WELCOME TO

EPA FORUM 2018

PERSON-CENTRED MENTAL HEALTH CARE:
OUTCOMES THAT MATTER
TO PATIENTS AND THEIR CARERS

Nice, France
3-6 March 2018
www.epa-congress.org
Welcome and Introduction

Silvana Galderisi

President of the European Psychiatric Association (EPA)

Professor of Psychiatry
University of Campania Luigi Vanvitelli
Naples, Italy
## Disclosure

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OUTLINE

• About EPA

• Forum topic: person-centred mental health care

• Forum expected outcomes

• Programme at a glance
ABOUT EPA

• **Established in October 1983** in Strasbourg, as the Association of European Psychiatrists (AEP)

• **In 2008** the name changed to “European Psychiatric Association” (EPA)

• **Restructured in 2012** as a European Psychiatric Association of individual members and National Psychiatric Associations (NPAs) across Europe

• **In 2018**, EPA counts individual members in **88 countries** and **42 National Association Members**, representing more than **80,000 European psychiatrists**

MISSION

To improve the quality of mental health care throughout Europe
How EPA works

- Annual European Congress of Psychiatry
- EPA Courses, Summer School, Faculty Workshops and other forms of training
- 21 Scientific Sections
- Cooperation with National Psychiatric Associations through EPA membership
- Early Career Psychiatrists Committee and specialized Congress Program
- Initiatives on improving ethical standards of psychiatric care and practice
- A scientific journal: European Psychiatry
- Two Newsletters
- Guidance papers and position statements on related topics of interest
- Research Prizes and Scholarship Program
- Partnership with international organizations of users and carers, as well as other organizations active in the field of mental health
First introduced in 2015, in continuity with the EPA NPAs Forum
THE EPA FORUM

Aimed to bring together:

- National Psychiatric Societies/Associations
- EPA Individual Members
- EPA Congress participants
- European organisations, policy makers and key stakeholders in the field of Mental Health and Mental Health Care
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PERSON-CENTRED MENTAL HEALTH CARE
Outcomes that matter to patients and their carers

“People who use mental health services should have the opportunity to make informed decisions about their care and treatment, in partnership with their health and social care practitioners.”

NICE guidance on person-centred care
Person-centred mental health care

• Empowers the patient
• Encourages shared decision making
• Focuses on the person and not the symptoms
• Improves patient’s quality of life
• Improves the health care system
Person-centred mental health care: Conceptual framework

• Within mental health care, ‘person-centredness’ has been generally meant to convey a holistic approach with an attitude of respect for the individual and his/her unique experience and needs.

• To demonstrate the impact on clinical outcomes, further research is needed and the degree of complexity existing within the health care system must be addressed.

• It is important to change the way that services and organizations work, and engage families and communities in the delivery of mental health care.

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Forum Expected Outcomes

✓ Stimulating the discussion on **outcome assessment of research and treatment programs** in mental health care

✓ Greater understanding of challenges, barriers and opportunities for the **implementation of sustainable person-centred mental health care**

✓ Identifying the steps toward a **European consensus**
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Programme at a glance

Measuring quality and outcome of person-centred mental health care
*Chair:* Silvana Galderisi, EPA President

Challenges in the implementation of patient-centred research and care
*Chair:* Philip Gorwood, EPA President Elect

The role of the EPA and National Psychiatric Associations (NPAs)
*Chair:* Wolfgang Gaebel, EPA Past President
Meet the speakers

Nick Klazinga
OECD

Ann Netten
University of Kent

Bernd Puschner
Ulm University

Helen Herrman
WPA

Hilkka Kärkkäinen
GAMIAN

Miia Männikkö
EUFAMI

Terje Peetso
European Commission

Michela Tinelli
LSE

Ivana Silva
EMA

Chris Nas
TRIMBOS
ENJOY THE FORUM!