



EPA COURSE TITLE	The ABC of the clinical-diagnostic interview
COURSE DIRECTOR	Peter Handest, Denmark
COURSE CO-DIRECTORS	Andrea Raballo, Norway
COURSE LEVEL	Basic
EDUCATIONAL INTENTIONS/ COURSE OUTCOMES	<ul style="list-style-type: none">- Improved awareness of technical and interpersonal components of the optimal clinical interview.- Improved understanding of its value within the overall diagnostic process.- Improved skills and confidence in clinical diagnostics.- Understanding of its potential for shared decision-making.- Raised awareness of the importance of continued training of clinical interviewing skills.
COURSE DESCRIPTION	<p>The diagnostic interview remains at the heart of clinical psychiatric practice. It consists of a dialogue between two subjects with the common goal of clarifying symptoms and diagnosis. It is precisely within such dialogic setting that the manifold diversity of psychopathological phenomena emerges, often beyond the descriptive boundaries of diagnostic glossaries. Indeed, the interview is a vital prerequisite to treatment and invariably sets the tone for the therapeutic alliance. The course will therefore address foundational aspects of the psychiatric interview, focusing on strategic-technical aspects as well as relational-empathic skills.</p> <p>The course will also provide concrete advices, tips and tricks from experienced interviewers and patients. Key learning points will be: 1. how to establish an atmosphere of interpersonal trust and to initiate the diagnostic process, 2. how to ask “the right questions”, 3. how to explore the meaning behind common language phrases like “I feel depressed” or “I have had a nervous breakdown”, 4. how to discriminate between normal experience, morbid phenomena and psychosis, and 5. how to choose the best diagnostic tools and instruments.</p>
PREREQUISITE KNOWLEDGE	The course adopts an interactive and multimedia approach to facilitate active engagement in a friendly environment. It extensively relies on participatory learning to empower the participants and enrich the mutual educational exchange.
COURSE METHODS AND MATERIAL	Small group discussions - Case studies - Role play - Vignette - Debate - Video - Slides - Handouts
TARGET AUDIENCE	Early career psychiatrist working in clinical settings or research
RECOMMENDED READINGS	Psychiatric interviewing. The art of understanding. 2nd. Edition. Shawn C. Shea, W.B.Saunders Group 1999, Philadelphia, US. The psychiatric interview: validity, structure, and subjectivity. Nordgaard J, Sass, L.A, Parnas J. Eur Arch Psychiatry Clin Neuroscience, Springer. 2012, Online published 23 September 2012. DSM5™ handbook of differential diagnosis. First M, American Psychiatric Publishing, Arlington 2014
LANGUAGE(S)	English, Danish, Italian