



EUROPEAN PSYCHIATRIC ASSOCIATION

EPA LEADERSHIP ACADEMY

**EMPOWERING LEADERS
IN PSYCHIATRY**

Programme

3 – 6 September 2026

Centre Culturel Saint-Thomas, 2 Rue de la Carpe Haute, 67000 Strasbourg

Faculty

Dr. Olivier Andlauer, London (United Kingdom)

Dr Julian Beezhold, Norwich (United Kingdom)

Prof. Sophia Frangou, New York (United States) & Vancouver (Canada)

Prof. Norman Sartorius, Geneva (Switzerland)

Dr. Asilay Seker, London (United Kingdom)





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Thursday 3 September

- 14:30 – 15:45 | Visit to the EU Parliament
- 16:45 – 17:15 | Welcome & Introductions
- 17:15 – 18:15 | Icebreaker
- 18:15 – 19:00 | Challenges for Future Leaders in Psychiatry by Dr Julian Beezhold
- 19:00 – 20:00 | Welcome Cocktail

Friday 4 September

- 09:30 – 10:30 | Leadership Skills and Psychiatry by Prof Norman Sartorius
- 10:30 – 10:45 | Basic Concepts Recap by Dr Olivier Andlauer
- 10:45 – 11:05 | Coffee Break
- 11:05 – 12:00 | Workshop: Leadership Behaviours to Engage your Team by Dr Olivier Andlauer
- 12:00 – 13:30 | Lunch Break
- 13:30 – 15:30 | Roleplay: Working and Leading in a Team
- 15:30 – 15:50 | Coffee Break
- 15:50 – 17:00 | Leadership Panel
- 20:00 – 22:00 | Group Dinner





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Saturday 5 September

- 09:30 – 10:30 | Plenary Lecture by Prof Sophia Frangou
- 10:30 – 10:50 | Coffee Break
- 10:50 – 12:00 | Plenary Roleplay : Managing Difficult Conversations
- 12:00 – 13:30 | Lunch Break
- 13:30 – 15:30 | Workshop: Managing Change by Dr Andlauer
- 15:30 – 15:50 | Coffee Break
- 15:50 – 17:00 | Roleplay : Managing team dynamics

Sunday 6 September

- 09:30 – 10:00 | Recap and Debrief
- 10:00 – 10:40 | Guest Lecture by EPA Management
- 10:40 – 11:00 | Coffee Break
- 11:00 – 11:40 | Plenary Lecture: Common pitfalls for emerging leaders
by Dr Asilay Seker
- 11:40 – 12:00 | Additional Resources and Conclusion

