



Understanding and Treating Major Depressive Disorder

Led by **Allan Young and Roland Zahn**

→ Go to elearning.europsy.net





Led by *Stirling Moorey*

Introduction to Cognitive Behavioural Therapy

This course will allow you to understand the varieties of Cognitive Behaviour Therapy (CBT), their evolution, the application of CBT to various disorders, its key clinical features and the place of this important therapy in psychiatry today.

Led by *Guy Undrill*

Introduction to Motivational Interviewing

A unique opportunity to learn more about the spirit of Motivational Interviewing, the crucial relational foundation, the key techniques and how to use the techniques to steer consultations in the direction of positive change.



Led by *Allan Young & Roland Zahn*

Understanding and Treating Major Depressive Disorder

The topics range from epidemiology and pathophysiology to affective neuroscience and treatment paradigms. Led by world leading clinician scientists, this introduction to clinical depression is a must see for all those who seek to understand clinical depression better.



→ Go to elearning.europsy.net

