

CME COURSE TITLE	Integrated Dual Disorder Treatment (IDDT) for patients with severe mental illness (SMI) and substance abuse
COURSE DIRECTOR	Prof. Geert Dom, BELGIUM
COURSE CO-DIRECTOR	Dr. Albert Dijkhuizen, THE NETHERLANDS
COURSE LEVEL	Basic
EDUCATIONAL OBJECTIVES	<p>After the course the participants will have:</p> <ul style="list-style-type: none"> - A broader knowledge of the prevalence of dual disorders within population and clinical patient samples - Knowledge of the underlying psychopathological pathways leading to comorbidity. - have acquired skills to treat these patients and organize care programs. - Will have had the possibility to exchange with other participants about the particularities of the different treatment approaches in the different European countries. - Will have good acquaintance with the current evidence based practices in treating these complex co-morbid patients - Have opportunity to discuss own patient cases and national specific treatment systems.
COURSE DESCRIPTION	<p>Patients with co-morbid severe mental illness and substance abuse (“Dual Disorders, dual diagnosis or co-occurring disorders”) represent a growing and challenging clinical population. Both within the US as in Europe treatment protocols have been proposed to meet the specific challenges of these patients. Consensus is growing that integrated treatment strategies, incorporating both psychiatric and addiction care interventions, might prove the most promising approach. However outcome research shows contradicting results, as to what extent integrated dual disorders treatment (IDDT) is superior to treatment as usual, the best setting to provide IDDT (in- or outpatient settings), and which of the different components of the IDDT model (Morrens e.a., 2011). This CME course intends to provide participants with a state of the art update on the different aspects of the epidemiology, pathogenesis and the (psychosocial and pharmacological) treatment of patients with co-occurring disorders. Focus will be put upon the IDDT model. Next to an extensive presentation of the model, a critical appraisal of the current research on its efficacy, and implementation issues will be discuss. In addition a review of the current pharmacological approaches will be presented. Finally, this course will offer opportunities for participants from different countries to exchange country-specific differences (e.g. prevalence, treatment approach and organisation) in the care taking of these challenging patients.</p>
PREREQUISITE KNOWLEDGE	No specific prerequisite knowledge is needed. However, to profit the most of this course it is advisable that the participant has some (or plans to have) experience in working with this patient population
COURSE METHODS AND MATERIAL	Small group discussions; case studies; vignette; debate; slides; handouts; internet resources regarding guidelines
RECOMMENDED READINGS	Morrens M, Dewilde B, Sabbe B, Dom G, De Cuyper R, Moggi F. Treatment outcomes of an integrated residential programme for patients with schizophrenia and substance use disorder. Eur Addict Res. 2011;17(3):154-63.
LANGUAGES	English, Dutch, French