Association Européenne de Psychiatrie
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# AEP NEWSLETTER

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Dear Colleagues,

In 2006, the AEP will continue and expand its strong development, initiated three years ago. After the success of the AEP Munich Congress in April 2005, we intensively prepared the next AEP Congress in Nice (March 2006), whose Scientific Programme is extremely stimulating. You will find a lot of information regarding the Congress in this issue.

The year 2006 will also be distinguished by the continuous strengthening of the AEP educational mission. The AEP will of course continue to strongly develop its numerous activities in this field: our Itinerant Courses Programme indeed enjoys an uninterrupted success Europe-wide (read page 4 for more details). At the same time, our Association will carry on its action in favour of an increasing harmonisation of education and training of psychiatrists in Europe, with a constant search for excellence. To that regard, the AEP is intensifying its co-operation with other meaningful international psychiatric societies (UEMS, ECNP and APA) as well as with some European regulatory bodies (EMEA). You will be informed of any further developments in this field in due time.

Last, the increasing globalisation of knowledge and education in the psychiatric disciplines should not prevent us from developing the identity of psychiatry. The need to consolidate our identity as European psychiatrists, especially for our young colleagues entering the profession, will be addressed in a specific Symposium on "*Psychiatry for the 21st century*", organised during the 14th AEP Congress in Nice (7th March, 2006 from 8.30 to 10.00). This Symposium will discuss the future of psychiatry under the challenges of neuroscience and mental health. The loss of boundaries between neurology and psychiatry, as well as between psychological, social and biological areas indeed leads us to question the exact role of psychiatry. As usual, the AEP will try to address this captivating question in an open-minded way.

I look forward to receiving your comments on the above activities as well as your suggestions!

With kind regards,

Henning Sass,
AEP President 2005-2006

## Welcome to Nice!

From 4th to 8th March 2006, Nice hosts the 14th European Congress of Psychiatry, whose theme is "New perspectives on treatment in psychiatry".



If you are attending this important AEP Congress, you will certainly notice that the high-quality Scientific Programme opens new perspectives on issues related to treatment and patient care. The state-of-the-art lectures, plenary lectures and core symposia will indeed provide you with a full update on the most important aspects of treatment in psychiatry and on the latest achievements in this field (see page 2 for highlights of the Congress).

The Congress also serves the educational mission of the AEP through a variety of CME courses, educational workshops, lectures and symposia. It is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The Congress is designated for a maximum of 21 European external CME credits.

The Congress also intends to favour meetings of psychiatrists with different backgrounds and orientations and to develop a feeling of identity of European psychiatry. We therefore expect your active involvement as clinicians and researchers across Europe and hope that you will enjoy this stimulating conference in Nice!

Last, the AEP expresses its gratitude to the members of the Scientific and Organizing Committees of the Congress for their hard work and wishes a very fruitful conference to all participants!

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# Highlights of the 14th European Congress of Psychiatry (Nice, 4th-8th March, 2006)








The 14th European Congress of Psychiatry in Nice features a first-rate Scientific Programme which opens new perspectives on issues related to treatment.

## State-of-the-art Lectures

The state-of-the-art lectures have a strong clinical focus. They are delivered by top European experts and provide a complete update on some significant aspects of current clinical treatments in European psychiatry.

There are four state-of-the-art lectures: "Antipsychotics: treatment of schizophrenia and beyond" (W. Fleischhacker, Austria); "New developments in anti-depressive treatment" (H-J. Möller, Germany); "New perspectives on management of dementia" (A. Burns, UK); "New treatment approaches of addictive behaviour" (W. van den Brink, The Netherlands).

## Plenary Events

The plenary lectures have a strong scientific focus. They are mainly theoretical and research-oriented and are delivered by leading psychiatrists.

There are three plenary events: "The balance between hospital and community-based care" (W. Rössler, Switzerland); "Psychotherapies: from theory to empirical validation" (F. Hohagen, Germany); "Presidential Symposium: ethical issues concerning the treatment of mental disorders" (H. Sass, Germany; N. Sartorius, Switzerland).

## Core Symposia

The Congress features seven high-quality Core Symposia focusing on clinical issues. They constitute the central element of the Congress. The presentations are invited by the Scientific Committee of the Congress and concentrate on specific treatment issues.

For a complete list of Core Symposia, please visit the official Congress website: http://www.kenes.com/aep2006

## Education: CME Courses and Young Psychiatrists Programme

Fifteen Continuous Medical Education Courses (see full list on page 4) are proposed during the Congress. The CME Courses actively involve participants and include an opportunity for informal exchange with the faculty.

Moreover, an attractive Young Psychiatrists Programme (featuring specific events such as Breakfast Meetings, "Meet-the-expert" Sessions, etc.) focuses on "New Challenges for Young Psychiatrists in Europe: Management in Psychiatry".

## Europewide Accreditation of the Congress (also recognised by the APA)

The 14th European Congress of Psychiatry is designated for a maximum of 21 European external CME credits by the European Accreditation Council for Continuing Medical Education (EACCME). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

## Nice: a city of art and culture

Last, attending this conference in Nice is also an opportunity for participants to discover, or rediscover, the capital and emblem of the French Riviera. The city of Nice is indeed both a world-famous and enchanting beach resort and an old city of unique charm with a very rich cultural, artistic and culinary tradition.

The attractive social programme of the Congress includes, among others, a Get Together Reception after the Opening Ceremony, a concert within the baroque Cathedral Sainte-Réparate as well as a Farewell Dinner (optional) at the lavish hotel Negresco. The AEP hopes that all participants enjoy the AEP Congress and wishes them a pleasant stay in Nice!

# News from the AEP Sections

The AEP Sections are currently very active: fifteen Section Symposia are indeed organised during the next AEP Congress (Nice, 4th–8th March, 2006), all dealing with very stimulating topics (see full list of Section Symposia below).
These high-quality meetings confirm that the AEP Sections are at the centre of the AEP life and scientific activities.

| Topics of the Section Symposia in AEP 2006 | Organising Sections |
|---|---|
| THE RIGHT DRUG FOR THE RIGHT PATIENT | *AEP Section on Psychopharmacology* |
| IMPROVING TREATMENT PROCESS IN PSYCHIATRY | *AEP Sections on Epidemiology and Social Psychiatry and AEP Section on Psychotherapy* |
| PHILOSOPHY AND NEUROSCIENTIFIC PSYCHIATRY | *AEP Section on Philosophy* |
| ANTENATAL STRESS, ANXIETY AND DEPRESSION AND EFFECTS ON THE CHILD | *AEP Section on Women's Mental Health* |
| MANAGEMENT OF POTENTIALLY DIFFICULT OR VIOLENT PATIENTS IN THE COMMUNITY | *AEP Section on Forensic Psychiatry* |
| PERSONALITY DISORDER, EMOTION REGULATION AND AGGRESSIVE BEHAVIOUR | *AEP Section on Personality Disorders* |
| FREE WILL, AUTONOMY AND PSYCHOPATHOLOGY | *AEP Section on Psychopathology* |
| ADDICTION AND THE FAMILY | *AEP section on Alcoholism and Drug Addiction* |
| NEUROBIOLOGY AND TREATMENT OF MOOD DISORDERS IN WOMEN | *AEP Section on Women's Mental Health* |
| CONCEPTUAL AND ETHICAL ISSUES IN EARLY DIAGNOSIS AND TREATMENT | *AEP Section on Philosophy and Psychiatry* |
| FROM NORMALITY TO CASENESS | *AEP Section on Epidemiology and Social Psychiatry* |
| NEW DEVELOPMENTS IN BRAIN IMAGING IN SCHIZOPHRENIA | *AEP Section on Neuriomaging* |
| SCHIZOPHRENIA AND BIPOLAR DISORDER | *AEP Section on Neuriomaging* |
| ETHICAL ISSUES IN OLD AGE PSYCHIATRY | *AEP Section on Geronto Psychiatry and WPA Section on Old Age Psychiatry* |
| OFF THE BEATEN TRACK: HIDDEN ISSUES IN STIGMA RESEARCH | *AEP Sections on Epidemiology and Social Psychiatry and AEP Section on Psychotherapy* |

# Invitation to the 15th European Congress of Psychiatry (Madrid 2007)





## New Identity for AEP Congresses

In 2006, the AEP Congress became "The European Congress of Psychiatry". This high-quality Congress, which takes place every year in spring (March or April), is recognised by many psychiatrists as one of the most meaningful psychiatric conferences in Europe.

## The Madrid Congress (March, 2007)

Next year, the 15th European Congress of Psychiatry will be organised in Madrid (from 17th to 21st March, 2007). The Congress theme will be: "European Psychiatry – Science and Art".
Madrid, one of Europe's most exhilarating European capitals with many world renowned museums (Museo del Prado, Centro de Arte Reina Sofia, Thyssen-Bornemisza Museum), will be the perfect setting indeed for discussions on the art of psychiatry in Europe.
The Scientific Programme of the Madrid Congress will have the same first-rate ingredients as the previous AEP Congresses (Plenary Lectures, Core Symposia, State-of-the-Art Lectures and CME Courses) and promises to be very motivating.
The AEP looks forward to seeing you in Madrid in 2007!

For more information on the Congress, please contact aep2007@kenes.com or visit http://www.kenes.com/aep2007/

# The AEP strengthens its educational role

## AEP Itinerant CME Courses Programme: 2006 edition

The AEP Itinerant CME Courses Programme, which was created in 2003, enjoys a continuous success in 2006.
The first Itinerant CME Courses organised in 2006 are listed below.

| Place and date | In collaboration with | Topic and Director |
|---|---|---|
| Reykjavik, Iceland (10th March, 2006) | Icelandic Psychiatric Association | "Treatment of sexual abusers" (Director: P. Cosyns) |
| Copenhagen, Denmark (18th March, 2006) | Danish Psychiatric Association | "Identifying and treating psychiatric problems in a medical population" (Director: F. Creed) |
| Baku, Azerbaijan (spring 2006) | Azerbaijani Psychiatric Association | "Interpersonal psychotherapy of depression" (Director: T. Gruettert) |
| Spindleruv Mlýn, Czech Republic (8th June, 2006) | Czech Psychiatric Association | "Therapeutic drug monitoring of psychotropic drugs and pharmacogenetic tests in psychiatry" (Director: P. Baumann) |
| Tbilisi, Georgia (precise date to be confirmed) | Georgian Psychiatric Association | "Identifying and treating psychiatric problems in a medical population" (Director: F. Creed) |
| Reykjavik, Iceland (September 22, 2006) | Icelandic Psychiatric Association | "Care and custody of children by mothers with psychiatric illness" (Director: I. Brockington) |

Some of these Courses still need to be confirmed and the calendar may vary accordingly. Further Itinerant Courses are planned this year with other national societies: go to the AEP Website (http://www.aep.lu) for regular updates.
Please contact Sam Tyano (AEP Advisor on Education) for any further information: styano@post.tau.ac.il

## AEP CME Courses Programme of the Nice Congress (4th-8th March, 2006)

Following the AEP tradition, the 14th European Congress of Psychiatry in Nice also gives a strong priority to educational activities. Fifteen high-quality CME Courses are given by very renowned psychiatrists and experts (see below).

| Course Directors | Topic |
|---|---|
| P. Baumann, Switzerland | « Problem solving in psychopharmacotherapy using pharmacokinetic and pharmacogenetic tests » |
| G. Bondolfi, Switzerland | « Prévention de la rechute dépressive: Stratégies disponibles en psychothérapie cognitive » *(in French)* |
| P. Cosyns, Belgium | « Diagnostic et Traitement des Abuseurs Sexuels » *(in French)* |
| F. Creed, UK | « Liaison psychiatry: identifying and treating psychiatric problems in a medical population » |
| T. Grüttert, Germany | « Interpersonal psychotherapy (IPT) of depression » |
| S. C. Herpertz, Germany<br>A. Andreoli, Switzerland | « Effective ingredients of psychotherapy with borderline patients » |
| K. Mann, Germany<br>M. Reynaud, France | « Alcohol problems: new insights, new perspectives » *(partially in French)* |
| S. Moorey, UK | « Introduction to cognitive psychotherapy » |
| P. Munk-Jørgensen, Denmark | « How to write and publish a scientific paper » |
| M. Musalek, Austria | « Early recognition and early diagnostics of addiction » |
| W. Rössler / B. Schulze, Switzerland | « Taking care of ourselves: managing stress, preventing burnout » |
| S. Tyano / I. Manor, Israel | « ADHD through the Life Span » |
| F-A. Wiesel, Sweden | « Trends in Drug Treatment of Schizophrenia » |
| D. Prinquey / F. Kohl, France | « Introduction to phenomenology » *(in French)* |
| J-P Lepine / P. Gorwood, France | « Epidemiology in Psychiatry » |

Please note that some of the Courses listed above might be cancelled if there are not enough registered participants.

## 3rd Annual Meeting of the Neuroimaging Section (4th-5th May, 2006)



The AEP Neuroimaging Section invites you to attend its Third Annual Meeting, which will take place on the 4th and 5th of May, 2006 at the University Hall, Utrecht University, The Netherlands.

The conference builds on the success of the two previous annual meetings in London in 2004 and Berlin in 2005.

This year, the meeting will deal with "Neuroimaging change over time in psychiatry". The conference will focus on neuroimaging research from different fields of psychiatry that are helping us unravel how disease and/or treatment mechanisms may impact on brain morphology and function.

The chairman of the conference will be Prof. René Kahn.

To get more detailed information on the Programme and to register to the conference, please visit the AEP Website: http://www.aep.lu and follow the appropriate link ("3rd Annual Meeting of the Neuroimaging Section" paragraph).

The announcement of the Symposium (Programme outline, Venue, Instructions for Abstract and Poster Submissions, Registration form) is available online.

Alternatively, you can also contact Dr. Sophia Frangou, Section Secretary and Treasurer: S.Frangou@iop.kcl.ac.uk

## 13th AEP Epidemiology Symposium (14th-17th June, 2006)



The 13th Symposium of the AEP Section on Epidemiology and Social Psychiatry will take place in Bordeaux, France, from 14th to 17th June, 2006.

The topic of the Symposium will be "Prevention and Treatment of Psychiatric Disorders".

The symposium will provide opportunities to address major public health challenges regarding all aspects of preventive strategies: identification of biological and psychosocial risk factors for psychiatric disorders, planning and organisation of mental health services to promote the early identification and reduce the deleterious consequences of psychiatric disorders.

The therapeutic issues will also be addressed in a public health perspective, such as the impact at the population level of widespread use of psychotropic medications at all stages of the life cycle from prenatal life to old age.

For further information, please contact Hélène Verdoux (chair, organizing committee): helene.verdoux@u-bordeaux2.fr

## European Psychiatry goes online




European Psychiatry, the AEP official journal, recently introduced two major technical innovations, which have significantly improved the journal's audience and quickened the reviewing process of submitted articles.

First, European Psychiatry is now fully available on the Internet via Science Direct, the world's largest electronic collection of science, technology and medicine full text and bibliographic information. This online solution already had positive results on the journal's impact factor. Moreover, Science Direct also allows regular AEP members (who have paid their membership fees) to consult all issues of European Psychiatry online at no cost. For more information, please contact the AEP Secretariat (aep.strasbourg@wanadoo.fr).

Second, European Psychiatry now benefits from the Elsevier Editorial System (EES), which will speed up the reviewing process of all submitted articles. The articles are submitted exclusively online and all correspondence, including notification of the Editors' decision and requests for revision, takes place electronically, removing the need for a hard-copy trail.

## The AEP General Assembly (Nice, 6th March, 2006)


Last AEP General Assembly (April 2004)

The AEP will hold its next General Assembly during the Nice Congress on 6th March, 2006 from 18.00 to 20.00, in the Nice Acropolis Congress Centre.

As usual, the agenda of the General Assembly will mainly deal with the presentation of the statutory reports of the Association (report of the President; report of the Secretary General; report of the Treasurer; statement by the Internal Auditors; report of the Sections Secretary; creation and discontinuation of Sections; report of the Editors of European Psychiatry).

Moreover, seven new members of the AEP Board will be elected during the General Assembly. Their mandate will cover the years 2007-2010.

Only AEP members who have paid their membership fees for 2006 will be allowed to participate in the General Assembly and vote. Voting may be by proxy, but each present member will be allowed to cast no more than two proxy votes.
There will be an AEP booth at the Nice Congress (open on 5th and 6th March, from 9.00 to 15.30), where members will have the opportunity to check their situation and to pay their pending dues. They will then receive a ticket that they will be asked to show at the entrance of the meeting room of the General Assembly.

Last, a short Extraordinary General Assembly will be organised at the beginning of the meeting. This Extraordinary Assembly mainly aims at increasing the frequency of the AEP General Assemblies (in the interest of the AEP members) and at approving some technical changes in the AEP Statutes (address change of the AEP Headquarters).

## The AEP welcomes a new Administrator


Florian Cescon

After three years spent within the AEP as Administrator, Florian Cescon decided to take on a new exciting professional challenge within the Council of Europe.
Before his departure, Florian underlined that it had been a great pleasure and honour for him to work in close partnership with so many remarkable AEP members, AEP executives and external contacts in such a stimulating international environment.
The AEP Executive Committee also thanked Florian for his hard work, his professional commitment and his effectiveness as AEP Administrator. The AEP wishes him good luck in his new professional life in the domain of human rights education at the Council of Europe.

Florian Cescon was replaced by Clarisse Goussaud, the new Administrator, on 1st February, 2006.
Clarisse, who was selected by the Executive Committee after a very competitive recruiting process (more than 40 applications received), has a strong international background in administration, finances and communication. Her previous work experience includes, among others, positions of Administrator or Director for international relief organisations on the field in Africa and Haiti.
The new Administrator is attending the 14th AEP Congress in Nice, in order to actively participate in the life of the association and to meet the main AEP stakeholders and members.
The AEP extends a warm welcome to Clarisse and wishes her good luck in her new position.


Clarisse Goussaud

## Practical Information

### Membership

To become members of the AEP, candidates are invited to submit their applications to the Secretary General. Applications should be accompanied by curriculum vitae and, if possible, by the names of two sponsors who are already members of the AEP. A standard application form can be downloaded from the AEP Website: http://www.aep.lu.
Applications for membership are to be sent to the AEP Secretary General at the following address:
Association of European Psychiatrists (AEP)
5, quai de Paris
67000 STRASBOURG France
E-mail: aep.strasbourg@wanadoo.fr

### Website

The Website of the AEP (http://www.aep.lu) is constantly updated. Please visit it for the latest information concerning the activities of the Association.