CME COURSE TITLE	**Diagnostics and Treatment in Human-based Psychiatry**
COURSE DIRECTORS	Prof. **Michael Musalek**, AUSTRIA
COURSE LEVEL	Basic
EDUCATIONAL OBJECTIVES	1. Definition and position of Evidence-based Medicine (EbM) 2. Advantages and Disadvanteges of Evidence-based Medicine (EbM) 3. Theoretical Foundations of Human-based Psychiatry (HbP) 4. Diagnostics in Human-based Psychiatry (HbP) 5. Treatment in Human-based Psychiatry (HbP)
COURSE DESCRIPTION	Mental illnesses are not only concrete constructs, which simply emerge and then continue to exist merely for this reason. Rather they are dynamic processes subject to a certain patho-plasticity whose course is determined by disease-preserving factors. Hence multidimensional diagnostics of this kind must likewise always be process-oriented. Illness in general and mental illness in particular arise not only as natural phenomena but also in the narratives associated with them. Understanding pathological events and the narratives connected with them thus has a special role to play in a differential process of diagnosis.Probably the most important difference between Evidence-based Medicine and Human-based Medicine (HbM) is in the treatment aims. In HbM the goal is no longer simply to make illnesses disappear but rather to allow the previously sick patient to return to a life that is as autonomous and happy as possible. In other words: the human being with all his or her potential and limitations once again becomes the measure of all things. This also implies, however, that the multidimensional diagnostics of HbM are oriented not only towards symptoms, pathogenesis, process and understanding but also to a great degree towards the patient's resources. A humanistic therapy approach of this kind, in which the person once again becomes the measure of all things, can only be realised in clinical practice via multidimensional diagnosis methods and treatment within the scope of inter-disciplinary cooperation.
PREREQUISITE KNOWLEDGE	Basic knowledge in clinical an theoretical psychopathology (see also target audience)
COURSE METHODS AND MATERIAL	Case studies; debate; slides; handouts; extended group discussions
RECOMMENDED READINGS	1. Karl Jaspers, (1914/2009): General Psychopathology (Allgemeine Psychopathologie), Springer Verlag 2. John Z. Sadler, 2005: Values and Psychiatric Diagnosis, Oxford University Press 3. Patrick Bracken, Philip Thomas, 2005: Postpsychiatry, Oxford University Press 4. James A. Marcum, 2008: An Introductory Philosophy of Medicine, Springer Verlag 5. S. Nassir Ghaemi, 2010: The Rise and Fall of the Biopsychosocial Model, John Hopkins University Press
TARGET AUDIENCE	Psychiatrists, psychopathologists, psychotherapists, trainees in psychiatry in postgraduate training
LANGUAGES	English