



Dr. Nikos Gkouvas Biography



Nikos Gkouvas was born in Athens in October 1972. He studied Medicine at Gr. T. Popa University of Medicine and Pharmacy in Iași, Romania. He graduated in September 1997 with a grade of 9.6/10 and subsequently pursued a specialisation in Psychiatry, which he completed in Athens in 2007.

He then worked in the private sector as a psychiatrist and served as Scientific Director at ERMIS Association for Persons with Disabilities, and at the ARIADNI II Autism Centre. He also served as Mental Health Director at MARAN Maritime SA.

He has been President of Informatics & Innovative Technologies since 2018 and a Board Member of the Hellenic Psychiatric Association since 2021. He has been actively involved in initiatives promoting digital health.

Since 2013, he has designed and released numerous digital tools, including a telepsychiatry platform, a platform combining DNA genomics with telepsychiatry, and AI-based facial and voice recognition software. He continues to conduct research and development (R&D) on digital tools that support doctors in their work and make medical services more accessible to patients.