



EUROPEAN PSYCHIATRIC ASSOCIATION

5 > 7
SEPTEMBER
2025

STRASBOURG
FRANCE

EPA LEADERSHIP ACADEMY

**EMPOWERING LEADERS
IN MENTAL HEALTH**

Programme

Centre Culturel Saint-Thomas, 2 Rue de la Carpe Haute, 67000 Strasbourg
Salle de la Paix

Faculty

Dr. Olivier Andlauer, London (UK)

Prof. Defne Eraslan, Karlsbad (Germany)

Dr. Cecile Hanon, Paris (France)

Prof. Anita Riecher-Rössler, Basel (Switzerland)

Prof. Norman Sartorius, Geneva (Switzerland)

Dr. Asilay Seker, London (UK)

Guest speaker – Simone De Ioanna (France)



    europsy.net

**Apply
today on
the EPA
website!**



EUROPEAN PSYCHIATRIC ASSOCIATION

5 > 7
SEPTEMBER
2025

STRASBOURG
FRANCE

EPA LEADERSHIP ACADEMY

EMPOWERING LEADERS IN MENTAL HEALTH

Friday 5 September

14:00 – 15:00 | Visit to the Council of Europe

15:00 – 16:00 | Lecture – A human rights-based approach to mental healthcare

16:00 - 17:00 | Coffee break

17:00 – 17:45 | Welcome, introductions and course overview

18:30 - 19:10 | Lecture - Leadership: meaning and action by *Prof. Norman Sartorius*

19:10 - 20:00 | Welcome cocktail

Saturday 6 September

09:00 – 10:40 | Workshop - Introduction to Leadership theory and styles – What is leadership for psychiatrists? By *Dr. Olivier Andlauer*

10:40 - 10:50 | Coffee break

10:50 - 12:30 | Workshop - Managing conflict by *Dr. Olivier Andlauer*

12:30 - 13:30 | Lunch break

13:30 - 15:00 | Workshop - Managing change by *Dr. Olivier Andlauer*

15:00 - 15:10 | Stretch & socialise



    europsy.net

Apply
today on
the EPA
website!



EUROPEAN PSYCHIATRIC ASSOCIATION

5 > 7
SEPTEMBER
2025

STRASBOURG
FRANCE

EPA LEADERSHIP ACADEMY

EMPOWERING LEADERS IN MENTAL HEALTH

15:10 – 15:50 | Lecture - Leadership skills: acquisition and use *by Prof. Norman Sartorius*

15:50 - 16:20 | Lecture - Common pitfalls for young leaders *by Dr. Asilay Seker*

16:20 - 16:30 | Coffee break

16:30 - 18:10 | Workshop - Leadership and work life balance beyond traditional gender roles - a win-win project for both women and men *by Prof. Anita Riecher-Rössler*

20:00 | Group dinner

Sunday 7 September

09:00 – 09:20 | Recap and debrief *by Dr. Asilay Seker*

09:20 - 10:00 | Lecture - Self-care and self-compassion in leadership *by Assoc. Prof. Defne Eraslan*

10:00 - 10:10 | Coffee break

10:10 - 10:50 | Lecture – Topic TBD *by Dr. Cécile Hanon*

10:50 - 11:30 | Lecture - Adaptive leadership and associations: enabling change in volunteer-led environments *by Simone De Ioanna*

11:30 - 12:00 | Additional resources and conclusion



    europsy.net

**Apply
today on
the EPA
website!**