



Prof. Inez Myin-Germeys Biography



Prof. Inez Myin-Germeys, PhD, is a psychologist and Professor of Contextual Psychiatry at the Department of Neurosciences at KU Leuven, Belgium. She is internationally recognized as a leading expert in Experience Sampling Methodology (ESM) and mobile Health applications in psychopathology.

Prof. Myin-Germeys began her academic career at Maastricht University in the Netherlands, where she pioneered the use of ESM to explore person-environment interactions in psychosis. Her work led to the development of the influential theory of the 'affective pathway to psychosis', which conceptualizes psychotic disorders as a stress-related conditions.

In 2015, she was awarded the prestigious Odysseus Brain Gain grant by the Flemish Science Foundation, enabling her team to relocate her research team to the KU Leuven in Belgium. There, she founded the Center for Contextual Psychiatry (CCP), a research center of 25 people, which focuses on four key areas:

- 1) advancing the statistics and methodology of ESM research, with a strong emphasis on Open Science practices,
- 2) investigating person-environment interactions in psychosis, with a particular focus on negative symptoms,
- 3) exploring these interactions in the context of suicidal and non-suicidal self-injury,
- 4) Studying and facilitating the clinical implementation of ESM and Ecological Momentary Interventions in mental health care.

Prof. Myin-Germeys has developed substantial expertise in the clinical application of ESM. Through her ERC consolidator grant (2012) and ERC Proof-of-Concept grant (2019), she developed *Acceptance-and-Commitment Therapy in Daily Life*, a blended care intervention that has shown promise in improving negative symptoms and daily life functioning in individuals with psychosis. She currently serves as the Principal Investigator of the H2020 IMMERSE consortium, a European initiative aimed at examining the clinical implementation of ESM in routine mental health care across 4 countries in Europe.

Prof. Myin-Germeys has authored over scientific publications. Her work has been cited more than 69,000 times (Google Scholar), with an H-index of 120, and over 50,000 times on Web of Science (H-index 95). In 2024, she received the Outstanding Translational Research Award from the Schizophrenia International Research Society (SIRS). In 2025, she organized the Society for Ambulatory Assessment Conference in Leuven, which attracted over 500 participants.

Prof. Myin-Germeys is also an active member of the ECNP Digital Mental Health Network, contributing to the advancement of digital tools in psychiatric care.