

2018

ANNUAL REPORT



EUROPEAN PSYCHIATRIC ASSOCIATION

CONTENT

- 1 FOREWORD
- 2 COMMITTEES IN 2018
- 5 TASK FORCES IN 2018
- 6 THE 26TH EUROPEAN CONGRESS OF PSYCHIATRY
EPA 2018 NICE
- 8 COUNCIL OF NATIONAL PSYCHIATRIC ASSOCIATIONS (NPAs)
- 10 EU POLICY AND LOBBYING ACTIVITIES
- 12 EDUCATION
- 14 ETHICS
- 15 PUBLICATIONS
- 16 EARLY CAREER PSYCHIATRISTS
- 17 PRIZES AND AWARDS
- 19 SECTIONS
- 20 EUROPEAN PSYCHIATRY JOURNAL
- 21 COLLABORATION WITH OTHER SOCIETIES
- 22 MEMBERSHIP
- 23 COMMUNICATION
- 24 FINANCES AND BUDGET
- 27 CALENDAR OF PRESIDENTIAL ACTIVITIES
AND INTERNAL MEETINGS
- 29 ADMINISTRATIVE OFFICES



I hope that many of those who receive this EPA annual report will go through it and appreciate the information it provides on the current structure, goals, achievements and challenges of the European Psychiatric Association.

In this foreword, I will only highlight some of the steps the EPA moved in the direction indicated in its action plan 2017-18.

Let me start with the increasingly important role of the EPA in the scenario of European psychiatry. You will find in the annual report a description of the numerous activities that in the past year contributed to establish the EPA as a key player in this scenario. Advocacy and networking activities; initiatives aimed to promote person-centred mental health research and care; the collaboration

with several European institutions; and the constant growth of the association in terms of individual members and member societies represent examples of the progress of the EPA in this direction. In addition, I would like to call your attention to the section of the annual report dealing with the role of the EPA as advisor of the Bulgarian Ministry of Health for a Mental Health Reform process in Bulgaria.

In 2018, the EPA also recognised the need of re-affirming the identity of psychiatry as a unified discipline. To this aim, we elaborated and reported in a 2018 Editorial of *European Psychiatry* a new definition of mental disorders and 14 core statements describing the role of psychiatry and psychiatrists in the 21st century. The annual report provides a link to the Editorial, and lists a few initiatives aimed to disseminate the message.

An intense collaboration with NPAs characterised the EPA activity in 2018. Four issues of InterACT, the quarterly electronic newsletter of the Council of NPAs, were circulated to disseminate information of particular interest to the NPAs, such as EU funding and advocacy news, hot topics from across Europe and calls for cooperation among NPAs. The EPA leaders participated in several national congresses and meetings and, on several occasions, took the opportunity to discuss with the national leaders about further development of the EPA-NPA relationship. The collaboration was also very productive in revising the EPA annual congress registration fees in the light of the large income inequalities among European Countries. The annual report will also guide you through the tasks of the working groups appointed by the Council of NPAs to address key issues of mental health care and research in Europe.

A highly significant achievement in 2018 has been the inclusion of the Presidents of GAMIAN-Europe and EUFAMI, representing respectively patients and unofficial caregivers in the EPA Board as full members with voting rights. We believe that this important decision will make all of us stronger when advocating for improvement in mental health care and more competent when planning and advising for future developments in mental health research and care.

The year 2018 has also seen the implementation of EPA e-learning programmes, aimed to reduce gaps in educational and professional standards across Europe. As described in the annual report, the intense work of the EPA Education Committee led, in addition to the traditional EPA educational activities, to the implementation of the first EPA Massive Open Online Course (MOOC), and to the initial steps toward the development of other EPA online courses, in light of the great success of the first one.

The EPA is also proud to have established a prize for women psychiatrists working to improve mental health care in Europe. As detailed in the report, 2018 was the first year in which the EPA awarded the prize, and Anita Riecher-Rössler was the first awardee.

Of course, there is much more in the 2018 EPA Annual Report. You just need to go through to discover it!

Behind the 2018 annual report there are years (not one but many years) of hard work, passion, enthusiasm and sometimes anger and disappointment of many people who, within and outside the EPA, have contributed to the accomplishment of important goals and to the identification of the many challenges to be adequately addressed.

I thank all those who contributed to the EPA achievements, and wish the EPA could pursue this direction with even more skills, enthusiasm and determination in the next future.

Professor Silvana Galderisi
EPA President

EPA COMMITTEES IN 2018



BOARD

Silvana Galderisi, *Italy - Chair*
 Wolfgang Gaebel, *Germany*
 Philip Gorwood, *France*
 Julian Beezhold, *UK*
 Geert Dom, *Belgium*
 Peter Falkai, *Germany*
 Andrea Fiorillo, *Italy*
 Paz García-Portilla, *Spain*
 Cécile Hanon, *France*
 Nikolina Jovanovic, *UK*
 Hilikka Kärkkäinen, *Finland*
 Levent Küey, *Turkey*
 Tamas Kurimay, *Hungary*
 Miia Männikkö, *Finland*
 Michael Musalek, *Austria*
 Andrea Raballo, *Italy*
 Martina Rojnic Kuzman, *Croatia*
 Jerzy Samochowiec, *Poland*
 Danuta Wasserman, *Sweden*



EXECUTIVE COMMITTEE

Silvana Galderisi, *Italy - President*
 Philip Gorwood, *France - President Elect*
 Wolfgang Gaebel, *Germany - Past President*
 Julian Beezhold, *UK - Secretary General*
 Geert Dom, *Belgium - Treasurer*
 Tamas Kurimay, *Hungary - Council of NPAs Chair*

OTHER OFFICE BEARERS

Michael Musalek, *Austria*
Secretary for Sections
 Cécile Hanon, *France*
Secretary for Education

STEERING COMMITTEE OF THE EPA COUNCIL OF NPAs

Tamas Kurimay, *Hungary - Chair*
 Simavi Vahip, *Turkey - Vice-Chair*
 Pedro Varandas, *Portugal - Secretary*

COMMITTEE ON EDUCATION



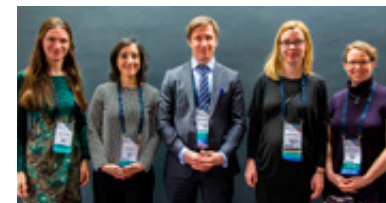
Cécile Hanon, *France - Chair*
 Olivier Andlauer, *UK*
 Julian Beezhold, *UK*
 Defne Eraslan, *Turkey*
 Michael Musalek, *Austria*
 Tanja Svirskis, *Finland*
 Sam Tyano, *Israel*
 Rutger Jan van der Gaag, *The Netherlands*
 Jan Wise, *UK*

COMMITTEE ON ETHICAL ISSUES



Danuta Wasserman, *Sweden - Chair*
 Sue Bailey, *UK*
 Henriette Bruun, *Denmark*
 Andreas Heinz, *Germany*
 Michael Musalek, *Austria*
 Rutger Jan van der Gaag, *The Netherlands*
 Livia Vavrusova, *Slovakia*
 Jan Wise, *UK*

EARLY CAREER PSYCHIATRISTS COMMITTEE



Nikolina Jovanovic, *UK - Chair*
 Mariana Pinto da Costa, *Portugal - Co-Chair*
 Olga Kazakova, *Belarus*
 Katja Koelkebeck, *Germany*
 Dzmitry Krupchanka, *Switzerland*

PUBLICATION COMMITTEE



Wolfgang Gaebel, *Germany - Chair*
 Philip Gorwood, *France - Co-Chair*
 Julian Beezhold, *UK*
 Peter Falkai, *Germany*
 Andrea Fiorillo, *Italy*
 Sophia Frangou, *USA*
 Silvana Galderisi, *Italy*
 Paz García-Portilla, *Spain*
 Reinhard Heun, *UK*
 Tamas Kurimay, *Hungary*
 Michael Musalek, *Austria*
 Danuta Wasserman, *Sweden*

EDITORS-IN-CHIEF OF EUROPEAN PSYCHIATRY, THE JOURNAL OF THE EPA

Andrea Fiorillo, *Italy*
Sophia Frangou, *USA*
Reinhard Heun, *UK*

ADVISORY SCIENTIFIC PROGRAMME COMMITTEE (ASPC) - EPA 2018 NICE

Dinesh Bhugra, *UK*
Patrice Boyer, *France*
Michael Davidson, *Israel*
Peter Falkai, *Germany*
Andrea Fiorillo, *Italy*
Wolfgang Fleishhacker, *Austria*
Sophia Frangou, *USA*
Cécile Hanon, *France*
Marc Hermans, *Belgium*
Helen Herrman, *Australia*
Reinhard Heun, *UK*
Nikolina Jovanovic, *UK*
René Kahn, *Netherlands*
Levent Küey, *Turkey*
Tamas Kurimay, *Hungary*
Mario Maj, *Italy*
Manuel Martín Carrasco, *Spain*
Michael Musalek, *Austria*
Andrea Raballo, *Italy*
Martina Rojnic Kuzman, *Croatia*
Jerzy Samochowiec, *Poland*
Marco Sarchiapone, *Italy*
Norman Sartorius, *Switzerland*
Masatoshi Takeda, *Japan*
Danuta Wasserman, *Sweden*

SCIENTIFIC PROGRAMME COMMITTEE (SPC) EPA 2018 NICE

Silvana Galderisi, *Italy - Chair*
Philip Gorwood, *France - Co-Chair*
Michaela Amering, *Austria*
Julian Beezhold, *UK*
István Bitter, *Hungary*
Philippe Courtet, *France*
Geert Dom, *Belgium*
Karen Ersche, *UK*
Wolfgang Gaebel, *Germany*
Paz García-Portilla, *Spain*
Ulrike Schmidt, *UK*
Meryam Schouler-Ocak, *Germany*

LOCAL ORGANISING COMMITTEE (LOC) EPA 2018 NICE

Philippe Courtet, *Montpellier - Chair*
Michel Benoit, *Nice*
Gilles Bertschy, *Strasbourg*
Renaud David, *Nice*
Sonia Dolfus, *Caen*
Pierre-Alexis Geoffroy, *Paris*
Sébastien Guillaume, *Montpellier*
Emmanuel Haffen, *Besançon*
Yann le Strat, *Paris*
Jorge Lopez Castroman, *Nimes*
Luc Mallet, *Paris*
Emilie Ollie, *Montpellier*
Diego Palao, *Barcelona (Spain)*
Emmanuel Poulet, *Lyon*
Nicolas Ramoz, *Paris*
Marie Tournier, *Bordeaux*
Guillaume Vaiva, *Lille*
Iñaki Zorrilla, *Vitoria (Spain)*

TASK FORCES IN 2018

TASK FORCE ON THE ROLE OF EPA AS SERVICE PROVIDER OF NPAs

Objective : to enhance the role of the EPA as a service provider for the NPAs by making the EPA, its website, its communication channels and its leaders an important point of reference for NPAs

Silvana Galderisi - *Chair*
Olivier Andlauer
Mari Fresu
Levent Küey
Tamas Kurimay
Martina Rojnic Kuzman
Agata Szulc
Simavi Vahip
Athina Swietochowski-Palapanidou

TASK FORCE ON EDUCATION IN EUROPEAN PSYCHIATRY

Objective : to develop and implement a European Curriculum on Education and Training in Psychiatry (undergraduate, postgraduate, CME)

Silvana Galderisi - *Co-Chair*
Marc Hermans - *Co-Chair (UEMS)*
Wolfgang Gaebel - *Vice Chair*
Andrew Brittlebank (UEMS)
Dan Georgescu (UEMS)
Cécile Hanon
Nikolina Jovanovic
Tamas Kurimay
Matthijs Muijen (WHO EUROPE)
Howard Ryland (EFPT)
Pavel Trancik (EFPT)

TASK FORCE ON EUROPEAN PSYCHIATRIC RESEARCH

Objective : to promote EPA participation in research grant applications and strengthen cooperation with other organisations in developing collaborative projects

Silvana Galderisi - *Chair*
Peter Falkai - *Co-Chair*
Julian Beezhold
Andrea Fiorillo
Paz Garcia-Portilla
Philip Gorwood
Levent Küey
Martina Rojnic Kuzman
Danuta Wasserman
Mari Fresu

TASK FORCE ON THE NEEDS OF REFUGEE AND ASYLUM-SEEKING PATIENTS IN EUROPE

Objective : to raise awareness about the consequences of the refugee crisis on migrants' mental health

Levent Küey - *Chair*
Olivier Andlauer
Iris Tatjana Graef-Calliess
Marianne Kastrup
Meryam Schouler-Ocak

Consultants:

Gisèle Apter
Marisa Casanova Dias
Davor Mucic
Simavi Vahip
Danuta Wasserman

TASK FORCE ON E-MENTAL HEALTH

Objective : to produce guidance, recommendations and position papers on e-Mental Health applications, ethical implications and research needed to address controversial issues

Silvana Galderisi - *Chair*
Davor Mucic - *Co-Chair*
Olivier Andlauer
Wolfgang Gaebel
Cécile Hanon
Nikolina Jovanovic
Andrea Raballo
Martina Rojnic Kuzman

TASK FORCE ON MASS VIOLENCE

Objective : to raise awareness about mass violence within the psychiatric community

Geert Dom - *Chair*
Hella Demunter
Dorota Frydecka
Philip Gorwood
Levent Küey
Blazej Misiak
Andrea Raballo
Jerzy Samochowiec
Meryam Schouler-Ocak

TASK FORCE ON SECTIONS

Objective: to reinforce the collaboration between EPA Sections and NPAs, and to facilitate and improve the operating modes of the EPA Sections

Julian Beezhold - *Chair*
Michael Musalek
Tamas Kurimay
Nikolina Jovanovic
Athina Swietochowski-Palapanidou

THE 26TH EUROPEAN CONGRESS OF PSYCHIATRY EPA 2018 NICE

Held under the motto “Mental Health - Integrate, Innovate, Individualise”, the 26th European Congress of Psychiatry took place from 3 to 6 March 2018 in the city of Nice, France. This year, the congress offered numerous networking opportunities and brought together expert clinicians, researchers and leaders of stakeholder organisations in the field of mental health, with a total of 3,235 participants.



Participating in this wonderful event gave us the opportunity to meet real first level investigators and clinical psychiatrists from all over the world, and to meet different people and make friendships!

Philippe Courtet,
Chair of the 2018 Local Organising Committee

SCIENTIFIC PROGRAMME

With a particular focus on the integration of new technologies and research findings into person-centred approaches to prevention, care and training, the Scientific Programme offered 3 outstanding Plenary and 6 State of the Art Lectures, 15 EPA Courses, 52 Symposia, 20 Workshops, 3 Ask the Expert sessions, 4 Debates, 190 Oral Communications sessions and over 900 e-Posters. Combining informal meetings with experts, and sessions designed by and for early career psychiatrists, the programme was designed to address important psychiatric issues and the opportunity to learn more on mental health policy and research, as well as on clinical perspectives.

4th ANNUAL EPA FORUM

Focused on “Person-centred mental health care: outcomes that matter to patients and their carers”, the EPA Forum acted for the fourth time as a platform to bring together EPA members, along with other European and international organisations, stakeholders and policy makers. With over 220 participants and speakers from organisations such as the WPA, EUFAMI, GAMIAN-Europe and the European Commission, the 2018 Forum resulted in fruitful debates leading to a consensus of the importance of shifting to a person-centred mindset in mental health and research, and the need to maintain strong collaboration to achieve this goal.



ASSOCIATION ACTIVITIES

During the Congress, EPA individual members and National Psychiatric Association members joined together for the EPA's Extraordinary and Ordinary General Assemblies. This year, the General Assembly was marked by an important structural development of the EPA:

- The inclusion of the Presidents of the two leading European organisations, GAMIAN-Europe and EUFAMI, representing respectively patients and families/carers in the EPA Board as ex-officio members, with full voting rights. This decision highlights the EPA's will to strengthen its relationships with partner organisations, and help continue its work in supporting mental health patients, their families and their carers.



EPA COUNCIL OF NATIONAL PSYCHIATRIC ASSOCIATIONS (NPAs)



MEMBERS

During 2018 the EPA Council of NPAs increased its members to 43, after welcoming the Estonian Psychiatric Association in June. Today, the EPA represents national associations from 40 European countries.

(Information about all 43 NPA members is available on the EPA website)

MEETINGS

The Council of NPAs held three very successful and well-attended meetings in 2018:

- January in Vilamoura, Portugal, during the XIII National Congress of Psychiatry of the Portuguese Society of Psychiatry and Mental Health
- March in Nice, France, during the 26th European Congress of Psychiatry
- December in Brussels, Belgium, on the occasion of the joint EPA - GAMIAN-Europe EU Parliament event

SYMPOSIA

In 2018, three Council of NPAs' Symposia were organised in different NPA national events:

24 January - Vilamoura, Portugal

"Current Hot Topics in European Psychiatry"

31 May - Tel Aviv, Israel

"Update of the Outcome and Treatment Options in Schizophrenia"

22 September - Banja-Luka, Bosnia and Herzegovina

"Comorbidity: Challenges in Diagnosis and Treatment"



The Council of NPAs, (...) has become a forum for its members to meet, discuss and work on issues concerning European psychiatry. The Council, through its members, initiates important subjects, supports the implementation of European professional guidance in mental health policy, psychiatric education, best clinical practices (...) and research in mental health.

Tamas Kurimay,
Chair of the NPA Steering Committee

WORKING GROUPS

The Council's Working Groups continued their work in 2018:

- Identity of Psychiatry (co-chaired by S. Galderisi & P. Falkai)
- Mental Health of Health Workers (co-chaired by T. Kurimay & A. Riecher-Rössler)
- Mental Health at School (co-chaired by S. Vahip & R. Brunner)
- Ethical Code in the Communication with Stakeholders (co-chaired by D. Wasserman & B. Carpiniello)

INTERACT NEWSLETTER

The year 2018 was the first complete year of circulation of InterACT, the quarterly electronic Newsletter of the Council of NPAs. The newsletter is managed by an NPAs' Editorial Board (led by Editor-in-Chief Simavi Vahip) featuring content of particular interest to the NPAs, such as EU funding and advocacy news, hot topics from across Europe, and calls for cooperation among NPAs, just to name a few. The InterACT newsletter provides a forum for exchange and knowledge among the EPA's NPAs, Sections, Committees, and Council of NPA Working Groups, who all actively contribute to providing content and disseminating the issues within their networks.

OTHER ACTIVITIES

Consultation for surveys and reports:

- UN report on "The right of everyone to the enjoyment of the highest attainable standard of physical and mental health"
- Survey on the annual net salary of early career psychiatrists around Europe
- Survey on compulsory treatment by the EPA Committee on Ethical issues

Participation in:

- The event "New horizons for person-centred mental health research and care", jointly co-organised by the EU Parliament Interest Group on Mental health, Well-being and Brain Disorders.

People with mental health issues should be put at the centre of their treatment and care and should always be viewed as partners in research and care.

Prof. Silvana Galderisi, EPA President
3 December 2018, Brussels

EU POLICY AND LOBBYING ACTIVITIES

The year 2018 was a dynamic and memorable year for the EPA, during which the EPA raised its voice at the EU level on multiple topics of which person-centred research and care was a reoccurring theme. As a result, the EPA has strengthened its efforts in EU-level advocacy, networking and projects to ensure a meaningful place for mental health within EU policy.

Advocacy & Networking

Throughout 2018, the EPA increased its visibility towards the European institutions and consolidated the collaboration with patient and family organisations. In addition, strategic partnerships were built and intensified with other relevant stakeholders active in the field of mental health.

Key achievements included:

- Official representation of patient organisation GAMIAN-Europe and family organisation EUFAMI in the EPA Board, as approved during the EPA General Assembly on 4 March 2018.
- Joint policy events such as the EPA Forum in Nice entitled "Person-centred mental health care: outcomes that matter to patients and their carers" and the EPA - GAMIAN-Europe meeting at the European Parliament on "New horizons for person-centred research and care", as part of the work of the European Parliament Interest Group on Mental Health, Well-being and Brain Disorders
- Key advocacy work in partnership with the European Brain Council (EBC) around brain and mental health related research, and in partnership with GAMIAN-Europe on patient empowerment

Projects at the European level

In 2018, project work within the EPA expanded significantly with the EPA being both initiator and partner in multiple projects at the European level.

In particular, the EPA is involved in:

- GAMIAN-Europe - EPA project on "Developing trust and effective care" for improved patient-clinician relationships
- Trimbos Institute project RECOVER-E on community-based mental health care for people with severe mental ill health
- EBC Value of Treatment project with EPA case studies on Schizophrenia & Transition of Care

In addition, the EPA is engaged in the EBC-led project EBRA "European Brain Research Area", funded by the European Commission under the H2020 EU programme for research and innovation and launched in November 2018.



Mia Männikkö (EUFAMI President & EPA Board Member)

Silvana Galderisi (EPA President)

Hilkka Kärkkäinen (GAMIAN-Europe President and EPA Board Member)

Tomáš Zdechovský (MEP)

European Parliament Interest Group on Mental Health, Well-being and Brain Disorders

EPA - GAMIAN-Europe meeting on "New horizons for person-centred mental health research and care"

3 December 2018, European Parliament, Brussels

On 3 December, the EPA held its first ever Interest Group meeting in the European Parliament jointly organised with patient organisation GAMIAN-Europe. The meeting was attended by some 60 experts, which included representatives of professional organisations, researchers and members of the European Parliament and the Commission.

The event provided new insights and discussions, and participants agreed that it is important to design and implement research programmes and calls for projects as well as to find consensus in the definition of person-centred care, for which the clinical, biological and public health declinations must be included.

If you care about a topic to be understood by a politician, don't let it go.

Tomáš Zdechovský, MEP
EPA - GAMIAN-Europe meeting, 3 December, 2018

The Bulgarian Reform

EPA Report on Bulgarian Mental Health Care and Reform Process 2018

The European Psychiatric Association (EPA) was invited in 2018 to send an official team to visit and review mental health services in Bulgaria and advise the Ministry of Health regarding expert recommendations for change needed. The aim of this visit was to provide recommendations to help achieve more consensus and importantly to allow much needed reforms in mental health services to be delivered.

The EPA Committee:

Silvana Galderisi - EPA President
Wolfgang Gaebel - EPA Past President
Julian Beezhold - EPA Secretary General
Helen Killaspy - Rehabilitation Psychiatry, University College London

EDUCATION

COMMITTEE ON EDUCATION

Throughout the year, the EPA Committee on Education, chaired by Dr. Cécile Hanon, worked intensively on several key projects to develop the EPA educational programmes and activities.

EPA MASSIVE OPEN ONLINE COURSE (MOOC)

In 2018, the Committee on Education developed the first EPA MOOC, or Massive Open Online Course, an online training and e-learning programme tailored for psychiatrists and mental health professionals. Through mini-lecture videos, demonstrative role-plays and interviews with international experts, this course, led by Dr. Stirling Moorey, covered the varieties of CBT, their evolution, the application of CBT to various disorders, its key clinical features and the place of this important therapy in psychiatry today.

With over 7,100 learners enrolled in the MOOC, almost 1,500 messages exchanged in lively discussions and participants connected from all over the world, with more than 75% from Europe, the EPA warmly thanks every person who contributed to make this first online course such a huge success.

In the coming years, the EPA Committee on Education aims to keep on developing and improving its e-learning resources and programmes.

The EPA is resolutely moving towards a digital evolution of training. With the creation and diffusion of online courses, as well as other exciting educational projects in view for 2019 and beyond, the EPA offers the opportunity of an accessible training for the largest number of psychiatrists in Europe.

Dr. Cécile Hanon, Secretary for Education



The course was very well structured, simple and easy to understand. Very nice examples, so many things taught in just 4 weeks! Amazing job, thank you very much!

Participant of the EPA MOOC 2018

EPA COURSES



In 2018, no less than 20 courses were selected by the EPA Committee on Education to be organised in Nice during the EPA Congress and throughout Europe in Bulgaria, Romania, Bosnia and Herzegovina and Turkey, as part of the Itinerant Programme in collaboration with EPA National Psychiatric Associations.

- April 2018, Bulgaria - Course directed by Stirling Moorey on "CBT for psychiatrists"
- May 2018, Romania - Course directed by Armida Mucci on "Recognizing and assessing negative symptoms in patients with schizophrenia"
- September 2018, Bosnia and Herzegovina - Course directed by Umberto Volpe and Mario Luciano on "Supporting family members of people with severe mental illnesses"
- October 2018, Turkey - Courses directed by Julian Beezhold and Jan Wise on "Complaints, litigation and malpractice: How to survive as a psychiatrist" and "Myths, misconceptions and pitfalls in consent and capacity assessment: cases, causes and clinical approaches"

It was a fulfilling experience and I have achieved so much in so little time. I have already started to use the skills I learned in my daily practice and I will continue to do so and keep doing everything I can to improve them.

Laura-Diana Gherman, EPA 2018 Summer School Scholar

EPA SUMMER SCHOOL

The 8th edition of the EPA Summer School took place from 6 to 9 September 2018, in Strasbourg, France, under the auspices of the Secretary General of the Council of Europe, Mr Thorbjørn Jagland, for a three-day intensive programme on the topic of the "ABCs of Psychotherapy".

Amongst all the applications received, the jury selected 27 promising scholars from across Europe to participate in the event. Proving to be a multi-faceted topic, scholars were able to engage in conversations about systemic therapy, psychodynamic practices, neurosciences, cognitive behavioural therapy and ethical issues during diverse sessions: plenary lectures, workshops, clinical cases discussions and the highly anticipated simulation sessions, organised by the faculty.



Increasingly used in medical education for over 20 years, simulation sessions offer a safe but realistic environment to practice skills needed in clinical work. In psychiatry, simulation typically includes an actor-patient whose role is essential in giving feedback to the doctor.



ETHICS

COMMITTEE ON ETHICAL ISSUES

In 2018, the EPA Committee on Ethical Issues continued to promote ethical standards in psychiatry by raising awareness on ethical topics in psychiatric clinical care and research.

The Committee is comprised of 8 dedicated members and chaired by Danuta Wasserman. It met in Nice, France in March 2018, and in Stockholm, Sweden in September 2018 to discuss current projects and upcoming activities.

We strive to have psychiatrists' everyday clinical and research activities to be of highest ethical standards and continuously underpinned by scientific evidence.

*Prof. Danuta Wasserman,
Chair of the Committee on Ethical Issues*

ACTIVITIES

Presentations at the EPA 2018 Nice Congress:

- Workshop "Ethical challenges in the practice of psychiatry - How do we improve the quality of the decision-making process?"
- Symposium "Cyberbullying, cyber suicide and novel psychoactive substances: Mental health needs in young people" (contributions)
- Symposium "Presidential symposium on vulnerable people in humanitarian emergencies" (contributions)

- In collaboration with the EPA Executive Committee, the Committee on Ethical Issues prepared a position paper concerning the United Nations convention on the rights of persons with disabilities needs. For more details, see the Publications section of this report on page 15.
- The committee circulated an online questionnaire to the EPA National Psychiatric Associations in order to survey and analyse the existing evidence on compulsory admission in European countries.

PUBLICATIONS

PUBLICATION COMMITTEE

The EPA Publication Committee, chaired by Professor Wolfgang Gaebel and co-chaired by Professor Philip Gorwood, continuously promotes the creation of high-quality scientific evidence, practical Guidance Papers and Position Statements on topics of interest to the mental health community in Europe and beyond. One of the aims is also to address the NPAs in particular to use the guidance in their national post-graduate psychiatric education and training curricula. In the scope of the EPA Guidance project, 25 publications have been released over the recent years. Currently, four of the most cited Guidance Papers are in the process of updating and seven new Guidance Papers are in preparation.

POSITION STATEMENTS

The EPA joined other associations in commending the United Nations' commitment to promoting the rights of persons with disabilities, and in identifying mental health as a global priority, as the EPA strongly supports the paradigm shift embracing the model of shared decision making.

However, the EPA Executive Committee and Committee on Ethical Issues expressed great concern and disappointment surrounding the misleading and false portrayal of psychiatry in the report, as well as the lack of any evidence or statistics supporting this opinion, and published a Position Statement entitled "United Nations convention on the rights of persons with disabilities needs to be interpreted on the basis of scientific evidence regarding psychiatry" to further reinforce the EPA's position. The Position Statement was published in *European Psychiatry* in June 2018 (Vol. 51).

A full copy of the Position Statement is available on the EPA website or the *European Psychiatry* website.

In the past year, we've put a special focus on working with the NPAs to encourage the use of EPA Guidance papers at the national level in psychiatric training programmes, which we hope will result in high-level and harmonised curricula throughout Europe.

Prof. Wolfgang Gaebel, Chair of the Publication Committee

GUIDANCE

EPA Guidance Papers aim to improve the quality of mental health care in Europe by disseminating written information based on best evidence and psychiatric practice and to facilitate countries learning from each other in areas where guidelines are lacking.

In 2018, the EPA published two Guidance Papers:

- "EPA guidance on forensic psychiatry: Evidence-based assessment and treatment of mentally disordered offenders"

European Psychiatry (Vol. 51, June 2018)

- "EPA guidance on physical activity as a treatment for severe mental illness: A meta-review of the evidence and position statement from the European Psychiatric Association (EPA), supported by the International Organization of Physical Therapists in Mental Health (IOPTMH)"

European Psychiatry (Vol. 54, October 2018)

EDITORIAL

The EPA published an editorial in *European Psychiatry* (Vol. 52, August 2018) to re-affirm the identity of psychiatry as a unified discipline, in which the different approaches to mental health and mental disorders are regarded as complementary and not mutually exclusive. The editorial, entitled "Psychiatry and psychiatrists: Fourteen core statements" proposed newly developed definitions of mental health and mental health disorders, and 14 core statements aimed at describing the role and values of psychiatry and psychiatrists in the 21st century.

A full copy of the Editorial is available on the EPA website or the *European Psychiatry* website.

ENDORSED PUBLICATIONS

The EPA endorses publications in order to align joint efforts in the field of mental health. Throughout the years, the EPA has endorsed multiple publications of other organisations to express support and underline that cooperation is an important element to increase awareness and outreach.

In 2018, the EPA endorsed the following publications:

- GAMIAN-Europe Call to Action on improving patient empowerment and self-management of care in mental health

- EBC Brain Mission
- Joint statement to invest in mental health research and a European Implementation Partnership on Mental Health and Well-being", led by Trimbos, supported by the EPA and endorsed by 22 NPAs
- Multi-stakeholder initiative on "A Sustainable Approach to Depression: Moving from Words to Actions Report"

Full copies of the documents are available on the EPA website.

EARLY CAREER PSYCHIATRISTS

EARLY CAREER PSYCHIATRISTS COMMITTEE

Through the work of its members, the EPA Early Career Psychiatrists Committee (ECPC), chaired by Dr. Nikolina Jovanovic, and its four Task Forces continued developing programmes and training opportunities for young psychiatrists all over Europe in the past year.

Highlights from the year's activities include:

- Organisation of a successful scientific programme and networking events dedicated to early career psychiatrists (ECPs) during the 26th European Congress of Psychiatry in Nice, France
- Restructuring of the ECPC Task Forces to increase the number of active members and improve their functioning
- Organisation of the 4th edition of the Gaining Experience Programme, offering six highly enthusiastic young psychiatrists the opportunity to participate in short observerships in clinical and research institutions across Europe

Apart from organising the scientific and social programmes during the Annual EPA Congress, the ECPC has been developing research and educational activities to engage early career psychiatrists throughout the year.
Dr. Nikolina Jovanovic, Chair of the ECP Committee

- Organisation of the ECPC Book Challenge Project to create a reading list for trainees, ECPs and anyone interested in the field of psychiatry, with works that were inspiring and influential to them during their career (to be published on the EPA website)
- Continuous collaboration with other organisations and participation in several events: the EFPT Forum in the UK, the WPA Congress in Mexico, the UEMS meetings, etc.



GAINING EXPERIENCE PROGRAMME

For its 4th year, the Gaining Experience Programme (GEP) offered observerships placements opportunities to five young psychiatrists in renowned institutions across Europe in 2018:

- Liana Kobylinska (Romania), placed in Paris, France
- Orkun Aydin (Turkey), placed in Szczecin, Poland
- Ceyhun Can (Turkey), placed in Helsinki, Finland
- Elena Ungureanu (Romania), placed in Nice, France
- Ekaterina Berszenishvili (Georgia), placed in Munich, Germany

PRIZES AND AWARDS

Constance Pascal-Helen Boyle Prize for Outstanding Achievement by a Woman in Working to Improve Mental Health Care in Europe

The EPA established this prize in order to publicly acknowledge and increase awareness of the outstanding achievements made by women working to improve mental health care in Europe. The laureate for the yearly prize is awarded a €10,000 financial grant.

In 2018 Prof. Anita Riecher-Rössler was selected as the Winner of the "EPA Constance Pascal - Helen Boyle Prize of €10,000 for Outstanding Achievement by a Woman in Working to Improve Mental Health Care in Europe". The Prize was awarded during the Opening Ceremony of the 26th European Congress of Psychiatry on 3 March 2018 in Nice, France.



I am very grateful and optimistic. Psychiatry as a field is developing enormously positively and there are so many really brilliant and dedicated people - women and men - who will advance the field even further.

**Prof. Anita Riecher-Rössler,
2018 Constance Pascal-Helen Boyle Prize winner**



RESEARCH PRIZES 2018

The EPA Research Prizes reward Early Career Psychiatrists working in Europe, who published the best scientific papers in the year 2017. In 2018, nearly 50 applications were received from 17 different countries, and the jury was pleased to reward the work of:

Category 1: Clinical psychopathology and refinement of psychiatric diagnostic categories

Ian Kelleher, Ireland

"Hallucinations in borderline personality disorder and common mental disorders"

Category 2: Biological correlates and treatments of mental disorders

Anya Topiwala, UK

"Moderate alcohol consumption as risk factor for adverse brain outcomes and cognitive decline: Longitudinal cohort study"

Category 3: Psychiatric epidemiology, social psychiatry and psychotherapeutic interventions in mental disorders

Gustaf Brander, Sweden

"Perinatal risk factors in Tourette's and chronic tic disorders: A total population sibling comparison study"

Category 4: Child and adolescent psychiatry

Gisela Sugranyes, Spain

"Clinical, cognitive, and neuroimaging evidence of a neurodevelopmental continuum in offspring of probands with schizophrenia and bipolar disorder"

Category 5: Best paper published in *European Psychiatry*

Gaia Sampogna, Italy

"The impact of social marketing campaigns on reducing mental health stigma: Results from the 2009-2014 Time to Change programme"



SCHOLARSHIP PROGRAMME 2018

With an outstanding number of 100 applications from young psychiatrists, the Scholarship Programme was a great success in 2018. This programme aims at rewarding Early Career Psychiatrists who are either trainees or within five years of completion of specialist training in psychiatry. The selected winners get a chance to attend the European Congress of Psychiatry with free registration, paid travel expenses, hotel accommodation, complimentary registration for one EPA Course, and one year of EPA membership. In 2018, the jury awarded scholarships to:

- **Britta Galling, Germany**
- **Tove Mogren, Sweden**
- **Victor Pereira, Spain**
- **Iliia Fedotov, Russian Federation**
- **Milica Borovcanin, Serbia**

Gathered at the 26th European Congress of Psychiatry in Nice, France, the Research Prize and Scholarship winners received their awards during the Opening Ceremony.



SECTIONS

NEW EPA SECTION

The EPA increased its number of scientific sections to 22 in 2018, with the creation of a new section on Eating Disorders in March. This section's aim is to promote high standards in research, training and clinical practice in the field of severe and disabling eating disorders. The committee members are:

- Chair: Palmiero Monteleone
- Co-Chair: Janet Treasure
- Secretary: Gabriella Milos

SECTIONS ACTIVITIES AT THE EPA CONGRESS

As every year, the EPA Sections contributed significantly to the scientific programme of the 26th European Congress of Psychiatry by organising 16 symposia, 5 workshops and 8 courses. Additionally, 15 EPA Sections held their business meetings at the EPA annual congress.

SECTION ACTIVITIES THROUGHOUT THE YEAR

Along with the activities held during the EPA annual congress, many EPA Sections organised additional scientific and educational events throughout the year and published articles in scientific journals. Specific sections worked with the European Medicines Agency (EMA) on different topics and a collaboration with the Royal Dutch Pharmacists Association (KNMP) was also introduced.

EUROPEAN PSYCHIATRY JOURNAL

BACKGROUND



The official journal of the EPA, *European Psychiatry*, was created in 1986 in order to promote exchanges between researchers and offer high-level scientific articles. The journal is published by Elsevier and in 2018 was led by three EPA Editors: Andrea Fiorillo, Sophia Frangou and Reinhard Heun.

Performance metrics for the journal saw a few key improvements in 2018, notably with regard to the overall Impact Factor, overall ranking among journals in the field of psychiatry and in overall readership.

European Psychiatry aims to provide a variety of psychiatric research on numerous topics such as disorders and mental problems in all stages of life, functional and structural imaging, psychiatric epidemiology, psychometrics, neurocognition, cognitive impairment, social life, carer burden, psychopharmacology, psychotherapy, service delivery and improvement and many more. *European Psychiatry* also publishes EPA Guidance Papers, editorials, letters to the editor, EPA news and event information.

In 2018, two EPA Guidance Papers were published in *European Psychiatry*. Please see the Publications section of this report for more details.

Current and past issues of *European Psychiatry*, including abstracts, full texts and PDFs, are available on www.europsy-journal.com. Users may also consult author information and permissions and submit manuscripts.

The mobile version of www.europsy-journal.com is available to EPA Members; please go to www.europsy-journal.com on your mobile device and install the EurPsych application on your mobile device.

KEY INFORMATION

- Maintained dynamic presence in the field of psychiatry
- **2017 Clarivate Analytics Impact Factor (2-Year): 4.129 (up from 3.123 in 2016)**
- 2017 TR-ISI Impact Factor (5-Year): 4.006
- 2017 Journal Immediacy Index: 0.697
- **Ranked 21st of 142 journals, in the JCR category: Psychiatry (up from 35th in 2016)**
- Volumes 47-54 Published; 119 articles, excluding Supplements
- ScienceDirect customers worldwide: 10,892 active accounts
- **Total Usage (Readership) : 934,525 Full text articles downloads on Science Direct and JBS (HealthAdvance) during the months of January-October 2018 (up from 919,815 in 2017)**

COLLABORATION WITH OTHER SOCIETIES

During 2018 the EPA enhanced collaboration with European institutions and continued to actively cooperate with many European and international organisations related to psychiatry and mental health. Collaboration actions included joint events and projects, reciprocal promotional agreements, exchange of observers and expert consultations.

EPA collaboration with European institutions and bodies



Council of Europe (CoE) (consultative status)
European Medicines Agency (EMA) (scientific collaboration)
European Parliament (Interest Group on Mental Health, Well-being and Brain Disorders)

EPA partners worldwide



African Association of Psychiatrists and Allied Professions (AAPAP)
Asian Federation of Psychiatric Associations (AFPA)
Senior International Health Association (SIHA)
The Royal Australian & New Zealand College of Psychiatrists (RANZCP)
World Health Organization (WHO)
World Psychiatric Association (WPA)

EPA partners in Europe

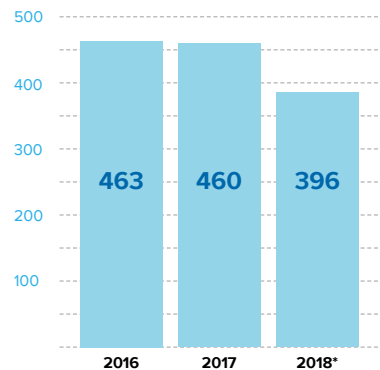


European Brain Council (EBC)
European College of Neuropsychopharmacology (ECNP)
European Federation of Associations of Families of People with Mental Illness (EUFAMI)
European Federation of Psychiatric Trainees (EFPT)
European Scientific Association on Schizophrenia and other Psychoses (ESAS)
European Union of Medical Specialists (UEMS)
Global Alliance of Mental Illness Advocacy Networks-Europe (GAMIAN-Europe)



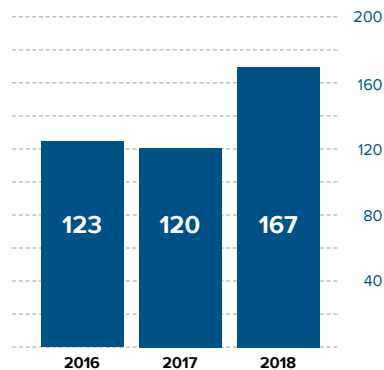
MEMBERSHIP

COMPARISON PAYMENTS PER YEAR



*Note: due to the transition of membership fees timing (2017-2018), there was a small reduction in payments in the year 2018.

COMPARISON OF NEW MEMBERSHIP APPLICATIONS PER YEAR



MEMBERSHIP

The EPA is an association of National Psychiatric Association Members; and of qualified individuals in the forms of Individual Members, Fellows, Emeritus Members, Honorary Members, International Individual Members, Students Members, Associate Members and Affiliate Members; and of Donor Members; and of Associate Organisations.

KEY FIGURES

The EPA community represents over 80,000 European psychiatrists from 88 countries, namely 2,526 individual psychiatrists, professionals and students in mental health care and 43 National Psychiatric Associations. The association, dedicated to psychiatry and its related disciplines, is focused on improving care for the mentally ill and developing professional excellence.

The European Psychiatric Association draws its strength from its members - both individuals and National Associations - representing 80,000 psychiatrists across Europe.

Dr. Julian Beezhoid, EPA Secretary General

RECRUITMENT

From January to December 2018, the EPA experienced an increase of 39% in membership applications compared to previous years. Indeed 167 new membership applications were accepted.

Among them, 79% are Individual members, 18% are International Individual members, 3% are Student/Associate Members, 31% of the total members are Early Career Psychiatrist Members.

COMMUNICATION

SOCIAL MEDIA



In 2018, the EPA maintained its ever-growing social media presence, which regroups more than 18,987 community members on Facebook, Twitter and LinkedIn. The EPA undertook major efforts to improve the quality and reach of its communication channels in 2018, focusing resources on the update of the EPA's website, newsletter and branding, launched in early 2019. These improvements will make it easier for current and new community members in all realms of mental health practice, care and policy to stay informed of association updates, relevant scientific news, deadline reminders and daily opportunities to connect with other psychiatric professionals around the world.

EPA MINDS ONLINE NEWSLETTER

In addition to social media activities, all 9 issues of the EPA 2018 Minds Online newsletter were sent out to over 13,000 subscribers.

INTERACT NEWSLETTER

Established as a way to enhance communication between the EPA and its NPAs, as well as among the NPAs themselves, the InterACT Newsletter features content of particular interest to the NPAs. In 2018, 4 quarterly issues were sent to approximately 220 NPA representatives included on the exclusive subscriber list. For more details, please see the section on National Psychiatric Associations within this report.



FINANCIAL RESULT 2018

INCOME	Forecast approved at GA	Final result
Surplus from congress	761 360	857 432
Annual membership fees (individual)	44 000	38 840
Corporate membership	2 000	2 000
National Psychiatric Associations fees	37 000	32 720
Total income from membership	83 000	73 560
European Psychiatry Journal	13 344	11 493
Financial income	11 140	9 222
Recover-E	10 500	7 064
Bulgaria mission	-	6 500
Grants	10 500	13 564
INCOME TOTAL	879 344	965 272
EXPENSES	Forecast approved at GA	Final result
Strasbourg premises	48 500	42 410
Third parties	24 000	50 028
Brussels Office	17 000	16 580
Board meetings	12 000	18 397
Executive Committee meetings	10 000	0
Ethics Committee meeting	6 000	3 354
Education Committee meeting	4 500	5 202
MOOC (e-learning)	35 000	10 832
EPA Itinerant Courses	5 000	4 227
Summer School	15 500	11 324
Education Committee : meetings and activities	60 000	31 585
National Psychiatric Associations : meetings and symposia	10 980	10 601
Section Committee: meetings and activities	0	0
Visits to HQ / auditors / new TFs	7 600	13 445
Early Career Psychiatrists Committee : meetings and activities	15 420	7 625
EBC: membership fee	20 000	20 378
EBC VoT projects - EPA exceptional contribution	-	6 500
Council of Europe: INGO annual fee - meetings in Strasbourg	150	283
Travel for cooperation (UEMS, EU compass, EBC)	6 000	10 179
Partnerships	26 150	37 339
Grant Recover-E	10 500	7 064
Prizes	20 000	10 090
Corporate Communication	8 900	14 247
Membership expenses	3 500	2 038
European Psychiatry Journal	23 000	18 121
Other direct charges (taxes)	9 700	7 866
Offices charges	25 300	30 437
Office salaries	527 882	535 034
Training	1 500	4 179
EXPENSES TOTAL	867 932	860 439
Result before tax	11 412	104 833
INCOME TAX		-21 170
NET RESULT	11 412	83 663

- 89% ● Surplus from congress
- 8% ● Total membership
- 1% ● European Psychiatry Journal
- 1% ● Financial income
- 1% ● Grants



FINANCES

With over 3,200 participants, the 26th European Congress of Psychiatry, organised in Nice, France, was a successful event, which brought a surplus to the EPA enabling to lead a large part of its regular activities in 2018. Other sources of income were slightly declining, notably the membership fees, which could be explained by the change of periodicity in collecting the fees.

The amount of annual expenses is quite stable from one year to the other. However, the EPA decided to undergo a structural change in 2018 and to take in-house a number of tasks related to EPA congresses that previously were undertaken by the PCO, Kenes International, thereby increasing third parties and office salaries expenses.

The EPA decided to organise a Board meeting outside of the EPA Congress in relation to the 2nd EPA Policy Event (EPA - GAMIAN-Europe meeting on "New horizons for person-centred mental health research and care"). The Executive Committee organised its meetings via videoconferences; there were no stand-alone meetings in 2018.

EPA Committees seem to have made savings compared to their forecast: some could not implement all of their foreseen programme of activities or were able to implement them with a lower budget. The Committee on Education produced the 2nd EPA e-learning course partially in 2019, so the 2018 envelope

seems reduced because part of the expenses will be on the 2019 budget.

Visits to HQ and miscellaneous meetings: this post was increased compared to the initial forecast, following the organisation of two Task Force meetings.

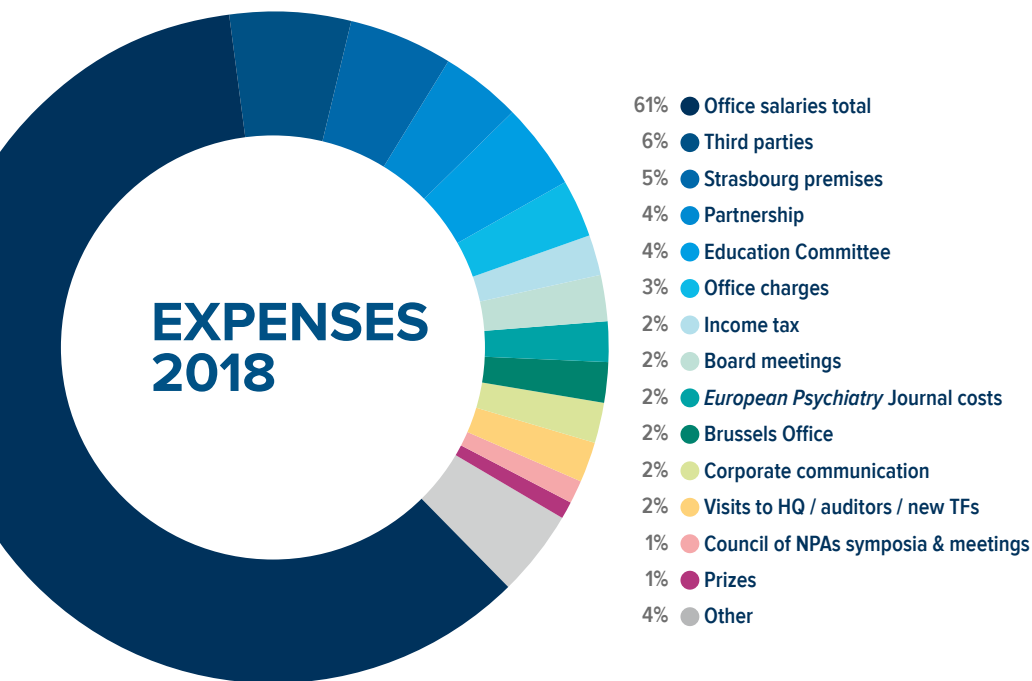
Partnership activities were increased, in particular to conduct the EPA Report on Bulgarian Mental Health Care and Reform Process following the assignment and grant received from Bulgaria. In addition, the EPA started a joint project with GAMIAN-Europe to improve patient-clinician relationships.

Corporate communication increased: the new EPA website and Extranet adjustments were required.

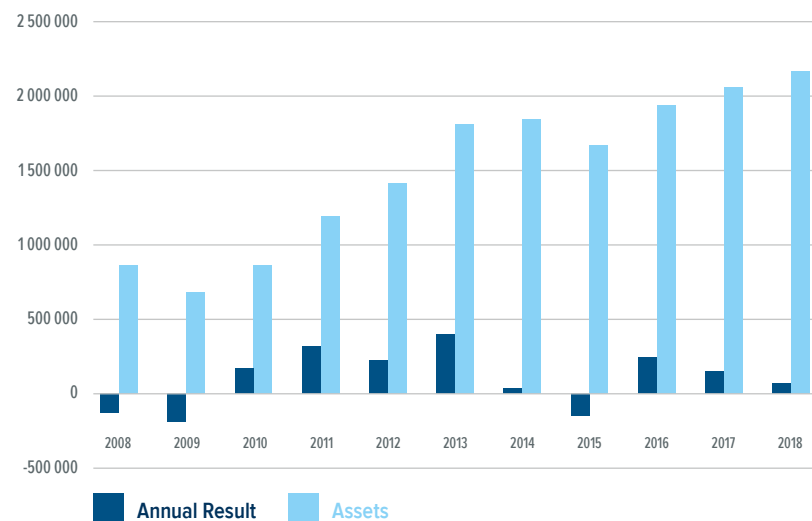
Cost of the Journal subscriptions for members: this post decreased in correlation with the decreased number of members and income from membership fees.

Office charges increased following works to renovate the Strasbourg office (direct charges for the temporary moving of staff during the renovation are on the 2018 budget whereas investment will be spread over 10 years).

The EPA Internal Auditors Marianne Kastrup and Patrice Boyer visited the EPA office on 22 February 2019 and approved the 2018 annual accounts.



EVOLUTION OF ANNUAL RESULT AND ASSETS 2008-2018



CALENDAR OF PRESIDENTIAL ACTIVITIES

24 January, Vilamoura, Portugal
EPA - Portuguese Society of Psychiatry and Mental Health (EPA NPA) Joint Symposium: "Current Hot Topics in European Psychiatry"

25 January, Naples, Italy
Italian Society of Social Psychiatry Congress

8-9 February, Luxembourg
Third EU Compass Forum

16 May, Brussels, Belgium
GAMIAN-Europe, launch of the call on patient empowerment and self-management of care - European Parliament Interest Group on Mental Health, Well-being and Brain Disorders - EU Parliament

21 May, Tel Aviv, Israel
EPA - Israel Psychiatric Association (EPA NPA) Joint Symposium "Schizophrenia: outcome and treatment options"

23 May, Brussels, Belgium
Expert Group Meeting on the EBC Value of Treatment 2 Project

13 June, Rome, Italy
The European House - Ambrosetti: Headway 2020 Project

1st Meeting "La Salute Mentale in Italia: stato dell'arte e priorità di azione"

27-30 June, Verona, Italy
The 6th Conference of the EAPM "Innovative and integrated approaches to promote mental and physical health"

5 July, Berlin, Germany
DGPPN expert workshop "Possibilities and limitations of supported decision-making"

16-21 July, Bulgaria
Visit to Bulgaria with the Committee appointed to help the Bulgarian government in the reform of the Mental Health system

14 September and 30 October, Rome, Italy
The European House Ambrosetti: Headway 2020 Project
2nd Meeting "La Salute Mentale in Italia: temi chiave e priorità di azione"

21 September, Banja Luka, Bosnia and Herzegovina
Meeting EPA - Psychiatric Association of Bosnia and Herzegovina leaders

22 September, Banja Luka, Bosnia and Herzegovina
EPA - Psychiatric Association of Bosnia and Herzegovina (EPA NPA) Joint Symposium "Comorbidity: Challenges in Diagnosis and Treatment"

27-30 September, Mexico City, Mexico
18th WPA World Congress of Psychiatry

6-9 October, Barcelona, Spain
31st ECNP Congress

13-17 October, Turin, Italy
48th SIP (Italian Society of Psychiatry) Congress

21 November, Brussels, Belgium
EBC event "Enhanced engagement through public-private partnerships: Sustaining therapeutic innovation to address patient needs"

22 November, Brussels, Belgium
EBC Board Meeting
EBRA Project kick-off meeting

3 December, Brussels, Belgium
"New horizons for person-centred mental health research and care"
EPA - GAMIAN-Europe jointly organised event with the European Parliament Interest Group on Mental Health, Well-being and Brain Disorders

CALENDAR OF INTERNAL MEETINGS

24 January, Vilamoura, Portugal
Meeting of the Council of NPAs

3-6 March, Nice, France
26th European Congress of Psychiatry
Meeting of the EPA Board and all EPA Committees
Meeting of the Council of NPAs

15 May, Brussels, Belgium
1st EPA Scientific Programme Committee Meeting
for EPA Warsaw 2019

5-6 July, Warsaw, Poland
2nd EPA Scientific Programme Committee Meeting
for EPA Warsaw 2019

21 September, Stockholm, Sweden
Meeting of the Committee on Ethical Issues

12 November, Paris, France
Meeting of the Committee on Education

24-25 November, Brussels, Belgium
Meeting of the Early Career Psychiatrists Committee

3-4 December, Brussels, Belgium
EPA Board Meeting
Meeting of the Council of NPAs

NOTES

EPA ADMINISTRATIVE STAFF

EPA ADMINISTRATIVE OFFICE

Administrator: **Caroline Martin**

Deputy Administrator: **Katie Luck**

Finance Manager: **Valérie Allspach-Kiechel**

Administrative and Membership Officer:
Carole Guillaume

Project Manager for Education, Ethics, ECPC:
Lara Le Noan

Project Manager for Congress and Communication:
Meaghan Owens

Project Manager for NPAs, Sections, Partnerships:
Athina Swietochowski-Palapanidou

Congress and Events Assistant: **Coline Godard**

Event Management and Communication

Apprentice: **Yasmine Kheir**

EPA BRUSSELS OFFICE

Scientific and Policy Manager: **Mari Fresu**

Scientific Project Officer: **Ulrike Kool**

Policy and Events Trainee: **Nadine Boesten**

THE EPA WISHES BEST OF LUCK TO FORMER TEAM MEMBERS FROM 2018:

- **Bryane Jaomanato**, Event Management and Communication Intern
- **Natacha Todorovic**, Congress and Events Assistant
- **Zhanna Zhussupova**, Interim Project Manager for NPAs, Sections, Partnerships

2018 ANNUAL REPORT EDITORS

Silvana Galderisi

Liana Cerbone

Katie Luck

Meaghan Owens

Yasmine Kheir



EUROPEAN PSYCHIATRIC ASSOCIATION

ANNUAL REPORT 2018

EPA
ADMINISTRATIVE OFFICE
European Psychiatric Association
15 Avenue de la Liberté
67000 Strasbourg, France
Phone: +33 3 88 23 99 30

EPA
BRUSSELS OFFICE
University Foundation
Rue d'Egmont 11
1000 Brussels, Belgium
Phone: +32 2 511 02 30