



EUROPEAN PSYCHIATRIC ASSOCIATION



FENS

## Prof Martin Dresler

### Biography



Martin Dresler is head of the Donders Institute Sleep & Memory Lab, and Associate Professor at Radboud University Medical Center in Nijmegen, The Netherlands. He received training in Biological Psychology, Philosophy and Mathematics at Bochum University, did his PhD at Marburg University and the Max Planck Institute of Psychiatry, and performed postdoctoral research in Oxford and Stanford. He is active in sleep research for 20 years, with a particular interest in the role of sleep for mental health, biological functions of sleep, cognitive aspects of sleep, and sleep research methodology.