

Prof. Meryam Schouler-Ocak **Biography**



Professor of Intercultural Psychiatry at Charité – Universitätsmedizin Berlin, specialist for neurology, psychotherapy, particularly in trauma-focused psychotherapy and in EMDR – therapy. She is head of the Research Unit on Intercultural Migration and Care Research, Social Psychiatry at Charité.

In 2006, Prof. Schouler-Ocak was awarded as one of the most successful women of the year by the Turkish Community in Berlin.

2011, she received an award on “The Best Campaign: End your silence, not your life” for her suicide prevention public awareness campaign; target group: young women of Turkish origin

In 2014, Prof. Schouler-Ocak received the Order of Merit by the Federal Republic of Germany.

Since 2017, she is Honorary Member of the World Psychiatric Association (WPA).

In 2022, she received the Award “In recognition of ground-breaking contributions to Cultural Psychiatry” from the World Association of Cultural Psychiatry (WACP).

Prof. Schouler-Ocak is Board member of European Psychiatric Association (EPA); Chair of the Committee on Ethics of the EPA;

Since 2022, she is Board member of the World Association of Cultural Psychiatry (WACP).

She is also co-chair on Section of Intercultural Psychiatry and Psychotherapy, Migration of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) and

President of the German-Turkish Association for Psychiatry, Psychotherapy and Psychosocial Health (DTGPP).

Since 2022, she is also Board member of the European Institute of Women’s Health (EIWH). Since July 2024, she is the chair of the EIWH.

Her research interests focus on intercultural psychiatry and psychotherapy, trauma and trauma-related disorders, mental health and healthcare of immigrants, refugees, asylum seekers and ethnic minorities, diversity, suicidality, gender and ethical issues.