Press Release | European Psychiatric Association | 10 September 2021

The EPA launches its 4th online course on the occasion of World Suicide Prevention Day

With the launch of "Focus on Suicidal Behaviours" on 10 September 2021 and on the occasion of World Suicide Prevention Day, the European Psychiatric Association adds a fourth online course to its expanding catalogue of virtual resources for mental health professionals all over the world.

Led by instructors Professor Emilie Olié and Professor Jorge López-Castromán, this most recent online course from the EPA also features 17 of the world's foremost experts in suicidology for an in-depth look at suicidal behaviour, its treatment, and its prevention.

Six thematic chapters cover topics ranging from public health and the advances of neurobiology to clinical assessment and optimal treatment. Learners can advance at their own rhythm and those who finish will receive a certificate of completion. Course instructors and expert speakers present the material in English with optional English subtitles.

Thanks to an unrestricted Educational Grant from Janssen Pharmaceutical Companies of Johnson & Johnson, "Focus on Suicidal Behaviours" is provided open access for all participants via the EPA e-Learning Platform.

Contact: Lara Le Noan, EPA Project Manager for Education, Ethics and ECPC | lara.lenoan@europsy.net

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Prof. Emilie Olié - Lead Instructor

Emilie Olié is a Professor at the Psychiatric Emergency and Post-Acute Care Department, at the University Hospital of Montpellier (France). She received her PhD in 2010 from the University of Montpellier, France. She has been a member of the Suicidology and Suicide Prevention Section of the European Psychiatric Association for several years. She is co-chair of the section for study of suicidal behaviour (SECS) of the French Association of Biological Psychiatry and Neuropharmacology (AFPBN) and the co-chair of the National French Network for Bipolar Disorder Expertise (Fondamental Foundation).

EUROPEAN PSYCHIATRIC ASSOCIATION

EPA Administrative Office | 15 Avenue de la Liberté, 67000 Strasbourg, France | Phone: +33 3 88 23 99 30
EPA Brussels Office | University Foundation, Rue d'Egmont 11, 1000 Brussels, Belgium | Phone: +32 2 511 02 30

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As a member of the research team on 'Environment, Biomarkers, Neuropsychiatry' of the Functional Genomics Institute (IGF, Montpellier, France), she conducts clinical research on the role of pain in suicide and on the identification of suicidal biomarkers using neuropsychological and neuroimaging approaches in affective disorders. She has published more than 100 articles in international peer-reviewed journals and more than 20 book chapters on these topics.

Prof. Jorge López Castromán - Lead Instructor

Jorge López-Castromán is a Professor of psychiatry at the University of Montpellier (France). He received his PhD in 2008 from the Autonomous University of Madrid (Spain). He is the current head of the emergency and liaison psychiatry and child and adolescent psychiatry departments at the University Hospital of Nimes (France). He has also been the co-chair of the Suicidology and Suicide Prevention Section of the European Psychiatric Association for several years.

His lines of research are organised around the improvement of assessment, prevention and treatment of suicidal behaviours and affective disorders. He has published more than 100 articles in international peer-reviewed journals and more than 10 book chapters. He participates as principal investigator or coordinator in several national and international projects. He is part of the research team on "Environment, Biomarkers, Neuropsychiatry'" of the Functional Genomics Institute in Montpellier, France, and CIBERSAM, Spain.

Invited Speakers - *in order of appearance:*

- Dr. Saška Roškar
- Dr. Derek de Beurs
- Prof. Philippe Courtet
- Prof. John J. Mann
- Prof. Dan Rujescu
- Prof. Bo Runeson
- Prof. Alan Apter
- Adjunct Prof. Stéphane Richard-Devantoy
- Dr. Cécile Hanon
- Dr. Nicolas Hoertel
- Prof. Gil Zalsman
- Prof. Marco Sarchiapone
- Prof. David Jobes
- Prof. Seena Fazel
- Prof. Danuta Wasserman
- Prof. Ulrich Hegerl
- Prof. Enrique Baca-Garcia

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The EPA e-Learning Platform also features the following online courses:

• **Introduction to Cognitive Behavioural Therapy** – The first acclaimed EPA online course is for all professionals seeking to understand the varieties of CBT and the place of this important therapy in psychiatry today.

• **Introduction to Motivational Interviewing** – A unique opportunity to learn more about the spirit of Motivational Interviewing, the key techniques and how to use them to steer consultations in the direction of positive change.

• **Understanding and Treating Major Depressive Disorder** – Led by world leading clinician scientists, this introduction to clinical depression is a must see for all those who seek to better understand clinical depression.

The full catalogue of EPA online courses is free for paid-up EPA members, with some fees necessary for non-members depending on the selected course.

Full information about the EPA's online courses can be found on the EPA website at www.europsy.net/e-learning/.

The EPA e-Learning Platform can be accessed www.elearning.europsy.net.

About the EPA

With active individual members in as many as 88 countries and 44 National Psychiatric Association Members who represent more than 80,000 European psychiatrists, the European Psychiatric Association is the main association representing psychiatry in Europe. The EPA's activities address the interests of psychiatrists in academia, research and practice throughout all stages of career development.

The EPA deals with psychiatry and its related disciplines and focuses on the improvement of care for the mentally ill as well as on the development of professional excellence.

Information about the EPA can be found at www.europsy.net.

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