

EPA COURSE TITLE	Introduction in the assessment of clinical high risk (chr) criteria of psychoses recommended by EPA guidance project
COURSE DIRECTOR	Schultze-Lutter Frauke, Switzerland
COURSE CO-DIRECTORS	
COURSE LEVEL	Basic
EDUCATIONAL INTENTIONS/ COURSE OUTCOMES	... better understand and screen for clinical high risk states of psychoses.
COURSE DESCRIPTION	<p>Today, the early detection of psychoses prior to their first episode mainly relies on either or both of two clinical high risk (CHR) approaches: (1) the ultra high risk (UHR) criteria that are alternatively based on attenuated positive symptoms (APS), brief limited psychotic symptoms (BLIPS) and a combination of genetic risk and functional decline (GRFD) (2) the partially overlapping basic symptom criteria, cognitive-perceptive basic symptoms (COPER) and cognitive disturbances (COGDIS). A first meta-analysis of the conversion rates to psychosis associated with the single CHR criteria in help-seeking CHR samples indicated that three of the five CHR criteria seem to possess sufficient evidence as predictors of psychoses: APS, BLIPS and COGDIS. Based on these results, these were recommended for an early detection of psychosis by the European Psychiatric Association (EPA) in 2015 as part of its Guidance project. As an activity of the EPA section „Prevention of Mental Disorders“, the course will introduce the assessment of the nine basic symptoms of COGDIS according to the Schizophrenia Proneness Instrument, Adult (SPI-A) and Child and Youth version (SPI-CY), respectively, as well as the assessment of APS and BLIPS according to the Structured Interview for Psychosis-Risk Syndromes (SIPS) and the Comprehensive Assessment of At-Risk Mental States (CAARMS), respectively. Furthermore, it will convey additional recommendations of the EPA Guidance on the detection of a CHR state of psychosis on age, functioning and training.</p>
PREREQUISITE KNOWLEDGE	Participants should have some basic understanding of psychoses.
COURSE METHODS AND MATERIAL	Vignette Slides Handouts
TARGET AUDIENCE	N/A