



EPA COURSE TITLE	Infant Psychiatry; Its relevance to Adult Psychiatry
COURSE DIRECTOR	Miri Keren, Israel
COURSE CO-DIRECTORS	N/A
COURSE LEVEL	Basic
EDUCATIONAL INTENTIONS/ COURSE OUTCOMES	To give the participant basic knowledge in infant psychiatry for understanding the link between brain development, early childhood experiences, continuities and discontinuities of psychopathological entities from infancy to adulthood, and what infant research may contribute to adult psychotherapeutic transference processes.
COURSE DESCRIPTION	We will start with a clinical case that illustrates the relevance of looking at Adult psychiatry through the lens of Infant psychiatry. It will also open up core concepts, such as the impact of early experiences in general, and attachment experiences in particular, on brain development and development of a theory of mind and empathy. Concepts of resilience, vulnerability, bio-psycho-social risk and protective factors will also be explored in length. Empirical data on continuities and discontinuities of several disorders from infancy to adulthood will be presented. Through these basic concepts, we will show how infant psychiatry is linked to prevention of adult psychopathology, and how the early attachment experiences reflect themselves in the psychotherapeutic process. We will end up with another clinical vignette, to illustrate the basic concepts learned in the first part: A clinical case will be presented to show the development of borderline personality disorder from early childhood to adulthood, its transgenerational transmission to the offspring through disturbed attachment relationship, and some of the processes that took place during the dyadic mother-infant psychotherapy. We will show how parenthood can become a new motivation for change.
PREREQUISITE KNOWLEDGE	N/A
COURSE METHODS AND MATERIAL	The course will be based on power point slides, and one video clip, together with handouts of most of the material. The course will be interactive as much as possible.
TARGET AUDIENCE	The course applies who any adult psychiatrist who is interested in the relatively new field of developmental psychopathology.
RECOMMENDED READINGS	N/A
LANGUAGE(S)	English