



EPA COURSE TITLE	Diagnosis and management of mental illness in people with intellectual disability- what is different?
COURSE DIRECTOR	Bhathika Perera, UK
COURSE CO-DIRECTORS	N/A
COURSE LEVEL	Advanced
EDUCATIONAL INTENTIONS/ COURSE OUTCOMES	<ol style="list-style-type: none">1. Ability to diagnose intellectual disability in adults.2. Ability to recognise and diagnose how common mental illnesses are presented differently in people with ID3. Ability to treat common mental illnesses in people with intellectual disability and how these treatments can be different from people without ID.4. Assess and manage challenging behaviour in people with ID.5. Understand comorbidity of other Neurodevelopmental disorders such as Autism and ADHD in ID population.
COURSE DESCRIPTION	<p>Prevalence of mental disorders among adults with intellectual disabilities (ID) is higher than in the general population. Studies have shown that depression, anxiety, Psychosis and mood disorders are highly prevalent in this patient group. The other biggest challenge in this patient group is challenging behaviour.</p> <p>Diagnosis of mental illness can be challenging in this patient group. For an example, people with ID and depression can present with challenging behaviour rather than with depressive symptoms. Communication difficulties in patients with ID further make the diagnosis challenging. This leads to under diagnosis or misdiagnosis of mental disorders in the ID population leading to inappropriate treatment.</p> <p>Although pharmacological psychological and social treatment principles are similar to non ID population such treatments need to be adapted to individuals with ID. Therefore it is important for psychiatrists to have a wider understanding of presentation and treatment of mental illness in patients with ID.</p> <p>Neurodevelopmental disorders such as autism and ADHD are highly prevalent in people with ID. These conditions need to be considered in people with ID when assessing and treating for mental illness.</p> <p>This workshop will address above issues.</p>
PREREQUISITE KNOWLEDGE	Participants need be able to assess and treat mental illness in non-intellectual disability population.
COURSE METHODS AND MATERIAL	Case studies Video Slides Handouts
TARGET AUDIENCE	N/A
RECOMMENDED READINGS	N/A
LANGUAGE(S)	English