



CME COURSE TITLE	Advanced management of eating disorders
COURSE DIRECTOR	Prof. Janet Treasure, UNITED KINGDOM
COURSE LEVEL	Advanced
EDUCATIONAL OBJECTIVES	To be able to evaluate the evidence about treatment of eating disorders. To be able to synthesise a of a case formulation To be able to understand the biological and psychological aspects of abnormal eating. To be able to assess risk and plan appropriate management.
COURSE DESCRIPTION	This course will include a mixture of seminar based presentation of theory and evidence with time for discussion. First a summary of evidence based practice will be described. This will be followed by case descriptions. There will be small group work to discuss the formulation and produce plans of treatment. Next the theoretical basis of the abnormal eating behaviours will be described. Practical demonstrations and case descriptions of how to support eating will be followed. Finally there will be a discuss of how to assess and manage risk.
PREREQUISITE KNOWLEDGE	Some knowledge of working with eating disorders
COURSE METHODS AND MATERIAL	Small group discussions; case studies; role play; vignette; slides; handouts
RECOMMENDED READINGS	<ol style="list-style-type: none">1. Ulrike Schmidt & Janet Treasure 2003. Getting better bit(e) by bit(e). Routledge. ISBN: 0-86377-322-22. Janet Treasure.2007.Anorexia Nervosa - a survival guide for families, friends and sufferers. Routledge. ISBN:0-86377-760-03. Janet Treasure, Grainne Smith and Anna Crane 2007. Skills-based Learning for Caring for a Loved One with an Eating Disorder. Routledge.978-0-415-43158-34. Janet Treasure, Pam MacDonald, Ulrike Schmidt 2009 A Clinicians Guide to Collaborative care .Routledge. ISBN:978-0-415-48424-4 hbk 978-0-415-48425-1 pbk5. Laird Birmingham, Janet Treasure. 2010 Medical Management of Eating Disorders Oxford University Press ISBN: 978-0-521-72710-56. June Alexander Janet Treasure, 2012. A Collaborative approach to Eating Disorders Routledge ISBN:978-0-415-58146-2
LANGUAGES	English