

<b>EPA COURSE TITLE</b>	<b>Attention-deficit/hyperactivity disorder (adhd) in adults: nosology diagnostic process and treatment</b>
<b>COURSE DIRECTOR</b>	<b>Esther Sobanski, Mannheim, Germany</b>
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<b>COURSE LEVEL</b>	Basic
<b>EDUCATIONAL INTENTIONS/ COURSE OUTCOMES</b>	Diagnose adult ADHD including differential diagnosis and assessment of functional impairment and comorbid disorders and to treat the disorder according to international guidelines.
<b>COURSE DESCRIPTION</b>	<p>Attention-deficit/hyperactivity disorder (ADHD) is a chronic neurodevelopmental disorder that begins in childhood and is characterized by attentional problems deficient impulse control hyperactivity and often also by emotional dysregulation like anger outbursts reduced stress tolerance and irritability. The presentation of ADHD symptoms changes from adolescence to adulthood with less overt hyperactivity but ongoing attentional problems disorganization and symptoms of emotional dysregulation. Because of this many adult patients receive other diagnoses such as anxiety depression cyclothymia or personality disorders and as a result ineffective treatment. A cross-national study using surveys based on the Diagnostic Interview</p> <p>Schedule for the DSM-IV was conducted in 10 countries across the Americas Europe and the Middle East. In the 11422 individuals aged 18 to 44 years an overall prevalence of 3.4% was found with ranges across the countries surveyed from 1.2% in Spain to 7.3% in France. In contrast 2 studies assessing the prevalence of diagnosed ADHD in Spain and Germany both found the diagnostic prevalence of adult ADHD to be only 0.04% which suggests that a large population of adults with ADHD in Europe is currently undiagnosed. This CME-educational course aims to educate about nosology diagnostic process including differential diagnosis and assessment of functional impairment and comorbid disorders as well as pharmacological treatment and psychotherapy in adults with ADHD.</p>
<b>PREREQUISITE KNOWLEDGE</b>	No special prerequisite knowledge needed. Absolute beginners with adult ADHD welcome.
<b>COURSE METHODS AND MATERIAL</b>	Small group discussions   Case studies   Debate   Slides
<b>TARGET AUDIENCE</b>	N/A