



EUROPEAN PSYCHIATRIC ASSOCIATION

ANNUAL REPORT

2022

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EPA REBOOTS: FIGHTING FOR BETTER AND MORE PROFESSIONAL MENTAL HEALTH CARE

At the beginning of 2022, with the COVID-19 pandemic beginning to come under control and the EPA preparing for a return to in-person meetings, it looked like life was returning to normal. But on 24 February 2022 Russia attacked Ukraine - and Europe faced war once again.

EPA immediately started its 'Network of Solidarity', gathering Ukrainian psychiatrists and NPA representatives from neighbouring countries on a regular monthly Zoom call.

In line with the wishes of the Ukrainian colleagues, we set up our 'Virtual Trauma Resource Centre', which is a virtual repository of documents to help professionals and the general public in treating and coping with traumatising events. We also organised 'Help for Helpers' webinars, which provided frontline helpers and volunteers with a psychological toolkit to support refugees fleeing their country because of the war. Thanks to donations received from our NPAs and from individual donors interested in supporting this work, we managed to finance and organise five deliveries of medication and one of electric generators to Ukrainian psychiatric hospitals.

At the same time, we continued our work on organising our annual Congress. In December 2021, as a result of the uncertainty caused by the new Omicron COVID-19 variant, we decided to postpone the 2022 Congress from April to June. We later had to make the extremely difficult decision to move to a fully virtual format, given the ongoing pandemic and the war in Ukraine.

Despite these challenges, our 2022 Congress was a great success. Held under the motto 'Linking Clinical Practice and Research for Better Mental Health Care in Europe', the Congress brought together almost 3,000 participants and gave them the opportunity to engage with state-of-the-art clinical tools, learn directly from experts, and explore innovative ideas for mental health care and prevention.

In parallel, the Task Forces implemented at the beginning of my Presidency were able to continue their work on our Core Guideline Project as well as finish our Map of Excellence Centres of Translational Research and our EPA White Paper on the Current and Future Treatment of Depression. We are also now finalising our papers on the Future of Diagnosis in Clinical Neurosciences and Digitalisation of European Psychiatry. With this work, we continue important discussions that foster better diagnostic and therapeutic care for people with mental illness.

In addition, EPA President-Elect Geert Dom has begun collaboration with UEMS to build a European Curriculum for Training in Psychiatry. He has also started working on a process to bring the EPA and the NPAs Council closer together to form an even stronger, more professional organisation for European psychiatry.

As we look ahead to 2023, I am particularly pleased that we will host, in March, our first in-person Congress since 2019.

After three years of virtual meetings, it will be a pleasure to be able to meet again - and I look forward to welcoming you all to Paris.

Prof. Peter Falkai
EPA President

FOREWORD



THE 30TH EUROPEAN CONGRESS OF PSYCHIATRY

The **30th European Congress of Psychiatry** took place as a fully virtual meeting from **4 to 7 June 2022**, welcoming over **2 800** participants from more than **90** countries. Delegates were able to participate, learn and engage with experts and colleagues via a dedicated Congress platform.

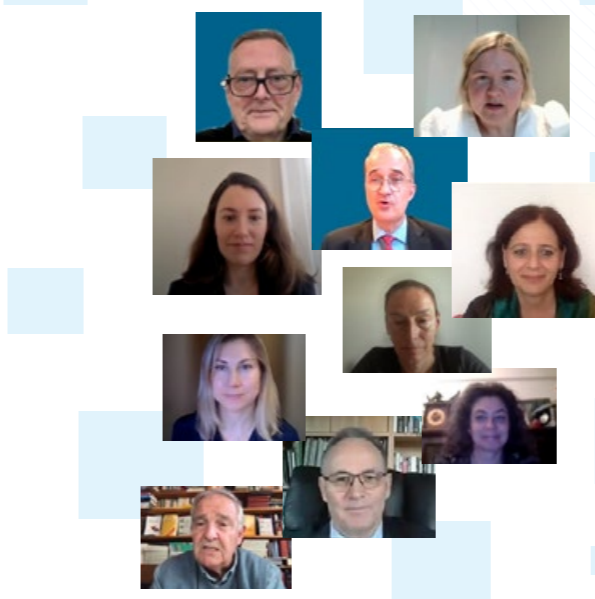
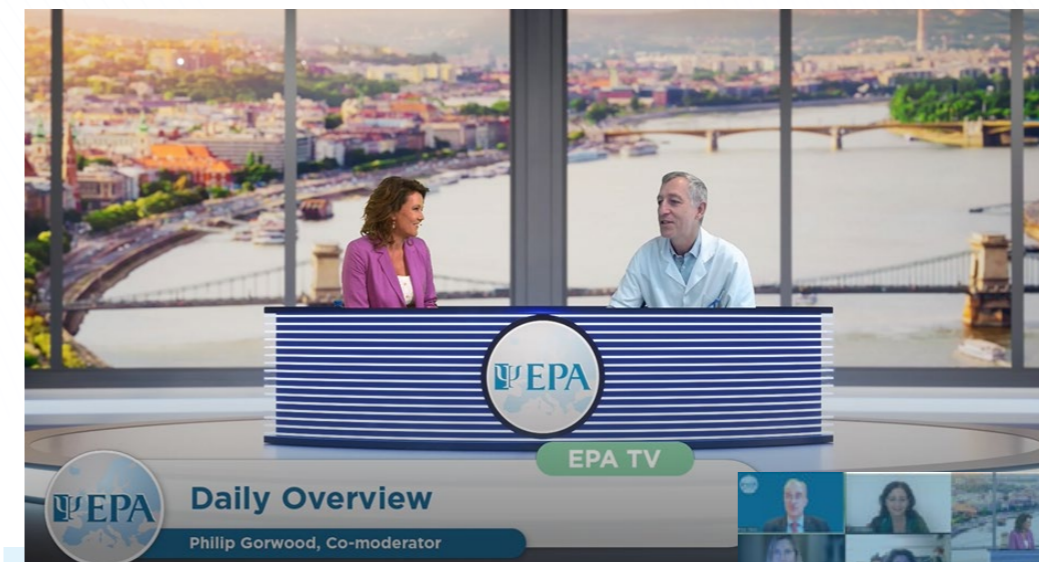
Despite the unpredictable times, the EPA community came together to share good practices and to talk about the latest developments in psychiatry. Discussions at the event were guided by the motto **‘Linking Clinical Practice and Research for Better Mental Health Care in Europe’**.

Scientific Programme

In 2022, for its third virtual Congress, the EPA built a scientific programme with rich and diverse content. The programme included three Plenary Lectures, six State of the Art Lectures, three Debates, 41 Symposia, 14 Workshops, 18 Oral Communication sessions and more than 2 000 Abstracts. Delegates also had the opportunity to ask questions to top specialists in their field during 11 Ask the Expert sessions.

The Congress featured the second edition of EPA TV, with the association organising 15 sessions in which participants could get to know the EPA's leaders and invitees better.

With nine dedicated sessions throughout the congress, as well as a selection of 14 high-level EPA courses, the scientific programme has an important educational focus and is a reference for Early Career Psychiatrists. In total, 94 of these 147 sessions were held live and all of them remained available on-demand to congress participants for three months after the Congress.



8th Annual Forum

Under the title **‘Mental Health in Europe: Care, research and response in times of crisis’**, the Eighth EPA Forum focused on the role of research to improve mental health care and response in times of emergency. More than 600 participants joined the 2022 virtual Forum and were able to learn from an exceptional panel of speakers from international and EU organisations.

Mr Stelios Kypouropoulos, a Greek Member of the European Parliament, opened the event and stressed the importance of establishing networks and raising awareness of mental health in Europe. The Forum was divided into three sessions: one centred around the role of research in the field of mental health, a session on mental health policies and priorities in times of crisis and, for the last session, a roundtable discussion on the [call for a European Year for Mental Health](#), a campaign launched by the MEP Alliance for Mental Health and GAMIAN-Europe.

Association activities

The EPA Ordinary General Assembly was held online during the Congress, on 5 June. The General Assembly was attended by 69 Individual members and 21 National Society/Association members.

At the General Assembly, Dr. Olivier Andlauer was appointed as Internal Auditor for a second term of office (from 2022 to 2024).

The following EPA Committees also held meetings during the congress: the Executive Committee, the Board, the Council of NPAs, the Early Career Psychiatrists Committee, the Committee on Education, the Committee on Ethical Issues, and Section Coordination.



PRIZES & AWARDS

The Constance Pascal - Helen Boyle Prize publicly acknowledges and raises awareness of the outstanding achievements made by women working to improve mental health care in Europe. The laureate for the annual prize is awarded a €10 000 financial grant.

The 2022 Prize was awarded to Prof. Danuta Wasserman during the Opening Ceremony of the 30th European Congress of Psychiatry on 4 June 2022. Prof. Wasserman is a Univ.-Prof. Dr. med. in Psychiatry and Suicidology and the Director and Founding Head of the National Centre for Suicide Research and Prevention of Mental Ill-Health at Karolinska Institutet. Prof. Wasserman's research activities comprise epidemiological, psychodynamic and genetic studies of suicidal behaviours.



The Pascal-Boyle prize is a necessary, worthy and elegant reminder of how much support is needed for female and immigrant scientists all over the world, who need inspiring role models. They need to see that anything is possible. Constance Pascal was a Romanian-born psychiatrist and scientist with broad cultural interests who became the first woman psychiatrist and the first woman head doctor of a psychiatric hospital in her new-found, male-dominated country, France. Helen Boyle was an Irish-British psychiatrist and scientist who became the first female President of the Medico-Psychological Association (now the Royal College of Psychiatrists). I am very grateful but also extremely proud to have been awarded this prize in 2022 by the EPA, which I cherish very much.

Prof. Danuta Wasserman
2022 Pascal-Boyle Prize winner



RESEARCH PRIZES 2022

The EPA Research Prizes reward the authors of the best scientific papers published in 2021 in five different categories. In 2022, we received 36 applications from young psychiatrists all over Europe.

From among the excellent candidates, the international jury selected the following five winners for the 2022 Research Prizes:

Category 1 • Clinical psychopathology and refinement of psychiatric diagnostic categories

Laura Fusar-Poli, *Italy*

'Examining Facial Emotion Recognition as an Intermediate Phenotype for Psychosis', published in *Progress in Neuro-Psychopharmacology & Biological Psychiatry*

Category 2 • Biological correlates and treatments of mental disorders

Benjamin Perry, *UK*

'Development and external validation of the Psychosis Metabolic Risk Calculator (PsyMetRIC)', published in *The Lancet Psychiatry*

Category 3 • Psychiatric epidemiology, social psychiatry and psychotherapeutic interventions in mental disorders

Nadine Hamieh, *France*

'Depressive Symptoms and Non-Adherence to Treatable Cardiovascular Risk Factors' Medications', published in *European Heart Journal – Cardiovascular Pharmacotherapy*

Category 4 • Child and adolescent Psychiatry

Shengxin Liu, *Sweden*

'Poor Glycemic Control is Associated with Increased Risk of Neurodevelopmental Disorder', published in *Diabetologia*

Category 5 • Best paper published in European Psychiatry

Gamze Erzin, *Türkiye*

'Examining the Association Between Exposome Score for Schizophrenia and Functioning in Schizophrenia', published in *European Psychiatry*

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I was tremendously happy and honoured to receive the 2022 EPA Research Prize. Publishing negative results can be very critical on a personal level as a young researcher yet it is essential to make the scientific process robust and reliable. I am very grateful to the jury members for acknowledging the importance of our study.

Nadine Hamieh
2022 Research Prize winner

It has been such a great honour to receive the prestigious EPA Research Prize, which I consider the most important achievement of my career so far. I am extremely grateful to the European Psychiatric Association for recognizing the work of young researchers in mental health and for promoting women in science.

Laura Fusar-Poli
2022 Research Prize winner

If you're a clinician, doing research is always a luxury. I had thought that it was impossible for me to publish an article in European Psychiatry at the beginning of my career, but I was awarded the 'Best Research Award' in 2022. This award motivated me for my future work and encouraged other colleagues in my country. Thanks, EPA!

Gamze Erzin
2022 Research Prize winner

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I was honoured to count myself among the winners of the ECP Scholarship. Having the chance to attend the EPA Congress and to listen to many passionate speakers contributed significantly to my education. But the ECP Scholarship means more than this, as it is a form of encouragement for young psychiatrists and an opportunity for growth and networking.

Cristiana Tapoi
2022 Scholarship winner

To be selected as an EPA Scholarship winner was a major career opportunity. It enabled me to attend the European Congress of Psychiatry and to enrol in different online courses offered by the EPA in the area of psychotherapies. I was able to access resources that are not currently offered by my training program, which improved my skills as a psychiatrist.

Luís Afonso
2022 Scholarship winner

The possibility of participating in the EPA Congress was truly an inspiration. The plethora of lectures and courses available, covering the burning issues of real-life psychiatric practice as well as the state of the art research in the majority of dynamically developing fields, offered a great learning experience.

Anna Julia Krupa
2022 Scholarship winner

SCHOLARSHIPS 2022

Early Career Psychiatrists and trainees who wish to attend the EPA Congress once again had the opportunity to apply for an EPA ECP Scholarship Programme and receive Congress benefits.

In 2022, winners had the chance to attend the third virtual EPA Congress with a waived registration fee, as well as gain access to one of the 14 EPA Courses held during the event and receive one year of EPA membership.

For this edition, the jury selected ten winners from among the 58 international applicants:

- Emre Cem Esen, *Türkiye*
- Renato de Filippis, *Italy*
- Cristiana Tapoi, *Romania*
- Sundar Gnanavel, *United Kingdom*
- Isabel Maurus, *Germany*
- Gisela Simões, *Portugal*
- Luís Afonso Fernandes, *Portugal*
- Anna Julia Krupa, *Poland*
- Ahmet Gürcan, *Türkiye*
- Luigi Giuliani, *Italy*

COUNCIL OF NPAs

MEMBERS

The EPA Council of National Psychiatric Associations (NPAs), with its 44 members from 40 European countries, constitutes the most important discussion platform representing 78,000 psychiatrists across Europe. In 2022, the Council welcomed the Ukrainian Psychiatric Association as a full member. A full listing of the 44 NPA members is available on the EPA website.



As one of the most important networks of mental health professionals, the Council of NPAs continue to help improve the standards of mental healthcare in Europe. In 2022, activities have been centred on responding to the war in Ukraine, supporting the dissemination of the EPA Code of Ethics, and starting the process of reforming the Council of NPAs to intensify collaboration with the EPA.

Prof. Jerzy Samochowiec
Chair of the NPAs Steering Committee



SYMPOSIA

A total of seven Symposia were organised during different NPA national events in 2022:

8 June – Lodz, Poland

'EPA Code of Ethics for Psychiatrists', presented by Prof. Meryam Schouler-Ocak, Prof. Silvana Galderisi, Prof. Jerzy Samochowiec and Prof. Przemyslaw Bienkowski

29 September – Budapest, Hungary

'Exercise in Schizophrenia: Understanding and Cure', presented by Prof. Peter Falkai
'How can we Build Bridges? - Questions, Dilemmas and Answers in Eating Disorders', presented by Prof. Philip Gorwood

13 October – Genoa, Italy

'The Integration of Psychosocial and Pharmacological Treatments in Severe Mental Disorders', presented by Prof. Jerzy Samochowiec, Ass. Prof. Martina Rojnic Kuzman and Prof. Bernardo Carpiniello

14 October – Tbilisi, Georgia

'Treatment and Management of Mental Disorders in a Post-Pandemic Era', presented by Prof. Geert Dom and Prof. Simavi Vahip

6 November - Mostar, Bosnia and Herzegovina

'Towards a European Mental Health Strategic Plan', presented by Prof. Peter Falkai
'Mental Health Care Challenges and Lessons Learned During the Pandemic', presented by Prof. Eka Chkonia

26 November – Berlin, Germany

'A Challenge for Mental Health Care - Joint DGPPN/EPA Symposium at the DGPPN Congress', presented by Prof. Meryam Schouler-Ocak and Prof. Jerzy Samochowiec

08 December – Wisła, Poland

'Pandemic and War - How they Dealt with the Trauma of the Psychiatric Care System in Europe', presented by Prof. Meryam Schouler-Ocak, Dr Iryna Frankova, Prof. Jerzy Samochowiec and Prof. Judit Balazs

MEETINGS

The Council of NPAs held three very successful and well-attended meetings in 2022.

- Friday 14 January 2022 - online
- Saturday 4 June 2022 - during the EPA 2022 Virtual Congress
- Friday 16 December 2022 - in Brussels, Belgium

ONGOING ACTIVITIES IN 2022

The Council of NPAs has been involved in the following projects and activities:

- Promoting collaboration between the EPA and the National Psychiatric Associations, including the first steps towards a reorganisation of the NPAs Steering Committee
- Monthly NewsPAge providing NPAs with key information related to the EPA
- Increasing the participation of the Council of NPAs in the EPA Congress, including a Symposium entitled 'On the Transitional Period from Pandemic Times Towards 'New Normal': Experiences and Challenges in Different European Countries' during the 2022 Congress
- Continuing to disseminate the EPA Code of Ethics, including a joint webinar with the EPA Committee on Ethical Issues
- A survey on 'Digitalisation in European Psychiatry'
- A questionnaire to help better understand the needs and aspirations of the Council of NPAs
- Continuing to participate in the EPA Ambassadors' Project
- Supporting the work of psychiatry in Ukraine during the war



PRESIDENTIAL TASK FORCES

The Council of NPAs continues to support the EPA President in the following Task Forces:

- Core Guidelines Development
- Mapping of Scientific Excellence in Countries of NPAs
- Sharpening the Diagnosis in Psychiatry
- Digitalisation in European Psychiatry

INTERACT NEWSLETTER

InterACT is the quarterly electronic newsletter of the Council of NPAs. Managed by an Editorial Board (currently led by Simavi Vahip, Editor-in-Chief), InterACT features varied content that is of particular interest to NPAs, including a Special File centred around a current topic, EU funding and advocacy news, and hot topics from across Europe.

Now in its fifth year, InterACT has become a key tool for NPAs to exchange information on the topic of psychiatry and mental health in Europe. All copies of InterACT can be accessed on the EPA website.

EARLY CAREER PSYCHIATRISTS

Over the last year, the Early Career Psychiatrists Committee (ECPC), chaired by Dr Ozge Kilic, and its four Task Forces have been busy developing new training opportunities for young psychiatrists all over Europe. As well as spearheading the ECP Programme sessions during the virtual European Congress of Psychiatry in June, the 2022 highlights for the ECPC included:

VIRTUAL GAINING EXPERIENCE PROGRAMME

After the inevitable break in activities at the height of the COVID-19 pandemic, the Committee decided to run a pilot virtual Gaining Experience Programme (GEP) and was pleased to offer five enthusiastic young psychiatrists the opportunity to participate in remote observerships.

In collaboration with two host institutions, selected candidates took part in placements in Germany and the UK:

- Eren Yıldızhan (Türkiye), Dominik Wincewicz (Poland) and Gamze Gürcan (Türkiye) were placed at the Ludwig-Maximilians-Universität in Munich, *Germany*
- Khrystyna Shalak (Ukraine) and Hatice Kaya Yilmaz (Türkiye) joined the teams at King's College London, *UK*

ONLINE TALKS WITH EXPERTS

Inspired by the 'Ask the Experts' sessions at EPA Congresses, this new project offers unique opportunities for ECPs and world-renowned experts in psychiatry to meet online and discuss key topics. The EPA organised two sessions in 2022:

- In collaboration with the Committee on Ethical Issues, Prof. Jan Wise was invited to talk about 'Digital Threats: new media and the assault on knowledge' in February
- In collaboration with the EPA Section on Digital Psychiatry, Prof. Umberto Volpe discussed 'Telepsychiatry and digital psychiatry instruments: how to apply them in clinical practice' in May

More sessions are planned for 2023.

ONLINE SURVEYS

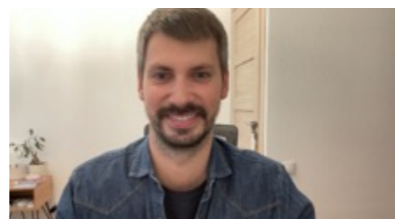
Several surveys were conducted in 2022 to collect data on important issues for ECPs:

- Barriers to the professional development of psychiatrists
- Trainees' and ECPs' attitudes regarding Therapeutic Drug Monitoring (TDM) use and utility for antipsychotic treatment
- ECP COVID-19 study exploring the impact of the COVID-19 outbreak on the education and professional development, working conditions and wellbeing of ECPs in Europe

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The Early Career Psychiatrists Committee is dedicated to providing a unique programme of activities and opportunities tailored for ECPs who represent the future of European psychiatry.”

Dr Ozge Kilic
EPA ECPC Chair



EDUCATION



The Education Committee, chaired by Dr Cécile Hanon, worked continuously to develop innovative educational opportunities. The return to in-person programmes was highly appreciated, with the EPA Summer School focusing on a brand new topic for its 11th edition.

EPA SUMMER SCHOOL ON SUICIDAL BEHAVIOURS

For the first time this year, the EPA Summer School was organised as a blended learning programme with in-person classes being supported by an online course on Suicidal Behaviours, available on the EPA's e-Learning platform.

Organised under the auspices of the Secretary General of the Council of Europe, Ms Marija Pejčinović Burić, the Summer School took place from 29 September to 2 October 2022 in Strasbourg, France. The Summer School, with the theme 'Focus on Suicidal Behaviours – One Step Beyond', welcomed 21 selected participants from 16 European countries.

The immersive three-day training programme featured the expertise of Prof. Emilie Olié (France), Prof. Jorge López-Castromán (France) and Prof. Carla Gramaglia (Italy). Scholars were able to engage in discussions on a variety of topics, including the management of suicidal crises, therapeutic innovations, and prevention strategies. Interactive sessions included plenary lectures, workshops and the highly anticipated simulation sessions, coordinated by Dr Defne Eraslan (Germany) and Dr Julian Beezhold, EPA Secretary General (UK).

E-LEARNING ACTIVITIES

The EPA remains committed to developing innovative online projects offering high-quality educational material to healthcare professionals. Despite facing some challenges this year, the Committee has been hard at work to develop exciting collaborations in the field of digital psychiatry and the role of carers and families, with new projects coming up in 2023.

Moreover, a steadily growing number of participants enrolled in the four online courses available on the EPA e-Learning platform (Cognitive Behavioural Therapy, Motivational Interviewing, Major Depressive Disorder, and Suicidal Behaviours).

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“This is a great online course that I will happily recommend to colleagues. The lessons are very useful and the content is explained in a very memorable and interesting way.”

Participant of the EPA Online Course on Suicidal Behaviours (2022)



EPA CME COURSES

This year, 14 courses were available during the virtual European Congress of Psychiatry in June. These EPA Courses covered all aspects of psychiatry:

- Autism Spectrum Disorder: Diagnosis and Psychiatric Comorbidities
- Apathy: unravelling a complex disorder of complex behaviours
- How to write a scientific paper
- Screening Cognitive Impairments in Psychosis using the Cognitive Assessment Interview (CAI)
- Global telepsychiatric services: from digital and cultural competencies to best practices
- Risk assessment and risk management of violent patients in general psychiatry
- Brief Motivational Interventions in the Emergency Room: how to quickly engage patients with addictive disorders
- The early detection of psychosis – an introductory training course
- Depression in Old Age
- Psychopharmacology of antipsychotics in schizophrenia
- Early Intervention in Psychosis: Working as a Team and Involving Families
- Psychiatric Management of Borderline Personality Disorder (BPD) with or without Psychotherapy
- Women's Mental Health: thinking about and tackling gender differences and the needs of women
- Useful open science tools to do research in psychiatry

PUBLICATIONS

PUBLICATION COMMITTEE

The EPA Publication Committee is responsible for producing practical guidance papers and position statements on topics of interest to the mental health community and beyond.

The Publication Committee oversees the selection of topics, suggests the list of authors, prepares review procedures, and establishes the timeframe for publication and dissemination.

In 2022, discussions to streamline the revision process of guidance papers led to the establishment of a new system based on four evaluation criteria: methodological quality; clinical relevance; originality; and format of the papers.



The Publication Committee is reinventing itself to support the EPA in its mission to become the voice of psychiatry in Europe. From sharing clinical best-practice guidance on assessing and treating negative symptoms in schizophrenia, to joint European policy recommendations on COVID-19 in patients with mental illness, we continue to demonstrate that the EPA leads the way in times of complexity and change.

Dr Livia De Picker
Publication Committee Chair

EPA GUIDANCE AND IMPACT PAPERS

Two EPA Guidance Papers were published in *European Psychiatry* in 2022:

EPA Guidance on Treatment of Cognitive Impairment in Schizophrenia (*European Psychiatry*, Vol. 65, August 2022) Authors: Antonio Vita, Wolfgang Gaebel, Armida Mucci, Gabriele Sachs, Stefano Barlati, Giulia Maria Giordano, Gabriele Nibbio, Merete Nordentoft, Til Wykes and Silvana Galderisi.

EPA Guidance on Assessment of Cognitive Impairment in Schizophrenia (*European Psychiatry*, Vol. 65, August 2022) Authors: Antonio Vita, Wolfgang Gaebel, Armida Mucci, Gabriele Sachs, Andreas Erfurth, Stefano Barlati, Federico Zanca, Giulia Maria Giordano, Louise Birkedal Glenthøj, Merete Nordentoft, and Silvana Galderisi.

One Impact Paper was published in *European Psychiatry* in 2022: Joint European policy on the COVID-19 risks for people with mental disorders: An umbrella review and evidence- and consensus-based recommendations for mental and public health. Authors: Benedetta Vai, Mario Gennaro Mazza, Marisa Casanova Dias, Julian Beezhold, Hilkka Kärkkäinen, John Saunders, Jerzy Samochowiec, Francesco Benedetti, Marion Leboyer, Paolo Fusar-Poli and Livia De Picker.

STATEMENTS

EPA Statements on the situation in Ukraine

On 28 February 2022 the EPA released a statement calling for peaceful resolution of the war in Ukraine. This position statement was quickly followed by two other statements in March, announcing the establishment of an 'EPA Network of Solidarity for Ukraine' and setting out EPA actions to deal with the 'Ukraine Crisis'.

On 26 April 2022, the EPA issued a fourth statement on additional actions taken in light of the ongoing war in Ukraine. In June 2022, the EPA and the Committee on Ethical Issues issued a fifth statement and call for action to raise awareness of the mental health consequences of the war in Ukraine.

EPA statement on 'conversion therapies' and LGBTQ Patients

The EPA published a statement to express its position concerning so-called 'conversion therapies' for LGBTQ patients. The EPA encourages legislation that bans such 'therapies', which present a significant risk of causing harm and violating human rights.

Copies of these publications are available on the EPA website.

EPA TRAUMA RESOURCE CENTER

Following the invasion of Ukraine and its significant impact on the mental and psychosocial wellbeing of people, the EPA and its partners collected key resources on how to cope with trauma and humanitarian emergencies, including research, guidelines, and multimedia material. The resources are available in English, Ukrainian, and Russian, and the list is regularly updated.

PRESS RELEASES

In 2022, the EPA published the following press releases during the Virtual Congress:

- 5 June 2022, 'Psychotherapy found to be ineffective or unavailable for medicated patients with severe depression'
- 6 June 2022, 'Babies exposed to COVID in the womb show neurodevelopmental changes'
- 7 June 2022: 'COVID-19 conspiracy theories associated with depression'
- 7 June 2022, 'New study shows fewer suicide attempts in women using hormonal contraceptives: findings go against previous fears about attempted suicide and contraception'

ETHICS

As well as being a contributor to EPA position statements on ethical subjects and a key partner of the EPA National Psychiatric Associations, in 2022 the Committee on Ethical Issues (chaired by Dr Meryam Schouler-Ocak) was keen to develop more partnerships and grow its online presence through webinars and surveys.

PROMOTING ETHICAL STANDARDS IN EUROPE

Following approval of the EPA Code Of Ethics in 2021, the Committee on Ethical Issues has been working on its dissemination across Europe as part of the Association's Long Term Plan. The Code is now available in Polish, Turkish, and Italian, with more languages planned for 2023.

Committee members took part in several events throughout the year:

In collaboration with EPA National Psychiatric Associations

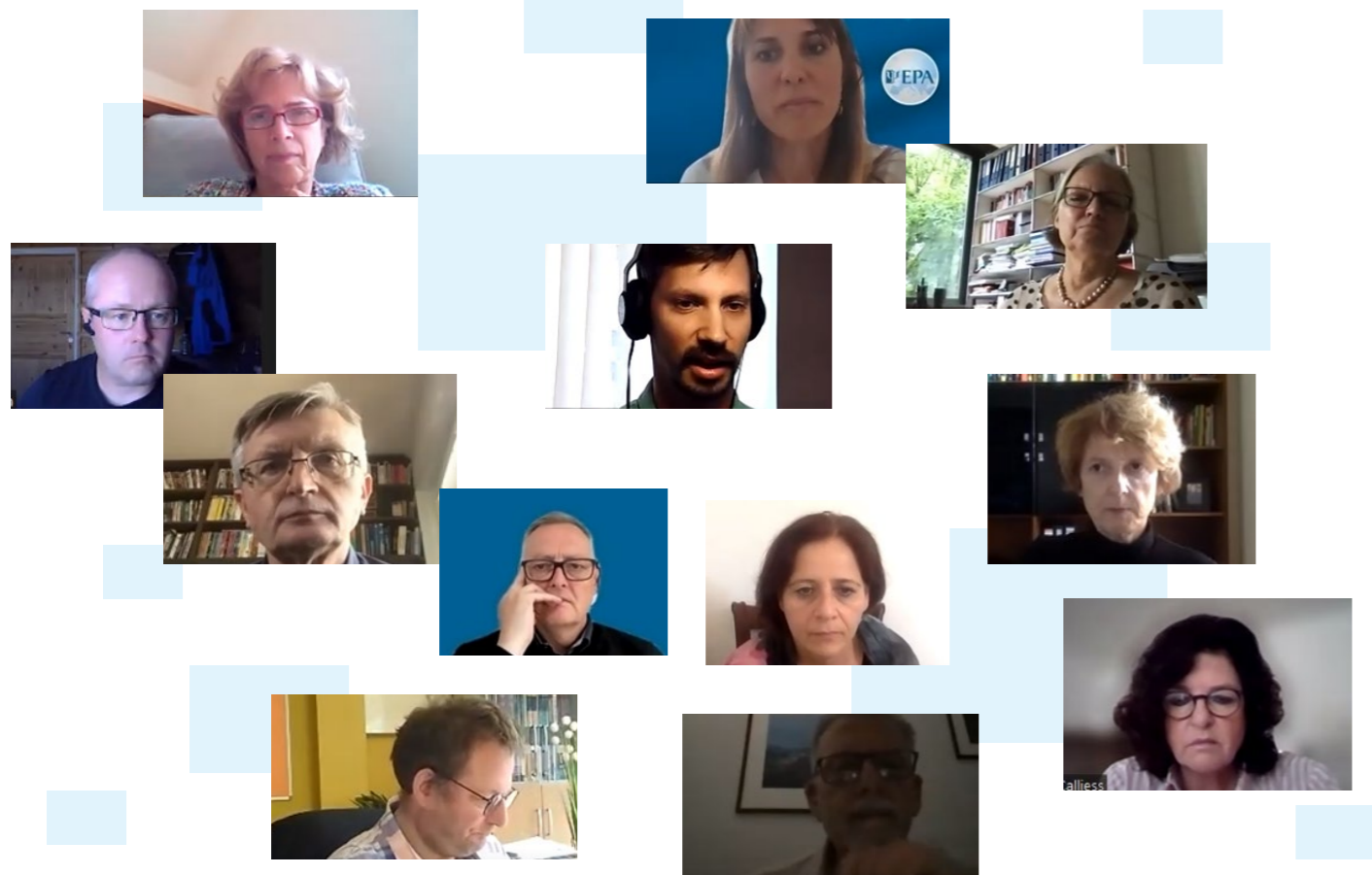
- June: Symposium during the 47th Congress of Polish psychiatrists.
- November: Joint Symposium during the DGPPN Congress on the 'War in Ukraine, a challenge for mental health care'

In collaboration with other associations

- October: Participation in the World Psychiatric Association Thematic Congress on Treatment and management of mental disorders in post-COVID era
- December: Symposium during the 16th International Congress Psychiatria Medforum Trauma in psychiatry on 'Pandemic and War - how they dealt with the trauma of the psychiatric care system in Europe'

ONLINE SURVEYS AND WEBINARS

- January: Online Talk with Experts in collaboration with the ECP Committee on 'Digital Threats: new media and the assault on knowledge'
- March: Webinar with the Psychiatrists Association of Türkiye on 'Ethics in Psychiatry: Recent Developments and Agenda in Europe and World'
- May: Participation in the EPA Section on Women's Mental Health webinar on 'Providing Mental Health for Ukrainian Refugees – early experiences with women and children'
- June: Preliminary data analysis results of the survey on Addressing ethical dilemmas in contemporary psychiatry, comparing practices across NPAs
- September: Organisation of a webinar (pictured) on 'Ethical principles and dilemmas in psychiatry' with the EPA Early Career Psychiatrists Committee and the NPAs Steering Committee
- October: Dissemination of the survey on Ethics in psychiatric practice in Europe (ongoing)



In line with our action plan, in 2022 we enhanced collaboration among Sections, as well as between Sections and Early Career Psychiatrists and between Sections and the Council of National Psychiatric Associations, allowing us to create opportunities for better integration of the Sections in EPA activities. In 2023 we aim to further increase the visibility of the Sections' activities at the Congresses and to continue revising the current EPA Rules of Procedure to allow more flexibility and more activities by the Sections.

Prof. Martina Rojnic Kuzman
Secretary for Sections

SECTIONS

SECTIONS ACTIVITIES AT THE EPA CONGRESS

As per usual, the 21 EPA Sections made a significant contribution to the scientific programme of the 30th European Congress of Psychiatry by organising 17 symposia, nine workshops, and nine courses.

SECTIONS ACTIVITIES THROUGHOUT THE YEAR

We held an additional Section Coordination meeting in March 2022, which was well attended. EPA Sections also organised scientific and educational activities throughout the year and published articles in scientific journals.

All of these activities are included in the annual reports provided by the Sections, which can be found on the EPA website.

EUROPEAN PSYCHIATRY JOURNAL

European Psychiatry continues to improve and develop following the move to a fully open access model in 2020. Over the years since, the journal has published many important and influential papers; for example, one paper on the mental health consequences of the COVID-19 pandemic was cited more than 550 times and has been downloaded almost 50,000 times to date.

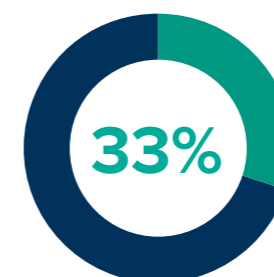
This strong performance is again reflected in increases in journal metrics. The journal Impact Factor grew by 33% from last year, with article downloads going up by 15%, reflecting increasing impact and readership of the journal.

In 2023 and beyond the focus will be on development of the journal in terms of growth and author experience, as well as maintaining and improving its reputation as an extremely high-quality publication for researchers working in psychiatry.

7 KEY METRICS FROM 2022


7.7
CiteScore™


5.613
Mentions
on Altmetric



33%
INCREASE
IN CITATIONS

20 DAYS
average time
to first decision

8.554
citations

741084
full text
downloads

**2021 JOURNAL
IMPACT FACTOR**

7.156

Journal Citation Reports (Clarivate Analytics, 2021)

Thank you to all our authors,
editors and peer reviewers

EU POLICY & LOBBYING

The consequences of the war in Ukraine, together with the mental health effect of the COVID-19 pandemic, placed the spotlight on the need to discuss mental health care and to make it a priority both at national and European level.

In this context, the EPA acted as a platform for knowledge exchange on mental health-related topics, and strengthened its position as a key mental health stakeholder at EU level.

The EPA's EU Policy and Lobbying activities focused on liaising with EU and international institutions, developing scientific collaborations, and engaging with the EPA Council of NPAs.

LIAISING WITH EU AND INTERNATIONAL INSTITUTIONS

Since September 2021 the EPA has been part of the WHO Pan-European Mental Health Coalition, a partnership dedicated to improving mental health across the WHO European Region. In 2022, EPA experts Prof. Geert Dom, Prof. Martina Rojnic Kuzman, Prof. Gabriela Stoppe, Prof. Judit Balasz and Prof. Cécile Hanon participated in the two meetings organised by the Coalition and contributed to discussions on challenges and opportunities related to mental health care.

The EPA also joined the European Medicines Agency (EMA) Healthcare Professionals' Working Party (HCPWP) in 2022. The HCPWP is a platform for exchanging information and discussing issues of common interest to the EMA and healthcare professionals. Under this framework, the EPA participated in relevant meetings in the area of medicines with other key stakeholders.

As in previous years, the EPA joined two meetings organised by GAMIAN-Europe and the MEP Alliance for Mental Health, held in May and in October 2022. At the May meeting, EPA President Prof. Peter Falkai gave a presentation on the needs and challenges in terms of mental health care, stressing the need for a European Year for Mental Health and a comprehensive strategy for mental health at EU level.

”

Even in the most challenging times - with a pandemic and the ongoing war in Ukraine - social cohesion to strengthen the safety net, of which psychiatry is a vital component, should be a cross-European goal

Prof. Peter Falkai
EPA President

Prof. Falkai also delivered a video keynote speech at the High-level Conference on 'Resilient Mental Health in the EU', organised under the auspices of the Czech Presidency of the Council of the EU. At this Conference, held on 14 November in Brussels, Prof. Falkai addressed the important link between resilience and recovery.

As part of its advocacy activities, the EPA organised the annual Policy Forum, preceding the official opening of the European Congress of Psychiatry. For its 2022 edition, the Forum was focused on 'Mental Health in Europe: Care, Research and Response in Times of Crisis'. Held virtually on 4 June, the event brought together more than 600 attendees and speakers from international and EU organisations who provided insights on the role of research to improve mental health care and response in times of emergency. The EPA Forum 2022 opened with a keynote address by Mr Stelios Kypouropoulos, a Member of the European Parliament, who highlighted the importance of establishing networks and raising awareness of mental health in Europe.



Developing scientific collaborations

In 2022, the EPA joined two Thematic Networks established under the EU Health Policy Platform (EU HPP). The Thematic Networks convene health stakeholders to produce joint statements addressed to the European Commission. The EPA joined the DISQO Thematic Network (coordinated by the European Public Health Alliance - EPHA), which seeks to address the impact of structural racism and discrimination on physical and mental health inequalities, and the Thematic Network on 'Mental Health in All Policies' (coordinated by Mental Health Europe).

The EPA fostered its scientific collaboration with the patient organisation GAMIAN-Europe. In 2022, the two Associations released a Report on the results of a survey conducted in 2021 on mental health services during the COVID-19 pandemic. In addition to this Report, GAMIAN-Europe and the EPA continued collaboration on the 'Developing Trust' Project, an initiative that involves both patients and clinicians to discuss care delivery in the area of schizophrenia.

As part of its participation in EU-funded projects in the mental health area, the EPA conducted communication and dissemination activities as part of three projects: the European Brain Research Area (EBRA), European Alliance for Sport and Mental Health (EASMH), and COMET, which looks at the situation for healthcare workers during the COVID-19 pandemic.



EBRA, led by the European Brain Council, came to an end in 2022 with a final conference organised in October. The EPA provided support to the coordinator and the project partners by promoting and disseminating information on the project's activities and main achievements.

In January 2022, the EPA became a communication partner of the EASMH project, coordinated by ECOS, helping to raise awareness of the link between sport and mental health (see photo on p14).

The COMET project, led by the Amsterdam Institute for Advanced Labour Studies and the Hugo Sinzheimer Institute (AIAS-HIS) kicked off in August 2022. Working together with the European Public Service Union (EPSU), the EPA acts as communication partner in this project, which examines the relationship between the COVID-19 pandemic, the mental health of healthcare workers, and trade union responses.

As part of its 2022 activities, the EPA strengthened its relationship with other associations by signing Memoranda of Understanding with the Federation of European Neuroscience Societies (FENS) and the European Institute of Women Health (EIWH). The EPA also joined the Psychedelic Access and Research European Alliance (PAREA), a new multi-stakeholder partnership whose goal is to develop the field of psychedelic-assisted therapies and bring about potential new treatment options.

In the framework of this collaboration, the EPA Executive Director, Margaret Walker, participated in the first PAREA policy meeting at the European Parliament on 6 December 2022, centred around psychedelic-assisted therapies in the treatment of brain disorders (see photo above).

Finally, the EPA appointed Prof. Philip Gorwood (EPA Past President), as member of the Board of Directors of the newly formed European Brain Foundation, an independent multidisciplinary and multi-stakeholder charity that seeks to support research aimed at reducing the burden of brain disorders in Europe.

Engaging with the EPA Council of NPAs

As part of its Ambassadors Programme, the EPA involved the National Psychiatric Associations (NPAs) in the third edition of its Survey. Set up with the goal of establishing a database of information on mental health practices and perspectives from around Europe and from within different mental health disciplines, the EPA Ambassadors Programme operates as a series of annual surveys distributed to mental health professionals in Europe.

Following the successful surveys launched in 2020 and 2021, the 2022 questionnaire was focused on trauma-related treatment and diagnosis. It collected nearly 1,000 replies. An article based on the 2021 Survey results was published in the *European Psychiatry* journal, providing an overview on the decision-making styles and approaches adopted by mental health professionals in Europe.

As part of its collaboration with the NPAs, the EPA participated in roundtable discussions with representatives of the World Psychiatric Association (WPA) and the Slovak Psychiatric Association (SPA) to provide an overview on the state-of-the-art of mental health services in Slovakia and produce joint recommendations for improving these services. As a result of this action, the EPA sent an official letter to the Slovak Ministry of Health to inform its Office and Representatives about the findings of the roundtable discussions.

EPA ACTIVITIES FOR UKRAINE

The EPA made a concerted effort to support mental healthcare professionals and patients in Ukraine who faced extreme conditions because of the Russian invasion in February 2022.

As soon as the war started, the EPA issued statements to express its position and to outline activities undertaken to support Ukraine.

On 7 March 2022, the EPA established the EPA Network of Solidarity for Ukraine, an informal group of EPA representatives from Ukraine and neighbouring countries aimed at developing a plan to help mental health professionals and the public cope with the mental health consequences of the war. Network participants met regularly throughout the year to discuss how to deliver mental healthcare services and what kind of support the EPA could provide.

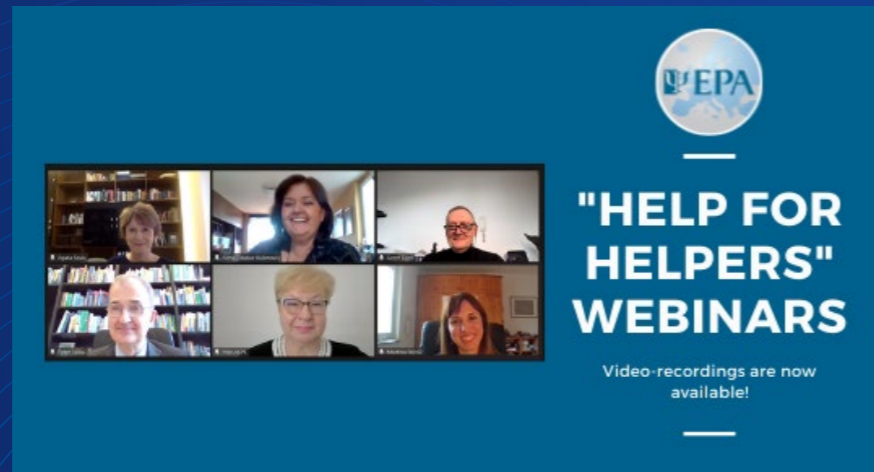
As a result of the EPA Solidarity Network meetings, two main needs emerged:

- The need for knowledge exchange and best practices on diagnosing and treating trauma and PTSD
- The need for medicines and equipment

To address the needs that emerged as a consequence of the war, the EPA also undertook the following activities:

EPA Trauma Resource Centre

In March 2022, the EPA launched a 'Trauma Resource Centre' on its website, compiling and storing relevant resources on how to cope with trauma and humanitarian emergencies. The Resource Centre was regularly updated and materials were made available for both healthcare professionals and the general public in English, Ukrainian, and Russian.



'Help for Helpers' Webinars

In April 2022 the EPA organised three 'Help for Helpers' webinars to give frontline helpers and volunteers a psychological toolkit for helping refugees fleeing their country because of the war. The webinars were recorded and translated in Ukrainian, Hungarian, Croatian, and Polish. The video recordings were made accessible via the EPA Trauma Resource Centre.

EPA Fund for Ukraine

The EPA also established a Fund for Ukraine to offer concrete support to mental healthcare professionals and their patients in hospitals in Ukraine. The EPA encouraged its NPAs and individual members to make donations to this special fund. The EPA President, Prof. Peter Falkai, and the Chair of the EPA Council of NPAs, Prof. Jerzy Samochowiec, recorded a video message that was shared with NPA Presidents and Representatives to encourage them to contribute to this initiative. Thanks to the support provided by its members and the Bavarian Parliament, the EPA collected donations that were used to purchase, collect, and deliver urgently needed medication to large psychiatric hospitals in Ukraine (see photos below).



COLLABORATION WITH OTHER SOCIETIES



EPA collaboration with European institutions and bodies

Council of Europe (CoE)

European Medicines Agency (EMA)

European Commission (EU Health Policy Platform)

European Parliament (MEP Alliance for Mental Health)

EPA partners

European Academy of Neurology (EAN)

European Brain Council (EBC)

European College of Neuropsychopharmacology (ECNP)

European Federation of Psychologists' Associations (EFPA)

European Federation of Psychiatric Trainees (EFPT)

European Scientific Association on Schizophrenia and other Psychoses (ESAS)

European Federation of Associations of Families of People with Mental Illness (EUFAMI)

Global Alliance of Mental Illness Advocacy Networks-Europe (GAMIAN - Europe)

European Union of Medical Specialists (UEMS)

European Pain Forum

European Federation of Addiction Societies (EUFAS)

European Federation of Public Service Unions (EPSU)

World Health Organization (WHO)

European Institute of Women's Health (EIWH)

Federation of European Neuroscience Societies (FENS)

Psychiatric Access and Research European Alliance (PAREA)

African Association of Psychiatrists and Allied Professions (AAPAP)

Asian Federation of Psychiatric Associations (AFPA)

The Royal Australian & New Zealand College of Psychiatrists (RANZCP)

Senior International Health Association (SIHA)

World Psychiatric Association (WPA)

American Association for Emergency Psychiatry (AAEP)

Association of Judicial Psychiatrists of Slovakia (ASPS)



COMMUNICATION

EPA WEBSITE

The EPA website remains an important tool in the Association's communication strategy, providing members and other stakeholders with high-quality and timely information on EPA activities.

The website is continually updated and is the hub for a wide range of news items and resources that are promoted on social media and in newsletters, including information about EPA activities, the EPA leadership and membership and any related discipline that can improve mental health care in Europe.



NEWSLETTERS

Following a revamp of EPA Minds Online in 2021, the Association's main newsletter continues to go from strength to strength. Launched more than a decade ago and distributed monthly to an audience of more than 15,000 subscribers, EPA Minds Online is a valuable communication tool for the EPA, bringing together significant updates in one regular bulletin and ensuring a monthly 'touchpoint' with the wider EPA community.

In 2022 we published eleven monthly issues of the newsletter. The 'open rate' for the newsletter (the proportion of mails sent that are opened at least once) continues to be high, at around 23 percent (the average before October 2021 having been 16 percent). Towards the end of 2022, open rates increased to more than 25 percent - well above average for such newsletters. The 'click rate' (the proportion of mails in which at least one link is clicked) more than doubled over the course of 2022.

This is due in part to a new format that is more attractive and which features more images and less text. Each issue is sent out twice: the first time it is sent to all subscribers and the second time, two weeks later, to those who did not open it on the first mailing, helping to ensure that we reach the widest possible audience.



SOCIAL MEDIA

Social media is an increasingly effective method for the EPA to reach members and stakeholders with up-to-the-minute information.

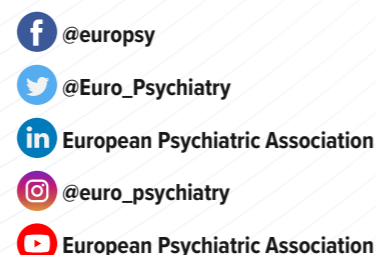
The main objectives of the EPA social media are to highlight the EPA as the main psychiatric association in Europe through promotion of its activities and events, to help the EPA community grow, and to turn followers into active members and participants in EPA activities.

Each social platform has a specific but complementary engagement strategy, with the 'voice' and content adapted to the style of each channel and the audience's expectations.

The EPA has more than 11,000 followers on Twitter, a year-on-year increase of about 15 percent. On Facebook, the Association has more than 15,000 followers and reached more than 200,000 Facebook users in 2022, a small drop in line with the declining use of the platform.

Reach on Instagram - where the EPA has 2,400 followers - rose slightly after the initial spike of interest following the launch of the account in 2020 and the start of regular activity in 2021. But LinkedIn saw the greatest increase in following, up 75 percent on 2021 figures with more than 3,800 followers.

The audience on social media remains predominantly female and with a large proportion of followers in Strasbourg, France and Brussels, Belgium. This latter statistic suggests that the channels are not only an excellent tool in connecting European psychiatrists and sharing information about the EPA, but also in recruitment of potential team members.



MEMBERSHIP

MEMBERSHIP

The EPA is an association of:

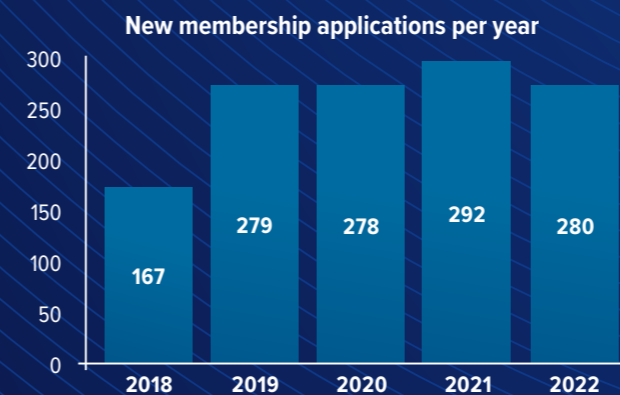
- National Psychiatric Association Members
- Qualified individuals in the form of Individual Members, Fellows, Emeritus Members, Honorary Members, International Individual Members, Students Members, Associate Members, and Affiliate Members
- Donor Members
- Associate Organisations

KEY FIGURES

The EPA community represents more 78,000 European psychiatrists from 88 countries, including **1,950 individual psychiatrists and professionals in mental health care** and 44 National Psychiatric Associations.

The Association, dedicated to psychiatry and its related disciplines, is focused on improving care for people with mental illness and on developing professional excellence.

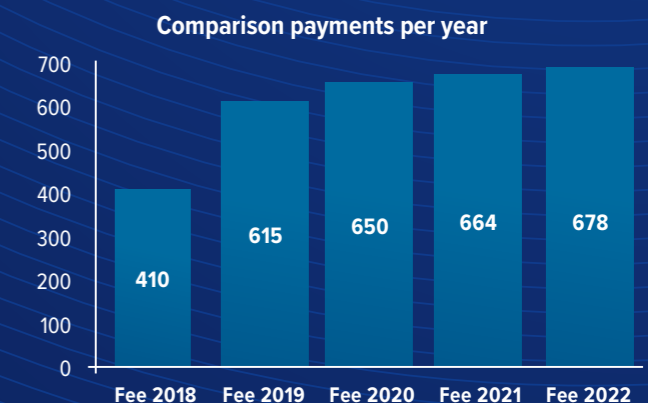
RECRUITMENT



From January to December 2022 the EPA maintained a strong level of membership recruitment, down by just a few applications, but still at a stable level of the number of acceptances.

280 new membership applications were accepted. Among them, 195 are Individual Members, 38 are International Individual Members, 22 are Student Members and 25 are Associate Members; 141 of the total are Early Career Psychiatrist Members.

PAYMENTS



In 2022, there were 678 fee-paying members. **The number of paid-up members continues to increase every year**, thanks to the ease of payment via the Extranet, an optimised reminder and follow-up procedure that was also integrated into the Congress registration system (set up in 2019), and an **attractive offer of member benefits**, which continues to include **significant discounts on the annual Congress**.



Membership is the lifeblood of the EPA and is what enables us to speak and act so powerfully to improve mental health in Europe

Julian Beezhold
EPA Secretary General

EPA COMMITTEES IN 2022

BOARD

Peter Falkai, *Germany - Chair*
 Julian Beezhold, *UK*
 André Decraene, *Belgium*
 Livia De Picker, *Belgium*
 Geert Dom, *Belgium*
 Andrea Fiorillo, *Italy*
 Philip Gorwood, *France*
 Cécile Hanon, *France*
 Hilka Kärkkäinen, *Finland*
 (until October 2022)
 Péter Kéri, *Hungary (since October 2022)*
 Özge Kilic, *Türkiye*
 Tamas Kurimay, *Hungary*
 Lars Lien, *Norway*
 Diego Palao Vidal, *Spain*
 Martina Rojnic Kuzman, *Croatia*
 Jerzy Samochowiec, *Poland*
 Meryam Schouler-Ocak, *Germany*
 Agata Szulc, *Poland*
 Simavi Vahip, *Türkiye*
 Umberto Volpe, *Italy*
 Jan Wise, *UK*

EXECUTIVE COMMITTEE

Peter Falkai, *Germany - President*
 Geert Dom, *Belgium - President-Elect*
 Philip Gorwood, *France - Past President*
 Julian Beezhold, *UK - Secretary-General*
 Andrea Fiorillo, *Italy - Treasurer*
 Jerzy Samochowiec, *Poland*
 - Council of NPAs Chair

OTHER OFFICE BEARERS

Cécile Hanon, *France*
 - Secretary for Education
 Martina Rojnic Kuzman, *Croatia*
 - Secretary for Sections

EARLY CAREER PSYCHIATRISTS COMMITTEE

Özge Kilic, *Türkiye*
 Tomasz Gondek, *Poland*
 Egor Chumakov, *Russia*
 Asilay Seker, *UK*
 Gaia Sampogna, *Italy*

EDUCATION COMMITTEE

Cécile Hanon, *France*
 Defne Eraslan, *Germany*
 Jan Wise, *UK*
 Andrea Raballo, *Italy*
 Livia de Picker, *Belgium*
 Umberto Volpe, *Italy*
 Liene Sile, *Latvia*
 Nikolina Jovanovic, *UK*
 George Stercu, *Romania*

ETHICAL ISSUES COMMITTEE

Meryam Schouler-Ocak, *Germany - Chair*
 Michael Musalek, *Austria*
 Rutger Jan van der Gaag, *the Netherlands*
 Philippe Courtet, *France*
 Jan Wise, *UK*
 Sam Tyano, *Israel*
 Silvana Galderisi, *Italy*
 Thomas Pollmächer, *Germany*
 Simavi Vahip, *Türkiye*
 Eka Chkonia, *Georgia*

PUBLICATION COMMITTEE

Livia De Picker, *Belgium - Chair*
 Wolfgang Gaebel, *Germany - Co-Chair*
 Julian Beezhold, *UK*
 Marisa Casanova Dias, *UK*
 Peter Falkai, *Germany*
 Sophia Frangou, *USA*
 Silvana Galderisi, *Italy*
 Philip Gorwood, *France*
 Tamas Kurimay, *Hungary*
 Danuta Wasserman, *Sweden (until April 2022)*

SCIENTIFIC PROGRAMME COMMITTEE (SPC) EPA CONGRESS 2022

Peter Falkai, *Germany*
 - SPC Chair & President
 Geert Dom, *Belgium*
 - SPC Co-Chair & President-Elect
 Michaela Amering, *Austria*
 Celso Arango, *Spain*
 Judit Balázs, *Hungary*
 István Bitter, *Hungary*
 Philip Gorwood, *France*
 Tamás Kurimay, *Hungary*
 Inez Myin-Germeyns, *Belgium*
 Merete Nordentoft, *Denmark*
 Martina Rojnic Kuzman, *Croatia*
 Meryam Schouler-Ocak, *Germany*
 Jan Wise, *United Kingdom*

ADVISORY SCIENTIFIC PROGRAMME COMMITTEE (ASPC) EPA CONGRESS 2022

Julian Beezhold, *United Kingdom*
 Elisabeth Binder, *Austria*
 Andrea Fiorillo, *Italy*
 Sophia Frangou, *USA*
 Wolfgang Gaebel, *Germany*
 Cécile Hanon, *France*
 Helen Herrmann, *Australia*
 Marek Jarema, *Poland*
 Hilka Kärkkäinen, *Finland*
 Özge Kilic, *Türkiye*
 Pavel Mohr, *Czech Republic*
 Petr Morozov, *Russia*
 Diego Palao Vidal, *Spain*
 Andrea Raballo, *Italy*
 Jerzy Samochowiec, *Poland*
 Norman Sartorius, *Switzerland*
 Arnt Schellekens, *Netherlands*
 Agata Szulc, *Poland*
 Florence Thibaut, *France*
 Simavi Vahip, *Türkiye*
 Urs Würsch, *Switzerland*

LOCAL ORGANISING COMMITTEE (LOC) EPA CONGRESS 2022

Judit Balázs, *Hungary - LOC Co-Chair*
 Tamás Kurimay, *Hungary - LOC Co-Chair*
 Zsolt Demetrovics, *Hungary*
 Judit Harangozó, *Hungary*
 Zsolt Huszár, *Hungary*
 János Kálmán, *Hungary*
 Szabolcs Kéri, *Hungary*
 Anna Kiss-Szőke, *Hungary*
 Gyöngyi Kökönyei, *Hungary*
 Adrienn Mátyássi, *Hungary*
 Magdolna Moretti, *Hungary*
 Péter Nagy, *Hungary*
 György Purebl, *Hungary*
 József Rácz, *Hungary*
 János Réthelyi, *Hungary*
 Zoltán Rihmer, *Hungary*
 Jerzy Samochowiec, *Poland*
 György Szekeres, *Hungary*
 János Szemelyácz, *Hungary*
 Tamás Tényi, *Hungary*
 Zsolt Unoka, *Hungary*

FINANCES & BUDGET

2022 marked the gradual return to in-person activities for the EPA, although the Congress, originally planned in hybrid format in Budapest, Hungary, was ultimately held virtually for the third consecutive time (and postponed from the original March date to 4-7 June, due to COVID-19).

The difficult decision to move to the virtual format was made by the EPA governance in early March, in light of the risk at the time of the war in Ukraine spreading to neighbouring countries.

With 2,863 participants in total, the Congress yielded less income than in 2021. Expenditure went down considerably compared to the original forecast approved by the Board in March but was still higher than in 2021 as some of the on-site related expenses had already been committed to and could not be recouped. Nevertheless, and despite slightly reduced support from sponsors, the lower level of expenses enabled us to reach a better-than-anticipated final Congress surplus.

Income from membership fees remained stable while revenue from the EPA journal, *European Psychiatry*, showed a marked growth linked to inclusion of the journal in numerous package sales agreements with academic bodies.

The anticipated agreement regarding an unrestricted educational grant for e-learning did not materialise this year. The grant secured for the GEP exchange programme will be used in 2023 (and so is not credited to 2022 income), as the placements resulting from the GEP 2022 call take place only in early 2023.

Expenses reflect the increasing level of in-person activities, especially during the second half of the year:

- The EPA Summer school gathered 21 participants over three days in Strasbourg
- All Committee meetings were held in person over the Autumn
- In September 2022, the Executive Committee decided to hold a special joint Board-Council of NPAs meeting to allow in-depth discussion on proposed changes to the Council of NPAs structure and role, which explains the increase in those two budget lines compared to the original Forecast. The meeting took place in Brussels in December.

EPA continued to invest in various tools which enabled the production of several webinars and surveys by various committees, including the NPAs Steering Committee.

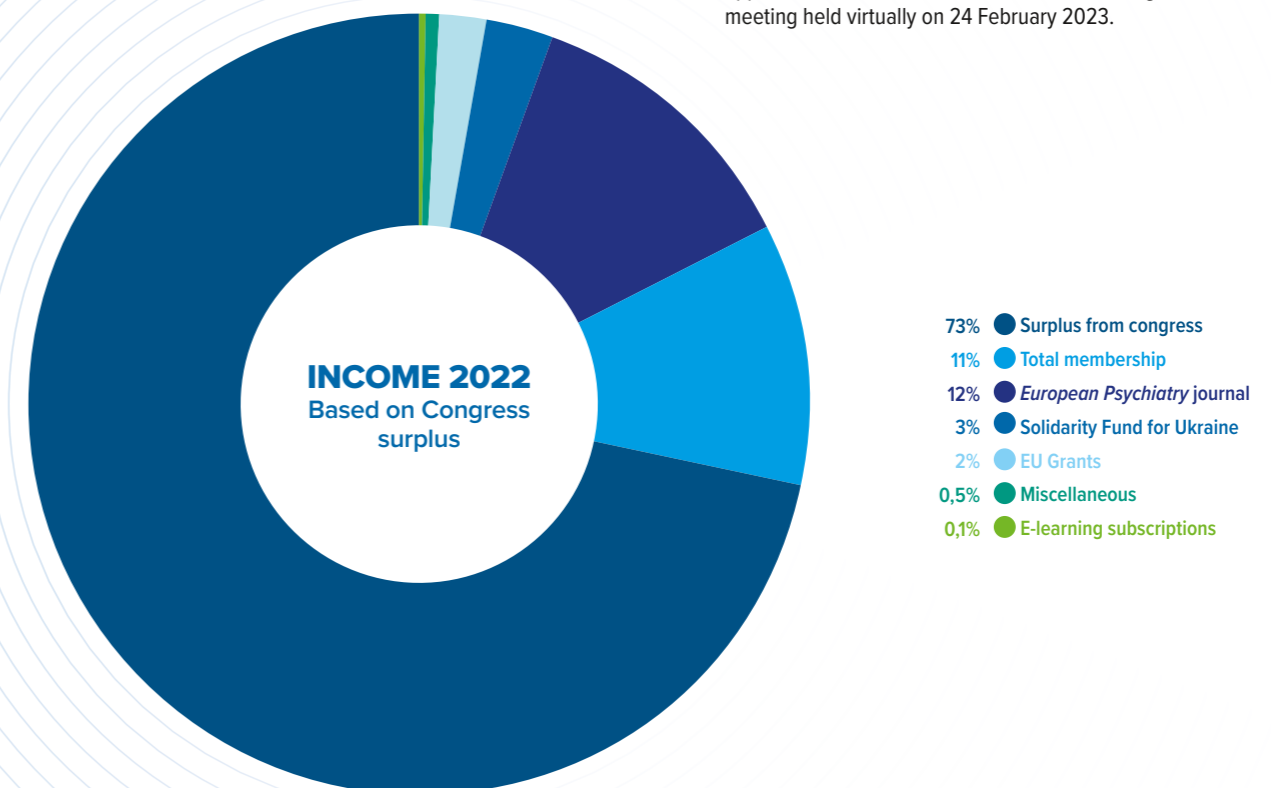
Conversely, expenditure on the office side was not only below that forecasted but lower than in previous years. This was due in part to conscious efforts to limit costs (especially regarding office charges and corporate communications) in light of the deficit originally anticipated and other factors:

- The repayment of the loan taken out for the premises ended in 2022
- One staff member was not replaced in 2022 and the planned recruitment of a science position was postponed to 2023.

Finally, as part of its efforts to support mental healthcare professionals and patients in Ukraine, the EPA set up a Solidarity Fund: of a total expenditure of almost €44,000, approximately €23,500 came from donations, which supported in part the purchase of medicines and generators made by EPA and distributed to Ukrainian psychiatric hospitals.

The different sources of income, and savings realised, enabled us to cover the activity-related expenses, leading to a balanced 2022 result.

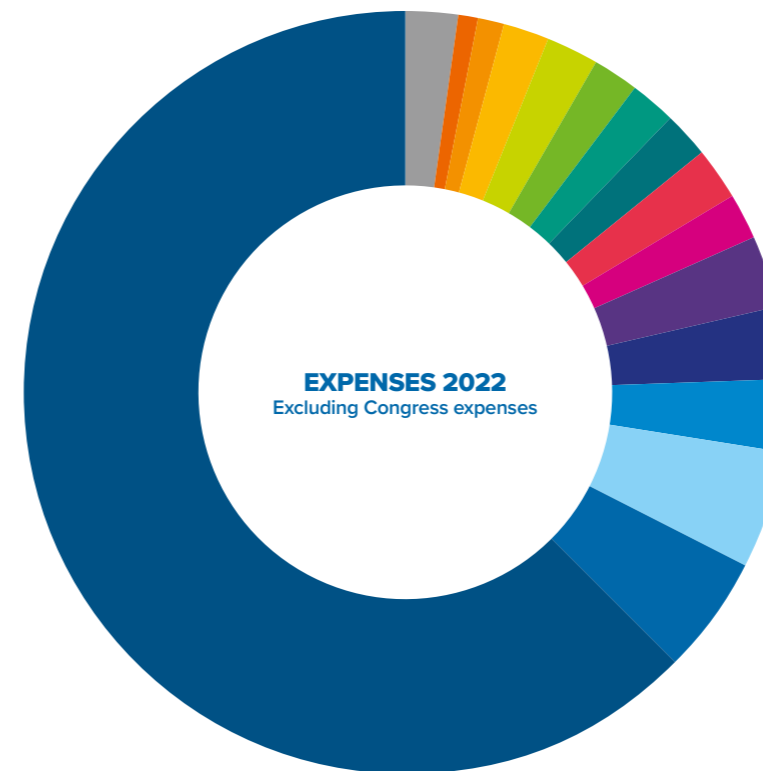
EPA Internal Auditors Mariana Pinto da Costa and Olivier Andlauer approved the 2022 annual accounts following the official Auditors' meeting held virtually on 24 February 2023.



EPA RESULT 2022

INCOME	2022 PRELIMINARY FORECAST 01/03/2022 Approved by Board	2022 FORECAST 17/05/2022 For Board & GA 06/06/2022	2022 RESULT
Surplus from congress	546 013	603 887	669 071
Annual membership fees (individual)	48 000	48 000	58 580
Corporate membership	2 000	0	0
National Psychiatric Associations fees	37 000	37 000	38 235
Total income from membership	87 000	85 000	96 815
European Psychiatry Journal	73 913	73 913	112 349
Miscellaneous	3 736	3 736	4 461
EBRA Project	6 013	6 013	6 013
EASMH Project (EU)		11 299	8 279
UEMS - Curriculum Project	6 000	6 000	0
Unrestricted educational grant exchange programme	15 000	15 000	0
Unrestricted educational grant e-learning	30 000	30 000	0
Educational course subscriptions	1 500	1 500	1 369
Solidarity Fund - Ukraine (Donations received)		22 330	23 537
INCOME TOTAL	768 260	863 762	921 893
EXPENSES			
EPA building (Strasbourg)	54 000	54 000	31 568
Third parties	39 000	39 000	17 970
Brussels Office	15 000	15 000	10 762
Board meetings	12 000	12 000	18 710
Ethics Committee meeting (1 meeting congress, 1 meeting outside)	4 500	4 500	6 846
Ethics course (itinerant)	2 000	2 000	0
Ethics Webinars		0	350
Publication fees (open access) - article	0	0	0
Ethics Committee : meetings and activities	6 500	6 500	7 196
Committee Education (1 meeting congress, 1 meeting outside)	4 500	4 500	5 140
E-Learning activities	42 300	42 300	8 218
EPA Itinerant Course Honorarium and travels	0	0	0
Summer school	16 500	16 500	10 814
Representation at UEMS meetings	1 000	1 000	0
Education Committee : meetings and activities	64 300	64 300	24 172
Council of NPAs teleconferences and meetings	6 000	6 000	18 589
EPA Council of NPAs Symposia (plus mailings)	4 000	4 000	1 624
National Psychiatric Associations symposia & meetings	10 000	10 000	20 213
Section Coordination activities	5 000	5 000	901
Publication Committee	0	0	0
Visits to HQ /auditors	5 000	5 000	2 565
Early Career Psychiatrists Committee : meetings and activities	24 500	24 500	3 743
Partnerships	37 250	37 250	30 083
Geography of European Psychiatry (Mapping Project)	10 000	10 000	9 972
Ambassadors	900	900	900
Quality Label	5 000	5 000	0
Presidential Strategic Plan	15 900	15 900	10 872
EBRA Project	6 013	6 013	6 013
EASMH Project (EU)		11 299	8 279
Solidarity Fund - Ukraine (Donations made)		22 330	43 993
Prizes	20 000	20 000	20 000
Corporate communication	22 200	22 200	8 642
Membership costs	5 500	5 500	2 735
European Psychiatry Journal costs	20 312	20 312	18 311
Other direct charges (Taxes)	8 400	8 400	19 337
Office charges	32 400	32 400	23 113
Office salaries total incl. President's assistant	677 273	677 273	551 456
Training for staff	10 000	10 000	3 736
EXPENSES TOTAL	1 095 633	1 129 262	884 369
INCOME TOTAL	768 260	863 762	921 893
EXPENSES TOTAL	1 095 633	1 129 262	884 369
NET RESULT	-327 373	-231 871	37 523

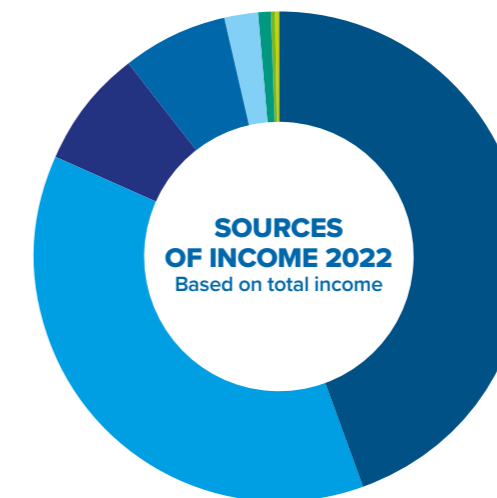
EPA ANNUAL REPORT 2022



- 62% Office salaries
- 5% Solidarity Fund for Ukraine
- 5% Premises Strasbourg and Brussels
- 3% Partnerships
- 3% Education Committee Activities
- 3% Office charges
- 2% Council of NPAs symposia and meetings
- 2% Prizes
- 2% Taxes incl. Income tax
- 2% Board meetings
- 2% European Psychiatry journal
- 2% Third parties
- 2% EU Projects
- 1% Presidential Strategic Plan
- 1% Corporate Communication
- 2% Other



- 38% Congress expenses
- 39% Salaries
- 8% Other
- 3% Solidarity Fund for Ukraine
- 2% Partnerships
- 2% Education Committee and e-learning
- 1% Prizes
- 1% Council of NPA meetings and activities
- 1% Board and EC meetings
- 1% EU funded projects
- 1% Presidential Strategic Plan
- 1% Third parties
- 1% Taxes incl. Income tax

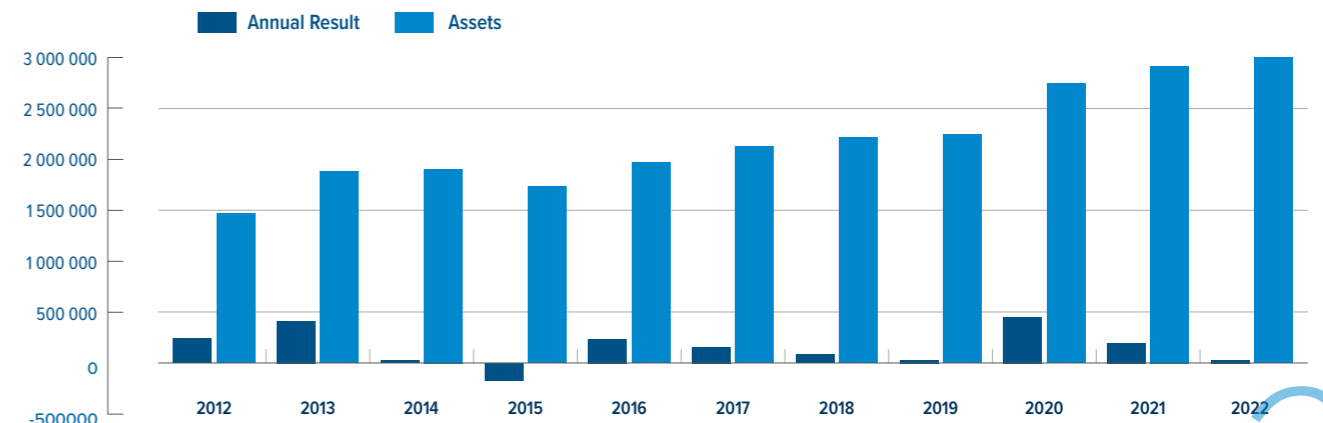


- 45% Congress income registration
- 37,6% Sponsorship from Industry
- 8% Journal
- 7% Membership
- 2% Solidarity Fund for Ukraine
- 1% EU grants
- 0,3% Miscellaneous
- 0,1% E-learning

Sponsorship from industry includes Congress Sponsorship (incl. Satellites) & Exhibition, as well as non Congress related grants/sponsorship.

Highest contribution by a single company: 14,80 % of the overall Income.

EVOLUTION OF EPA ASSETS



PRESIDENTIAL TASK FORCES 2021-2022

Task Force on Mapping

Julian Beezhold, Livia De Picker, Geert Dom, Peter Falkai, Andrea Fiorillo, Philip Gorwood, Ozge Kilic, Diego Palao Vidal, Martina Rojnic Kuzman, Jerzy Samochowiec, Meryam Schouler-Ocak, Simavi Vahip

Task Force on Guidelines for Schizophrenia

Livia De Picker, Peter Falkai, Andrea Fiorillo, Wolfgang Gaebel, Silvana Galderisi, Alkomiet Hasan, Stefan Leucht, Agata Szulc, Elias Wagner

Task Force on Digitalisation

Geert Dom, Peter Falkai, Wolfgang Gaebel, Janos Kalman, Ozge Kilic, Tamas Kurimay, Lars Lien, Blazej Misiak, Diego Palao Vidal, Jerzy Samochowiec, Meryam Schouler-Ocak, Umberto Volpe, Jan Wise

Task Force on Diagnosis

Geert Dom, Peter Falkai, Andrea Fiorillo, Philip Gorwood, Hilka Karkkainen, Tamas Kurimay, Jerzy Samochowiec, Agata Szulc, Umberto Volpe, Urs Würsch

Task Force on Incubator

Julian Beezhold, Livia De Picker, Geert Dom, Julia Eder, Peter Falkai, Wolfgang Gaebel, Philip Gorwood, Hilka Karkkainen, Tamas Kurimay, Jerzy Samochowiec

TASK FORCES IN 2022

ECP Task Force on Meetings and Associations

Objective: To organise meetings and promote activities relevant for European Early Career Psychiatrists

Tomasz Gondek, *Poland - Chair*
Kezban Burcu Avanoğlu, *Türkiye*
Emre Cem Esen, *Türkiye*
Maria Filip, *Poland*
Sundar Gnanavel, *UK*
Jamila Ismayilova, *Azerbaijan*
Theodoros Koutsomitros, *Greece*
Federico Mucci, *Italy*
Matilda Naesström, *Sweden*

ECP Task Force on Research

Objective: To involve Early Career Psychiatrists across Europe in research projects concerned with educational aspects as well as career chances

Gaia Sampogna, *Italy - Chair*
Marton Asztalos, *Denmark*
Ilya Fedotov, *Russia*
Dorottya Öri, *Hungary*
Claudia Palumbo, *Italy*
Victor Pereira Sanchez, *Spain*
Diego Quattrone, *UK*
Ekin Sönmez, *Türkiye*
Anna Szczegieliński, *Poland*

ECP Task Force on Communication and Publications

Objective: To improve visibility of publications by Early Career Psychiatrists

Egor Chumakov, *Russia - Chair*
Gamze Erzin, *Türkiye*
Laura Fusar-Poli, *Italy*
David Gurrea Salas, *Switzerland*
Alena Leonova, *Russia*
Mario Luciano, *Italy*
Laura Orsolini, *Italy*
Georgios Schoretsanitis, *Greece*
Robertas Strumila, *France*
Kirill Vasilchenko, *Russia*

ECP Task Force on Professional Development

Objective: To improve training needs and identify key areas for action in career advancement for Early Career Psychiatrists

Asilay Seker, *UK - Chair*
Franziska Baessler, *Germany*
Iryna Frankova, *Ukraine*
Camille Noël, *Belgium*
Yuriy Osadshi, *Russia*
Raul Felipe Palma Alvarez, *Spain*
Ilaria Riboldi, *Italy*
Khrystyna Shalak, *Ukraine*
Nikola Žaja, *Croatia*
Olena Zhabenko, *Germany*

Task Force on Sections

Objective: To harmonise Sections' activities, to increase interaction between Sections as well as between Sections and NPAs, to develop interaction with ECPs, and to improve the involvement of Sections in EPA activities, including the visibility of Sections at the EPA Congresses.

Martina Rojnić Kuzman, *Croatia - Chair*
Egor Chumakov, *Russia*
Andrea Fiorillo, *Italy*
Nadja Marić Bojović, *Serbia*
Meryam Schouler-Ocak, *Germany*
Agata Szulc, *Poland*
Umberto Volpe, *Italy*
Angelika Wieck, *UK*

EPA ACTIVITIES

CALENDAR OF PRESIDENTIAL ACTIVITIES

February 2022

23.02 EBC Board Meeting

March 2022

Video message for EBC 20th Anniversary
07.03 First meeting of the EPA Solidarity Network for Ukraine
15.03 WONCA Europe webinar 'Talk with Dr Pavlo Kolesnyk on Ukraine'

April 2022

05.04 Medscape Interview: comment on Ukraine
08.04 EPA Help for Helpers Webinar 'Introduction and practical tips on psychological first aid for helpers'
12.04 EPA Help for Helpers Webinar 'Practical tips for supporting children'
14.04 EPA Help for Helpers Webinar 'Traumatisation and resilience in Helpers'

May 2022

04.05 UEMS PS, UEMS CAP, EPA - Response to Ukraine Update Meeting
10.05 Meeting of the MEP Alliance for Mental Health
12.05 EBC General Assembly
26.05 Video greetings for the 29th Congress of the Hellenic Psychiatric Association

June 2022

22.06 WPA–EPA–SPA roundtable discussion in Bratislava on recommendations and state of the art of the Slovakian mental health care system

July 2022

07-10.07 EFPT Meeting in Valetta, Malta
13.07 FENS Governing Council Meeting in Paris, France

September 2022

29-30.09 National Congress of the Hungarian Psychiatric Association in Budapest, Hungary

October 2022

06-08.10 Pre-recorded speech at Congress organised by the Association of Neurologists, Psychiatrists and Narcologists of Ukraine
06.10 Pre-recorded speech at World Mental Health Day event organised by EPION in Greece
11-12.10 Brain Innovation Days (BIDs) in Brussels, Belgium
11.10 EBRA final conference in Brussels, Belgium
12-15.10 49th National Congress of the Italian Psychiatric Association (SIP) in Genoa, Italy

November 2022

06.11 Meeting on 'Psychiatry in the Changing World' Mostar, Bosnia and Herzegovina
14.11 Video-speech for 'High Level meeting Resilient Mental Health in the EU' in Brussels, Belgium

December 2022

01.12 GAMIAN-Europe Workshop on 'Developing trust and effective care for people with schizophrenia: Patients and Psychiatrists and other stakeholders working in partnership'

CALENDAR OF EPA INTERNAL ACTIVITIES

January 2022

07.01 Publication Committee Meeting
14.01 Council of NPAs Meeting

February 2022

03.02 Executive Committee Meeting
10.02 Ethical Issues Committee Meeting

March 2022

01.03 EPA Board Meeting
14.03 Sections Coordination Meeting
15.03 Executive Committee Meeting

April 2022

04.04 Early Career Psychiatrists Committee Meeting
04.04 Education Committee Meeting
13.04 Ethical Issues Committee Meeting
22.04 Executive Committee Meeting
25.04 Publication Committee Meeting

May 2022

09.05 EPA 2023 Paris Scientific Programme Committee (1st SPC meeting)
10.05 Executive Committee Meeting

June 2022

03.06 EPA Board Meeting
03.06 Executive Committee Meeting
04.06 Council of NPAs Meeting
05.06 Early Career Psychiatrists Committee Meeting
06.06 Education Committee Meeting
06.06 Ethical Issues Committee Meeting
06.06 Sections Coordination Meeting

July and August 2022

07.07 Publication Committee Meeting
12.07 Executive Committee Meeting

September 2022

05.09 Executive Committee Meeting
29.09 EPA 2023 Paris Scientific Programme Committee (2nd SPC meeting)
29.09-02.10 EPA Summer School

October 2022

06.10 Ethical Issues Committee Meeting
28.10 Ethical Issues Committee Meeting

November 2022

03-04.11 Early Career Psychiatrists Committee Meeting
10.11 Executive Committee Meeting
21.11 Education Committee Meeting

December 2022

12.12 Publication Committee Meeting
15.12 Executive Committee Meeting
15.12 EPA Board Meeting
16.12 Council of NPAs Meeting

EUROPEAN PSYCHIATRIC ASSOCIATION

ANNUAL REPORT 2022

EPA ADMINISTRATIVE STAFF

EPA Administrative Office

Executive Director: Margaret Walker

Director of Governance and Administration:
Katie Luck

Director of Finance and Operations:
Valérie Allspach-Kiechel

Project Manager for Education, Ethics, ECPC:
Lara Le Noan and Victoria Rieber (interim until April 2022)

Project Manager for Congress and Communication:
Carole Ziegler

Interim Project Manager - Strategy and Governance:
Coline Godard (from April 2022)

Junior Project Manager:
Victoria Rieber (from April until August 2022)

Administrative and Membership Officer:
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Administrative and Governance Officer:
Mélanie Rieder

Congress and Events Assistant:
Coline Godard (until April 2022)
and Célia Kocher (from March 2022)

Event Management and Communication Apprentice:
Florina Dramba (until September 2022)



EPA Brussels Office

Scientific and Policy Officer:
Lara Grosso Sategna

The EPA wishes best of luck to former EPA team members in 2022:

Victoria Rieber, *Junior Project Manager*
Florina Dramba, *Event Management and Communication Apprentice*

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