

How to facilitate and support self-determination of patients in psychiatric practice

Abstract of presentation by A. Heinz, Prof. Dr. med.

There is currently a debate between legal practitioners and psychiatrists on different forms of compulsory treatment and their ethical implications. This debate is based on different concepts of autonomy and its prerequisites. We advocate an approach that centers on the individual demands of the person, promotes open settings and focuses on intensified relationships with patients and relatives to restore or improve the ability for self-determination.