

Prof. Ricardo Gusmão

Biography



Ricardo Gusmão is a psychiatrist and Associate Professor of Psychiatry at the Department of Clinical Neurosciences and Mental Health, Faculty of Medicine of the University of Porto, where he directs the Doctoral Programme in Psychiatry and Mental Health. He is a Principal Investigator at the Institute of Public Health of the University of Porto (ISPUP), coordinating the Mental Health Literacy, Wellbeing, Depression and Suicide Prevention Lab, integrated in the ITR Associate Laboratory (Laboratory for Integrative and Translational Research in Population Health). Trained at the Universities of Coimbra, NOVA Lisbon and Porto, he is a consultant psychiatrist who has led community and liaison psychiatry teams in Lisbon.

He chairs the EPA Section on Suicidology and Suicide Prevention (2026–2028) and the corresponding national Section of the Portuguese Society of Psychiatry and Mental Health (SPPSM), and advises the Portuguese National Coordination for Mental Health Policies on the National Suicide Prevention Strategy 2024–2030. He is a co-founder and national representative of the European Alliance Against Depression (EAAD), founder and president of the NGO EUTIMIA, and national representative to the International Association for Suicide Prevention (IASP).

He has designed and coordinated more than 30 competitively funded European and national research and intervention projects and has authored over 80 peer-reviewed articles (around 2,500 citations; Scopus h-index 26). He is an Associate Editor of *Frontiers in Psychiatry* and *Frontiers in Public Health*.