



<b>EPA COURSE TITLE</b>	<b>Suicide prevention: from the evaluation of suicidal risk to diagnosis and treatment</b>
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<b>COURSE LEVEL</b>	Basic
<b>EDUCATIONAL INTENTIONS/ COURSE OUTCOMES</b>	The improvement of knowledge in caregivers, with the aim of integrating different perspectives in identifying, evaluating and treating suicidal patients
<b>COURSE DESCRIPTION</b>	<p>A large proportion of suicidal behaviour can be prevented, particularly in cases associated with mental disorders. We have now evidence that treatment of affective disorders, anxiety disorders, alcoholism, psychoactive substance misuse, schizophrenia and other psychosis can reduce suicide.</p> <p>There is evidence about the efficacy of pharmacological and psychological treatment of psychiatric and personality disorders in preventing suicide. However, before adequate treatment can be administered, a careful diagnostics procedure and evaluation of suicide risk is a prerequisite. Systematic clinical assessment of suicide risk is one of the most difficult tasks in psychiatric practice.</p> <p>Evaluation of suicidal risk involves assessment of suicidal intent, previous suicide attempts, underlying psychiatric disorders, the patients' personality, the social network, suicide in the family or among acquaintances as well as the patient's suicidal communication. Suicide risk assessment should take place on several levels and relate to the patient, the family and social network and also to the availability of treatment, rehabilitation and prevention resources in the community.</p>
<b>PREREQUISITE KNOWLEDGE</b>	Clinical experience with suicidal patients
<b>COURSE METHODS AND MATERIAL</b>	Small group discussions; case studies; role play; vignette; slides; handouts
<b>TARGET AUDIENCE</b>	Psychiatrist, GP and physician from the most diverse medical specialties who are interested in extending their knowledge and expertise in suicide and suicidal, self-harming and aggressive behaviours.
<b>RECOMMENDED READINGS</b>	<ul style="list-style-type: none"><li>- Wasserman D, Rihmer Z, Rujescu D et al. The European Psychiatric Association (EPA) guidance on suicide treatment and prevention. Eur Psychiatry. 2012;27:129- 141.</li><li>- Wasserman D, Wasserman C. Oxford Textbook of Suicidology and Suicide Prevention: a Global Perspective. Oxford: Oxford University Press; 2009</li></ul>
<b>LANGUAGE(S)</b>	English, Spanish, Italian