WELCOME TO





PERSON-CENTRED MENTAL HEALTH CARE: OUTCOMES THAT MATTER TO PATIENTS AND THEIR CARERS

> Nice, France 3-6 March 2018

EPA 2018 26th EUROPEAN CONGRESS OF PSYCHIATRY



EPA FORUM 2018 Saturday 3 March, Nice



Welcome and Introduction

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Disclosure



	No, nothing to disclose
Х	Yes, please specify:

Company Name	Honoraria/ Expenses	Consulting/ Advisory Board	Funded Research	Royalties/ Patent	Stock Options	Ownership/ Equity Position	Employee	Other (please specify)
Forum Pharmaceuticals		Х						
Janssen Pharmaceuticals		Х						
Angelini-Acraf		Х						
Otsuka	Х		Х					
Pierre Fabre		Х						
Gedeon Richter - Recordati		Х						
Takeda		Х						
Alkermes		Х						

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ABOUT EPA



- Established in October 1983 in Strasbourg, as the Association of European Psychiatrists (AEP)
- In 2008 the name changed to "European Psychiatric Association" (EPA)
- **Restructured in 2012** as a European Psychiatric Association of individual members and National Psychiatric Associations (NPAs) across Europe
- In 2018, EPA counts individual members in 88 countries and 42 National Association Members, representing more than 80,000 European psychiatrists

MISSION

To improve the quality of mental health care throughout Europe

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How EPA works



- Annual European Congress of Psychiatry
- EPA Courses, Summer School, Faculty Workshops and other forms of training
- 21 Scientific Sections
- Cooperation with National Psychiatric Associations through EPA membership
- Early Career Psychiatrists Committee and specialized Congress Program
- Initiatives on improving ethical standards of psychiatric care and practice
- A scientific journal: European Psychiatry
- Two Newsletters
- Guidance papers and position statements on related topics of interest
- Research Prizes and Scholarship Program
- Partnership with international organizations of users and carers, as well as other organizations active in the field of mental health

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THE EPA FORUM







First introduced in 2015, in continuity with the EPA NPAs Forum



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FPA2018

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THE EPA FORUM

Aimed to bring together:

- National Psychiatric Societies/Associations
- EPA Individual Members
- EPA Congress participants
- European organisations, policy makers and key stakeholders in the field of Mental Health and Mental Health Care

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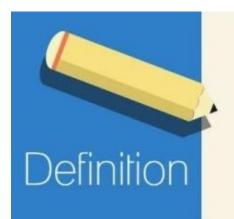


PERSON-CENTRED MENTAL HEALTH CARE Outcomes that matter to patients and their carers



"People who use mental health services should have the opportunity to make informed decisions about their care and treatment, in partnership with their health and social care practitioners."

NICE guidance on person-centred care



Person-centered care

means that people's values and preferences are obtained and, once expressed, guide all aspects of health care and support realistic health and life goals

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PERSON-CENTRED MENTAL HEALTH CARE Outcomes that matter to patients and their carers



Person-centred mental health care

- Empowers the patient
- Encourages shared decision making
- Focuses on the person and not the symptoms
- Improves patient's quality of life
- Improves the health care system



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Person-centred mental health care: Conceptual framework



- Within mental health care, 'person-centredness' has been generally meant to convey a holistic approach with an attitude of respect for the individual and his/her unique experience and needs
- To demonstrate the impact on clinical outcomes, further research is needed and the degree of complexity existing within the health care system must be addressed
- It is important to change the way that services and organizations work, and engage families and communities in the delivery of mental health care

Gask, L., & Coventry, P. (2012). Person-centred mental health care: The challenge of implementation. *Epidemiology and Psychiatric Sciences*

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✓ Stimulating the discussion on outcome assessment of research and treatment programs in mental health care

✓ Greater understanding of challenges, barriers and opportunities for the implementation of sustainable person-centred mental health care

✓ Identifying the steps toward a **European consensus**

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Programme at a glance





Measuring quality and outcome of person-centred mental health care *Chair:* Silvana Galderisi, EPA President

Challenges in the implementation of patientcentred research and care *Chair:* Philip Gorwood, EPA President Elect





The role of the EPA and National Psychiatric Associations (NPAs) *Chair:* Wolfgang Gaebel, EPA Past President

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Meet the speakers





Nick Klazinga OECD



Ann Netten University of Kent



Bernd Puschner Ulm University



Helen Herrman WPA



Hilkka Kärkkäinen GAMIAN



Miia Männikkö EUFAMI

CONGRESS OF PSYCHIATRY



Terje Peetso European Commission



Michela Tinelli LSE



Ivana Silva EMA



Chris Nas TRIMBOS



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