



Mr. Romain Rey Biography



Romain Rey is a psychiatrist and researcher at the Centre Hospitalier Le Vinatier in Bron (Lyon, France), where he has been a department head since 2020. He also holds an Associate Professor position affiliated with Université Claude Bernard Lyon 1 and the Centre de Recherche en Neurosciences de Lyon. He heads the FondaMental Expert Center for Schizophrenia in Lyon and leads CLAP (Centre Lyonnais des Aidants en Psychiatrie), specialising in support interventions for caregivers of people with psychiatric disorders. He has authored over 130 publications with more than 2,300 citations. He created and co-facilitated with Elisabetta Scanferla the course Empowering Caregivers, Enhancing Recovery at the EPA 2026 Congress in Prague. Main publications: Lespine LF, Bohec AL, Dorey JM, et al. Caregiving-related experiences associated with depression severity and its symptomatology among caregivers of individuals with a severe mental disorder: an online cross-sectional study. *Eur Arch Psychiatry Clin Neurosci*. 2022. Rey R, et al. A 1-Day Training Course to Disseminate the BREF Psychoeducational Program to Caregivers and Promote Network Establishment between Psychiatry Departments and Family Associations. *Acad Psychiatry*. 2022. Rey R, et al. Overexpression of complement component C4 in the dorsolateral prefrontal cortex, parietal cortex, superior temporal gyrus and associative striatum of patients with schizophrenia. *Brain Behav Immun*. 2020. Rey R, et al. Widespread transcriptional disruption of the microRNA biogenesis machinery in brain and peripheral tissues of individuals with schizophrenia. *Transl Psychiatry*. 2020. Rey R, et al. Distinct Expression Pattern of Epigenetic Machinery Genes in Blood Leucocytes and Brain Cortex of Depressive Patients. *Mol Neurobiol*. 2018.