

WELCOME TO





EPA FORUM 2018
Saturday 3 March, Nice



Welcome and Introduction

Silvana Galderisi

President of the European Psychiatric Association (EPA)

Professor of Psychiatry

University of Campania Luigi Vanvitelli

Naples, Italy

Nice, France
3-6 March 2018

Disclosure

<input type="checkbox"/>	No, nothing to disclose
<input checked="" type="checkbox"/>	Yes, please specify:

<i>Company Name</i>	<i>Honoraria/ Expenses</i>	<i>Consulting/ Advisory Board</i>	<i>Funded Research</i>	<i>Royalties/ Patent</i>	<i>Stock Options</i>	<i>Ownership/ Equity Position</i>	<i>Employee</i>	<i>Other (please specify)</i>
Forum Pharmaceuticals		X						
Janssen Pharmaceuticals		X						
Angelini-Acraf		X						
Otsuka	X		X					
Pierre Fabre		X						
Gedeon Richter - Recordati		X						
Takeda		X						
Alkermes		X						

OUTLINE

- About EPA
- Forum topic: person-centred mental health care
- Forum expected outcomes
- Programme at a glance

ABOUT EPA

- **Established in October 1983** in Strasbourg, as the Association of European Psychiatrists (AEP)
- **In 2008** the name changed to “**European Psychiatric Association**” (EPA)
- **Restructured in 2012** as a European Psychiatric Association of individual members and National Psychiatric Associations (NPAs) across Europe
- **In 2018**, EPA counts individual members in **88 countries** and **42 National Association Members**, representing more than **80,000 European psychiatrists**

MISSION

To improve the quality of mental health care throughout Europe

How EPA works

- **Annual European Congress of Psychiatry**
- **EPA Courses, Summer School, Faculty Workshops and other forms of training**
- **21 Scientific Sections**
- **Cooperation with National Psychiatric Associations through EPA membership**
- **Early Career Psychiatrists Committee and specialized Congress Program**
- **Initiatives on improving ethical standards of psychiatric care and practice**
- **A scientific journal: European Psychiatry**
- **Two Newsletters**
- **Guidance papers and position statements on related topics of interest**
- **Research Prizes and Scholarship Program**
- **Partnership with international organizations of users and carers, as well as other organizations active in the field of mental health**



THE EPA FORUM



First introduced in 2015, in continuity with the EPA NPAs Forum





THE EPA FORUM

Aimed to bring together:

- National Psychiatric Societies/Associations
- EPA Individual Members
- EPA Congress participants
- European organisations, policy makers and key stakeholders in the field of Mental Health and Mental Health Care

OUTLINE


- About EPA
- Forum **topic**: person-centred mental health care
- Forum expected outcomes
- Programme at a glance

PERSON-CENTRED MENTAL HEALTH CARE

Outcomes that matter to patients and their carers

“People who use mental health services should have the opportunity to make informed decisions about their care and treatment, in partnership with their health and social care practitioners.”

NICE guidance on person-centred care



Definition

Person-centered care means that people's values and preferences are obtained and, once expressed, guide all aspects of health care and support realistic health and life goals

Person-centred mental health care

- Empowers the patient
- Encourages shared decision making
- Focuses on the person and not the symptoms
- Improves patient's quality of life
- Improves the health care system



Person-centred mental health care: Conceptual framework

- Within mental health care, ‘person-centredness’ has been generally meant to convey a **holistic** approach with an attitude of **respect** for the individual and his/her **unique experience and needs**
- To demonstrate the **impact on clinical outcomes**, further **research** is needed and the degree of complexity existing within the health care system must be addressed
- It is important to change the way that **services and organizations** work, and **engage families and communities** in the delivery of mental health care

Gask, L., & Coventry, P. (2012). Person-centred mental health care: The challenge of implementation. *Epidemiology and Psychiatric Sciences*

Nice, France
3-6 March 2018

OUTLINE

- About EPA
- Forum topic: person-centred mental health care
- Forum expected **outcomes**
- Programme at a glance

Forum Expected Outcomes

- ✓ Stimulating the discussion on **outcome assessment of research and treatment programs** in mental health care
- ✓ Greater understanding of challenges, barriers and opportunities for the **implementation of sustainable person-centred mental health care**
- ✓ Identifying the steps toward a **European consensus**

OUTLINE

- About EPA
- Forum topic: person-centred mental health care
- Forum expected outcomes
- **Programme** at a glance

Programme at a glance



Measuring quality and outcome of person-centred mental health care

Chair: Silvana Galderisi, EPA President

Challenges in the implementation of patient-centred research and care

Chair: Philip Gorwood, EPA President Elect



The role of the EPA and National Psychiatric Associations (NPAs)

Chair: Wolfgang Gaebel, EPA Past President

Meet the speakers



Nick Klazinga
OECD



Ann Netten
University of Kent



Bernd Puschner
Ulm University



Helen Herrman
WPA



Hilikka Kärkkäinen
GAMIAN



Miia Männikkö
EUFAMI



Terje Peetso
European
Commission



Michela Tinelli
LSE



Ivana Silva
EMA



Chris Nas
TRIMBOS

ENJOY THE FORUM!