



<b>EPA COURSE TITLE</b>	<b>Introduction in the assessment of clinical high risk (chr) criteria of psychoses recommended by EPA guidance project</b>
<b>COURSE DIRECTOR</b>	<b>Frauke Schultze-Lutter, Germany</b>
<b>COURSE CO-DIRECTORS</b>	N/A
<b>COURSE LEVEL</b>	Basic
<b>EDUCATIONAL INTENTIONS/ COURSE OUTCOMES</b>	To better understand and screen for clinical high-risk states of psychoses.
<b>COURSE DESCRIPTION</b>	<p>Today, the early detection of psychoses prior to their first episode mainly relies on either or both of two clinical high risk (CHR) approaches:</p> <p>(1) The ultra-high risk (UHR) criteria that are alternatively based on attenuated positive symptoms (APS), brief limited psychotic symptoms (BIPS) and a combination of genetic risk and functional decline (GRFD).</p> <p>(2) The partially overlapping basic symptom criteria, cognitive-perceptive basic symptoms (COPER) and cognitive disturbances (COGDIS).</p> <p>A first meta-analysis of the conversion rates to psychosis associated with the single CHR criteria in help-seeking CHR samples indicated that three of the five CHR criteria seem to possess sufficient evidence as predictors of psychoses: APS, BLIPS and COGDIS. Based on these results, these were recommended for an early detection of psychosis by the European Psychiatric Association (EPA) in 2015 as part of its Guidance project.</p> <p>As an activity of the EPA section „Prevention of Mental Disorders“, the course will introduce the assessment of the nine basic symptoms of COGDIS according to the Schizophrenia Proneness Instrument, Adult (SPI-A) and Child and Youth version (SPI-CY), respectively, as well as the assessment of APS and BLIPS according to the Structured Interview for Psychosis-Risk Syndromes (SIPS) and the Comprehensive Assessment of At-Risk Mental States (CAARMS), respectively. Furthermore, it will convey additional recommendations of the EPA Guidance on the detection of a CHR state of psychosis on age, functioning and training.</p>
<b>PREREQUISITE KNOWLEDGE</b>	Participants should have some basic understanding of psychoses.
<b>COURSE METHODS AND MATERIAL</b>	Vignette   Slides   Handouts
<b>TARGET AUDIENCE</b>	N/A
<b>RECOMMENDED READINGS</b>	N/A
<b>LANGUAGE(S)</b>	English, German