

<b>CME COURSE TITLE</b>	<b>Temperaments, mood, and the melancholic type of personality</b>
<b>COURSE DIRECTOR</b>	Prof. Giovanni Stanghellini, ITALY
<b>COURSE LEVEL</b>	Advanced
<b>EDUCATIONAL OBJECTIVES</b>	Both the melancholic type of personality and the concept of temperament offer promising insights for the phenotypic characterization of mood-spectrum vulnerability and for the understanding of the pathogenesis of mood disorders. This Course challenges the theoretical hiatus between the two psychopathological paradigms - the phenomenological-anthropological and the neo-Kraepelinian - by means of an empirically-based approach (including the description of research instruments for the assessment of both temperament and personality), as well as by an in-depth theoretical analysis of concepts of ‘temperament’, ‘mood’, ‘affect’, ‘emotion’, ‘personality’, and ‘identity’.
<b>COURSE DESCRIPTION</b>	Although much has been published about the clinical features of pre-morbid personality traits of mood disorders, there has been a comparative paucity of research focusing on the combination between the recently revitalized neo-Kraepelinian conceptualization of temperaments (Akiskal et al., 1998, 2005) and the phenomenologically-inspired notion of the melancholic type of personality (Tellenbach, 1961; Kraus 1977; Tatossian 1979; Stanghellini 2004). This integrative effort appears especially promising in the view of the growing evidence supporting the continuity among mood disorders.
<b>COURSE METHODS AND MATERIAL</b>	The course will present theories and data on the topic mood-spectrum disorders vulnerability and discuss one or more clinical cases. Slides, a list of relevant references and copies of relevant papers will be provided.
<b>TARGET AUDIENCE</b>	Psychiatrists, psychotherapists and psychologist, both academics and serving in the mental health services, residents in psychiatry.
<b>LANGUAGES</b>	English, Italian