



CME COURSE TITLE	Suicide, Suicidal Behaviour and Risk Management in Depressed Children and Adolescents
COURSE DIRECTOR	Dr. Gil Zalsman, ISRAEL and Dr. Frantz Resch, GERMANY
COURSE LEVEL	Basic
EDUCATIONAL OBJECTIVES	<p>The proposed course targets a major international public health issue: the cause of death of about 100,000 children and adolescents world-wide each year, suicide. It is the second leading cause of death in that age group in many European countries. There are over three million suicide attempts made by adolescents annually.</p> <p>We will present and train the participant with <u>a practical approach to both suicidal behaviour and non-suicidal self-injury (NSSI)</u> around case stories of real adolescents in order <u>to improve decision making with suicidal adolescents in every day clinical life.</u></p>
COURSE DESCRIPTION	<p>Major risk factors for teen suicide attempts and completion have been identified and will be discussed, including an Axis I psychiatric disorder (e.g. mood disorder), family discord, aggressive-impulsive traits, stressful life events, genetic actors and family history and physical and sexual abuse. Suicidal behaviour runs in families, independently of axis I or II diagnosis. Gene-environment interaction models in children and families will be presented and discussed. We will propose a stress-diathesis model of suicidal behaviour and a practical tool for risk assessment for the clinician. Risk assessment decision tree will be demonstrated and trained. New psychotherapeutic approaches such as DBT and mindfulness will be discussed.</p>
COURSE METHODS AND MATERIAL	<p>The course will include <u>interactive lectures</u> on clinical, genetic and psychotherapeutic aspects of suicidal behaviour and non-suicidal self-injury (NSSI) around <u>case stories</u> and clinical examples. In the second part an <u>active workshop</u> will include risk management decision tree. The group will accept two cases in the ER and will need <u>as an exercise to present a risk assessment decision tree.</u> Recent publication in the area and slide-print-out of the lectures will be given to all participants.</p>
TARGET AUDIENCE	Child psychiatrists, adult psychiatrist who are interested in suicidal young patients.
LANGUAGES	English