



EUROPEAN PSYCHIATRIC ASSOCIATION

# EPA LEADERSHIP ACADEMY

EMPOWERING LEADERS  
IN PSYCHIATRY

## Programme

3 – 6 September 2026

Centre Culturel Saint-Thomas, 2 Rue de la Carpe Haute, 67000 Strasbourg

## Faculty

Dr. Olivier Andlauer, London (United Kingdom)

Dr Julian Beezhold, Norwich (United Kingdom)

Prof. Sophia Frangou, New York (United States)

Prof. Norman Sartorius, Geneva (Switzerland)

Dr. Asilay Seker, London (United Kingdom)





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## Thursday 3 September

- 14:30 – 15:45 | Visit to the EU Parliament
- 16:45 – 17:15 | Welcome & Introductions
- 17:15 – 18:15 | Icebreaker
- 18:15 – 19:00 | Challenges for Future Leaders in Psychiatry by Dr Julian Beezhold
- 19:00 – 20:00 | Welcome Cocktail

## Friday 4 September

- 09:30 – 10:30 | Leadership Skills and Psychiatry by Prof Norman Sartorius
- 10:30 – 10:45 | Basic Concepts Recap by Dr Olivier Andlauer
- 10:45 – 11:05 | Coffee Break
- 11:05 – 12:00 | Workshop: Leadership Behaviours to Engage your Team by Dr Olivier Andlauer
- 12:00 – 13:30 | Lunch Break
- 13:30 – 15:30 | Roleplay: Working and Leading in a Team
- 15:30 – 15:50 | Coffee Break
- 15:50 – 17:00 | Leadership Panel
- 20:00 – 22:00 | Group Dinner





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## Saturday 5 September

- 09:30 – 10:30 | Plenary Lecture by Prof Sophia Frangou
- 10:30 – 10:50 | Coffee Break
- 10:50 – 12:00 | Plenary Roleplay : Managing Difficult Conversations
- 12:00 – 13:30 | Lunch Break
- 13:30 – 15:30 | Workshop: Managing Change by Dr Andlauer
- 15:30 – 15:50 | Coffee Break
- 15:50 – 17:00 | Roleplay : Managing team dynamics

## Sunday 6 September

- 09:30 – 10:00 | Recap and Debrief
- 10:00 – 10:40 | Guest Lecture by EPA Management
- 10:40 – 11:00 | Coffee Break
- 11:00 – 11:40 | Plenary Lecture: Common pitfalls for emerging leaders by Dr Asilay Seker
- 11:40 – 12:00 | Additional Resources and Conclusion

