



EPA COURSE TITLE	(Flexible) Assertive community treatment
COURSE DIRECTOR	Niels Mulder, Netherlands
COURSE CO-DIRECTORS	Michiel Bahler, Netherlands
COURSE LEVEL	Basic
EDUCATIONAL INTENTIONS/ COURSE OUTCOMES	The aims of this CME course are to discuss the basics of Assertive Community Treatment (ACT) and an adaptation of ACT: Flexible ACT (FACT). ACT and FACT are evidence based models for integrated outpatient treatment of patients with severe mental illness. After the course the attendants have knowledge about the effects of (F)ACT, different target groups (adults, first episode psychosis patients, children &, adolescents, forensic, addiction), service model and (working) ingredients of (F)ACT and issues regarding teamwork, implementation and model fidelity.
COURSE DESCRIPTION	ACT and FACT are service delivery models for providing integrated and assertive outpatient care for (difficult to engage) patients with severe mental illness. ACT is included in international guidelines as an effective intervention for this target group. FACT is a newly developed model, based upon ACT, and can be offered to all SMI patients. The course will start with providing information about the history of the (F)ACT model, its ingredients, target groups and effects. We will discuss research findings, including the association between model fidelity and outcome, as well as clinical experience working with (F)ACT teams. Implementation and training of (F)ACT for different target groups will be discussed based upon evidence-based and practical guidelines, long-term experiences, model fidelity, and certification.
PREREQUISITE KNOWLEDGE	N/A
COURSE METHODS AND MATERIAL	Small group discussions ; case studies ; vignette ; debate ; slides ; handouts
TARGET AUDIENCE	N/A
RECOMMENDED READINGS	1. Burns T. et al. Deconstructing home-based care for mental illness: can one identify the effective ingredients? Acta Psychiatrica Scandinavica 2006; 113:33-35 2. Veldhuizen JR van. FACT: a Dutch version of ACT. Community Mental Health Journal 2007; 43:421-433 3. Bond GR, Drake RE. Should we adopt the Dutch version of ACT? Commentary on 'FACT: a Dutch version of ACT'. Community Mental Health Journal 2007; 43:435-438 4. Vught van MD, Kroon H, Delespaul P, Dreef F, Nugter A, Roosenschoon BJ, Weeghel J, Zoeteman J, Mulder CL. Assertive community treatment in the Netherlands. Outcome and model fidelity. Canadian Journal of Psychiatry 2011; 56:154-160
LANGUAGE(S)	English