



<b>EPA COURSE TITLE</b>	<b>Depression in the elderly</b>
<b>COURSE DIRECTOR</b>	<b>Gabriela Stoppe, Basel, Switzerland</b>
<b>COURSE CO-DIRECTORS</b>	N/A
<b>COURSE LEVEL</b>	Basic
<b>EDUCATIONAL INTENTIONS/ COURSE OUTCOMES</b>	Make a differential diagnosis of depression know the typical symptoms and screening instruments know how to treat depression in patients with pain diabetes heart disease and brain disease understand the relevance of restoring sleep know at least one prevention model for depression assess suicide risk in the elderly
<b>COURSE DESCRIPTION</b>	<p>Not dementia but depression is the most frequent psychic disorder in the elderly. In this age group it remains often undiagnosed and un(der)treated which leads to a worse course of comorbid physical disorder reduced life expectancy high suicide rates social isolation and more. In the first part the clinical presentation and relevant comorbidities (heart disease diabetes anxiety addiction pain sleep disorders) are discussed.</p> <p>Screening methods (GDS HADS) are presented. The major differential diagnoses are explained: (complicated) grief in/or dementia Parkinson's stroke drug effects (hypoactive) delirium. In the second part the focus are the interventions. Psychoactive treatments and the interactions with other drug regimens physical activity and sports ECT Psychotherapy and other interventions are discussed.</p>
<b>PREREQUISITE KNOWLEDGE</b>	Clinical experience with elderly and/or psychiatric patients
<b>COURSE METHODS AND MATERIAL</b>	Small group discussions   Case studies   Vignette   Debate   Slides   Handouts
<b>TARGET AUDIENCE</b>	N/A