

# WELCOME TO





**EPA FORUM 2018**  
Saturday 3 March, Nice



# Welcome and Introduction

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Naples, Italy

Nice, France  
3-6 March 2018

# Disclosure

<input type="checkbox"/>	No, nothing to disclose
<input checked="" type="checkbox"/>	Yes, please specify:

<i>Company Name</i>	<i>Honoraria/ Expenses</i>	<i>Consulting/ Advisory Board</i>	<i>Funded Research</i>	<i>Royalties/ Patent</i>	<i>Stock Options</i>	<i>Ownership/ Equity Position</i>	<i>Employee</i>	<i>Other (please specify)</i>
Forum Pharmaceuticals		X						
Janssen Pharmaceuticals		X						
Angelini-Acraf		X						
Otsuka	X		X					
Pierre Fabre		X						
Gedeon Richter - Recordati		X						
Takeda		X						
Alkermes		X						

# OUTLINE

- About EPA
- Forum topic: person-centred mental health care
- Forum expected outcomes
- Programme at a glance

# ABOUT EPA

- **Established in October 1983** in Strasbourg, as the Association of European Psychiatrists (AEP)
- **In 2008** the name changed to “**European Psychiatric Association**” (EPA)
- **Restructured in 2012** as a European Psychiatric Association of individual members and National Psychiatric Associations (NPAs) across Europe
- **In 2018**, EPA counts individual members in **88 countries** and **42 National Association Members**, representing more than **80,000 European psychiatrists**

## MISSION

To improve the quality of mental health care throughout Europe

Nice, France  
3-6 March 2018

# How EPA works

- **Annual European Congress of Psychiatry**
- **EPA Courses, Summer School, Faculty Workshops and other forms of training**
- **21 Scientific Sections**
- **Cooperation with National Psychiatric Associations through EPA membership**
- **Early Career Psychiatrists Committee and specialized Congress Program**
- **Initiatives on improving ethical standards of psychiatric care and practice**
- **A scientific journal: European Psychiatry**
- **Two Newsletters**
- **Guidance papers and position statements on related topics of interest**
- **Research Prizes and Scholarship Program**
- **Partnership with international organizations of users and carers, as well as other organizations active in the field of mental health**



# THE EPA FORUM



First introduced in 2015, in continuity with the EPA NPAs Forum



# THE EPA FORUM

Aimed to bring together:

- National Psychiatric Societies/Associations
- EPA Individual Members
- EPA Congress participants
- European organisations, policy makers and key stakeholders in the field of Mental Health and Mental Health Care



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# PERSON-CENTRED MENTAL HEALTH CARE

## Outcomes that matter to patients and their carers

*“People who use mental health services should have the opportunity to make informed decisions about their care and treatment, in partnership with their health and social care practitioners.”*

NICE guidance on person-centred care



Definition

**Person-centered care** means that people's values and preferences are obtained and, once expressed, guide all aspects of health care and support realistic health and life goals

# PERSON-CENTRED MENTAL HEALTH CARE

## Outcomes that matter to patients and their carers

### Person-centred mental health care

- Empowers the patient
- Encourages shared decision making
- Focuses on the person and not the symptoms
- Improves patient's quality of life
- Improves the health care system



# Person-centred mental health care: Conceptual framework

- Within mental health care, ‘person-centredness’ has been generally meant to convey a **holistic** approach with an attitude of **respect** for the individual and his/her **unique experience and needs**
- To demonstrate the **impact on clinical outcomes**, further **research** is needed and the degree of complexity existing within the health care system must be addressed
- It is important to change the way that **services and organizations** work, and **engage families and communities** in the delivery of mental health care

Gask, L., & Coventry, P. (2012). Person-centred mental health care: The challenge of implementation. *Epidemiology and Psychiatric Sciences*

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# Forum Expected Outcomes

- ✓ Stimulating the discussion on **outcome assessment of research and treatment programs** in mental health care
- ✓ Greater understanding of challenges, barriers and opportunities for the **implementation of sustainable person-centred mental health care**
- ✓ Identifying the steps toward a **European consensus**

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# Programme at a glance



## **Measuring quality and outcome of person-centred mental health care**

*Chair:* Silvana Galderisi, EPA President

## **Challenges in the implementation of patient-centred research and care**

*Chair:* Philip Gorwood, EPA President Elect



## **The role of the EPA and National Psychiatric Associations (NPAs)**

*Chair:* Wolfgang Gaebel, EPA Past President



# Meet the speakers



**Nick Klazinga**  
OECD



**Ann Netten**  
University of Kent



**Bernd Puschner**  
Ulm University



**Helen Herrman**  
WPA



**Hilikka Kärkkäinen**  
GAMIAN



**Miia Männikkö**  
EUFAMI



**Terje Peetso**  
European  
Commission



**Michela Tinelli**  
LSE



**Ivana Silva**  
EMA



**Chris Nas**  
TRIMBOS

# ENJOY THE FORUM!