



Brief CV for Helen Killaspy, 2019

Helen Killaspy is Professor and Honorary Consultant in Rehabilitation Psychiatry at University College London and Camden and Islington NHS Foundation Trust in the UK. She leads national and international programmes of research that focus on the assessment of quality of care for people with complex mental health problems and the evaluation of complex interventions for this group.

She commenced her training in psychiatry in 1994 at the Royal Free Hospital in North London and during this time spent a year working in New Zealand and Australia which influenced her interest in international models of mental health care. After gaining her membership of the Royal College of Psychiatrists in 1997, she pursued research into the outcomes for people who drop-out of psychiatric outpatient contact, achieving her PhD from the University of London in 2001. She went on to lead the REACT study (a randomised trial evaluating assertive community treatment) and was subsequently appointed as a Senior Lecturer at University College London. Since then she has gained competitive research funding totalling over £9 million for numerous national and international studies that focus on the development and testing of quality assessment tools and complex interventions to improve the care of people with longer term mental health problems. The Quality Indicator for Rehabilitative Care ('QuIRC') is used by over 900 services across 17 countries and the 'QuIRC-SA' is the only tailor-made quality assessment tool for mental health supported accommodation services (www.quirc.eu). She has spoken at over 150 national and international meetings and published over 100 peer reviewed journal papers. Her work has established an evidence base for mental health rehabilitation that has promoted therapeutic optimism for people with more complex mental health needs. She has also highlighted their vulnerability to exploitation and potential for human rights violations enacted through institutionalisation and reinstitutionalisation when policy makers and service planners overlook them.

She has authored and co-authored numerous policies for the UK Royal College of Psychiatrists and the European Commission on mental health care for people with longer term and more complex problems, including the UK commissioning guidance on mental health rehabilitation. She co-edited and co-authored the seminal textbook 'Enabling Recovery; the principles and practice of rehabilitation psychiatry.'

As joint Head of the Department of Epidemiology and Applied Clinical Research at the UCL Division of Psychiatry, she has taken a proactive approach to enabling early career researchers, establishing the Division's mentoring scheme and leading the a successful application for a silver gender equality award (Athena SWAN programme). She supervises numerous PhD and MSc students and hosts many international visiting researchers. Other roles include National Professional Adviser for mental health rehabilitation services for the



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hospital registration authority in England and Wales, the Care Quality Commission; former Chair of the Faculty of Rehabilitation and Social Psychiatry of the UK Royal College of Psychiatrists and Topic Adviser for the first National Institute of Health and Care Excellence (NICE) guideline on mental health rehabilitation which is due for publication in 2020.