

**EPA GAINING EXPERIENCE PROGRAMME REPORT**  
**On the observership visit at the Geha Mental Health Center, Israel**  
**Realised 2<sup>nd</sup> - 27<sup>th</sup> Nov 2014**  
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**REPORT:**

My main goal during the scholarship was to see everyday routine of different units in Child and Adolescent Department and it was possible. I would like also to observe research projects conducted in the Geha Mental Health Center but this part was less available.

I spent eleven days in the adolescent day-care unit, one week in the closed adolescent ward, three days in the mother-infant clinic and three days in the preschool day-care unit. I found it really satisfactory.

I felt very welcomed in the hosting institution. To participate in any clinical activity I needed translations which was anyway an additional job task for the staff. However almost all of the time someone was translating for me the Hebrew discussions into English. Also despite the hosting institution do not have own staff accommodation they found me an accommodation in the nearby dormitory belonging to another institution.

I did not have any special tasks during the observership. The focus of my visit was to observe the clinical work and methods used in the Child and Adolescent Department.

The mother-infant clinic and preschool day care unit which are a part of Geha Hospital services are not well developed in Poland. The observation of the units organization and the methods of therapeutic and pharmacological treatment gave me new knowledge. It is impossible to transfer directly methods used in Israel to Poland. However I consider the observership experience to be very useful for me in terms of gaining new perspectives.

My supervisors - Prof. Gil Zalsman and dr Gal Shoal were available for me any time I needed an advice or consultation. I participated in the staff meetings and team patients' examinations conducted by my supervisors. However due to clinical focus of my observership I also used to spend a lot of time with other staff members involved in different modalities of clinical work.

During one of the staff meetings I described my home institution. I also have already presented the Geha Mental Health Center methods in my home institution.