

Presentation of Marc H.M. Hermans MD

Marc Hermans graduated from the KULeuven, the Flemish branch of the former bilingual Universitas Catholica Lovaniensis in Leuven, Belgium.

Hereafter he took a one year course in Family and Sexology Sciences, a training program commonly shared by the Faculty of Medicine and the Faculty of Psychology at the same university. In the same year he also took the training course in Occupational Medicine.



Since Clinical Genetics was not a separate specialty at that time, he couldn't take that road but started as a general practitioner in his home town, Mechelen (B), and worked as such for 10 years. He then engaged in a psychiatry training at the KULeuven Psychiatry Centre Kortenberg for three years. He had one year neurology rotation in a peripheric general hospital – the *Imelda General Hospital* Bonheiden – before having his final year of training at the Psychotherapeutic Centre *De Viersprong* in the Netherlands, one of the country's two facilities for residential psychotherapy for adolescents.

In 1995 he started working in a *Community Mental Health Centre* in Mechelen working with deprived patients and ex-inmates on an ambulatory basis. He started also a private practice where he still is working with adolescents and young adults (age range 14-25 years). He was recognised as a child & adolescent psychiatrist when this competence got a legal framework in Belgium.

He's actually working in a group practice with two other CAPs and four psychologists-psychotherapists (Sint-Niklaas), as a consulting psychiatrist in a Medical Educational Institution Blijdorp (Buggenhout) intellectual disabled kids and in a Revalidation Centre Ter Linde (Bornem) for children with more complex development disorders.

The whole of his career psychotherapeutic approaches remained one of the main fields of interest. This was even more prominent given the fact that the use of psychopharmaca within CAP was (and unfortunately still is) hardly documented by scientific research. He is recognised psychotherapist in system and family therapy, psychoanalytic psychotherapy and hypnotherapy. He got basic training in group therapy and transactional analysis both offered by the Dutch associations.

Next to strictly his clinical activities he is and was actively involved in activities within different associations on a Belgian regional and federal level (Flemish Psychiatric Association, Flemish Association for Psychoanalytic Therapy, Belgian Professional Association for Psychiatrists, Belgian Association of Medical Specialists), at a European level (European Psychiatric Association, Union Européenne de Médecins Spécialistes and its Section of Psychiatry) and within the World Psychiatric Association (Operational Committee on Education and Section on Education).

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