

# EUROPEAN PSYCHIATRIC ASSOCIATION

ANNUAL REPORT 2012







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## FOREWORD

This Annual Report of the European Psychiatric Association (EPA) presents the numerous activities carried out in 2012 and explains how these activities have contributed to the fulfilment of EPA's mission: **to improve psychiatry and mental health care in Europe.**

The most notable event of 2012 was the historical change of EPA Statutes, voted upon unanimously by EPA's Extraordinary General Assembly on 4 March in Prague. This change allows national psychiatric associations (NPAs) to become full voting members of the EPA. It represents significant progress in the transformation of EPA into a larger and more powerful association which has a unique voice for psychiatry in Europe. The subsequent revision of the EPA Rules of Procedures, to be voted upon by the EPA Board in April 2013, ensures that both NPAs and individual members are properly integrated with the Association.

This Extraordinary General Assembly, as well as the Ordinary General Assembly, took place during the 20<sup>th</sup> European Congress of Psychiatry in Prague at which nearly 3200 participants from 85 countries came together to address the theme "Beyond Diversity towards Harmony." On behalf of the EPA, I would like to sincerely thank everyone who attended and contributed to the success of the Congress, especially the Local Organising Committee (LOC), chaired by Prof. Cyril Höschl.

In addition to their traditional meetings during the Congress, EPA's Committees were once again very active throughout 2012. Here are a few highlights. The Council of NPAs met three times to develop and refine its long-term agenda. The Committee on Education further developed the EPA Academia for Excellence in European Psychiatry through which 23 Continuing Medical Education (CME) courses were offered. Additionally, the 2<sup>nd</sup> edition of EPA's Summer School was organised in Strasbourg, France in July, positioning this event as one of the major educational events in European Psychiatry. It took place under the auspices of the Secretary General of the Council of Europe, Mr Thorbjørn Jagland, and the Council of Europe hosted the Opening Ceremony. The Early Career Psychiatrists Committee (ECPC) remained focused on the continual implementation of its action plan by its four task forces (Meetings and Associations; Research; Publications; Professional Development). EPA Sections were well-represented at EPA 2012 Prague through Section symposia, a workshop and business meetings. Furthermore, 2012 saw the creation of EPA's 20th Section - Sexual Medicine and Mental Health. EPA's Committee on Ethical Issues spent much time studying and answering ethical questions directly addressed to EPA as well as preparing a special symposium for 2013.

2012 also marks the end of my mandate as EPA President. As I reflect upon all that we have accomplished these past two years, 2012 in particular, I would like to sincerely thank you for your support, confidence and trust in my work. I am counting on each and every EPA member to continue to work enthusiastically towards achieving EPA's mission and I trust that through the leadership of Prof. Danuta Wasserman, 2013 will be another year full of accomplishments for EPA.

Patrice Boyer

## EPA COMMITTEES IN 2012

### EXECUTIVE COMMITTEE

Patrice Boyer <i>President</i>	FR	Marianne Kastrup <i>Secretary General</i>	DK
Danuta Wasserman <i>President Elect</i>	SE	Henning Sass <i>Secretary for Education</i>	DE
Hans-Jürgen Möller <i>Past President</i>	DE	Michael Musalek <i>Secretary for Sections</i>	AT
Philip Gorwood <i>Treasurer</i>	FR	Silvana Galderisi <i>Advisor</i>	IT

### BOARD

		Cyril Höschl	CZ
Mariano Bassi	IT	Siegfried Kasper	AT
Julian Beezhold	UK	Marianne Kastrup	DK
István Bitter	HU	Jean-Pierre Lépine	FR
Julio Bobes Garcia	ES	Hans-Jürgen Möller	DE
Patrice Boyer	FR	Michael Musalek	AT
Wolfgang Gaebel	DE	Henning Sass	DE
Silvana Galderisi	IT	Danuta Wasserman	SE
Philip Gorwood	FR	Gil Zalsman	IL
Cécile Hanon	FR	Zvi Zemishlany	IL

### EPA COUNCIL OF NPAS

Mariano Bassi <i>Chair</i>	IT
Rutger Jan van der Gaag <i>Vice-Chair</i>	NL
Marija Burgić-Radmanović <i>Secretary</i>	BA

### EARLY CAREER PSYCHIATRISTS COMMITTEE

Andrea Fiorillo <i>Chair</i>	IT
Umberto Volpe <i>Co-Chair</i>	IT
Nikolina Jovanovic	HR
Amit Malik	UK
Alexander Nawka	CZ
Martina Rojnic Kuzman	HR

### COMMITTEE ON EDUCATION

Henning Sass <i>Chair</i>	DE
Pierre Baumann	CH
Dinesh Bhugra	UK
Andrea Fiorillo	IT
Marc H.M. Hermans	BE
Christoph Lauber	UK
Jean-Pierre Lépine	FR
Amit Malik	UK
Nadja Maric-Bojovic	RS
Norman Sartorius	CH

“Individual commitment to a group effort - that is what makes a team work, a community work, a society work, a civilization work.”

Vince Lombardi

Board

#### EDITORS-IN-CHIEF OF EUROPEAN PSYCHIATRY, THE JOURNAL OF EPA

Sophia Frangou	UK
Philip Gorwood	FR
Reinhard Heun	UK

#### COMMITTEE ON ETHICAL ISSUES

Marianne Kastrup <i>Chair</i>	DK
Julian Beezhold	UK
Silvana Galderisi	IT
Cécile Hanon	FR
Wolfgang Rutz	SE
Henning Sass	DE
Norman Sartorius	CH
Danuta Wasserman	SE

#### SCIENTIFIC PROGRAMME COMMITTEE EPA 2012 PRAGUE

Patrice Boyer <i>Chair</i>	FR	Siegfried Kasper	AT
Cyril Höschl <i>EPA 2012 Prague LOC Chair</i>	CZ	Marianne Kastrup	DK
István Bitter, Hungary	HU	Hans-Jürgen Möller	DE
Sophia Frangou	UK	Michael Musalek	AT
Silvana Galderisi	IT	Henning Sass	DE
Philip Gorwood	FR	Danuta Wasserman	SE

#### LOCAL ORGANISING COMMITTEE (LOC) - EPA 2012 PRAGUE

Cyril Höschl <i>Chair</i>	Prague	Jan Libiger	Hradec Kralove
Jiri Raboch <i>Co-Chair</i>	Prague	Jiri Masopust	Hradec Kralove
Martin Anders	Prague	Pavel Mohr	Prague
Lucie Bankovská-Motlová	Prague	Hana Papezova	Prague
Eva Ceskova	Brno	Jan Prasko	Olomouc
Jiri Horáček	Prague	Juraj Rektor	Prerov
Michael Hrdlicka	Prague	Jaromir Svestka	Brno
Ladislav Hosak	Hradec Kralove	Filip Spaniel	Prague





# THE 20<sup>TH</sup> EUROPEAN CONGRESS OF PSYCHIATRY - EPA 2012 PRAGUE

The 20<sup>th</sup> European Congress of Psychiatry took place 3-6 March 2012 in Prague, Czech Republic under the motto, "Beyond Diversity towards Harmony." Nearly 3200 participants from 85 countries came to Prague to join in on the rich scientific programme and to take advantage of the numerous networking opportunities offered by EPA.

## HIGH LEVEL AND RELEVANT SCIENTIFIC PROGRAMME

EPA's high-quality, multidisciplinary scientific programme provided a full review of the most important aspects of diagnosis and treatment in psychiatry and of the latest achievements in this field including highly attended core sessions such as:

"Genetics of ADHD"

"The Human Brain Project - a new paradigm for modeling brain function and dysfunction"

"Recent Developments in Treatment Resistant Depression (TRD)"

"Individualised Therapy of Alcoholism"

"Pro and Con Debate: Polypharmacy is necessary in Psychiatry"

Fourteen Academia CME Courses were offered during the Congress and attracted 310 participants. This represents an increase of 10% compared to EPA 2011 Vienna, proof that EPA's CME Courses generate more and more interest each year from Congress participants wishing to update their knowledge and to improve their skills.

Once again, the dedicated European Early Career Psychiatrists Programme (EECPP) continued to attract an increasing number of early career psychiatrists (ECPs) to the Congress. This programme, specially tailored to the needs of ECPs, addressed core issues of psychiatric training in Europe and was facilitated by leading figures in European psychiatry.



## INNOVATIONS

Introduced at this 20<sup>th</sup> Congress were the EPA Congress News and the mobile applications. Participants much appreciated these new tools which allowed them to stay up-to-date with the latest information throughout the Congress. Additionally since it was EPA's 20<sup>th</sup> Congress, 20 travel grants were awarded to applicants having applied and having submitted abstracts.



## ASSOCIATION ACTIVITIES

The Congress was also the opportunity for all EPA Committees to have meetings. The following meetings were held: Board meeting, Early Career Psychiatrists Committee meeting, Section's Coordination meeting, Extraordinary General Assembly and Ordinary General Assembly, Committee on Education meeting, Council of NPAs meeting, Committee on Ethical Issues meeting.



*Executive Committee*

## EFPIA

The European Federation of Pharmaceutical Industries and Associations (EFPIA), an organisation representing the pharmaceutical industry operating in Europe, set up an online platform at the request of industry leaders. This platform, entitled "e4ethics", includes an Event Database with pre-assessment reports of events sponsored by industry and attended by healthcare professionals. These reports aim to promote compliance with industry standards by targeting corporate compliance officers, national ethics groups and congress and meeting organisers.

Following its pre-assessment, EPA reacted quickly to ensure that EPA 2012 Prague was fully compliant with industry standards. As a result, EPA was recognised as a fully compliant event in the Event Database.

## SECTIONS

### CREATION OF SEXUAL MEDICINE AND MENTAL HEALTH SECTION

On 4 March 2012, the EPA General Assembly approved the creation of the Sexual Medicine and Mental Health Section. This Section aims to make interested psychiatrists aware of the importance of sexual function and dysfunction and to update them on the advances in neurobiology, nosology and treatments in the field. The Section Board is composed of Marcel Waldinger (Chair), Zvi Zemishlany (Co-Chair) and Richard Balon (Secretary).

### SECTIONS' SCIENTIFIC INPUT

EPA Sections are very involved in the scientific programme of the annual European Congress of Psychiatry. At the 20<sup>th</sup> European Congress of Psychiatry in Prague in 2012, **21 Section symposia and 1 Section workshop** took place.

In addition to scientific input to the EPA Congress, several Sections contributed to and/or organised specific events in 2012. For example, the Section on Epidemiology and Social Psychiatry organised a joint conference with the European Network of Schizophrenia Networks for the Study of Gene-environment Interactions (EU-GEI). This took place 13-16 June 2012 in Maastricht, the Netherlands and gathered 189 participants.

Furthermore, two members of the EPA Section on Geriatric Psychiatry were appointed by the WHO Department of Mental Health and Substance Abuse to the Consultation Group on the Classification of Mental and Behavioural Disorders in Older Adults, which will report to the International Advisory Group for the Revision of ICD-10 Mental and Behavioural Disorders.





*Council of National Societies/Associations*



*Mariano Bassi, Chair of the EPA Council of NPAs*



*Itinerant CME Course, Riga*



*EPA Summer School*



*Cyril Höschl, EPA 2012 Prague LOC Chair*

# EPA COUNCIL OF NATIONAL SOCIETIES/ ASSOCIATIONS (NPAs)

## COUNCIL STATUS

At its meeting on 4 March 2012, the EPA Extraordinary General Assembly gave the EPA Council of National Societies/Associations (NPAs) its formal status within EPA.

## MEMBERS

By the end of 2012, the Council consisted of 33 members from 30 European countries:

Austria, Azerbaijan, Belarus, Belgium, Bosnia and Herzegovina, Czech Republic, Denmark, Finland, France, Germany, Greece, Hungary, Ireland, Israel, Italy, Latvia, Lithuania, The Netherlands, Norway, Poland, Portugal, Romania, Russia, Serbia, Slovak Republic, Slovenia, Spain, Switzerland, Turkey and United Kingdom.

## MISSION

The mission of the Council of NPAs is to support the general mission of the EPA and promote the highest possible quality of professionals, training and services for psychiatric patient care throughout Europe.

## EPA COUNCIL OF NPAS MEETINGS

The Council met three times in 2012.

In March, the Council met in Prague during the 20<sup>th</sup> European Congress of Psychiatry. Twenty-seven of the NPA members were present. The main outcomes from the meeting were:

- The election of the Steering Committee 2012:

Chair: Prof. Mariano Bassi,

Vice-chair: Prof. Rutger Jan van der Gaag,

Secretary: Prof. Marija Burgić-Radmanović



- The decision to invite observers of UEMS, WPA and WHO-Europe
- The creation of a Task Force on the Council's Rules of Procedures (RoP) to finalise the Council's structure and functioning.

In July, the Royal College of Psychiatrists hosted the Council's meeting in Liverpool.

Eight of the members were present. The main outcomes from the meeting in Liverpool were:

- The first draft of the Council's RoP
- The initiation of a survey on Quality Improvement Initiatives

In November, the German Association for Psychiatry and Psychotherapy hosted the Council's meeting in Berlin. Sixteen of the members were present. The main outcomes from the meeting were:

- The final Council's RoP to be included in the overall EPA RoP to be approved by the EPA Board
- Involvement of the Council in the EPA Guidance project
- The creation of two Working Groups: on parity of esteem and migration.



# EDUCATION

## COMMITTEE ON EDUCATION

The EPA Committee on Education, chaired by Prof. Henning Sass, EPA Secretary for Education, met in Prague and held its annual meeting on 21 September 2012 in the EPA Headquarters in Strasbourg (France). The Committee discussed issues of importance for the Academia for Excellence in European Psychiatry, such as EPA e-learning strategy, CME courses during the EPA Congress and Itinerant CME courses, the 3<sup>rd</sup> edition of EPA Academia Summer School and collaboration with partners like the European Union of Medical Specialists (UEMS) and the European Federation of Psychiatric Trainees (EFPT).

## ITINERANT CME COURSES

The EPA Itinerant CME programme was successfully continued in 2012: 9 CME courses were organised across Europe in collaboration with

EPA National Society/Association Members and other close partners:

- College of Psychiatry of Ireland
- European Forum of Psychiatric Trainees
- French Congress of Psychiatry
- Italian Psychiatric Association
- Latvian Psychiatric Association
- Psychiatric Association of Bosnia-Herzegovina

Three of the CME courses were organised during the Forum for European Young Psychiatrists in May 2012 in Sorrento (Italy), and two of the CME courses were held at the 3<sup>rd</sup> Congress of Psychiatrists of Bosnia and Herzegovina, organised by the Psychiatric Association of Bosnia-Herzegovina (PABH) in November 2012. Participant feedback was extremely positive, highlighting in particular the course structure, the clarity of presentations, up-to-date content, the excellent pedagogical performances of the course directors and overall interaction with the audience.

## ACADEMIA SUMMER SCHOOL

The 2<sup>nd</sup> EPA Academia Summer School took place on 5-8 July 2012 in Strasbourg (France), under the auspices of the Secretary General of the Council of Europe, Mr Thorbjørn Jagland. Strasbourg was selected to host this educational event not only because it is a capital of united Europe but also due to its symbolic significance for EPA: the place of creation of the association and the location of its headquarters.

The second Summer School focused on the problem of comorbidity between mental and physical disorders and disabilities as did the first edition, but with different sub-topics, since this issue has proved to be very important though less covered in psychiatric training curricula.

After careful selection, 25 Early Career Psychiatrists from 19 European countries were chosen

to participate in the course. Following a visit of the Council of Europe, the Opening Ceremony was held on the premises with the presence of distinguished guests: Professor Patrice Boyer (EPA President), Dr. Michel Singer (son of Léonard Singer, EPA Founder) and Mrs. Laurence Lwoff (Head of the Council of Europe's Division of Bioethics).

After the event, a group of Summer School scholars collaborated to write a short article about their experiences for the free communication pages of the *European Psychiatry Journal*. Recognising EPA Summer School as "one of the most successful educational activities on the international level in the field of psychiatry," the scholars commented upon various aspects of the programme, the knowledge gained and the new professional contacts made.





*School on Research Methodology, S. Stefano*

## EARLY CAREER PSYCHIATRISTS

### EARLY CAREER PSYCHIATRISTS COMMITTEE

The EPA Early Career Psychiatrists Committee (ECPC), chaired by Dr. Andrea Fiorillo and co-chaired by Dr. Umberto Volpe, met on 27-28 October 2012 in the EPA Headquarters in Strasbourg (France). The Committee discussed the current and future activities developed within the ECPC Action Plan 2011-2013 by the four ECPC Task Forces:

1. Meetings and Associations  
(chaired by Umberto Volpe)
2. Professional Development  
(chaired by Alexander Nawka)
3. Publications (chaired by Amit Malik)
4. Research  
(chaired by Martina Rojnic Kuzman)

## SCHOOL ON RESEARCH METHODOLOGY

The School on Research Methodology in Clinical and Social Psychiatry was organised by the ECPC on 12-15 April 2012 in S. Stefano in Sessanio (Italy), in partnership with the Association for the Improvement of Mental Health Programmes (AIMHP). The School gathered 25 highly promising early career psychiatrists (ECP) from Italy and other European countries. The course programme was highly interactive and practical, and was very positively evaluated by the course participants.

## FORUM FOR YOUNG PSYCHIATRISTS

A Forum for European Young Psychiatrists on "New Directions in Psychiatry" was organised by the EPA ECPC in Sorrento (Italy) on 23-25 May 2012. The most prominent European



## Research Prizes

“The greatest challenge for a young thinker is stating the case in a way that will allow

scientists shared their knowledge and expectations for mental health in the future to more than 400 young colleagues coming from almost every European country. During the Congress, several EPA past and present officers and many other internationally-renowned experts in the field of mental health interacted with young colleagues by providing plenary lectures, participating in open discussions, chairing poster sessions and joining in workshops and forums.

## ECPC PUBLICATIONS

The ECPC produced its first book in January 2012: “How to Succeed in Psychiatry: a Guide to Training and Practice” (editors A. Fiorillo, I. Calliess and H. Sass). This is an invaluable first-hand guide about the day to day issues that arise in psychiatry, with guidance on training, research, job opportunities, avoiding stress and continuing professional development. Designed for recently qualified psychiatrists or those looking to qualify soon, “How to

Succeed in Psychiatry” is not a source of clinical information but a survival guide to help young colleagues through the first years of their practice. In addition, several articles were published by the ECPC members in renowned international journals in 2012.

## ECPC SURVEYS

Several surveys were conducted by the ECPC in 2012:

- Questionnaire on trauma related disorders in training and practice of Early Career Psychiatrists
- Survey on statistics of Early Career Psychiatrists in Europe
- Survey on psychiatric training in Europe (in collaboration with the EFPT)
- Study on Interface between child and adult mental health services





challenge to any  
the problem in  
allow a solution.”

*Bertrand Russell*

**Scholarships**

## PRIZES AND AWARDS

### RESEARCH PRIZES 2012

The European Psychiatric Association awarded four Research Prizes of €2,500 each to Early Career Psychiatrists working in Europe, who published the best scientific papers in 2011. Out of 24 applications, the Research Prizes for 2012 were awarded to:

1. **Dr. Christel Middeldorp, NL**  
Clinical psychopathology and refinement of psychiatric diagnostic categories
2. **Dr. Oliver Howes, UK**  
Biological correlates and treatments of mental disorders
3. **Dr. Nestor Kapusta, AT**  
Psychiatric epidemiology, social psychiatry and psychotherapeutic interventions in mental disorders
4. **Dr. Paul Oliver Wilkinson, UK**  
Child & Adolescent Psychiatry

The prizes were awarded at the opening ceremony of the 20<sup>th</sup> European Congress of Psychiatry in Prague, Czech Republic on 3 March 2012.

### SCHOLARSHIP PROGRAMME 2012

EPA's Scholarship Programme is open to early career psychiatrists who are either trainees or within 5 years of completion of specialist training in psychiatry and who are working in countries that form part of the World Health Organisation Europe region. The Scholarship Programme includes free registration to the European Congress of Psychiatry (including invitations to the opening ceremony and ECP Luncheon), travel expenses, hotel accommodation, complimentary registration for one CME course and 1 year of free EPA membership.

Out of 51 applications, the 2012 scholarship was awarded to the following Early Career Psychiatrists and Trainees:

- **Ana Moscoso, Portugal**
- **Agnieszka Prymus, Poland**
- **Costin Roventa, Romania**
- **Claudia Palumbo, Italy**
- **Maja Pantovic, Serbia**



## COMMITTEE ON ETHICAL ISSUES

The EPA Committee on Ethical Issues was created in 2010 to produce position statements on ethical subjects, answer ethical questions addressed to EPA and conduct information and debate-generating activities concerning ethical problems and challenges faced by European Psychiatry. Within this mission, the Committee made a valuable contribution to the scientific programme of the 20<sup>th</sup> European Congress of Psychiatry by organising one special symposium and a workshop dedicated to Ethics in Psychiatry, both of which were very successful.

The Committee met on 22 July 2012 in Paris (France) to discuss its current and future projects, such as the Committee's involvement in the next EPA Congress, development of a Code of Ethics in European Psychiatry and other publications. A special symposium on ethical issues was proposed to be organised in autumn 2013 in Strasbourg in collaboration with the Council of Europe to celebrate EPA's 30<sup>th</sup> Anniversary.



## EUROPEAN PSYCHIATRY JOURNAL

*European Psychiatry*, the official journal of the EPA, was founded in 1986 by Patrice Boyer, Julien-Daniel Guelfi and Yves Lecrubier. The editorial office is located at the Centre of Psychiatry and Neurosciences, Sainte-Anne Hospital, Paris (France). The journal is published by Elsevier. In November 2004, Sophia Frangou, Philip Gorwood and Reinhard Heun became the Editors of *European Psychiatry*.

### BACKGROUND

Eight issues are published per year which amounts to between 80-100 articles on average. The articles cover the full diversity of psychiatric disorders and mental problems in all stages of life, functional and structural imaging, psychiatric epidemiology, psychometrics, neurocognition, cognitive impairment, social life, carer burden, psychopharmacology, psychotherapy, service delivery and improvement and many more.

This wide scope is aimed at encouraging the exchange of ideas and research within Europe and establishing an improved level of scientific communication within the international psychiatric community.

*European Psychiatry* endeavours not only to publish high level scientific original articles,

short communications and editorials, but also letters to the editor, EPA newsletters, book reviews, information on new regulations in Europe and conference calendars.

### KEY INFORMATION

- Dynamic presence in the field of psychiatry with Current Impact Factor (2011) at 2.766
- 5 year IF 3.005
- Immediacy index 0.558 (best to date)
- 107 articles published
- Ranked 47<sup>th</sup> in a list of 129 psychiatry/science journals
- Ranked 30<sup>th</sup> in a list of 117 psychiatry/social sciences journals
- Special issue on EPA Guidance Papers (February 2012).



## COLLABORATION WITH OTHER SOCIETIES

EPA is continuously developing collaborative activities and initiatives with other major psychiatric/ health-related organisations on European and International levels such as the European College of Neuropsychopharmacology (ECNP), World Health Organization (WHO), European Union (EU), European Union of Medical Specialists (UEMS), World Psychiatric Association (WPA), European Brain Council (EBC), European Federation of Psychiatric Trainees (EFPT), the European Conference on Schizophrenia Research (ECSR) and the Alliance for Biomedical Research in Europe.

In 2012, the EPA and its members were particularly involved with:

- Assisting in the development of the WHO European Mental Health Strategy and Action Plan
- Contributing to the EBC's Year of the Brain campaign
- Attending numerous meetings and events.

For more detailed information on all the collaborative activities in 2012, please see the calendar of activities at the end of the report.

## MEMBERSHIP

The EPA is an Association of National Society/Association Members; and of qualified individuals in the form of Individual Members, Fellows, Emeritus Members, Honorary Members, International Individual Members and Affiliate Members; and of Donor Members, and of Associate Organisations.

### KEY FIGURES

EPA is a community of 1990 individual psychiatrists and professionals in mental health care and 33 National Society/Association Members, both covering the interests of psychiatrists in academia, research and practice. EPA deals with psychiatry and its related disciplines and it focuses on the improvement of care for the mentally ill as well as on the development of professional excellence.

### RECRUITMENT

127 new members were recruited in 2012. Among them, 50% are Early Career Psychiatrists, 83% are Ordinary Members and 17% are International Members.

This amounts to an increase of 16.5% of new members as compared to last year (109 new

members in 2011). The EPA website remains a valuable recruitment tool as 97 applications were completed online, i.e. over 76% of the total applications.

About 20% of new members were recruited during the 20th European Congress of Psychiatry in Prague. **22% of EPA members are active members.**

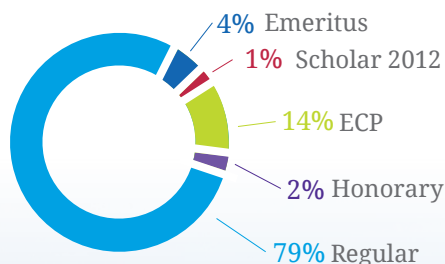
### MEMBERSHIP FEE

29% of the 2012 annual fees were paid via the online payment system on the EPA website: [www.europsy.net](http://www.europsy.net).

As compared to 2011, 61% of active members renewed the membership fee in 2012. 79% of the NPAs paid their membership fee before the end of 2012.



## ACTIVE MEMBERS CATEGORIES IN 2012



## MEMBERSHIP TASK FORCE

As members are core to EPA, a membership task force was put in place in 2012 in order to examine the current situation. The task force will continue its functions in 2013 to achieve the following aims:

- examine EPA membership benefits, members, fees statistics and EPA IT infrastructure in order to determine how to improve EPA's membership system and communication
- define the weaknesses of the current system
- find solutions for EPA to retain more members within all categories of members

The first priority of the task force was to run a membership survey among members, non-members and former members in order to understand their perceptions of the EPA membership offering. The survey was promoted through all of EPA's communication channels and collected 202 responses. A free lottery of a mini-Ipad was carried out among survey participants; the lucky winner was **Dr. Khaled Mostafa (UK)**.

At the end of 2012, the survey was closed and the preliminary results were compiled. In 2013, the membership task force will continue a more detailed analysis of the results, make recommendations to the EPA Board and oversee the implementation of its recommendations.

### Survey Participation by Country

All together, the survey participants came from **51 countries**. The following countries were the **top 6** represented in the responses:

	Croatia		Romania
	France		United Kingdom
	Italy		Germany

### Top 3 EPA Membership Benefits

- Discounted registration fee to the European Congress of Psychiatry
- Free online subscription to the *European Psychiatry Journal*
- Visibility on the European Psychiatric Network

## DATABASE AND PLATFORM

In March 2012, the EPA General Assembly agreed to the development of a new online platform for members in order to improve membership information and communication. Since then, the EPA Head Office has been working on this project under the supervision of the membership task force.

The platform will include a database where members can update their personal information without passing through EPA Head Office; it will also allow members to pay their membership fees, print receipts of payment, print membership certificates and connect with other members. The platform launch is planned for early 2013.



General Ass

# COMMUNICATION

## EPA WEBSITE

An important change occurred in 2012 in regards to EPA's website. Applications for EPA's Scholarship Programme and Research Prizes were previously submitted on paper and accordingly, the review process was carried out on paper.

For the Scholarship Programme and Research Prize winners awarded in 2012, the whole process from submission, review and notification was available by electronic means only at [www.epa-candidates.com](http://www.epa-candidates.com). Applications and review for EPA's Summer School were later integrated into this site as well. Just another way that EPA is going green!

## EPA'S PROFESSIONAL EUROPEAN PSYCHIATRIC NETWORK

In November 2011, EPA launched the European Psychiatric Network - [www.europsychiatric.com](http://www.europsychiatric.com) - a professional community that provides exclusive access to a vibrant online exchange of ideas and information about hot topic issues in the psychiatric field. In 2012, the Network design was upgraded and new features were added such as:

- Webcasts for viewing and discussion
- Member badge for EPA Members
- Forums for online discussion

At the end of the year, the European Psychiatric Network counted over 2080 fans (including Twitter followers). If you're not yet a fan, sign up today and get connected!

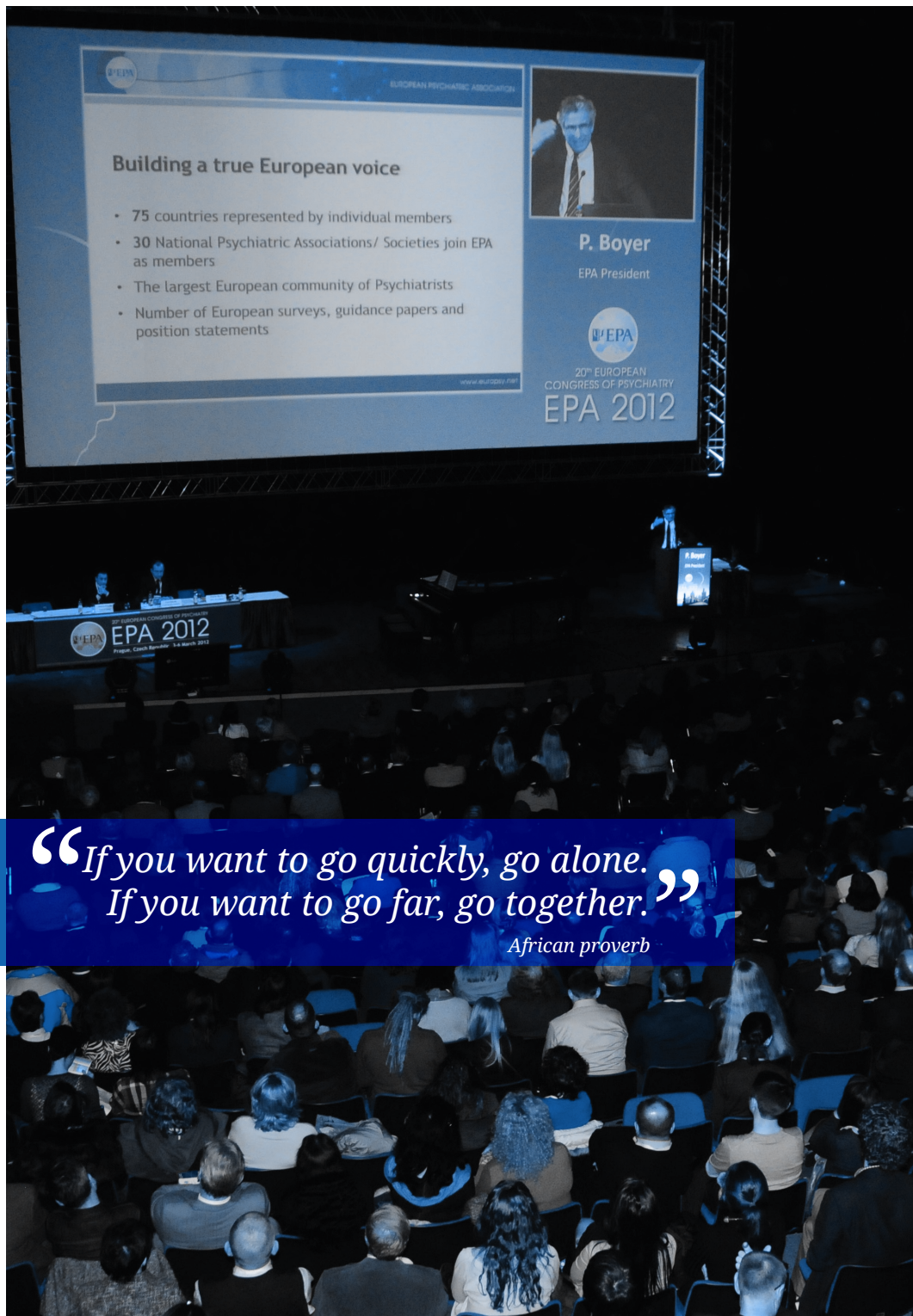
## EPA MINDS NEWSLETTERS

EPA has maintained its two newsletters throughout the year 2012. Two issues of the printed newsletter EPA Minds were produced - EPA Minds N°16 in June and EPA Minds N°17 in December.

Introduced in 2011, EPA Minds Online provides on a monthly basis information on EPA's important activities and projects, as well as on events and news in the field of European Psychiatry. In 2012, EPA produced thirteen issues of this electronic newsletter.







*“If you want to go quickly, go alone.  
If you want to go far, go together.”*

*African proverb*

## FINANCES

Since 2004, when the European Congress of Psychiatry became annual, the financial results were almost always positive, with the exception of 2008 and 2009. Therefore the assets have been steadily growing.

In 2012 the main source of income was the surplus of the 20<sup>th</sup> European Congress of Psychiatry in Prague. The actual result turned out to be better than expected, although not as good as for the previous congress in Vienna.

With the change of statutes, integrating the National Psychiatric Associations (NPAs) as full members of EPA, membership fees collected in 2012 brought a new type of income to EPA, which supported the organisation of meetings and the recruitment of a project manager dedicated to the Council of NPAs.

The Journal, published by Elsevier, brings revenue through annual royalties and negotiated supplements.

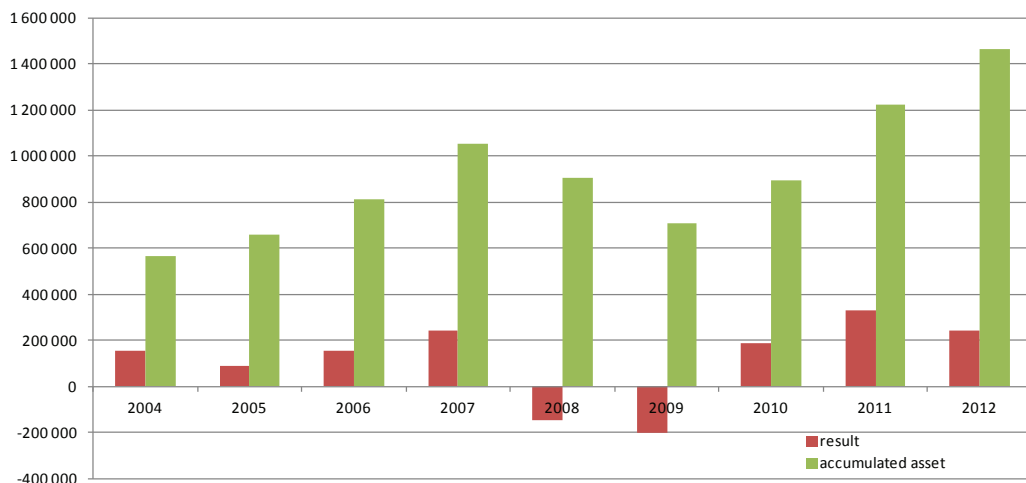
On the other hand the EPA expenses were sensibly controlled and even reduced: the Committee on Education organised fewer CME Itinerant courses than foreseen and decided not to organise any Faculty Workshop in 2012. Moreover the 2<sup>nd</sup> Summer School (Strasbourg) was less costly than the first edition.

There were more EPA Committee meetings in 2012 than in previous years, mostly due to the increased number of committees and to the consultations required for the revision of statutes and of rules of procedures.

2 out of 4 staff members changed in 2012, but the number of 4 full-time positions remained thanks to an efficient recruitment. In addition, the Board approved a part-time position for project manager - NPAs, which was implemented in October.

In conclusion 2012 was a good year for EPA, enabling flourishing activities, yet with a tight control of expenses.

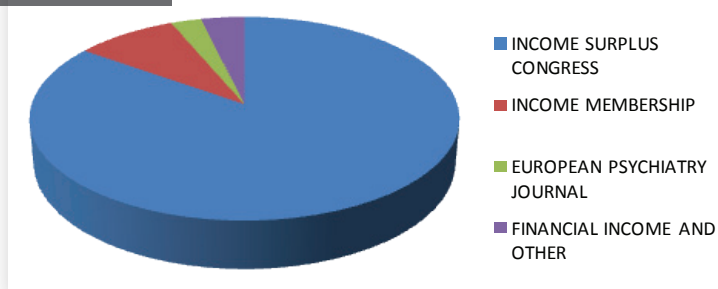
EPA annual result & accumulated assets since 2004



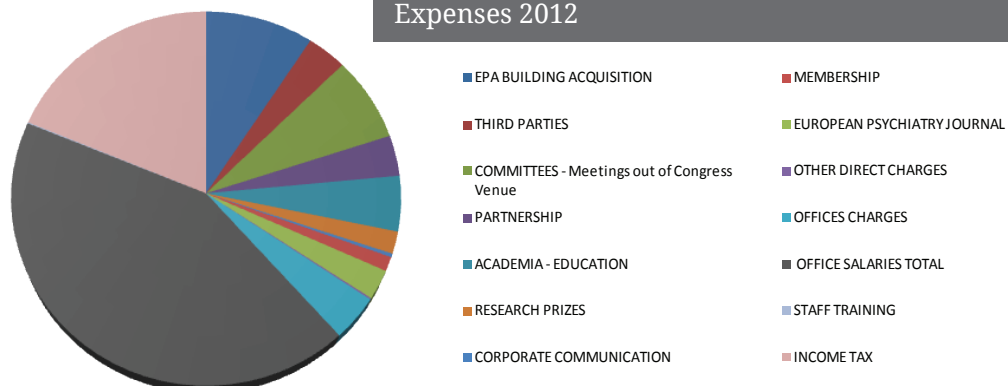
## EPA - BUDGET RESULT 2012

CATEGORIES	Approved at GA 2012	Result 2012
<b>INCOME</b>		
<b>SURPLUS CONGRESS</b>	<b>631 576</b>	<b>691 084</b>
Annual membership fees (individual)	42 000	43 069
Corporate membership Servier	2 000	2 000
National Psychiatric Associations	7 000	26 145
<b>TOTAL MEMBERSHIP</b>	<b>51 000</b>	<b>71 214</b>
<b>EUROPEAN PSYCHIATRY JOURNAL</b>	<b>10 000</b>	<b>21 241</b>
<b>FINANCIAL INCOME AND OTHERS</b>	<b>11 026</b>	<b>30 589</b>
<b>GRANTS</b>	<b>0</b>	<b>0</b>
<b>INCOME TOTAL</b>	<b>703 602</b>	<b>814 128</b>

### Sources of income 2012



### Expenses 2012



# EPA - BUDGET RESULT 2012

CATEGORIES	Approved at GA 2012	Result 2012
<b>EXPENSES</b>		
<b>EPA BUILDING ACQUISITION</b> (loan and depreciation)	58 500	52 835
<b>THIRD PARTIES</b> (lawyer, accountant, translator)	17 500	19 514
Board meeting Prague 2012 (under congress)	0	0
EC meetings Jan-May-Dec 2012	10 000	9 416
SPC (covered by Congress budget)	0	0
Committee on Ethics Paris July 2012 (joint with SPC)	-	3 282
Early Career Psychiatrists - meeting + brochure and TF teleconf	4 500	6 544
Committee Education Strasbourg Sept 2012	4 500	2 797
Task Force EPA NPAs revision of statutes and RoP	400	5 555
Council of NPAs meetings: Liverpool - Berlin	-	2 639
Council of NPAs adm support (project manager) oct-dec 2012	-	11 788
<b>COMMITTEES</b>	19 400	42 022
<b>PARTNERSHIP</b> (EBC, UEMS, Council of Europe, others)	16 150	20 111
CME Honorarium and travels (9 courses in 2012)	16 000	11 088
Summer school Strasbourg 2012 (incl. Scholarships, honorarium, promotion)	25 000	17 699
Summer school Nice 2011 carry back		-1 425
<b>ACADEMIA - EDUCATION TOTAL</b>	47 000	27 362
<b>GUIDANCE</b>	0	0
<b>RESEARCH PRIZES</b>	10 920	11 007
<b>CORPORATE COMMUNICATION</b>	3 262	1 735
<b>MEMBERSHIP</b> (newsletter and development database 1st phase)	17 000	7 090
<b>EUROPEAN PSYCHIATRY JOURNAL</b> subscriptions	18 200	14 754
<b>OTHER DIRECT CHARGES</b> (taxes)	9 177	733
<b>OFFICES CHARGES</b>	25 100	22 397
<b>STAFF SALARIES AND CHARGES</b>	273 268	245 266
<b>STAFF TRAINING</b>	274	482
<b>EXPENSES TOTAL</b>	515 751	465 308
Result before tax	187 852	348 820
Income tax	-62 617	-107 238
<b>NET RESULT</b>	125 234	241 582

# CALENDAR OF EPA ACTIVITIES AND INTERNAL MEETINGS

12 January, Paris, FRANCE

**EPA 2013 Nice Preliminary Working Group Meeting.**

13 January, Paris, FRANCE

**EPA Executive Committee Meeting.**

22 February, Brussels, BELGIUM

**EBC Board Meeting.**  
Prof. Boyer represented EPA

3-6 March, Prague, CZECH REPUBLIC

**20<sup>th</sup> European Congress of Psychiatry.**

12-15 April, S. Stefano, ITALY

**ECP School on Research Methodology in Clinical and Social Psychiatry.** Organised by the Association for the Improvement of Mental Health Programmes (AIMHP) under EPA patronage

19-21 April, Bergen, NORWAY

**UEMS Section and Board of Psychiatry Meeting.**  
Prof. Sass represented EPA

4 May, Paris, FRANCE

**EPA 2013 Nice SPC Meeting.**

5 May, Paris, FRANCE

**EPA Executive Committee Meeting.**

18 May, Riga, LATVIA

**EPA CME course on "Delusions - Diagnosis and Treatment," by M. Musalek.**  
In collaboration with the Latvian Psychiatric Association

23-25 May, Sorrento, ITALY

**New Directions in Psychiatry Forum.**  
Organised by the EPA Early Career Psychiatrists Committee (ECPC) under EPA patronage

25 May, Sorrento, ITALY

**EPA CME course on "Basics in clinical psychiatric research methodology" by C. Lauber**

**EPA CME course on "Complaints, litigation and malpractice: how to survive as a psychiatrist," by J. Beezhold and J. Wise**

**EPA CME course on "How to make professional choices in psychiatry" by U. Volpe**  
In collaboration with the European Forum of Psychiatric Trainees (EFPT)

1 June, Brussels, BELGIUM

**EBC Board Meeting.**  
Prof. Boyer represented EPA

3-7 June, Stockholm, SWEDEN

**28<sup>th</sup> CINP Congress: EPA Booth.**

20-23 June, Pula, CROATIA

**European Psychopathology Summer School.** Organised by the International Neuropsychiatric Pula Congress under EPA patronage.

26 June, Paris, FRANCE

**EPA Editorial meeting.**

5-8 July, Strasbourg, FRANCE

**2<sup>nd</sup> EPA Academia Summer School on "Comorbidity between mental and physical disorders and disabilities."**





9 July, Liverpool, UNITED KINGDOM

**EPA Council of NPAs meeting**, hosted by the Royal College of Psychiatrists.

21 July, Paris, FRANCE

**EPA 2013 Nice SPC Meeting.**

22 July, Paris, FRANCE

**EPA Committee on Ethical Issues Meeting.**

3-6 September, Tel Aviv, ISRAEL

**14<sup>th</sup> European Symposium of Suicide & Suicidal Behaviour (ESSSB14).** Organised by ESSSB under EPA patronage

5 September

**Membership Task Force teleconference.**

13 September, Brussels, BELGIUM

**EBC Board Meeting and General Assembly.** Prof. Boyer and Prof. Höschl represented EPA

21 September, Strasbourg, FRANCE

**EPA Committee on Education meeting.**

25-28 September, Bilbao, SPAIN

**XVI National Congress of Psychiatry.** Organised by the Spanish Society of Psychiatry under EPA patronage

27-29 September, Minsk, BELARUS

**Young Psychiatrists Network Meeting.** Dr. Nawka represented EPA

27-29 September, Dublin, IRELAND

**UEMS Section and Board of Psychiatry Meeting.** Prof. Sass represented EPA

4 October, Dublin, IRELAND

**EPA CME Course on "Management of eating disorders" by J. Treasure**  
In collaboration with the College of Psychiatry of Ireland

8-9 October, Milan, ITALY

**EPA CME Course on "Suicide Risk Assessment" by M. Sarchiapone and V. Carli**  
In collaboration with the Italian Psychiatric Association

12-15 October, Tuzla, BOSNIA-HERZEGOVINA

**Third Congress of Psychiatry in Bosnia and Herzegovina.** Organised by the Psychiatric Association of Bosnia-Herzegovina (PABH) under EPA patronage

13 October, Tuzla, BOSNIA-HERZEGOVINA

**EPA CME Course on "Complexity of post-traumatic reactions" by T. Franciskovic, D. Briftić and J. Grković**

**EPA CME Course on "Psychosis-proneness: clinical assessment of vulnerability" by A. Raballo.**

In collaboration with the Psychiatric Association of Bosnia-Herzegovina (PABH)

13-17 October, Vienna, AUSTRIA

**25<sup>th</sup> ECNP Congress: EPA Booth and EPA educational update session on "The True Unmet Needs in the Therapeutic Armamentarium Seen from a Clinical Perspective";** moderated by Prof. Patrice Boyer and Prof. Guy Goodwin.

*Speakers:*

Prof. István Bitter: The unmet needs in the treatment of schizophrenia  
Prof. Siegfried Kasper: The unmet needs in the treatment of unipolar depression  
Prof. Philip Gorwood: The unmet needs in the treatment of alcohol dependence



14 October, Vienna, AUSTRIA

**Meeting of the Task Force on Rules of Procedures.**

17-21 October, Prague, CZECH REPUBLIC

**WPA International Congress: EPA Booth.**

18-20 October, Berlin, GERMANY

**CME-Workshop in Consultation-Liaison Psychiatry and Psychosomatics.**

Organised by Prof. Diefenbacher (KEH Berlin) under EPA patronage.

27-28 October, Strasbourg, FRANCE

**EPA Early Career Psychiatrists Committee (ECPC) meeting**

2 November, Strasbourg, FRANCE

**Business meeting with EPA Secretary for Sections, Prof. Musalek**

16 November, Brussels, BELGIUM

**Annual General Meeting of the Alliance for Biomedical Research in Europe.**

Prof. Galderisi represented EPA.

21-24 November, Berlin, GERMANY

**DGPPN 2012 Congress: EPA Booth.**

22 November, Berlin, GERMANY

**EPA Council of NPAs meeting**, hosted by the German Association for Psychiatry and Psychotherapy (DGPPN).

26 November, Paris, FRANCE

**EPA 2014 Munich Preliminary Working Group Meeting.**

28 November - 1 December, Paris, FRANCE

**French Congress of Psychiatry: EPA Booth and EPA's Thematic Session** chaired by Prof. Baumann.

29 November, Paris, FRANCE

**EPA CME Course on "Problem solving in psychopharmacotherapy using pharmacokinetic and pharmacogenetic tests" by P. Baumann and E. Jaquenoud Sirof**  
In collaboration with the French Congress of Psychiatry.

6 December, Brussels, BELGIUM

**EBC Board Meeting.** Prof. Höschl represented EPA.

18 December, Paris, FRANCE

**EPA Executive Committee Meeting.**

## SECRETARIAT

### EPA HEAD OFFICE STAFF

**Chief Executive Officer:** Caroline Martin

**Project Manager - Education, Ethics, ECPC:**  
Zhanna Zhussupova

**Project Manager - Events & Communication:**  
Katie Luck

**Project Manager - NPAs:** Maria Vrijmoed-de Vries

**Administrative Assistant:** Tania Braulio

*EPA wishes farewell to two valuable staff members:  
Marika Ylitalo (Communication Officer) and  
Aurélie Laurent (Assistant).*

### ANNUAL REPORT EDITORS

Caroline Martin

Katie Luck

Design by the Untamed Business Utopians [UBU].





# EPA ANNUAL REPORT 2012



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