



Dr Arnt Schellekens

Biography



Arnt Schellekens (Loon op Zand, 1977) studied medicine at Radboud University and graduated cum laude in 2003 with a Master's degree in medicine. He specialised in psychiatry and in 2011 he obtained his PhD on research into alcohol addiction, in particular the relationship between genetic and environmental factors. Arnt Schellekens has been working as a psychiatrist at Radboud university medical center (Radboudumc) since 2012, where he further specialised in addiction psychiatry. He was appointed as scientific director of the Nijmegen Institute for Scientist Practitioners in Addiction (NISPA) in 2015, as head of the Radboudumc medical-psychiatric unit in 2017, and professor in psychiatry in 2019. His research focuses on neurobiological and psychological mechanisms that contribute to addiction. He aims to better understand why patients with addictive behaviour often also suffer from other psychiatric disorders (for example ADHD and depression). His ultimate goal is to develop more effective treatment strategies based on these insights.