



CME COURSE TITLE	Understanding & Treating Alcoholism: New Data - New Approaches
COURSE DIRECTORS	Course Director: Prof. Karl F Mann, GERMANY Course Co-Director: Prof. Philip Gorwood, FRANCE
COURSE LEVEL	Basic
EDUCATIONAL OBJECTIVES	Give an update on new research findings concerning the neurobiology of alcoholism and recent advances in treatment, including psychopharmacology and psychotherapy.
COURSE DESCRIPTION	<p>The participants of this course will learn about new findings on the development, maintenance and treatment of alcohol dependence. A brief review on prevalence rates and diagnostic criteria, distinguishing between dependence, harmful use and at risk consumption and a discussion of the pro's and con's follows. Neurobiological research indicates dispositional factors including neuroadaptation and sensitisation in the development and maintenance of addiction. The treatment part includes the pharmacotherapy of alcohol withdrawal as well as an update on treating alcoholics with anti-craving substances. Furthermore new approaches in the psychotherapy such as "Alcohol Specific Psychotherapy" will be outlined.</p> <p>The participants will be invited to an interactive style of learning and discussing. Examples of case vignettes can be presented to illustrate techniques such as motivational enhancement therapy (MET) and cognitive behavioural intervention (CBI).</p>
PREREQUISITE KNOWLEDGE	None
COURSE METHODS AND MATERIAL	Small group discussions; case studies; vignette; debate; slides; handouts
RECOMMENDED READINGS	Treating Alcohol Dependence: A Coping Skills Training Guide. By Peter M. Monti, second edition. The Alcohol and Addiction Cure by Chris Prentiss
TARGET AUDIENCE	Psychiatrists and Psychologists
LANGUAGES	English, French