Disorder" led by STOA (the Parliament's own Science and Technology Options Assessment unit) and the Value of Treatment project.
- Partnering with other relevant organisations by contributing to EU-level symposia and events on mental health related issues.

## **EPA involvement in the EBC Value of Treatment (VoT) project: the EPA case study on schizophrenia**

EPA is a partner of the European Brain Council (EBC)'s new research project on the Value of Treatment (VoT) for brain disorders (2015 – 2017). The project will generate evidence on the socio-economic benefits of healthcare interventions through analysis of case studies in order to build towards closing this treatment gap and develop a workable model of care for brain disorders.

Within this frame, EPA developed a case-study proposal on the Cost of Non-Treatment of Schizophrenia. The aim is to provide evidence-based information and give a concise overview of what is needed to overcome the treatment gap in schizophrenia. The working group's members include EPA experts as well as other key stakeholders interested in the field of schizophrenia (LSE, ECNP, GAMIAN, EUFAMI) and industry partners.

# EDUCATION



## ITINERANT EPA COURSES

In 2015, 9 EPA Itinerant Courses were successfully organised following their selection by the Committee on Education. The success of these courses becomes more manifest every year, thanks to a strong collaboration between the EPA, the EPA National Society/Association Members and its other partners. For more detailed information on the 2015 Itinerant Courses, please see the calendar of activities at the end of the report.

## COMMITTEE ON EDUCATION

The EPA Committee on Education held its annual meeting on 9 November 2015 in Paris, France. Chaired by Dr. Cécile Hanon, EPA Secretary for Education, the members discussed key projects, such as the EPA Summer School, EPA Courses and possible new projects in the field of psychotherapy and e-learning.

## EPA SUMMER SCHOOL

The 5<sup>th</sup> edition of the EPA Summer School was held in Strasbourg, from 10 to 13 July 2015, on the topic of Comorbidity between mental and physical disorders, under the auspices of the Secretary General of the Council of Europe, M. Thorbjørn Jagland. The EPA received over 70 applications, among which 25 scholars from 18 countries were selected to come to Strasbourg.

EPA Secretary for Education, Dr. Cécile Hanon, welcomed the participants during the opening ceremony at the European Youth Center, accompanied by the faculty of this 5th edition: Prof. Norman Sartorius, Prof. Albert Diefenbacher, Dr. Henk Parmentier and Dr. Carlos de Mendonça Lima.

Thanks to the motivation and extremely active participation of the scholars through lectures, cases studies and workshops in smaller groups, these three days of intensive training were a success and a great opportunity for all to learn more about comorbidity. The participants also valued this unique chance to enlarge their network in a multicultural environment.

Wishing to share their experience, an article was written by the scholars, which was published in the free communications pages of the *European Psychiatry Journal* in the beginning of 2016.



# EARLY CAREER PSYCHIATRISTS

## EARLY CAREER PSYCHIATRISTS COMMITTEE

The members of the ECP Committee were renewed at EPA 2015 Vienna. The Committee is now chaired by Dr. Olivier Andlauer, and co-chaired by Dr. Nikolina Jovanovic. Three newly appointed members joined the Committee and participated in the implementation of its activities throughout 2015, with the help of the 4 Task Forces: Publications, Research, Meetings and Associations and Professional Development.

## GAINING EXPERIENCE PROGRAMME

After the great success of the first Gaining Experience Programme (GEP) in 2014-2015, the Early Career Psychiatrists Committee (ECPC) launched the 2<sup>nd</sup> edition of the GEP in July 2015.

This programme offers short-term observership placements (2-4 weeks) in various psychiatric institutions across Europe to early career psychiatrists, to allow them to broaden their clinical and/or research and/or teaching skills and knowledge, and become familiar with different mental health systems in Europe.

For the 2015-2016 GEP, five highly enthusiastic early career psychiatrists were selected and obtained a scholarship to participate in the programme in one of the 5 placements available, to begin in 2016.

Placement at the Medical University of Vienna, Dept. of Psychiatry and Psychotherapy, Division of Biological Psychiatry (Vienna, Austria)

- **Oleg Aizberg** (Belarus)

Placement at the Medical University of Vienna, Dept. of Psychiatry and Psychotherapy, Division of Social Psychiatry (Vienna, Austria)

- **Costin Roventa** (Romania)

Placement at Helleston Hospital (Norwich, UK)

- **Maria Ginevra Oriani** (Italy)
- **Guoda Paulikiene** (Lithuania)

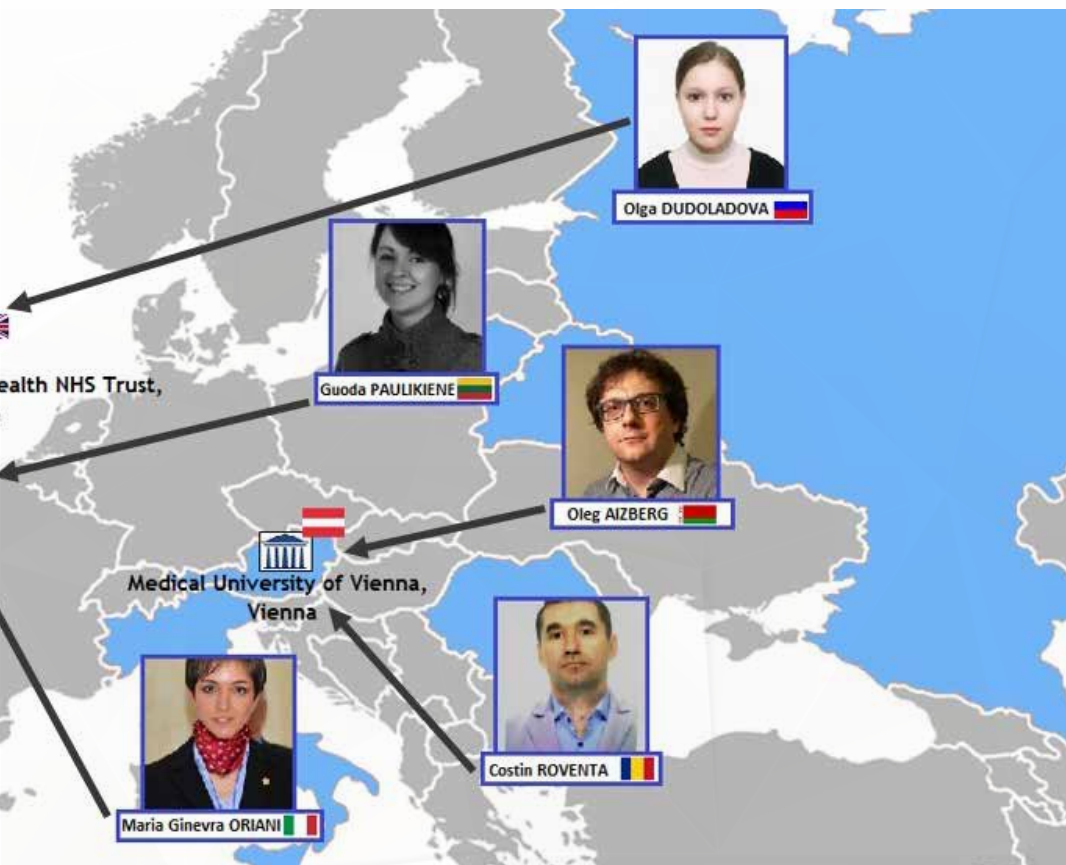
Placement at Barnet, Enfield and Haringey Mental Health Trust (London, UK)

- **Olga Dudoladova** (Russia)

## mPIVAS PROJECT

Aimed at improving the monitoring of side effects of antipsychotic medication in clinical practice, the mPivas project (mHealth psychoeducational intervention versus antipsychotic-induced side effects), was initiated by the EPA early Career Psychiatrists Committee (ECPC) and funded under the Lifelong Learning Programme of the European Union. EPA was one of the 6 full partners working on this programme, along with other organisations from Croatia, Czech Republic, Germany, France and Switzerland.





In 2015, the EPA and its partners have successfully finished this 2-year European project, with a number of significant outcomes: training courses, organisation of the “cascade” courses on the monitoring of side effects and the use of the PsyLOG application in all participating organisations, availability of the PsyLOG mobile application in six languages for monitoring side effects of psychiatric medication, and completion of the first study on the PsyLOG application.

The project results were presented at three international conferences, at several national conferences, and in several publications.



# PRIZES AND AWARDS



## RESEARCH PRIZES 2015

EPA awarded four Research Prizes of €2,500 each to Early Career Psychiatrists working in Europe, who published the best scientific papers in 2014. Out of 36 applications, the Research Prizes for 2015 were awarded to:

### **Category 1: Clinical psychopathology and refinement of psychiatric diagnostic categories**

**Charlotte Cecil** (UK) - "Environmental risk, OXTR methylation and callous-unemotional traits: a 13-year longitudinal study"

### **Category 2: Biological correlates and treatments of mental disorders**

**Anthony Zannas** (Germany) - "Gene variants of the Renin-Angiotensin System, Hippocampal Volume Loss and Cognitive Decline"

### **Category 3: Psychiatric epidemiology, social psychiatry and psychotherapeutic interventions in mental disorders**

**Jorge Lopez-Castroman** (France) - "Increased Severity of suicidal behaviour in impulsive aggressive patients"

### **Category 4: Child and Adolescent Psychiatry**

**Laura Pina-Camacho** (UK) - "Predictors of Schizophrenia spectrum disorders in early-onset FEP: an SVM model"

## SCHOLARSHIP PROGRAMME 2015



EPA's Scholarship Programme is open to early career psychiatrists who are either trainees or within 5 years of completion of specialist training in psychiatry and who are working in countries that form part of the World Health Organization European region. The Scholarship Programme includes free registration to the European Congress of Psychiatry (including invitations to

the opening ceremony and ECP Luncheon), travel expenses, hotel accommodation, complimentary registration for one EPA Course and 1 year of free EPA membership.

Out of 45 applications, the 2015 scholarships were awarded to the following Early Career Psychiatrists and Trainees:

- **Tom Russ** (UK)
- **Rosalina Alvarez** (Portugal)
- **Tomasz Gondek** (Poland)
- **Jelena Vrublevska** (Latvia)
- **Benjamin Lavigne** (France)

The prizes were awarded at the opening ceremony of the 23<sup>rd</sup> European Congress of Psychiatry in Vienna, Austria on 28 March 2015.

# SECTIONS



## SECTIONS' ACTIVITIES

EPA Sections are very involved in the scientific programme of the annual European Congress of Psychiatry. At the 23<sup>rd</sup> European Congress of Psychiatry in Vienna in 2015, 17 Section symposia, 6 Section workshops and 8 Section EPA Courses took place.

Additionally, 19 out of 20 EPA Sections held business meetings during the EPA 2015 Vienna.

Many symposia and educational activities were held by the Sections outside the framework of EPA 2015 Vienna. The list of events can be found in the calendar of activities at the end of the report.

## CREATION OF A NEW SECTION

The creation of a new Section on Neurodevelopmental Disorders across Lifespan (NDAL) was approved at the EPA General Assembly held on 29 March 2015 in Vienna: EPA has now 21 Sections on different specific areas of Psychiatry.

## SECTION COMMITTEE

In March 2015, the Section Committee met in Vienna during the 23<sup>rd</sup> European Congress of Psychiatry. The main outcomes of the meeting were:

- Proceeding with the objectives of the committee and its working procedures
- Encouraging contacts and cooperation between EPA Sections and NPAs Sections
- Cooperating in the writing of Guidance Papers

## SECTION SYMPOSIA AWARDS

The Section Symposia Awards were created in 2014 to promote a high quality programme proposed by the Sections.

From the selection made in 2015 for the 2016 EPA Congress, the Scientific Programme Committee ranked the accepted Sections symposia, based on high quality and cooperation criteria. The 5 best Symposia were recognised during the Opening Ceremony of EPA 2016 Madrid.

# GUIDANCE

## GUIDANCE COMMITTEE

In 2015 the third series of Guidance Papers was published in *European Psychiatry* Vol 30-N° 3 (March 2015). The issue opens with an introductory article and includes six Guidance Papers:

### ***The relevance of EPA guidance papers in the framework of the European Psychiatric Association***

Authors: R. Heun and W. Gaebel, for the EPA Guidance Committee.

### ***EPA guidance on quality assurance in mental healthcare***

Authors: W. Gaebel, I. Großimlinghaus, R. Heun, B. Janssen, B. Johnson, T. Kurimay, P. Montellano, M. Muijen, P. Munk-Jorgensen, W. Rössler, M. Ruggeri, G. Thornicroft and J. Zielasek

### ***EPA guidance on the early intervention in clinical high risk states of psychoses***

Authors: S.J. Schmidt, F. Schultze-Lutter, B.G. Schimmelmann, N.P. Maric, R.K.R. Salokangas, A. Riecher-Rössler, M. van der Gaag, A. Meneghelli, M. Nordentoft, M. Marshall, A. Morrison, A. Raballo, J. Klosterkötter and S. Ruhrmann

### ***EPA guidance on the early detection of clinical high risk states of psychoses***

Authors: F. Schultze-Lutter, C. Michel, S.J. Schmidt, B.G. Schimmelmann, N.P. Maric, R.K.R. Salokangas, A. Riecher-Rössler, M. van der Gaag, M. Nordentoft, A. Raballo, A. Meneghelli, M. Marshall, A. Morrison, S. Ruhrmann and J. Klosterkötter

### ***EPA guidance on the role and responsibilities of psychiatrists***

Authors: D. Bhugra, A. Ventriglio, M.R. Kuzman, G. Ikkos, M.-M. Hermans, P. Falkai, A. Fiorillo, M. Musalek, C. Hoschl, J. Dales, J. Beezhold, W. Rössler, G. Racetovic and W. Gaebel

### ***EPA guidance on how to improve the image of psychiatry and of the psychiatrist***

Authors: D. Bhugra, N. Sartorius, A. Fiorillo, S. Evans-Lacko, A. Ventriglio, M.H.M. Hermans, P. Vallon, J. Dales, G. Racetovic, J. Samochowiec, M. Roca Bennemar, T. Becker, T. Kurimay and W. Gaebel

### ***EPA guidance on cultural competence training***

Authors: M. Schouler-Ocak, I.T. Graef-Calliess, I. Tarricone, A. Qureshi, M.C. Kastrup and D. Bhugra

These are also available on the EPA website.

The Guidance Committee met in March in Vienna during the 23<sup>rd</sup> European Congress of Psychiatry to discuss the status of EPA Guidance Papers, exchange experiences on the development of papers, consider methodology for future papers and plan the next series of papers.

In 2015 a translation project of Guidance Papers was initiated. Selected papers were authorized to be translated to other languages in order to foster implementation and meet country specific needs. Selected Guidance Papers were presented at the Congress of the Polish Psychiatric Association, which was held from 10 to 12 December 2015 in Wisła, Poland.

## ETHICS

## COMMITTEE ON ETHICAL ISSUES

EPA Committee on Ethical issues is chaired by Dr. Marianne Kastrup. The Committee held its annual meeting at the EPA Vienna Congress in 2015, and discussed the outcomes of its activities in 2014 and determined its priorities for the upcoming year.

## WORLD MENTAL HEALTH DAY

Upon proposal of the EPA President, the members of the Committee contributed to the EPA declaration of endorsement of the World Federation for Mental Health initiative for 2015, based on the theme "*Dignity in Mental Health*", which is fully in line with the Declaration on Quality of Psychiatry and Mental Health Care in Europe adopted by EPA in 2013. More information about this Declaration can be found on the EPA website.

# EUROPEAN PSYCHIATRY JOURNAL

## BACKGROUND

*European Psychiatry*, the official journal of the EPA, was founded in 1986 by Patrice Boyer, Julien-Daniel Guelfi and Yves Lecrubier. The journal is published by Elsevier. Since November 2004, Sophia Frangou, Philip Gorwood and Reinhard Heun have been the Editors of *European Psychiatry*.

Eight issues are published per year which amounts to between 80-100 articles on average. The articles cover the full diversity of psychiatric disorders and mental problems in all stages of life, functional and structural imaging, psychiatric epidemiology, psychometrics, neurocognition, cognitive impairment, social life, carer burden, psychopharmacology, psychotherapy, service delivery and improvement and many more.

This wide scope is aimed at encouraging the exchange of ideas and research within Europe and establishing an improved level of scientific communication within the international psychiatric community.

*European Psychiatry* endeavours not only to publish high level, original scientific articles, short communications and editorials, but also letters to the editor, EPA news and congress information.

Since 2014, subscribers can view current and past issues of *European Psychiatry*, including abstracts, full texts and PDFs, from one dedicated website: [www.europsy-journal.com](http://www.europsy-journal.com). Users may also consult author information and permissions and submit manuscripts.

The mobile version of [www.europsy-journal.com](http://www.europsy-journal.com) is available to EPA Members; please go to [www.europsy-journal.com](http://www.europsy-journal.com) on your mobile device and install EurPsych on your iPhone/iPad.

## KEY INFORMATION

- Dynamic presence in the field of psychiatry
- 2014 TR-ISI Impact Factor (2-Year): 3.439
- 2014 TR-ISI Impact Factor (5-Year): 3.31
- 2014 Journal Immediacy Index: 0.861
- Ranked 40<sup>th</sup> of 140 journals, in the JCR category: psychiatry
- 2015 Volume 30/1-8 Published; 151 articles, excluding Supplements
- ScienceDirect customers worldwide: 8,444
- Usage (Readership) : 444,747 Full text Articles downloads during January-October 2015

# COLLABORATION WITH OTHER SOCIETIES

EPA is in collaboration with several organisations related to mental health and offers patronage of events in the field of psychiatry in Europe and on other continents. To further reinforce this collaboration, EPA organised its 1<sup>st</sup> EPA Forum during the 23<sup>rd</sup> European Congress of Psychiatry in Vienna (28 March 2015).

In 2015, fourteen events took place under EPA Patronage. Ongoing collaboration continued with other relevant organisations, including:

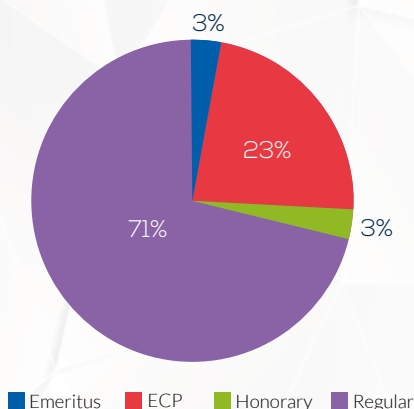
- Council of Europe
- World Health Organization (WHO)
- European Union (EU)
- European Union of Medical Specialists (UEMS)
- European College of Neuropsychopharmacology (ECNP)
- World Psychiatric Association (WPA)
- European Brain Council (EBC)
- European Federation of Psychiatric Trainees (EFPT)
- European Conference on Schizophrenia Research (ECSR)
- European Federation of Associations of Families of People with Mental Illness (EUFAMI)
- Global Alliance of Mental Illness Advocacy Networks-Europe (GAMIAN-Europe)
- DG Santé
- Joint Action on Mental Health and Well-being
- Asian Federation of Psychiatric Associations (AFPA)

For more detailed information on all the collaborative activities in 2015, please see the calendar of activities at the end of the report.

# MEMBERSHIP



## ACTIVE MEMBERS CATEGORIES IN 2015



## MEMBERSHIP

The EPA is an Association of National Society/ Association Members; *and* of qualified individuals in the form of Individual Members, Fellows, Emeritus Members, Honorary Members, International Individual Members and Affiliate Members; *and* of Donor Members; *and* of Associate Organisations.

## KEY FIGURES

EPA is a community of 2,483 individual psychiatrists and professionals in mental health care and 39 National Society/Association Members representing over 78,000 European psychiatrists from 88 countries, both covering the interests of psychiatrists in academia, research and practice. EPA deals with psychiatry and its related disciplines and it focuses on the improvement of care for the mentally ill as well as on the development of professional excellence.

## RECRUITMENT

149 new members were recruited in 2015. Among them, 83% are Individual Members and 17% are International Individual Members.

Of the new members, 54% are Early Career Psychiatrists, representing an increase from last year.

Applications to EPA Membership are now filled out, consulted and validated online via the EPA Extranet.

## MEMBERSHIP FEE

15% of EPA members are active members. 86% of the 2015 annual fees were paid via the online payment system on the EPA Extranet. As compared to 2014, 68% of active members renewed the membership fee in 2015 which is an increase of 8%.

# COMMUNICATION

## SOCIAL MEDIA

Throughout the year, EPA has continued to develop its presence on social media. In addition to the European Psychiatric Network ([www.europsychiatric.com](http://www.europsychiatric.com)), EPA is also present on Facebook, Twitter, YouTube and LinkedIn. Be sure to connect with us!



## TWITTER CHAT: HOW TO PUBLISH IN PSYCHIATRY?

The first ever EPA Twitter Chat was organised on 17 March 2015 on the topic of publishing in psychiatry. This interactive event was moderated by the EPA Office, ECP (Early Career Psychiatrists) and Kenes representatives in an effort to increase interest for the Vienna Congress sessions and allow those interested to participate in an exchange of ideas about scientific publishing.

The chat also hosted Niall Boyce, Editor of the journal *The Lancet Psychiatry*, who answered questions about his perspective on selecting articles, as well as advice for aspirant authors and ways to overcome publishing challenges.

The event attracted 20 active participants, and provided significant promotion for the Congress through re-posting on social media and increased Web presence.

## EPA MINDS NEWSLETTERS

In addition to the website and social media activities, EPA produced 10 issues of its monthly e-news, EPA Minds Online. A new section was added in 2015 titled "News from Brussels," which outlined important events and publications surrounding EPA's EU policy and lobbying activities.

# FINANCE & BUDGET

The main source of income in 2015 was the surplus from the 23<sup>rd</sup> European Congress of Psychiatry in Vienna. Despite changing industry regulations which impacted sponsorship and fewer participants than in previous years, the Congress still generated a positive financial result.

There was a decline in the membership fees collected from individual members in 2015, even though their number continued to increase. This is due to the Call for Fees 2016 which started one month earlier than usual. On the other hand, all of EPA's National Society/Association Members paid their membership fees in 2015, and thanks to 3 new NPA members, the revenues from NPA member fees surplus was higher than expected.

The revenue generated by the *European Psychiatry Journal*, published by Elsevier, exceeded the expected amount, as a consequence of the wider spread of the online version. The expenses of the journal decreased as well, making the final result a positive one.

Despite the various sources of revenue, EPA expenses increased in 2015 due to the opening of the office in Brussels; the development of policy and lobbying activities and the participation in related events and projects; and the implementation of new Operational Committees and Task Forces. This increase in expenses resulted in an overall negative financial result for 2015, which was forecasted in the budget approved by the General Assembly in March. With this approval, the General Assembly favoured the investments in new activities for EPA.

On top of decisions taken by the EPA Board, the Treasurer proposed an additional series of cost-savings measures in 2015 which was accepted by the Executive Committee. These included:

- Regrouping or postponing committee meetings or using teleconferences

- Postponing some projects (e-learning platform, Council of NPAs symposium)
- Electronic only EPA newsletter (EPA Minds Online)
- Renegotiation of bank loan to obtain better interest rates
- Not replacing a departing staff member

The efficiency of these measures is proven by the final result which is better than initially foreseen.

In addition to EC measures, all EPA Committees strived to control expenses in 2015. For example, the Early Career Psychiatrists Committee held its first virtual meeting on Skype. Moreover, some EPA Itinerant Courses which had been cancelled were not replaced which resulted in significant savings.

To add to the list of savings, in 2015, like in 2014, the EPA was eligible for the tax credit for encouraging competitiveness and jobs according to the French General Tax Code and it helped reduce staff related costs.

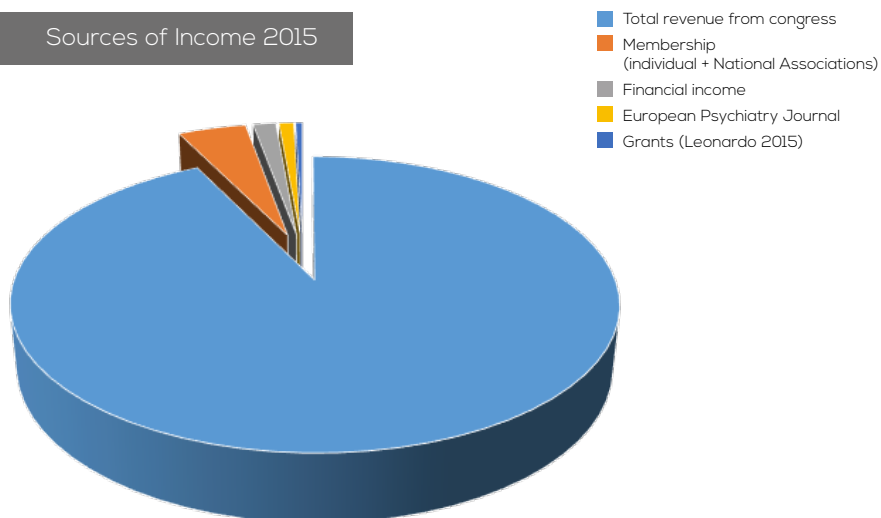
Overall, 2015 was a year of new beginnings for the Association and the negative financial result is a proof of the investments made in all the new activities. The Executive Committee, supported by all EPA Committees, had a quick and efficient reaction represented by the creation and implementation of the cost-saving measures in order to limit the unfavorable outcomes. It is expected that the increased visibility of the EPA ensuing from the new activities started in 2015 will help to improve the financial results of the Association in the future.

The internal auditors, Karl Mann and Julien Mendlewicz, had a meeting at the EPA office in Strasbourg on 12 February 2016 and approved the annual accounts 2015.

## EPA - BUDGET RESULT 2015

CATEGORIES	Approved at GA March 2015	EC revision July 2015	Final result 2015
<b>INCOME</b>			
Total revenue from congress	-	-	1 702 279,00
Total expenses from congress	-	-	1 393 208,05
<b>SURPLUS CONGRESS</b>	<b>393 747,67</b>	<b>302 824,00</b>	<b>309 070,95</b>
Annual membership fees (individual)	50 000,00	50 000,00	38 745,51
Corporate membership Servier	2 000,00	2 000,00	2 000,00
National Psychiatric Associations fees 2015	38 000,00	38 000,00	40 573,02
<b>TOTAL MEMBERSHIP</b>	<b>90 000,00</b>	<b>90 000,00</b>	<b>81 318,53</b>
EUROPEAN PSYCHIATRY JOURNAL royalties	16 000,00	16 000,00	17 579,89
<b>FINANCIAL INCOME</b>	<b>31 026,00</b>	<b>31 026,00</b>	<b>27 103,16</b>
GRANTS (Leonardo 2014)	7 000,00	7 000,00	8 200,00
<b>INCOME TOTAL</b>	<b>537 773,67</b>	<b>446 850,00</b>	<b>443 272,53</b>

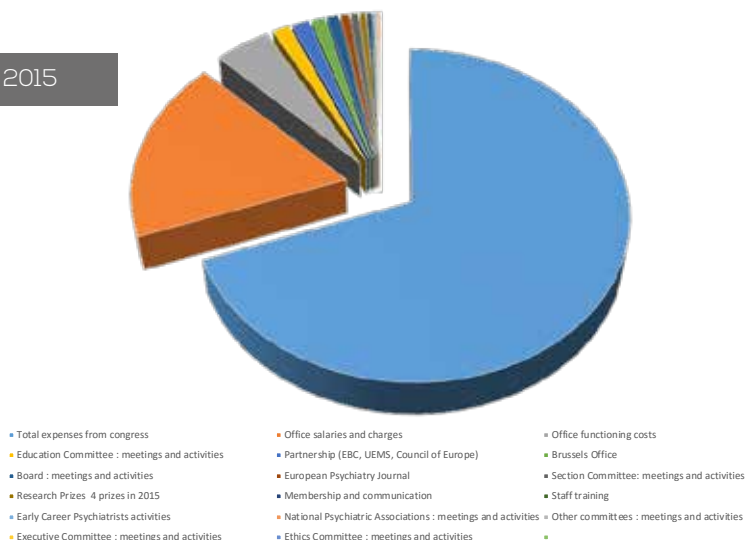
Sources of Income 2015



# EPA - BUDGET RESULT 2015

CATEGORIES	Approved at GA March 2015	EC revision July 2015	Final result 2015
<b>EXPENSES</b>			
EPA BUILDING ACQUISITION (loan and depreciation)	<b>53 500,00</b>	<b>51 500,00</b>	<b>52 683,89</b>
THIRD PARTIES (lawyer, accountant)	<b>18 500,00</b>	<b>18 500,00</b>	<b>16 056,74</b>
Lawyer/Fiscal advice	14 000,00	14 000,00	13 919,62
Rent / Office furniture, supplies and functioning expenses	4 500,00	4 500,00	6 700,42
Recruitment	1 500,00	1 500,00	390,00
Exploration / monitoring visits	1 500,00	1 500,00	1 720,76
BRUSSELS OFFICE	<b>21 500,00</b>	<b>21 500,00</b>	<b>22 730,80</b>
BOARD : MEETINGS AND ACTIVITIES	<b>16 000,00</b>	<b>19 000,00</b>	<b>19 529,98</b>
EXECUTIVE COMMITTEE : meetings and activities	<b>7 200,00</b>	<b>7 200,00</b>	<b>718,40</b>
ETHICS COMMITTEE : meetings and activities	<b>5 000,00</b>	<b>0,00</b>	<b>470,59</b>
Education Committee (1 meeting congress, 1 meeting Paris and TCs)	5 000,00	4 000,00	4 321,62
On-line educational platform	13 000,00	0,00	0,00
Psychotherapy course with UEMS	2 000,00	2 000,00	1 450,46
CME Honorarium and travels	19 000,00	19 000,00	10 941,54
Summer school Strasbourg 2015	17 500,00	17 500,00	12 435,75

Expenses 2015



# EPA - BUDGET RESULT 2015

## CATEGORIES

Approved at  
GA March 2015

EC revision  
July 2015

Final result  
2015

## EXPENSES

EDUCATION COMMITTEE : meetings and activities	<b>56 500,00</b>	<b>42 500,00</b>	<b>29 149,37</b>
NATIONAL PSYCHIATRIC ASSOCIATIONS : meetings & activities	<b>12 000,00</b>	<b>12 000,00</b>	<b>3 927,62</b>
SECTION COMMITTEE: meetings and activities (including awards)	<b>19 800,00</b>	<b>15 000,00</b>	<b>13 356,40</b>
Internal auditor visit to HQ	1 200,00	1 200,00	122,50
New OCs and TFs (congress, membership, publication policy etc)	0,00	0,00	1 570,52
OTHER COMMITTEES: meetings and activities	<b>0,00</b>	<b>0,00</b>	<b>1 693,02</b>
ECPC meetings	3 500,00	3 500,00	0,00
ECPC promotion at other congresses	2 100,00	2 100,00	0,00
ECPC Exchange programme	4 000,00	4 000,00	1 875,00
Publications	2 000,00	2 000,00	0,00
mPivas project covered by Leonardo grant (cf income)	2 800,00	2 800,00	0,00
EARLY CAREER PSYCHIATRISTS COMMITTEE: meetings and activities	<b>14 400,00</b>	<b>14 400,00</b>	<b>4 082,92</b>
EBC: membership fee and meetings in Brussels	24 000,00	24 000,00	23 219,98
UEMS meetings	1 300,00	1 300,00	1 050,00
Council of Europe: INGO annual fee - meetings in Strasbourg	150,00	150,00	150,00
Other cooperation (EU Presidency meetings + Roamer + ESCMID + DG Santé)	3 500,00	3 500,00	4 420,91
PARTNERSHIP (EBC, UEMS, Council of Europe)	<b>28 950,00</b>	<b>28 950,00</b>	<b>28 840,89</b>
RESEARCH PRIZES 4 PRIZES IN 2015	<b>10 000,00</b>	<b>10 000,00</b>	<b>10 000,00</b>
Website and extranet maintenance	4 500,00	4 500,00	4 125,00
Communication (brochures, business cards)	260,00	260,00	793,00
EPA e-news (mailchimp)	600,00	600,00	760,96
CORPORATE COMMUNICATION (website, extranet, mailings)	<b>5 360,00</b>	<b>5 360,00</b>	<b>5 678,96</b>
Mailing & Postage costs - membership	0,00	0,00	7,83
Bank charges and online payment system	1 000,00	1 000,00	643,80
Membership promotion tools	0,00	0,00	0,00
Newsletters (2-3) and annual report	6000,00	6000,00	883,80
MEMBERSHIP related expenses	<b>7 000,00</b>	<b>7 000,00</b>	<b>1 535,43</b>
Journal cost (50€ for online version; 95€ for paper)	17 000,00	17 000,00	13 750,72
Editorial Meeting	1 000,00	1 000,00	0,00

# EPA - BUDGET RESULT 2015

## CATEGORIES

Approved at  
GA March 2015

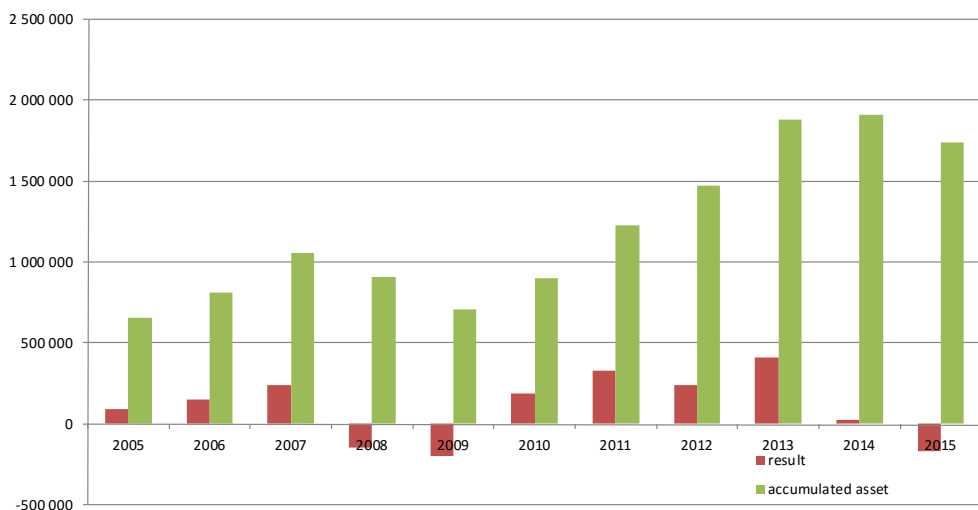
EC revision  
July 2015

Final result  
2015

## EXPENSES

EUROPEAN PSYCHIATRY JOURNAL	18 000,00	18 000,00	0,00
Financial charges, banking services	1 000,00	1 000,00	2 132,91
Professional Taxes (CFE, CVAE, CEL)	4 900,00	4 900,00	1 459,00
Land Tax	1 800,00	1 800,00	2 039,00
Investment (depreciation)	1 800,00	1 800,00	0,00
OTHER DIRECT CHARGES (Taxes)	9 500,00	9 500,00	5 630,91
Supplies & maintenance	3 000,00	3 000,00	4 716,90
Office services (electricity and photocopier)	2 800,00	2 800,00	2 966,26
Telecom, internet, postage	2 500,00	2 500,00	2 836,94
Cleaning and related charges	2 200,00	2 200,00	1 762,36
Co-ownership charges, property manager	5 000,00	5 000,00	3 723,68
Insurance	1 400,00	1 400,00	1 458,45
Others	1 000,00	1 000,00	1 213,69
OFFICE CHARGES	17 900,00	17 900,00	18 678,28
Staff salaries (gross)	285 366,88	225 786,81	248 038,07
Other	0,00	0,00	1 477,77
Social charges (Social secretariat charges from Brussels incl.)	126 985,70	102 155,71	100 854,74
Benefits (tickets meal /service)	7 000,00	8 500,00	7 081,68
Training & Learning Tax	2 349,93	2 350,00	2 872,77
Recruitment charges (or departure indemnities)	0,00	0,00	933,70
OFFICE SALARIES & CHARGES	421 702,52	338 792,52	361 258,73
STAFF TRAINING	1 500,00	1 500,00	4 093,05
EXPENSES TOTAL	745 512,52	639 802,52	613 866,70
INCOME TOTAL	537 773,67	446 850,00	443 272,53
EXPENSES TOTAL	745 512,52	639 802,52	613 866,70
Result before Tax	-207 738,85	-192 952,52	-170 594,17
INCOME TAX			0,00
NET RESULT	-207 738,85	-192 952,52	-170 594,17

## EPA ANNUAL RESULT & ACCUMULATED ASSETS 2005-2015



# CALENDAR OF EPA ACTIVITIES AND INTERNAL MEETINGS

14 January, Brussels, Belgium

**EBC 2<sup>nd</sup> Strategic Workshop.**  
Prof. Boyer represented EPA.

25-26 January, Vienna, Austria

**EPA Board Meeting**

28 January, Szeged, Hungary

**EPA Itinerant Course on "Suicide Risk Assessment and Treatment"** by M. Sarchiapone and Z. Rihmer  
*In collaboration with the Hungarian Psychiatric Association.*

30-31 January, Zagreb, Croatia

**Psychotherapy to go! A crash course introducing psychiatry trainees into the world of psychiatry**  
*In collaboration with UEMS.*

13-15 February, Athens, Greece

**2<sup>nd</sup> Panhellenic Congress on the Prevention of Suicide and Violence**  
Organised under EPA patronage.

14-15 February, Zagreb, Croatia

**Psychotherapy to go! A crash course introducing psychiatry trainees into the world of psychiatry**  
*In collaboration with UEMS.*

17 February, Teleconference

**Operational Committee on Congress Activities**

20 February, Teleconference

**Operational Committee on Publication Policy**

19 February, Brussels, Belgium

**EBC 1<sup>st</sup> Board Meeting**  
Prof. Gaebel and Prof. Boyer represented EPA.

23 February, Teleconference

**Operational Committee on Goals of European Psychiatry**

23 February, Teleconference

**Task Force on Working Models**

3-6 March, Fukuoka, Japan

**5<sup>th</sup> World Congress of Asian Psychiatry**  
Prof. Gaebel participated as a speaker in a joint symposium.

12 March, Oostende, Belgium

**EPA Itinerant Course on "Leadership Skills in Psychiatry"** by D. Bhugra  
*In collaboration with the Flemish Psychiatric Association.*

17 March, Hagoshrim Kibutz, Israel

**EPA Itinerant Course on "New Perspectives in Suicide Prevention"** by M. Sarchiapone and V. Carli  
*In collaboration with the Israeli Society of Biological Psychiatry.*

19 March, Craiova, Romania

**EPA Itinerant Course on "Treatment of Suicidal Patients"** by M. Sarchiapone  
*In collaboration with the Romanian Society of Biological Psychiatry and Psychopharmacology.*

28-31 March, Vienna, Austria

**23<sup>rd</sup> European Congress of Psychiatry**  
Meetings of all EPA Committees.

2 April, Brussels, Belgium

**EBC Year of the Brain Flagship event**  
Prof. Boyer represented EPA.

9-11 April, Florence, Italy

**EPA Section on Philosophy and Psychiatry**

EPA Course on "Phenomenological Psychotherapy - The psychopathological bases of the therapy of several mental disorders".

17-18 April, Brussels, Belgium

**UEMS Section of Psychiatry meeting**

Dr. Kazakova represented EPA.

18 April, Seville, Spain

**EPA Itinerant Course on "Clinical Approach and Evaluation of Suicide Risk"**

by M. Sarchiapone and P. Courtet

*In collaboration with Encuentros en Psiquiatria: Conducta Suicida.*

3 May, Brussels, Belgium

**EPA Executive Committee Meeting**

**EPA Board Meeting**

**Operational Committee on Congress Activities**

3-4 May, Brussels, Belgium

**1<sup>st</sup> Madrid 2016 Scientific Programme Committee Meeting**

7-8 May, Barcelona, Spain

**European Meeting on Women's Mental Health**

Organised under EPA patronage.

27-30 May, Pula, Croatia

**Pula Psychopathology Summer School**

Organised under EPA patronage.

2 June, Brussels, Belgium

**Meeting of European Parliament Interest Group on Mental Health, Well-being and Brain Disorders**

Prof. Dom represented EPA.

9-10 June, Utrecht, The Netherlands

**European Meeting of Key Stakeholders for Work Package 4 on the Prevention of Depression and Suicide & Mainstreaming of e-Mental Health**

Prof. Gaebel represented EPA.

17-18 June, Strasbourg, France

**mPivas Project Meeting**

18 June, Brussels, Belgium

**EBC 2<sup>nd</sup> Board Meeting**

Prof. Gaebel and Prof. Boyer represented EPA.

19 June, Brussels, Belgium

**EBC Roundtable on the Value of Treatment**

Prof. Gaebel and Prof. Boyer represented EPA.

22-27 June, Porto, Portugal

**23<sup>rd</sup> European Federation of Psychiatric Trainees Forum**

Organised under EPA patronage.

Dr. Andlauer represented EPA.

24-27 June, Bucharest, Romania

**WPA Congress**

Prof. Gaebel represented EPA.

26 June, Porto, Portugal

**EPA Itinerant Course on "Complaints, Litigation and malpractice: How to survive as a psychiatrist"** by J. Beezhold

*In collaboration with the European Federation of Psychiatric Trainees.*

26 June, Porto, Portugal

**EPA Itinerant Course on "Suicide Prevention: from Evaluation of Suicidal Risk to diagnosis and treatment"** by D. Wasserman and M. Sarchiapone

*In collaboration with the European Federation of Psychiatric Trainees.*

29-30 June, Luxembourg, Luxembourg

**Meeting of Governmental Experts on Mental Health and Well-being**

Prof. Gaebel represented EPA.

1-3 July, Geneva, Switzerland

**2<sup>nd</sup> European Congress for Social Psychiatry**

Organised under EPA patronage.

7 July, Brussels, Belgium

**EPA Executive Committee Meeting**

7-8 July, Brussels, Belgium	20-23 September, Copenhagen, Denmark
<b>2<sup>nd</sup> Madrid 2016 Scientific Programme Committee Meeting</b>	<b>Nordic Congress of Psychiatry</b> Organised under EPA patronage.
8 July, Brussels, Belgium	23 September, Brussels, Belgium
<b>Task Force on Membership Structure and Models of Financing</b>	<b>2<sup>nd</sup> EBC Roundtable on the Value of Treatment project</b> Prof. Boyer represented EPA.
10-13 July, Strasbourg, France	24 September, Brussels, Belgium
<b>5<sup>th</sup> EPA Summer School on "Comorbidity Between Mental and Physical Disorders"</b>	<b>EBC 3<sup>rd</sup> Board Meeting and General Assembly</b> Prof. Boyer represented EPA.
12 July, Strasbourg, France	24-26 September, Santiago de Compostela, Spain
<b>mPivas Project Meeting</b>	<b>EPA Itinerant Course on "Suicide Prevention: from Evaluation of Suicidal Risk to diagnosis and treatment"</b> by D. Wasserman and M. Sarchiapone <i>In collaboration with the Spanish Society of Psychiatry.</i>
20 July, Teleconference	24-26 September, Berlin, Germany
<b>EPA Operational Committee on Congress Activities</b>	<b>5<sup>th</sup> European Conference on Schizophrenia Research (ECSR)</b> Organised under EPA patronage.
25 August, Brussels, Belgium	2 October, Brussels, Belgium
<b>EPA Executive Committee Meeting</b>	<b>Flemish Kick-Off Symposium on Quality Indicators in Mental Health</b> Prof. Gaebel represented EPA.
31 August, Amsterdam, Netherlands	11-15 October, Taormina, Italy
<b>28<sup>th</sup> ECNP Congress</b> <b>EPA Educational Update session on the future of Neuropsychopharmacology in Europe - the EPA Perspective.</b> "; moderated by Prof. Wolfgang Gaebel and Prof. Guy Goodwin. <i>Speakers:</i> <i>István Bitter: Pharmacotherapy and other treatment options in mental disorders - the European "climate"</i> <i>Wolfgang Gaebel: Overcoming the treatment gap by implementing existing knowledge - a case for European guidelines in pharmacotherapy?</i> <i>Patrice Boyer: Concepts, developments and open questions in translational drug research - what needs to be done in Europe?</i> <i>Discussant: Guy Goodwin: The ECNP perspective</i>	<b>47<sup>th</sup> Congress of the Italian Psychiatric Association</b> Prof. Gaebel represented EPA.
11-14 September, Cambridge, United Kingdom	14 October, Brussels, Belgium
<b>5<sup>th</sup> Biennial Cambridge and Bedford International Conference on Mental Health 2015</b> Organised under EPA patronage. Dr. Andlauer and Dr. Jovanovic represented EPA.	<b>European Parliament Interest Group on Brain, Mind, and Pain</b> <i>In partnership with the Interest Group on Mental Health, Well-being and Brain Disorders.</i> Prof. Gaebel represented EPA.
17-18 September, Rome, Italy	16-17 October, Berlin, Germany
<b>1<sup>st</sup> Roman Forum on Suicide</b> Organised under EPA patronage.	<b>UEMS Section of Psychiatry meeting</b> Dr. Andlauer represented EPA.

21-24 October, Berlin, Germany

**CME Workshop in Consultation: Liaison Psychiatry and Psychosomatics**

Organised under EPA patronage.

23-24 October, Sarajevo, Bosnia-Herzegovina

**XIV Psychiatric Days of Bosnia and Herzegovina**

Organised under EPA patronage.

24 October, Sarajevo, Bosnia-Herzegovina

**EPA Itinerant Course on "The Pharmacological management of mood disorders in pregnancy and lactation" by A. Wieck**

*In collaboration with the Psychiatric Association of Bosnia-Herzegovina.*

26 October, Brussels, Belgium

**Joint Action on Mental Health and Well-being Strategic Meeting**

Prof. Gaebel represented EPA.

29-31 October, Frutillar, Chile

**17<sup>th</sup> International Conference on Philosophy, Psychiatry and Psychology**

Organised under EPA patronage.

9 November, Paris, France

**Committee on Education Meeting**

12-15 November, Athens, Greece

**4<sup>th</sup> Psychiatric Congress of Eastern Europe and the 3<sup>rd</sup> Congress of Preventative Psychiatry**

Organised under EPA patronage.

Prof. Gaebel and Prof. Carrasco held a Discussion Panel.

16-17 November, Luxembourg, Luxembourg

**Meeting of Governmental Experts on Mental Health and Well-being**

Prof. Gaebel and Prof. Kurimay represented EPA.

17 November, Brussels, Belgium

**EBC: Polish Brain Plan**

Prof. Galerisi represented EPA.

25 November, Berlin, Germany

**Council of NPAs Meeting**

*Hosted by the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN).*

26 November, Brussels, Belgium

**EBC 4<sup>th</sup> Board Meeting**

Prof. Boyer represented EPA.

3 December, Teleconference

**Early Career Psychiatrists Committee Meeting**

8 December, Copenhagen, Denmark

**WHO Meeting of representatives of Groups active in Mental Health in the European Region**

Prof. Gaebel represented EPA.

10-12 December, Wisla, Poland

**Annual Congress of the Polish Psychiatric Association**

Prof. Gaebel and Prof. Carrasco represented EPA.

# EPA ANNUAL REPORT 2015

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## **Brussels**

Scientific Officer: Mari Fresu

EPA wishes farewell to three valuable colleagues:  
Aurélie Leckloksavang (Executive Assistant),  
Zhanna Zhussupova (Project Manager – Education, Ethics, ECPC)  
and Karine Muller (Administration & Finance Officer).

## **2015 Annual Report Editors**

W. Gaebel  
K. Luck  
M. Owens  
A. Kerst