



EPA COURSE TITLE	Cultural Competence Training – how to work with immigrant, refugee and asylum seeker patients
COURSE DIRECTOR	Meryam Schouler-Ocak, Germany
COURSE CO-DIRECTORS	Iris T Graef-Calliess, Germany
COURSE LEVEL	Basic
EDUCATIONAL INTENTIONS/ COURSE OUTCOMES	<ul style="list-style-type: none">- interact in an intercultural setting effectively;- develop a therapeutic relationship with a culturally different patient and the ability to adapt diagnosis and treatment in response to cultural differences between the psychiatrist and the patient;- use technical competence or skills in applying the knowledge in the clinical context;- how to work with interpreters.
COURSE DESCRIPTION	<p>With increasing globalization and movement of people across national boundaries, it has become important that service providers are aware of the different needs of the immigrant, refugee and asylum seeker patients they look after. There is increasing evidence that the stress of migration may contribute to the development of psychiatric disorders in vulnerable individuals. Global migration and the increasing number of immigrants, refugees and asylum seekers to Europe imply that psychiatrists and patients may come from different cultures. The inclusion of cultural competence into psychiatric-psychotherapeutic training and practice is therefore a matter of growing relevance. Knowledge by itself is abstracted from the actual clinical context and is insufficient for the development of an effective therapeutic interaction in an intercultural setting. Technical competence or skills are essential in applying the knowledge in the clinical context. These key skills include a proficiency in intercultural communication, the capacity to develop a therapeutic relationship with a culturally different patient, and the ability to adapt diagnosis and treatment in response to cultural differences between the psychiatrist and the patient. Psychiatrists need to learn today how to act in their roles as medical experts with cultural competences. These skills explore the awareness of differences – but also similarities – between cultures and their role in the expression and explanation of mental distress.</p> <p>In this academic educational course, some of the key issues related to cultural competence, and cultural competence training, how to work with interpreters, and how to deal with these, with a focus on psychiatrists will be in outline.</p>
PREREQUISITE KNOWLEDGE	Medical experts in the field of psychiatry and psychotherapy
COURSE METHODS AND MATERIAL	Small group discussions Case studies Role play Vignette Debate Slides Handouts
TARGET AUDIENCE	Medical experts in the field of psychiatry and psychotherapy
RECOMMENDED READINGS	<ul style="list-style-type: none">- Schouler-Ocak M, Graef-Calliess IT, Tarricone I, Qureshi A, Kastrup M, Bhugra D. EPA Guidance on Cultural Competence Training. Eur Psychiatry 2015 Mar;30(3):431-40.- Bhugra D, Gupta S, Schouler-Ocak M, Graeff-Calliess I, Deakin NA, Qureshi A, Dales J, Moussaoui D, Kastrup M, Tarricone I, Till A, Bassi M, Carta M. EPA Guidance mental health care of migrants. Eur Psychiatry. 2014 Feb;29(2):107-15.
LANGUAGE(S)	English, German, Turkish