



EUROPEAN PSYCHIATRIC ASSOCIATION

5>7
SEPTEMBER
2025

STRASBOURG
FRANCE

EPA LEADERSHIP ACADEMY

**EMPOWERING LEADERS
IN MENTAL HEALTH**



"Under the auspices of the Secretary General of the Council of Europe, Mr Alain Berset"

Programme

Centre Culturel Saint-Thomas, 2 Rue de la Carpe Haute, 67000 Strasbourg
Salle de la Paix

Faculty

Dr. Olivier Andlauer, London (UK)

Prof. Defne Eraslan, Karlsbad (Germany)

Dr. Cecile Hanon, Paris (France)

Prof. Anita Riecher-Rössler, Basel (Switzerland)

Prof. Norman Sartorius, Geneva (Switzerland)

Dr Julian Beezhold, Norwich (UK)

Dr. Asilay Seker, London (UK)

Guest speaker – Simone De Ioanna (France)



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Friday 5 September

14:00 - 15:00 | Visit to the Council of Europe

15:00 - 15:45 | Lecture at the CoE – A human rights-based approach to mental healthcare

15:45 - 16:45 | Break – Transition to *Centre Culturel Saint Thomas*

16:45 - 17:40 | Welcome, introductions and icebreaker

17:40 - 18:20 | Challenges for Leaders in Psychiatry: Past, Present and Future *by Dr. Julian Beezhold*

18:20 - 19:00 | Leadership and professional skills: neglected subject in medical education *by Prof. Norman Sartorius*

19:00 - 20:00 | Welcome cocktail

Saturday 6 September

09:00 - 10:30 | Workshop - Introduction to Leadership theory and styles – What is leadership for psychiatrists? *By Dr. Olivier Andlauer*

10:30 - 10:50 | Coffee break

10:50 - 12:30 | Workshop - Managing relationships in teams *by Dr. Olivier Andlauer*

12:30 - 13:30 | Lunch break

13:30 - 15:00 | Workshop - Managing relationships in teams *by Dr. Olivier Andlauer*

15:00 - 15:10 | Stretch & socialise



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15:10 - 15:50 | Lecture - Acquiring professional and leadership skills *by Prof. Norman Sartorius*

15:50 - 16:20 | Coffee break

16:20 - 17:40 | Lecture - Leadership and work life balance beyond traditional gender roles - a win-win project for both women and men *by Prof. Anita Riecher-Rössler*

17:40 - 18:00 | Conclusions

20:00 - 22:00 | Group dinner

Sunday 7 September

09:00 - 09:20 | Recap and debrief *by Dr. Asilay Seker*

09:20 - 10:00 | Lecture - Self-care and self-compassion in leadership *by Assoc. Prof. Defne Eraslan*

10:00 - 10:10 | Coffee break

10:10 - 10:50 | Lecture – Common pitfalls for emerging leaders *by Dr. Asilay Seker*

10:50 - 11:30 | Lecture - Adaptive leadership and associations: enabling change in volunteer-led environments *by Simone De Ioanna*

11:30 - 12:00 | Additional resources and conclusion



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