



CME COURSE TITLE	Fighting Stigma and Discrimination on a Limited Budget
COURSE DIRECTOR	Prof. Heather Stuart, CANADA
COURSE LEVEL	Basic
EDUCATIONAL OBJECTIVES	At the close of this course, participants will learn how to set up an anti-stigma program when there are few confirmed resources beyond the enthusiasm of volunteers; how to anticipate and resolve some of the most common difficulties, and how to monitor program progress and outcomes.
COURSE DESCRIPTION	The course will approach the nature and origins of stigma from a public health perspective. This perspective contemplates a variety of points for intervention and emphasizes the creation of multi-stakeholder alliances as a key means of creating resources and maintaining sustainability. Course materials will be drawn from over 10 years of experience from the World Psychiatric Association's Global Anti-Stigma Network and use case vignettes to illustrate real-life problems and solutions. The format of the course will be highly interactive with a heavy emphasis on audience participation designed to identify, then resolve the many practical aspects of program start-up, implementation, and operation.
COURSE METHODS AND MATERIAL	Participants will receive course materials on a CD which will include a complete training manual on how to set up an anti-stigma program, an up-to-date bibliography of stigma references, and selected papers on mental health stigma and discrimination published by members of WPA's Stigma and Mental Disorders Section.
TARGET AUDIENCE	This course targets psychiatrists and other mental health professionals who wish to take a leadership role in developing anti-stigma/anti-discrimination initiatives or who want to be effective members of multi-stakeholder teams.
LANGUAGES	English