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| EPA COURSE TITLE | Forcibly displaced people and mental health: basic knowledge and skills for psychiatrists/mental health workers |
| COURSE DIRECTOR | Levent Küey, Turkey |
| COURSE CO-DIRECTORS | Marianne C Kastrup, Denmark Meryam Schouler-Ocak, Germany |
| COURSE LEVEL | Basic |
| EDUCATIONAL INTENTIONS/ COURSE OUTCOMES | <ul style="list-style-type: none">- Learn nosology of forced displacement- Identify main traumatic events and risk factors- Identify the special risk groups and their particular needs- Evaluate and compare the related mental health problems and disorders- Explain the opportunities and limits of existing mental health services- Discuss scientific and ethical issues related to forced displacement |
| COURSE DESCRIPTION | <p>In 2016, it is estimated that over 65.3 million persons were forcibly displaced due to wars, armed conflicts, persecution, and human rights violations. Mental health problems that forcibly displaced people experience constitute a serious public and mental health problem. A large proportion of refugees and asylum seekers residing in Europe suffer from the consequences of traumatic events and exhibit mental disorders including, but not limited to, trauma related disorders. The European Psychiatric Association (EPA) considers as one of its major tasks to raise awareness on this important problem and outline strategies for how its member societies and the psychiatric profession at large may contribute to managing these challenges. This course, organized by the “EPA Task Force on Needs of Refugee and Asylum Seeker Patients in Europe” aims to increase awareness, basic knowledge and skills of the psychiatrists and other mental health workers.</p> <p>The following issues will be addressed during this course: (i) basic nosology related to the forcibly displaced people; (ii) evidence on the current dimensions of problem; (iii) physical and psychological traumas, including sexual abuses, related to the displacement process; (iv) mental health situation and needs of specific risk groups among the forcibly displaced people; (v) current evidence on the mental health consequences and related psychiatric disorders; (vi) culturally sensitive clinical interview and assessment techniques; (vii) evaluation of the current situation of mental health care provision including a review of the opportunities and limits of existing mental health services for the forcibly displaced people.</p> |
| PREREQUISITE KNOWLEDGE | General knowledge of description, explanation and treatment of mental disorders and related psychosocial risk factors. |
| COURSE METHODS AND MATERIAL | Role play - Debate - Video - Slides - Handouts |
| TARGET AUDIENCE | N/A |



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| <p>RECOMMENDED READINGS</p> | <p>*Bhugra D, Gupta S, Schouler-Ocak M, Graeff-Callies I, Deakin NA, Quershi A, Dales J, Moussaoui D, Kastrup M EPA Guidance Paper 2014. * Jefee-Bahloul H, Bajbouj M, Alabdullah J, et al. Mental health in Europe's Syrian refugee crisis. <i>Lancet Psychiatry</i>. 2016 Apr;3(4):315-7. *Kazour F, Zahreddine NR, Maragel MG, et al. Post-traumatic stress disorder in a sample of Syrian refugees in Lebanon. <i>Compr Psychiatry</i>. 2016 Sep 24;72:41-47. *Küey L. Trauma and Migration: The Role of Stigma, in <i>Trauma and Migration</i> (ed: Schouler-Ocak Meryam) Springer, 2015, pp: 57-69. *Laban CJ, Komproe IH, Gernaat HBPE, et al. Impact of a long asylum procedure on quality of life, disability and physical health in Iraqi asylum seekers in the Netherlands. <i>Soc Psychiatry Psychiatr Epidemiol</i>. 2008;43:507-515. *Nicolai T, Fuchs O, von Mutius E. Caring for the wave of refugees in Munich. <i>N Engl J Med</i>. 2015;373:1593-95 *Priebe S, Giacco D, ElNagib R. Public health aspects of mental health among migrants and refugees: a review of the evidence on mental health care for refugees, asylum seekers and irregular migrants in the WHO European Region. Copenhagen: WHO RO-Europe; 2016 (Health Evidence Network (HEN) Synthesis Report 47). *Psarros C, Malliori M, Theleritis C, Martinaki S, Bergiannaki JD. Psychological support for caregivers of refugees in Greece. <i>Lancet</i>. 2016 Jul 9;388(10040):130. Schouler-Ocak M, Graef-Calliess IT, Tarricone I, Qureshi A, Kastrup M, Bhugra D. EPA Guidance on Cultural Competence Training. <i>Eur Psychiatry</i> 2015 Mar;30(3):431-40. *Schouler-Ocak M, Kastrup MC (2015). Refugees and asylum seekers in Europe. <i>Die Psychiatrie</i>; 12: 241-246.</p> |
| <p>LANGUAGE(S)</p> | <p>English</p> |