

EUROPEAN PSYCHIATRIC ASSOCIATION

ANNUAL REPORT 2011



CONTENT

- p.5 - **FOREWORD**
- p.6 - **EPA COMMITTEES**
- p.8 - **THE 19TH EUROPEAN CONGRESS OF PSYCHIATRY
EPA VIENNA 2011**
- p.9 - **CORPORATE MEMBERS**
- p.10 - **COLLABORATION WITH OTHER SOCIETIES**
- p.10 - **EDUCATION**
- p.12 - **EARLY CAREER PSYCHIATRISTS**
- p.13 - **PRIZES AND AWARDS**
- p.14 - **SECTIONS**
- p.16 - **MEMBERSHIP**
- p.17 - **HIGHLIGHT ON COMMUNICATION**
- p.17 - **EUROPEAN PSYCHIATRY JOURNAL**
- p.18 - **FINANCES**
- p.20 - **CALENDAR OF ACTIVITIES AND EPA INTERNAL MEETINGS**
- p.22 - **SECRETARIAT**



FOREWORD

The Annual Report of the European Psychiatric Association (EPA) details the activities carried out in 2011 and outlines the most significant progress made during the year towards the accomplishment of its mission: to improve psychiatry and mental health care in Europe.

The year 2011 was highlighted above all by record attendance at the 19th European Congress of Psychiatry held in Vienna (Austria). The Congress crossed the record number of participants in the history of EPA with over 4000 participants from 80 countries. We address warm thanks to everyone who attended and contributed to its success, especially to the Local Organising Committee (LOC), with Prof. Siegfried Kasper as chair.

One of the priorities set for 2011 was to continue the initiative launched by the previous EPA Presidents, Prof. Henning Sass, Prof. Cyril Höschl, and Prof. Hans-Jürgen Möller, aimed at transforming EPA into a larger and more powerful association that will represent one strong voice of Psychiatry and psychiatric profession at European level. The year 2011 was an important transition phase to consult all actors involved in future changes of EPA statutes.

The ultimate purpose of the changes in the EPA Statutes is to grant the psychiatric profession with a strong voice at European level through unifying all National Psychiatric Associations of Europe under the EPA umbrella. The main changes consist in fully integrating the National Psychiatric Associations of Europe within the new EPA structure. It is expected that this important initiative will open enormous opportunities for greater influence of psychiatrists on European mental health policies, better quality of psychiatric care and services, development of joint research and educational projects, and further harmonisation of psychiatric practices in Europe.



A special attention was also devoted to further development of the EPA Academia for Excellence in European Psychiatry, since education is one of the main pillars of EPA. The new project of the EPA Committee on Education, EPA Academia Summer School, was a great success. Altogether 25 Early Career Psychiatrists from 17 European countries were supported by the EPA Scholarship to participate in the 1st EPA Academia Summer School and the topic "Comorbidity between mental and physical disorders" proved to be one of the most interesting and important topics in European Psychiatry of the 21st century.

The involvement of the Early Career Psychiatrists Committee (ECPC) in the training and education programmes of EPA is a corner stone for the success of such projects. The committee has implemented a clearly detailed action plan for the future years concentrating on following four key areas: Meetings and Associations, Professional Development, Publications and Research. The Association aims to settle EPA as an indispensable partner in Europe and as a logical step in the career of any European psychiatrist.

Patrice Boyer

EPA COMMITTEES



EPA Board Members

EXECUTIVE COMMITTEE ELECTIONS

The EPA Board elected on 12 March 2011 in Vienna, Austria the following candidates:

- **Danuta Wasserman**, Sweden
President Elect
- **Silvana Galderisi**, Italy - *Advisor*
- **Philip Gorwood**, France - *Treasurer*
- **Marianne Kastrup**, Denmark
Secretary General
- **Michael Musalek**, Austria
Secretary for Sections
- **Henning Sass**, Germany
Secretary for Education

Patrice Boyer is a member of the Executive Committee as EPA President and **Hans-Jürgen Möller** as Past President.

ELECTIONS OF THE CHAIRMAN OF THE EPA COUNCIL OF THE NPAS FOR 2011

Presidents and Official Representatives of the NPAs (one candidate per association) were eligible to the position of the Council Chairman. Each association was free to define its representative.

Mariano Bassi (Italy) was elected as the new chairman with relative majority of valid votes. As the Council Chairman, Mariano Bassi is a co-opted member to the Board.



Mariano Bassi

BOARD

Mariano Bassi, Italy
István Bitter, Hungary
Julian Neil Beezhold, UK
Julio Bobes Garcia, Spain
Patrice Boyer, France
Wolfgang Gaebel, Germany
Silvana Galderisi, Italy
Philip Gorwood, France
Cyril Höschl, Czech Republic
Cécile Hanon, France
Siegfried Kasper, Austria
Marianne Kastrup, Denmark
Jean-Pierre Lépine, France
Hans-Jürgen Möller, Germany
Michael Musalek, Austria
Henning Sass, Germany
Danuta Wasserman, Sweden
Gil Zalsman, Israel
Zvi Zemishlany, Israel

BOARD COMMITTEE ON ETHICAL ISSUES

Marianne Kastrup (Denmark), *Chair*
Silvana Galderisi (Italy)
Henning Saß (Germany)
Danuta Wasserman (Sweden)

New members:
Julian Beezhold (UK) and
Wolfgang Rutz (Sweden)

Andrea Fiorillo (Italy), *Chair*
Umberto Volpe (Italy), *Co-chair*
Martina Rojnic Kuzman (Croatia)

New members:
Amit Malik (UK) and
Alexander Nawka (Czech Republic)

Outgoing members:
Iris Calliess (Germany) and
Cécile Hanon (France)

COMMITTEE ON EDUCATION



Henning Sass (Germany), *Chair*
Dinesh Bhugra (UK)
Andrea Fiorillo (Italy)
Marc H. M. Hermans (Belgium)
Jean-Pierre Lépine (France)
Amit Malik (UK)
Nadja Maric -Bojovic (Serbia)
Norman Sartorius (Switzerland)

New members:
Pierre Baumann (Switzerland) and
Christoph Lauber (UK)
Outgoing member:
Povl Munk-Jørgensen (Denmark)

SCIENTIFIC PROGRAMME COMMITTEE

Patrice Boyer (France), *Chair*
Cyril Höschl (Czech Republic), *LOC Chair 2012*
István Bitter (Hungary)
Sophia Frangou (UK)
Silvana Galderisi (Italy)
Philip Gorwood (France)
Siegfried Kasper (Austria)
Marianne Kastrup (Denmark)
Hans-Jürgen Möller (Germany)
Michael Musalek (Austria)
Henning Sass (Germany)

New member:
Danuta Wasserman (Sweden)

Outgoing member:
Marek Jarema (Poland)

EPA VIENNA 2011

LOCAL ORGANISING COMMITTEE (LOC)

Siegfried Kasper (Vienna), *Chair*
Michael Bach (Vienna)
Wolfgang Fleischhacker (Innsbruck)
Marion Kalousek (Wien)
Hans-Peter Kapfhammer (Graz)
Michael Lehofer (Graz)
Josef Marksteiner (Innsbruck)
Michael Musalek (Wien)
Georg Psota (Wien)
Hans Rittmannsberger (Linz)
Christoph Stuppäck (Salzburg)
Johannes Wancata (Vienna)

EARLY CAREER PSYCHIATRISTS COMMITTEE



EDITORS-IN-CHIEF OF EUROPEAN PSYCHIATRY THE JOURNAL OF EPA

Sophia Frangou (United Kingdom)
Philip Gorwood (France)
Reinhardt Heun (Germany)



THE 19TH EUROPEAN CONGRESS OF PSYCHIATRY EPA VIENNA 2011

RECORD ATTENDANCE

Thank you for everyone who attended and contributed to the success of the 19th European Congress of Psychiatry held on 12-15 March 2011 in Vienna (Austria). With more than 4,000 participants from 80 countries it is fair to conclude that the conference was a great success!

HIGH LEVEL SCIENTIFIC PROGRAMME RELEVANT TO DAILY WORK

The EPA congress venues have a special relationship or history connected with psychiatry, and Vienna is no exception with names such as Julius Wagner-Jauregg, Sigmund Freud, Viktor Frankl, and Alfred Adler. Under the motto “*Translating Research into Care*”, as a tribute to the EPA inner mission in Europe, the Congress programme included sessions covering all areas of the professional field presented by outstanding European and international experts.

A high-quality, multidisciplinary scientific programme provided a full review of the most important aspects of diagnosis and treatment in psychiatry and of the latest achievements in this field including highly attended sessions such as:

- “*Drug treatment is not necessary for maintenance treatment of depression*”
- “*Efficacy of antidepressants in depression: challenging the concepts*”
- “*Genetic Research: Failed Promises for Clinical Treatment?*”
- “*How to deal with treatment resistant conditions?*”
- “*Update on Addiction*”
- “*Update on Anxiety*”
- “*Update on Bipolar Disorder*”
- “*Update on Schizophrenia*”
- “*Somatoform Disorder and Pain*”
- “*Why are there so few new drug treatment in European psychiatry?*”
- “*When does depression become a mental disorder?*”

Moreover, the EPA CME courses generate every year significant interest from congress participants wishing to update their knowledge and to improve their competence in a very interactive and informal ambience of the EPA CME courses, thereby also gaining additional CME credits. The EPA CME courses programme 2011, composed of 12 CME courses of highest quality, was attended by more than 280 people trained in total during the congress.

The European Early Career Psychiatrists Programme (EECP) is especially tailored to the needs of the early career psychiatrists and continued to increasingly attract Early Career Psychiatrists to the Congress. The programme offered in Vienna facilitated interaction with leading figures of European psychiatry. The scientific programme was built to address core issues of psychiatric training in Europe, including state-of-the-art topic of clinical and academic psychiatry.

DELEGATE SURVEY

An onsite field survey was conducted with the aim of gaining insight into participants' perceptions on a wide variety of aspects of the congress and regarding membership benefits during the Congress. The data collected, provided the scientific committee with both a quantitative and qualitative view of the participants' and EPA members' perspective.

CORPORATE MEMBERS

NEW CORPORATE MEMBERS

The EPA Corporate membership is constantly increasing: 6 new NPAs were welcomed at the EPA General Assembly in Vienna and another three NPAs have opted to join EPA as Corporate members during the year 2011, bringing up the community to **28 Corporate members**. Full list of EPA Corporate Members is available on the website

www.europsy.net/collaborative-activities/with-corporate-members/

CHANGES IN STATUTES

The expected changes in the EPA Statutes are aimed at transforming the Corporate membership into full membership of National Psychiatric Associations within EPA structure. According to the proposed draft of the revised Statutes, the EPA General Assembly will be composed of two Councils, one representing the Individual Members and the other representing the National Psychiatric Association-members. The two Councils will vote with equal power on every important decision within the association, including Board elections, approval of the annual budget and reports, etc.

The revised Statutes have been developed by the EPA/NPAs Task Force, composed of M. Bassi, J. Beezhold, P. Boyer, P. Falkai, M. Kastrup, T. Kurimay, H.-J. Möller, R.J. van der Gaag, L. Vavrusova, and D. Wasserman. It was established at the meeting of the EPA Council of NPAs on 14 March 2011 in Vienna. The Task Force met on 29 April 2011 in Paris and made important proposals for the new EPA structure. These proposals were further discussed and supported by the National Psychiatric Associations at their meeting in Brighton, UK, on 27 June 2011, hosted by the Royal College of Psychiatrists. The EPA Board, in its turn, approved the draft of revised EPA Statutes on 4 July 2011 in Nice, France. The final version of the Statutes will be submitted to vote of the EPA members at the Extraordinary General Assembly in Prague March 2012.

ACTIVITIES AND CURRENT PROJECTS

At present, the most regular joint activity with the NPAs is the organisation of EPA Itinerant CME courses. In addition EPA encourages the NPAs to disseminate existing EPA Guidance Papers, to contribute to new ones, and to organise joint symposia at EPA2012 Congress in Prague. Two important projects have recently been launched by EPA in collaboration with the National Psychiatric Associations:

- European catalogue of e-learning tools in Psychiatry.

The creation of this catalogue is intended to provide European psychiatrists with a guide on existing online educational resources. This project is developed by the EPA Committee on Education, which will analyse data provided by the National Psychiatric Associations in order to make a comprehensive assessment of existing e-learning opportunities.

- Survey on the state of Ethics in European Psychiatry

This survey is conducted by the EPA Committee on Ethical Issues with the aim to provide a complete overview on the current situation in Ethics experienced by European psychiatrists. The results of the survey will be presented during the symposium on *"Ethics in European Psychiatry"* organised during the 20th European Congress of Psychiatry in Prague March 2012.

COLLABORATION WITH OTHER SOCIETIES

EPA is continuously developing collaborative activities and initiatives with other major psychiatric organisations on European and International level, such as the European College of Neuro-Psychopharmacology (ECNP), the German Research Network on Schizophrenia (ECSR), the European Brain Council (EBC) and the European Union of Medical Specialists (UEMS). See calendar of activities at the end of the report, for a detailed information.

ALLIANCE FOR BIOMEDICAL RESEARCH IN EUROPE

The Biomed Alliance officially formed at a meeting in Brussels in December 2010, consisting of the four founding societies: The European Association for the study of Diabetes (EASD), the European Society for Cardiology (ESC), the European Respiratory Society (ERS) and the European Cancer Organization (ECCO).

Following the contacts initiated under the presidency of the Past President, Prof. Möller, EPA attended as an observer the meeting on 1 December 2011 in Brussels (Belgium). The Association was represented by Prof. Galderisi, Executive Committee Advisor.

EDUCATION

COMMITTEE ON EDUCATION MEETING

The EPA Committee on Education, chaired by Prof. Henning Sass, EPA Secretary for Education, met on 9 September 2011 in the EPA Headquarters in Strasbourg (France). During the meeting the Committee members discussed the progress of major EPA educational activities and projects organised under the EPA Academia for Excellence in European Psychiatry. As a result of the meeting, some proposals for further Academia development were made, such as improved selection procedure of CME courses held during the European Congress

of Psychiatry, harmonised rules for organisation of EPA Itinerant CME courses, and general programme of the second EPA Summer School.

ITINERANT CME COURSES

The EPA Itinerant CME programme, which has been successfully carried out since 2003, consists in organising EPA Academia CME courses in different European countries in order to promote excellence in European Psychiatry among local psychiatrists. Most of the Itinerant courses are organised in collaboration with National Psychiatric Associations that are EPA Corporate members, but also with other close EPA partners.



CME Itinerant Course, Belgrade

In 2011 two CME courses were organised in Belgrade in collaboration with the Serbian Psychiatric Association: the course of Prof. Norman Sartorius on "How to develop a programme against stigma and discrimination because of schizophrenia" held on 14 June and the course of Prof. Michael Musalek on "Diagnostics and Treatment in Human-based Psychiatry" held on 29 September.

Though most of the EPA Itinerant courses are of three hours, an experimental three-day CME course was launched this year by EPA in collaboration with the Evangelische Krankenhaus Königin Elisabeth Herzberge gGmbH (KEH) in Berlin (Germany). This course was aimed at developing the skills for beginners in Consultation Liaison psychiatry, in operating as an outpost of psychiatry in medical surgical departments with quite different cultures than those accustomed to in psychiatric wards or clinics.

FACULTY WORKSHOP

Following the success of the 1st EPA Academia Faculty Workshop held in November 2010, the EPA Committee on Education decided to continue this important initiative aimed at providing effective and high quality CME courses during the annual European Congress of Psychiatry. Therefore, the 2nd EPA Academia Faculty Workshop took place on 14 October 2011 in the EPA Headquarters in Strasbourg (France), and gathered in a friendly and constructive atmosphere the directors and co-directors of the EPA CME courses that will be organised at the 20th European Congress of Psychiatry in Prague March 2012.

As in the last year, the workshop was effectively facilitated by Dr. Rosie Lusznat and Prof. Colin Coles from the University of Winchester (United Kingdom). The main objective of the 2nd Faculty Workshop was to elaborate on how to increase the effectiveness of the CME courses evaluation process, including evaluation of a course relevance to its participants' needs, estimating value created by the course, establishing ranking of EPA CME courses, further improving courses quality through peer review, etc.

As a result of vivid discussions, some important proposals were made, which will be summarized in Guidelines, soon to be available on EPA website.

- “Intercultural and inter individual interchange, broadening of range of psychiatry”
- “Meeting practitioners from other European countries and sharing our clinical practice”
- “Practical suggestions useful in clinical practice”
- “Group discussions of cases”

It was also highlighted that the participation of a cardiologist Prof. David Wood as a teacher was of great value, and that systematic cooperation between psychiatrists and other medical specialists should be developed in all European countries.

SUMMER SCHOOL

The first EPA Academia Summer School, which took place on 6-9 July 2011 in Nice (France) was a great success. The topic “Comorbidity between mental and physical disorders» proved to be one of the most interesting and important topics in European Psychiatry of the 21st century by having drawn attention of 75 candidates from 27 European countries.

After careful selection, 25 Early Career Psychiatrists from 17 European countries were supported by the EPA Scholarship to participate in the course. In their opinion, the most valuable things about the Summer School are:



Summer School 2011

EARLY CAREER PSYCHIATRISTS



ECPC luncheon

IMPROVED MENTORING PROGRAMME

Following the feedback collected both from Mentors and Scholars during the last Luncheon held in Vienna, two modalities of mentoring are now proposed:

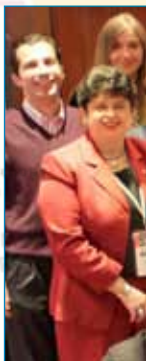
a) Individual mentoring: upon mutual agreement, each mentee is attributed to a specific mentor who will be available to follow-up his/her mentee in his/her professional development. The mentoring can be devoted to Clinical guidance, Research Guidance or Editorial guidance.

b) EPA Resource Network: internationally renowned experts provide their availability to ensure their feedback and expertise in their specific fields of interest, upon mentees' specific request.

The EPA Alumni-Mentors programme aims to facilitate the contact between selected junior members of EPA ("Scholars") and international experts in different fields of psychiatry ("mentors"), identified among the leaders of the Association.

Although formal mentorship is usually provided at national/local level by training institution, sometimes it could be difficult for early career psychiatrists to develop their own clinical and research projects, especially in fields of psychiatry which might not be included in their formal educational activities. Furthermore, in some countries the availability of mentorship is limited and, therefore, for early career psychiatrists from such countries who may not have full access to tutoring, a complementary chance of mentoring will be provided.

Each mentor will ensure to promote the professional development of his/her mentee, by providing career coaching tips, by helping to set and reach professional goals, by helping in



THE ECPC ACTION PLAN 2011-2013

The main objectives of the Action Plan of the Early Career Psychiatrists Committee (ECPC) of EPA for the upcoming two years are to improve participation of early career psychiatrists into the EPA Annual Congress, to identify and address problems concerning early career psychiatrists, to promote the participation of early career psychiatrists in the various sectorial activities of EPA (annual Congress; Sections; Scholarships and Awards; etc.), to contribute to the design of activities to promote the professional development of early career psychiatrists in Europe, and to propose a new agenda for European early career psychiatrists.

All the above will be reached by pursuing four major goals and a list of detailed actions. The goals fall into the following areas:

- 1. Meetings and Associations**
coordinated by Umberto Volpe
- 2. Professional Development**
coordinated by Alexander Nawka
- 3. Publications**
coordinated by Amit Malik
- 4. Research**
coordinated by Martina Rojnic Kuzman

overcoming professional obstacles, by counselling on specific work and career issues, and by encouraging to learn the practical skills needed for a fulfilling and excellent professional career.

PARTICIPATION OF THE EPA-ECPC CHAIRMAN IN THE WORLD CONGRESS OF PSYCHIATRY

The 15th World Congress of Psychiatry, held in Buenos Aires (Argentina) from 18-22 September 2011, witnessed a growing interest for educational and networking activities devoted to early career psychiatrists. Under the Presidency of Prof. Mario Maj, an Early Career Psychiatrists' Council was established with an area coordinator for each WPA geographical areas (Europe I, Europe II, Americas, Asia/Australasia, Africa and the Middle East).

Andrea Fiorillo, current Chairman of the EPA ECPC, in his function of Area Coordinator for Europe I zone, established several collaborations between European early career psychiatrists and international colleagues. More in detail, he organised in Buenos Aires a Symposium aimed to clarify the role of international associations for the professional development of young psychiatrists worldwide. Umberto Volpe, Co-Chair of the EPA ECPC, organized a Regular Symposium focused on training in psychiatry, in which an EPA Board member (Julian Beezhold) discussed issues related to leadership in psychiatry and the current President of the European Federation of Psychiatric Trainees (Domenico Giacco) described the recent developments and future perspectives of European psychiatric trainees.



Andrea Fiorillo at WPA meeting

PRIZES AND AWARDS



BMS PREVENTION AWARD IN PSYCHIATRY

This award has been established to recognize distinguished research in the field of prevention in psychiatric disorders, including psychosis, depression, anxiety and dementia. The winners of the Award 2011 are Dr. Nikolaos Koutsouleris and Dr. Eva Meisenzahl from University of Munich, Department of Psychiatry (Germany).

They were awarded with €20,000 for scientific purposes at their institution for their work "Prevention of psychosis using MRI-based biomarkers". An award lecture of 20 minutes was given during the opening of the 19th European Congress of Psychiatry in Vienna (Austria).

The Award was given in the frame of a five year agreement with BMS and was given the last time in 2011.



RESEARCH PRIZES 2011

The European Psychiatric Association has awarded four Research Prizes of €2,500 each to Early Career Psychiatrists working in Europe, who published the best scientific papers in 2010. From a total of 32 applications, the Research Prizes for 2011 were awarded to:

1. **Dr. Paul ROUX, France**
Clinical psychopathology and refinement of psychiatric diagnostic categories
2. **Dr. Alexandra SCHOSSER-HAUPT, Austria**
Biological correlates and treatments of mental disorders
3. **Dr. Péter DÖME, Hungary**
Psychiatric epidemiology, social psychiatry and psychotherapeutic interventions in mental disorders
4. **Dr. Nadia MICALI, United Kingdom**
Child & Adolescent Psychiatry



SCHOLARSHIP PROGRAMME 2011

Early Career Psychiatrists who are either trainees or within 5 years of completion of specialist training in psychiatry and who are working in countries that form part of the World Health Organisation Europe region. The Scholarship Programme includes free congress entrance to the European Congress of Psychiatry, travel expenses, hotel accommodation, complimentary registration for one CME course and 1 year of free EPA membership.

From a total of 44 applications, the 2011 scholarship has been awarded to the following Early Career Psychiatrists and Trainees:



- Alkomiet HASAN, Germany
- Sameer JAUHAR, United Kingdom
- Nikolina JOVANOVIĆ, Croatia
- Mario LUCIANO, Italy
- Elena SHMUNK, Russia

SECTIONS

CREATION OF TELEMENTAL HEALTH SECTION

The EPA General Assembly approved on 13 March 2011 in Vienna the creation of a new section on TeleMental Health. The section aims to facilitate networking as well as promote research, education and discussion about the use of telecommunication technologies in mental health care provision. It is crucial for the section to share experiences and research data and promote best practices and innovation in mental health delivery today. Furthermore, national and international projects are the aim of the section in the near future.

EPA TASK FORCE ON SECTIONS

EPA approved on 10 October 2010 the request of the Secretary for Sections, Michael Musalek, to establish a Task Force on Sections.

The composition of the task force was defined during the 19th European Congress of Psychiatry held in Vienna. In order to ensure an effective functioning of the task force, it was decided to appoint members both among the Board members and the Section chairs. The members of the Task Force were appointed following a call for expressions of interest as following:

- Michael Musalek (Austria),
Secretary for Sections, Chair of the task force
- Patrice Boyer (France),
EPA President, Co-chair of the task force
- Thomas Becker (Germany),
Section representative
- Julian Neil Beezhold (UK),
Board member
- Gabriela Stoppe (Switzerland),
Section representative
- Gil Zalsman (Israel),
Board member

The task force shall not have any formal decision-making authority but it plays an important role in the process of improving the current sections' rules of procedure. Its mission is

- to examine the content related to the sections as defined in the current statutes of the association
- to examine the content related to the sections as defined in the current rules of procedure
- to make any appropriate recommendations to EPA

The Task Force organised the first conference call on 6 December 2011 and will continue its work prior to the 20th European Congress of Psychiatry to be held in Prague, Czech Republic. The recommendations drafted by the Task Force on Sections will be submitted at the next Board meeting.

SECTIONS' SCIENTIFIC INPUT

Most of the section activities are related to the annual European Congress of Psychiatry. In 2011, altogether **16 section symposia and 2 section workshops** took place during the 19th European Congress of Psychiatry in Vienna (Austria). The section symposium "How to deal with treatment resistant conditions?" by EPA section on Psychopharmacology was the most attended section symposium with 600 participants.

The Forensic Psychiatry section organised in collaboration with the Ghent Group and under the auspices of the European Psychiatric Association a **pre-congress workshop on forensic psychiatry** in Vienna, Austria on Saturday 12 March 2011. The event focused on European perspectives on forensic psychiatry and Clinical challenges at the interface between general and forensic psychiatry and the criminal justice system gathering around 50 participants.





MEMBERSHIP

EPA is an Association of individuals and legal bodies accepted as members by the General Assembly. In detail the Association is composed of:

- **Individual members:**
 - *Ordinary members*
 - *International members*
 - *Fellows*
 - *Honorary members*
- **Legal entities:**
 - *Corporate members*
- **Donors**

KEY FIGURES

EPA is a community of 1881 individual psychiatrists and professionals in mental health care and 28 corporate members dealing with psychiatry and its related disciplines and focus on the improvement of care for the mentally ill as well as on the development of professional excellence.

RECRUITMENT

109 new members were recruited in 2011. Among them, 42% are Early Career Psychiatrists, 81% are Ordinary Members and 19% are International Members.

We noted an increase of 8% of new members compared to last year (101 new members in 2010) thanks to the EPA website that seems to be a valuable recruitment tool. 61 applications were completed online, i.e. over 61% of the total applications.

About 24,77% of new members were recruited during the 19th European Congress of Psychiatry of Vienna.

25% of EPA members are active members.

MEMBERSHIP FEE

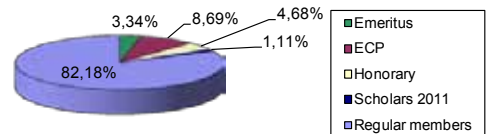
40% of active members pay the annual fee via the online payment system of EPA website: www.europsy.net

In comparison with 2010, 58% of active members have renewed the membership fee in 2011.

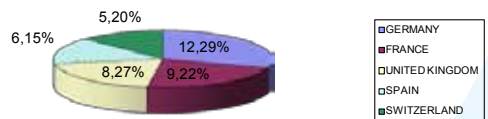


ACTIVE MEMBERS

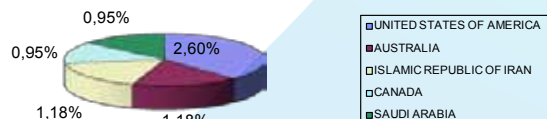
Active members categories in 2011



Top 5 European Countries with active members in 2011



Top 5 International Countries with active members in 2011



HIGHLIGHT ON COMMUNICATION

EPA WEBSITE

EPA website was renewed in 2009 and continues to attract more and more visitors. In 2011 the number of unique visitors increased by 46% compared to 2010. Most visited pages were the EPA Academia Summer School, information on EPA Scholarship Programme and the European Congress of Psychiatry.

EPA'S PROFESSIONAL EUROPEAN PSYCHIATRIC NETWORK

EPA launched in November 2011 the **European Psychiatric Network**

<http://www.europsychiatric.com> - a professional community that provides exclusive access to a vibrant online exchange of ideas and information about hot topic issues in the psychiatric field. The Network brings with it a host of exclusive benefits, which allows the members to:

- View and discuss highlighted e-Posters
- Create searchable profiles with your research interests and publications
- Upload poster presentations, images, and videos
- Form and join public or private groups
- Start a blog

By the end of the year almost 800 professionals had joined the Network.

EPA MINDS ONLINE

EPA wishes to reply to the increasing demand to provide information both on EPA's important activities and projects, as on events and news in the field of European Psychiatry. Since February 2011, EPA is sending an electronic newsletter on monthly basis to its members and affiliates.

The periodicity and content of the EPA Mind Online will be adjusted in the future according to the feedback collected from the readers.

These graphics show the evolution of EPA assets from 1984 to 2010: the main sources are the congress revenues and the precious engagement.

EUROPEAN PSYCHIATRY JOURNAL

BACKGROUND

The journal of the Association, European Psychiatry, was founded in 1986 by Patrice Boyer, Julien-Daniel Guelfi and Yves Lecrubier. Editorial office is located at the Centre of Psychiatry and Neurosciences, Sainte-Anne hospital, Paris (France). The journal is published by Elsevier. In November 2004 the editorship was handed over to **Sophia Frangou, Philip Gorwood and Reinhard Heun.**

The European Psychiatry presents 8 times per year the results of original research relative to those domains which are presently of interest to psychiatry: psychopathology, nosography, chemotherapy, psychotherapy, clinical methodology, biological disorders and mental pathology, psychophysiology, neuropsychology, as well as animal behavior. This wide scope emphasizing, nevertheless, the publication of original articles, is aimed at:

1. encouraging the exchange of ideas and research within Europe
2. establishing within the international psychiatric community an improved level of scientific communication

European Psychiatry endeavours not only to publish high level scientific original articles, short communications and editorials, but also letters to the editor, EPA newsletters, book reviews, information on new regulations in Europe and conference calendar.

KEY INFORMATION:

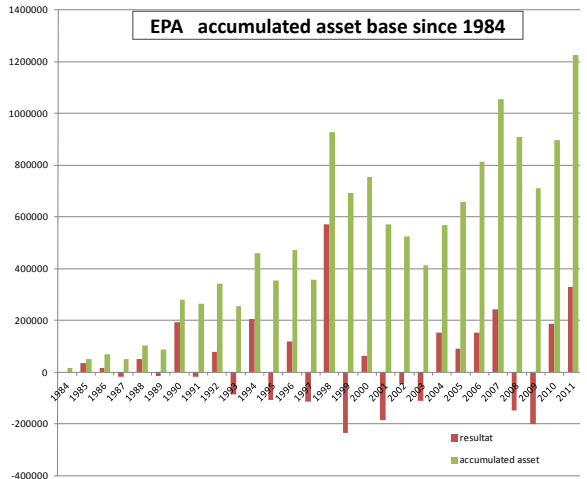
- Dynamic presence in the field of psychiatry with Impact Factor increasing year after year - Current Impact Factor (2010) 3.365
- 5 year IF 3.031
- Immediacy index 0.417
- 96 articles published
- Ranked 36th in a list of 126 psychiatry journals
- Special issue on Patients with *Schizophrenia* (March 2011) and *Progress in Diagnosis and Classification Perspectives of the ICD - 11* (November 2011).



FINANCES

As detailed in the Statutes, the Association's revenues come from:

1. Annual membership fees (individual, legal bodies and donors), as set by the General Assembly
2. The annual congress and scientific meetings
3. Grants from public and private bodies and organisations
4. Donations and legacies that the association accepts under the relevant legislation
5. The interest and income from the assets and securities owned by the association
6. As a general rule, any income not prohibited by legislation or regulations



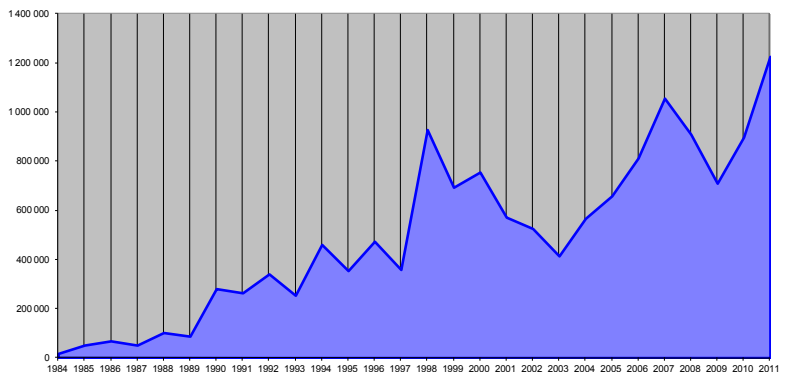
In 2011, the European Congress of Psychiatry was a tremendous success and generated remarkable revenue. In addition, distinguished support during 2011 was offered by:

- An unrestricted educational grant from Lupin Mindvision to organise the 2nd Knowledge Exchange Platform with Indian Psychiatrists
- A grant from Bristol Myers Squibb for the European BMS Prevention Award
- A membership contribution from Servier.

On the other hand the EPA expenses were sensibly controlled and even reduced, since the staff was decreased from 5 to 4.

Euros

EPA EVOLUTION OF ASSET BASE FROM 1984 to 2011



EPA BUDGET 2011

CATEGORIES	FORECAST 2011 APPROVED BY GA	RESULT 31/12/2011
INCOME		
SURPLUS CONGRESS	765 000	845 865
MEMBERSHIP FEES	57 000	44 740
EUROPEAN PSYCHIATRY JOURNAL royalties	19 500	21 087
Financial income	11 900	8 271
HQ garage renting 12 months in 2011	900	941
FINANCIAL INCOME AND OTHER	11 900	9 212
GRANTS (BMS prevention award and Lupin)	20 000	37 600
INCOME TOTAL	873 400	958 503

EXPENSES		
EPA BUILDING ACQUISITION	61 000	60 849
THIRD PARTIES	16 800	15 512
COMMITTEES Meetings out of Congress Venue	19 000	21 123
COOPERATION	15 000	29 401
ACADEMIA EDUCATION TOTAL	54 000	52 188
GUIDANCE PAPER	24 000	0
PRIZES	30 800	32 777
CORPORATE COMMUNICATION	1 600	1 716
MEMBERSHIP (mailings, newsletters)	5 500	10 686
EUROPEAN PSYCHIATRY JOURNAL subscriptions	28 100	17 224
OTHER DIRECT CHARGES	9 586	8 470
OFFICE CHARGES	22 500	18 009
STAFF SALARIES AND CHARGES	261 742	204 438
TRAINING	2 000	460
EXPENSES TOTAL	551 628	472 854

Result before Tax	321 772	485 649
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(*) PROFIT TAX	-107 257	-157 443
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NET RESULT	214 515	328 206
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CALENDAR OF EPA ACTIVITIES AND INTERNAL MEETINGS

2 February, Brussels, BELGIUM

EBC Board Meeting

Prof. Höschl represented EPA

12 March, Vienna, AUSTRIA

Pre-congress workshop on forensic psychiatry. Organised by the Forensic Psychiatry section in collaboration with the Ghent Group and under the auspices of the European Psychiatric

12-15 March, Vienna, AUSTRIA

19th European Congress of Psychiatry

16-19 March, Madrid, SPAIN

4th World Congress on Women's Mental Health. Organised by IAWMH under EPA patronage

5 April, Paris, FRANCE

EPA Scientific Programme Committee (SPC) meeting

6-8 April, Riga, LATVIA

Young Psychiatrists Network Meeting
Dr. Volpe represented EPA

14-16 April, Tartu, ESTONIA

UEMS Section and Board meeting
Prof. Sass represented EPA

29 April, Paris, FRANCE

EPA-NPAs Task Force meeting

14 June, Brussels, BELGIUM

EBC Board Meeting.

Prof. Boyer represented EPA

14 June, Belgrade, SERBIA

EPA CME course on: *"How to develop a programme against stigma and discrimination because of schizophrenia"*, by N. Sartorius

15 June, Paris, FRANCE

EPA Editorial meeting

28 June - 1 July, Brighton, UNITED KINGDOM

International Congress of the Royal College of Psychiatrists 2011. Organised by the Royal College under EPA patronage

29 June - 2 July, Prague, CZECH REPUBLIC

19th European Federation of Psychiatric Trainees (EFPT) Forum
Prof. Boyer represented EPA

3 July, Nice, FRANCE

EPA Board committee on ethical issues

4 July, Nice, FRANCE

EPA Executive Committee (EC) and EPA Board meeting

5 July, Nice, FRANCE

EPA SPC meeting

6-9 July, Nice, FRANCE

1st Academia Summer School on *"Comorbidity between mental and physical disorders"*

9-10 July, Bali, INDONESIA

2nd Knowledge Exchange Platform

Prof. C. Höschl, S. Kasper and H-J. Möller represented EPA.

31 July - 4 August, Melbourne, AUSTRALIA

3rd World Congress of Asian Psychiatry
Organised by WCAP under EPA patronage

3-7 September, Paris, FRANCE

24th ECNP Congress with EPA symposium on Position statements and recommendations for clinical trials and pharmacotherapy: a European perspective

Speakers:

Prof. Höschl: Critical assessment of the European recommendations for conducting clinical trials (the FEAM statement)

Prof. Galderisi: New outcome measures in clinical trials for schizophrenia

Prof. H-J. Möller: EPA position statement on the value of antidepressants in the treatment of unipolar depression

Prof. Wasserman: EPA Guidance on suicide prevention



9 September, Strasbourg, FRANCE

EPA Committee on Education meeting

29 September, Belgrade, SERBIA

EPA CME course on "*Diagnostics and Treatment in Human-based Psychiatry*", by M. Musalek

29 September - 1 October, Berlin, GERMANY

3rd European Conference on Schizophrenia Research with EPA symposium

Speakers:

Prof. Gaebel: Quality of mental health

Prof. Bhugra: Prevention of mental illness and promotion of mental health

Prof. De Hert: Cardiovascular disease in people with severe mental illness

Prof. H-J. Möller: Value of antidepressants in the treatment of unipolar depression

4-5 October, Brussels, BELGIUM

EBC Board Meeting and EBC Annual General Meeting

Prof. Boyer and Höschl represented EPA

14 October, Strasbourg, FRANCE

2nd EPA Faculty Workshop

20-22 October, Berlin, GERMANY

EPA CME course on: "*Consultation-Liaison Psychiatry and Psychosomatics*", by A. Diefenbacher, R. Burian, S. Ferrari, D. Georgescu and T. Sappok.

12-13 November, Strasbourg, FRANCE

EPA Early Career Psychiatrists Committee (ECPC) meeting

17 November, Warsaw, POLAND

EBC Board meeting

Prof. Höschl represented EPA

23 November, Berlin, GERMANY

Forum European Leaders

Organised by the DGPPN, with participation of the EPA President, Prof. Boyer

24-27 November, Thessaloniki, GREECE

2nd International Congress on Neurobiology, Psychopharmacology and Treatment Guidance International Society on Neurobiology and Psychopharmacology (ISNP)

Organised under EPA patronage

1 December, Brussels, BELGIUM

Meeting of the Alliance for Biomedical Research in Europe.

Prof. Galderisi represented EPA

7-10 December, Lille, FRANCE

3rd French Congress of Psychiatry EPA CME course on: "*Suicide Risk Prevention*", by M. Sarchiapone and V. Carli



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