

<b>CME COURSE TITLE</b>	<b>(Flexible) Assertive community treatment</b>
<b>COURSE DIRECTOR</b>	Prof. Niels C.L. Mulder, THE NETHERLANDS
<b>COURSE CO-DIRECTORS</b>	Prof. Michiel Bahler, THE NETHERLANDS
<b>COURSE LEVEL</b>	Basic
<b>EDUCATIONAL OBJECTIVES</b>	The aims of this CME course are to discuss the basics of Assertive Community Treatment (ACT) and an adaptation of ACT: Flexible ACT (FACT). ACT and FACT are evidence based models for integrated outpatient treatment of patients with severe mental illness. After the course the attendants have knowledge about the effects of (F)ACT, different target groups (adults, first episode psychosis patients, children & adolescents, forensic, addiction), service model and (working) ingredients of (F)ACT and issues regarding teamwork, implementation and model fidelity.
<b>COURSE DESCRIPTION</b>	ACT and FACT are service delivery models for providing integrated and assertive outpatient care for (difficult to engage) patients with severe mental illness. ACT is included in international guidelines as an effective intervention for this target group. FACT is a newly developed model, based upon ACT, and can be offered to all SMI patients. The course will start with providing information about the history of the (F)ACT model, its ingredients, target groups and effects. We will discuss research findings, including the association between model fidelity and outcome, as well as clinical experience working with (F)ACT teams. Implementation and training of (F)ACT for different target groups will be discussed based upon evidence-based and practical guidelines, long-term experiences, model fidelity, and certification.
<b>PREREQUISITE KNOWLEDGE</b>	None
<b>COURSE METHODS AND MATERIAL</b>	Small group discussions; case studies; vignette; debate; video; slides; handouts
<b>RECOMMENDED READINGS</b>	<ol style="list-style-type: none"> <li>1. Burns T. et al. Deconstructing home-based care for mental illness: can one identify the effective ingredients? <i>Acta Psychiatrica Scandinavica</i> 2006; 113:33-35</li> <li>2. Veldhuizen JR van. FACT: a Dutch version of ACT. <i>Community Mental Health Journal</i> 2007; 43:421-433</li> <li>3. Bond GR, Drake RE. Should we adopt the Dutch version of ACT? Commentary on 'FACT: a Dutch version of ACT'. <i>Community Mental Health Journal</i> 2007; 43:435-438</li> <li>4. Vught van MD, Kroon H, Delespaul P, Dreef F, Nugter A, Roosenschoon BJ, Weeghel J, Zoeteman J, Mulder CL. Assertive community treatment in the Netherlands. Outcome and model fidelity. <i>Canadian Journal of Psychiatry</i> 2011; 56:154-160</li> </ol>
<b>LANGUAGES</b>	English