

CME COURSE TITLE	Cognitive-behavioural treatment of obsessive-compulsive disorder
COURSE DIRECTORS	Prof Fritz Hohagen, GERMANY
COURSE LEVEL	Basic
EDUCATIONAL OBJECTIVES	To acquire skills and knowledge in the cognitive-behavioural treatment of OCD (e.g. cognitive techniques, exposure techniques, combination of psychopharmacology and CBT).
COURSE DESCRIPTION	This EPA CME academia course will present skills and knowledge in the cognitive-behavioural treatment (CBT) of obsessive-compulsive disorder (OCD). Cognitive and exposure techniques will be demonstrated and will be practiced. The clinical specifics of the combination of psychopharmacological and cognitive-behavioural treatment will be discussed.
PREREQUISITE KNOWLEDGE	Basic competence and experience in the treatment of obsessive-compulsive disorders
COURSE METHODS AND MATERIAL	Role play, video, Powerpoint presentation, case presentation, casuistics
RECOMMENDED READINGS	<ol style="list-style-type: none"> 1. Külz A, Hohagen F, Voderholzer U (2004). Neuropsychological performance in obsessive-compulsive disorder: a critical review. <i>Biological Psychology</i> 65: 185-236. 2. Berger M, Voderholzer U, Hohagen F (2000) Obsessive-compulsive disorder: an underestimated disorder. In: Maj E, Sartorius N, Okasha A, Zohar J (Hrsg.) <i>WPA Series Evidence and Experience in Psychiatry Volume 4</i>, pp 297-299.
TARGET AUDIENCE	Psychiatrists, Psychologists, Psychotherapists, Trainees in Psychiatry and Psychology
LANGUAGES	English, German