



# Improving Mental Health and Mental Health Care across Europe



**28 March 2015** 9:00-13:00

Austria Congress Center, Vienna

*Preceding the 23<sup>rd</sup> European Congress of Psychiatry,  
28-31 March 2015, Vienna*

# About the EPA Forum

The EPA Forum is a new format which will be introduced at each annual EPA Congress. It will bring together EPA Council of National Society/Association (NPA) members and EPA Individual Members with European NPAs that are not yet EPA members and European organisations/stakeholders/policy makers in the field of Mental Health and Mental Health Care to present and discuss matters of European importance from the perspective of EPA.

## Programme

9:00	<b>1. Welcome and Introduction</b> Wolfgang Gaebel, Danuta Wasserman (EPA)
9:10	<b>2. Introductory Lecture: Mental Health in the light of the WHO MHAP</b> Shekhar Saxena (WHO, Geneva)
9:40	<b>3. Roundtable Discussion:</b> <b>Improving Mental Health Care across Europe</b> <b>Moderators:</b> Wolfgang Gaebel, Danuta Wasserman (EPA) <b>Participants:</b> John F. Ryan (DG SANCO) Matt Muijen (WHO Europe) Dainius Pūras (UN Special Rapporteur on Health) Wolfgang Gaebel (EPA) Peter Falkai (Chair of the EPA Council of National Psychiatric Associations) Pedro Montellano (GAMIAN) Bert Johnson (EUFAMI) Josep Maria Haro (ROAMER)  Each round table participant should give a statement of 5 min each reflecting the position of the organisation he/she is representing.
10:40	Break



# Programme

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11:00

## 4. Breakout Sessions

### 4.1 World Perspectives of Future Mental Health Care

**Chair:** Shekhar Saxena (*WHO*)

- 4.1.1 Dinesh Bhugra: The WPA Perspective
- 4.1.2 Dainius Pūras: The UN Perspective
- 4.1.3 Mohammed Abou-Saleh: The WFMH Perspective

**Rapporteur 1:** Michael Musalek (*EPA*)

### 4.2 Contribution of Future Education to Mental Health Care

**Chair:** John F. Ryan (*DG SANCO*)

- 4.2.1 Marc Hermans: The UEMS Perspective
- 4.2.2 David Vodusek: The EAN Perspective
- 4.2.3 Rutger Jan van der Gaag: The EPA Perspective

**Rapporteur 2:** Cécile Hanon (*EPA*)

### 4.3 Contribution of Future Research to Mental Health Care

**Chair:** Andreas Heinz (*EPA*)

- 4.3.1 Josep Maria Haro: The ROAMER Perspective
- 4.3.2 David Nutt: The EBC Perspective
- 4.3.3 Guy Goodwin: The ECNP Perspective

**Rapporteur 3:** Philip Gorwood (*EPA*)

12:00

Break

12:10

## 5. Rapporteurs' Reports

**5.1 Group 1** Michael Musalek (*EPA*)

**5.2 Group 2** Cécile Hanon (*EPA*)

**5.3 Group 3** Philip Gorwood (*EPA*)

12:25

## 6. General Discussion (All)

**Moderators:** Wolfgang Gaebel, Danuta Wasserman (*EPA*)

12:45

## 7. Concluding Remarks

Wolfgang Gaebel, Danuta Wasserman (*EPA*)

13:00

Lunch Get-together

# About the European Psychiatric Association

The European Psychiatric Association (EPA) was founded in 1983. With active individual members in as many as 88 countries and 37 National Society/Association Members who represent over 78,500 European psychiatrists, the EPA is the main association representing psychiatry in Europe. Its mission is to improve psychiatry and mental health care in Europe.

EPA members include leading experts in numerous fields. EPA's activities address the interests of psychiatrists in academia, research and practice throughout all stages of career development. Together, EPA members contribute to the life of the association and to the development of Psychiatry in Europe. Each member has the possibility to actively contribute to ongoing projects and play a key role in shaping the future of the Association and its policy.

EPA accomplishes its mission through the following activities:

- Annual European Congress of Psychiatry
- *European Psychiatry* journal
- EPA Academia Educational courses, Summer School, Faculty Workshop and other forms of training (EPA Academia for Excellence in European Psychiatry)
- Early Career Psychiatrists Committee and Programme
- Research Prizes and Scholarship Programme
- 20 scientific Sections
- Cooperation with National Psychiatric Associations through EPA membership
- Guidance papers and position statements on related topics of interest
- Initiatives on improving ethical standards of psychiatric care and practice
- Collaborative activities in partnership with international organisations working in the field of psychiatry and mental health care.

**Learn more about EPA at [www.europsy.net](http://www.europsy.net).**

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